

PRIMARY HEALTH SYSTEM

EXTERNAL COLOR BOOK

RA URU HU



INTERNATIONAL HUMAN DESIGN SCHOOL



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The PHS COLOR BOOK

This book is a transcription of the PHS Practitioner Program, Variation II, Year Two, Semester Three that was originally taught in the Spring of 2008. The transcript contains all PHS External Color and Tone material taught except for specific references regarding graduation requirements of this program.

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Introduction to External

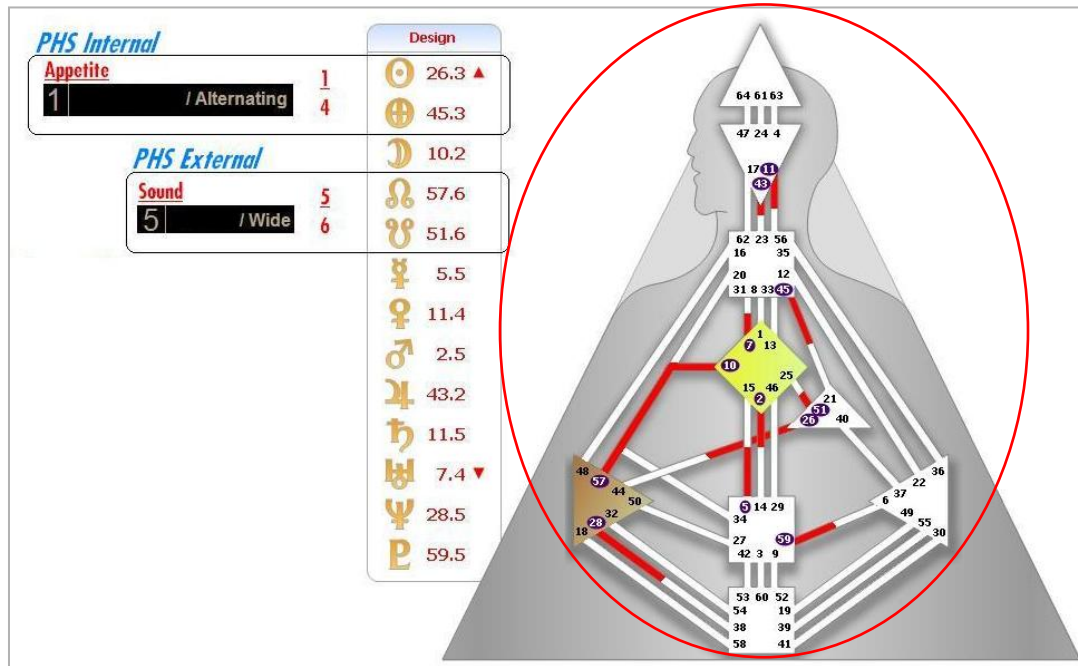
Effectiveness and Longevity

Hello to everyone, welcome to you and I am glad to be here. It's interesting for me. After all, you've been going through the recordings that I did in relationship to the chains, so we haven't had a chance to actually really be in a classroom together in a while. The area of work that you've been focused on over the last two semesters is a foundation. That is, it is a foundation for being able to have the facility to understand the movement of information. Chains are enormously important. And now we have to step back into what is perhaps the most complex areas of the knowledge. I think what you'll find is that this semester and particularly the first semester of the third year is as complex as we get. The beginning of it is here.

The Nodes

It's interesting for me because this is the second time I do this and will be the only time that I will do this again. So, it's an interesting revisit to what is for me is an extraordinary theme and one that has really become the foundation of my understanding of the nature of being. What I'm referring to is the Nodes. You'll notice this is something that has really been left out of your instruction over the previous five semesters. It is very, very complex and basically all of that background you have is a foundation of being able to approach this.

Let's begin with our process. As you can see, we have an introduction to the external and you have a sub-theme that we will explore deeper and deeper as we move along in this process. You can see the way in which the theme is expressed. That is, effectiveness and longevity. It begins with understanding something about what has happened to us physically since 1781 and that is the emergence of this nine-centered vehicle. This nine-centered vehicle is very different. It is a transitional form. And as a transitional form it has something of the past and it has something of the future.



The Saturnian Cycle and the Uranian Cycle

But there is something very basic to understand about the nature of this vehicle. And it's best understood by an understanding of the seven-centered being as being Saturnian and the nine-centered being as being Uranian. Many of you know that the advent of the nine-centered being is coincidental to the discovery of Uranus by Herschel. We have two very different cycles. When you're looking at the Saturnian cycle you're looking at basically 30 years. You look at the Uranian cycle and you're looking at somewhere around 84 years. That's an enormous difference in terms of the relative way in which we look at time relative to our life spans.

Pre 1781 Seven-Centered Saturnian Cycle—30 years
 Post 1781 Nine-Centered Uranian Cycle—84 years

Most of the history of humanity, the approximate 85,000 years since the mutation of the dropping of the larynx and the advent of what was the full mental potential of the seven-centered being, its left orientation, its development and expansion was of the powers of mind. After all, it was a seven-centered being that developed what we have to clean up. That is, the distortion of a world that is decided by mind.



The Difference between the Seven-Centered and the Nine-Centered Body

But the bodies were very different. One of the most interesting things that I know about the difference between the seven-centered and the nine-centered being is that the nine-centered being is hotter. Our body temperature, our natural standard body temperature as a transitional form in this context, we run warmer than the seven-centered being. But what really is something to consider is—these vehicles are like a factory that produces a product and tells you more or less how long the product is good for. This product should be good for four years, five years, or six years, whatever the case may be. And basically that is a statement of potential successful functionality. In other words, how long the thing can run effectively.

Basically we have the same thing if you look at us in terms of our Saturnian and Uranian bodies. The Saturnian body came out with a stamp on it that said “good till 30.” After 30, who knows, but good until 30. And it’s really something that we have lost all sense of it. It is hard for us to imagine, even though we have evidence of that in the most disenfranchised societies on this planet in terms of the life expectancy of somebody, in Burundi as an example, where there is maybe 36 or 37 years, most of which is simply a by-product of AIDS.

But, we don't really understand it conceptually as a product of Western culture; we just don't. This understanding that life used to be always incredibly short. When you think about the Saturnian vehicle, its half-life, the Saturnian opposition, is going to be around 15 years of age. It’s only when you understand the Saturnian body in the Saturnian half-life that you can even begin to understand the pressure that is on teenagers today, teenagers who are raised in what is, in fact, a seven-centered cultural environment. In other words, the hangover of seven-centered philosophies, moralities, religions, all of that seven-centered strategic left, all of that stuff, this is the patina of the civilizations and cultures that we live in today.

So our children, our parents, our grandparents, all of whom were born as nine-centered beings spent, have spent, are spending their lives trying to be seven-centered, trying to die young. I guess that would be the best way of saying that, but would be a very dark joke. Think about the Saturnian body. All the pressure was on getting things done quickly, the kings and queens who were 16 and 17, the geniuses who were composing at 9, all this stuff. There was this enormous pressure.

Of course, the average peasant, because most of humanity was peasantry, at 15 was married and had children. Think about that body. Now, think about it from the deconstructed point of view. The deconstructed point of view is that the body in itself, because it has the stamp that says till 30 everything is okay. But the body itself is by its very nature only designed to function optimally within that 30-year span. And in past generations, if you were a woman and you were over 20 and you had not had children there was something wrong with you. If you were 30, it was a lost cause. We look at that humorously today. But of course, we don't have Saturnian bodies, nor are we under the Saturnian pressure of decay at 30. It's decay.



The seven-centered being began to go downhill the moment they reached their Saturn return. The nine-centered being coasts along on a roof. There's no downhill. There is no deterioration until much, much later. That is, our vehicles, these nine-centered vehicles, when they came out of the factory they had a stamp that said 84 years. Think about that, because it's one of the most important things to grasp about our vehicles.

And it's one of the most important things to keep in mind when you look at what is one of the most devastating and tragic phenomena on this planet. We have all these people who are living forever. I know. I have a mother who in August, is going to 97, and she is rare because she is not senile, and she is not crippled. But all the human beings around her either die in their sleep or wake up without a memory. There is this vast pandemic of mental deterioration and physical deterioration that is taking place late in life.

Quality of Life Increases as Resistance Decreases

If we do not look after these vehicles in the way in which they were intended to be looked after, if we're caught in the seven-centered mechanism, seven-centered medicine, seven-centered homeopathy, seven-centered homogenized answers, then we're not going to be able to participate in the beauty of what this particular vehicle gives us, which is it gives us the potential of longevity and quality of life. The quality of life is one of those of sound bites that gets bandied around a lot. And within the context of how I am using this expression—quality of life—quality of life for me is very, very simple to understand. That is, quality of life increases as resistance decreases. This is a very simple formula: Quality of life increases as resistance decreases.

Anybody who's ever been a part of the Human Design experiment and has entered into the experiment of Strategy and Authority, one of the things you find is that as you begin to navigate according to what is correct for you, you begin to reduce the resistance to what you are doing in the world. You begin to reduce that resistance. You automatically feel better, because it's good for you.

Variable

There is something about the nine-centered vehicle that you will learn. You will learn it next year. It's perhaps the most complex level of this knowledge. It's called Variable. And what Variable teaches us is that the nine-centered being must be oriented correctly. That means it has to operate correctly. It has to eat correctly. It has to be in the right place. It has to be looking in the right direction in order for it to awaken as a being.



This is the stage of transformation that is part of what you're being trained to do as a service to others. The Center for Human Differentiation, which will open in September, is there to be able to take people beyond the entry level of their experiment. And by saying 'the entry-level', please understand that the entry level is the most important level, because without it there is nothing. Without the experiment in Strategy and Authority there is no place to go.

And remember something very clearly about what you're being trained for; you are **not** being trained to be an analyst. A Human Design analyst is somebody who examines the surface, because that's where somebody who does not know needs to meet the truth. This is not what you're being trained for. You're being trained to take somebody, once that not-self surface has been shattered, who has entered into that experiment, to take them stage by stage through a process that is the enhancement of their potential.

The Potential to Differentiate

The first thing that you have learned in this process in terms of the internal is that you understand a basic ingredient in the transformation of a being. Each and every one of us was born with the potential to differentiate. Yet, differentiation is not something that has great power. We already know that. We come into the world, we're homogenized immediately. We're homogenized by the way in which we are fed, the way in which we are treated, the way in which we are raised, the schools that we go to, the culture that we are a part of. We have this deep, deep homogenization that takes place.

It means that we have neural shut down. That means that the brain and its neural expansion shuts down at approximately 3 years of age. It means that our cognitive potential, our true cognitive potential is something that is submerged within a homogenized field. And that its ability to be able to manifest itself is locked away by the fact that the conditioning is constantly being reinforced both by the diet and the behavior of the being.

When somebody enters into their Strategy and Authority and they begin the process of making decisions through inner authority, this is what stops the deterioration. This puts a hold on the hooks of conditioning. It does not remove them. And as you well know anybody who enters into this process, and many of you are still in this stage, it is seven years. It takes seven years of operating through what is your inner authority to be able to heal yourself of the conditioning. And when I say heal yourself of the conditioning, it doesn't mean that the forces of conditioning have left you. In healing them they begin to become a source of wisdom for you.



The Mind Cannot Be Healed by Correct Action

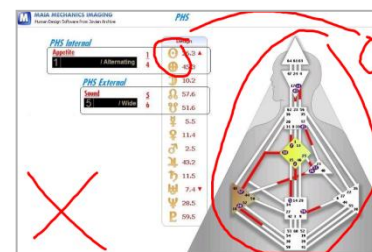
But, the reality is that just simply operating according to your Strategy and Authority, though that transforms the life, and over a seven-year period is certainly going to remove the negative conditioning forces in your life. It does not mean that in and of itself that is enough. Most of the dilemma is mind. And the dilemma with mind, with Personality, is that the Personality in and of itself cannot be healed by correct action. Understand that. You can be operating correctly in your experiment. Making decisions correctly doesn't mean that your mind has been healed. It doesn't mean that the not-self mind that had so much power over you has really been stripped of its power. It does not mean that it all.

The reality is that there is no way in which you're going to ultimately be able to deal with that in mind unless you begin to feed the vehicle in a way that the potential for differentiation is nurtured. It's a thing that makes the whole digestive process of the internal so absolutely incredible to really understand. It's not just about digesting correctly so that in the physical sense you don't have indigestion, you don't have gas, you don't have this or that, you don't feel heavy, whatever the case may be, whatever the story is. It isn't about that. It's about what it means to follow your dietary regimen. It means that everything you take in your body is used specifically to enhance your potential to be different. That's what makes it so incredible.

If you're not operating according to what it is correct for you in terms of your dietary regimen, you're following your Strategy and Authority, you have to understand that you are not helping yourself. You're not enhancing that potential for differentiation without that enhancement, because that enhancement is all related to the brain system. This is what you learn in PHS internal. And we well know that the potential of the brain is what our Personality derives its mental potential from. And if you think about the value of dietary regimen, it is enhancing those areas of brain function that are going to serve your cognition, and ultimately are going to pave the way for greater efficiency in terms of the way in which the Personality is going to be able to operate.

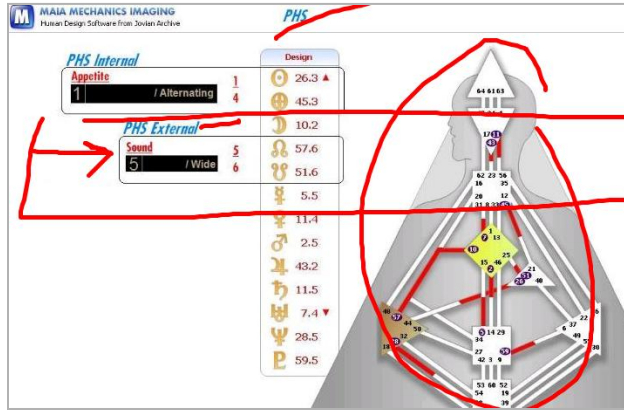
The Nodes Align the Design with the Personality

There's huge divide between the Sun/Earth over here and the Sun/Earth on the other side. Oh, it's a chasm, it's a huge divide. The only time we really see them in relationship to each other is when we see them in a cross. But then again, it's just a cross. You can see it even in the cross. There is really a huge separation between these two. Where the real miracle is is in the existence of a holistic being which comes from the two sets of Nodes. It is the Nodes, it is the external that establishes not only the foundation for existence on this plane, but it is through the Nodes that we are actually able to align the Design with the Personality.





One of the things that you're going to learn at the beginning of next year in the first semester of the third year is one of the subjects called Link Nodes. Again, it's very complex. And yet, at the same time one of the most extraordinary things to grasp.



There is a relationship between the Design Nodes and the Personality Nodes. One of the things to understand about what happens to you when you're operating according to your Strategy and Authority because you are operating according to your vehicle's consciousness, that you're being aligned to the direction that is correct for you. And the moment that you're operating according to your Strategy and Authority and you're aligning to your direction,

that doesn't just impact the Design Nodes but also impacts the Personality Nodes on the other side and aligns them to this transition.

The Nodes are linked to each other through the Magnetic Monopole. And of course, we know it is the Magnetic Monopole that has two functions. It holds us together in the illusion of our separateness. The Sun/Earths are far apart but the Nodes bring us together through the agency of the Monopole that holds us together in the illusion of our separateness, but also gives us our direction, the nodal thematic of direction. Oh, it's a beautiful dance.

Radical Steps in the Experiment

The external; we're not talking about the brain anymore. And there's something else to grasp. The Sun/Earth, if you could hear the Sun/Earth, if they could speak, do you know what you would hear them say? Me, me, me, me, me, all me, me, me, me, me, me, me, because this is what the Sun/Earth is. It's all I, I, I, I, me, me, me. It has nothing to do with anybody else.

There are two radical steps that come with entering into the experiment. The radical step of having your own bedroom, that's PHS internal. The radical step of eating the way it is intended for you to eat as an individual in spite of what it means in terms of the social consequences. These are two very, very radical steps, and they're deeply individual. It's not about how my family should eat, so that you buy something that is there for the family to eat. It's not the way it works. It's I, I, what I need, what I need to put in my body in which way.



The Nodes Are About the Other

But when you get to the Nodes, the Nodes are totally different. The Nodes are all about the other. They're about the other. It is along that direction that you meet the other. It is while you're moving in that direction that you see the other. And where you are determines, obviously, what you're going to see. Where you are is about your relationship to the whole world. It is one of the ingredients in Variable. It is one of the things about finding our unique place in the order of things. And that unique place is extraordinary because it's not just about a location; it's not. It's environmental as a location.

It is about environments that are not just simply correct for you, but think about the themes I've introduced you today, the theme of effectiveness. We all have an environment that nurtures our effectiveness, our effectiveness to be who we are, our effectiveness to live out our differentiated purpose, our effectiveness to navigate the maia successfully and longevity, the environment that nurtures your well-being, and an environment that actually can heal you.

And not only that, it is not just simply about the other, but it is about who is meeting the other. One of the things we will see when we are looking at the external is that the body acts in a certain way in a certain environment relative to specific others. And the magic of the PHS external, the magic is that this is the place of least resistance. And of course, according to our formula, if you reduce resistance you increase quality of life; less resistance more quality of life.

We have two, like everything Human Design. It is binary after all; we have these two ingredients. We have one that is very, very selfish. It's the internal. I have to make sure that I am the best possible me. So, this is the way that I go. Here is my dietary regimen; this is the process to bring out the enhancement of the best possible me. But the best possible me is an illusion because that best possible me can only exist in the world. So, how do I place, or where do I place that best possible me in order to take advantage of that best possible me. That's the external.

Color and the Nodes

Let's introduce some graphing to you. Color is one of those things that is really extraordinary. But I think it's something that is often really misunderstood, particularly in the context of the Nodes. When you're looking at your nodal Color, it is not actually its Color. When you're looking at the Sun/Earth Color, you're looking at its Color. Color after all is a construct of the breakdown of a crystal—Base, Tone, Color. The crystals, Design Crystal and Personality Crystal, are expressed through the Sun/Earth's.



DESIGN EXTERNAL	Observed	Color	Observer
	← Left		Right →
Natural	6 Shores		Artificial
Narrow	5 Valleys		Wide
Active	4 Mountains		Passive
Upper ↑	Landscape		↓ Lower
Wet	3 Kitchens		Dry
Internal	2 Markets		External
Selective	1 Caves		Blending

Resonance

When you're looking at this Color, you're looking at what's called resonance. In other words, your vehicle resonates to certain environments. It resonates to them. It's why they're so important. This is what you resonate to. And of course, in that being what you resonate to, this is the environment that is going to be correct for you. But please understand, when you look at Color for the Nodes, when you look at Color for the planets—and again next year you will learn this because one of the ancillary courses that you will be taking which is *Lunar and Planetary Color* and will explain to you that this is all about resonance, Color, the planetary level, Color at the nodal level—this is all resonating and it's resonating to the Color. It's resonating in this case to environments. You're designed to feel good or feel right or feel connected to the environment that you resonate to.

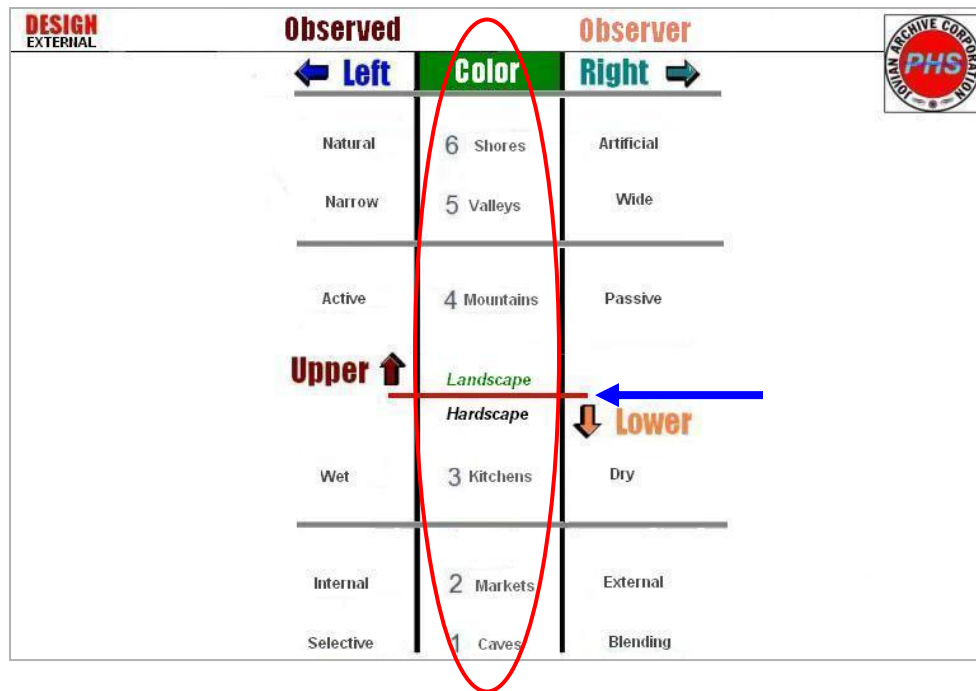
← Left	Color	Right →
Natural	6 Shores	Artificial
Narrow	5 Valleys	Wide
Active	4 Mountains	Passive
Upper ↑	Landscape	↓ Lower
Wet	3 Kitchens	Dry
Internal	2 Markets	External
Selective	1 Caves	Blending

The other thing is that whenever we're looking at Color within the context of PHS and Rave Psychology, we are always looking at it in its evolutionary perspective. In other words, the understanding that we are starting with the 1st line below so we are starting with caves and you can see that from that 1st line below we go all the way up to the 6 and all of this is, in a sense, an evolutionary progression. It is a developmental movement.



Hardscape and Landscape

When you're looking here in this graphing, I want you to keep your focus here just on the center *[red oval]*, just in the Color configuration for now. And obviously, the understanding is that we have a division here, the classic division that we have between the 3 and the 4 *[blue arrow]*.



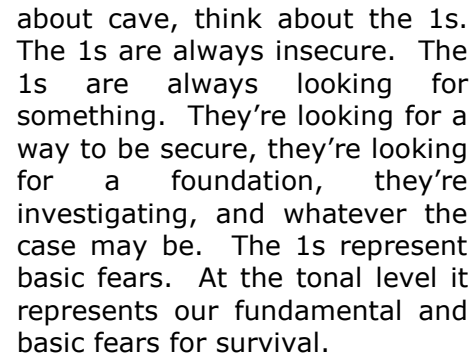
The first thing to notice is that we have two basic keynotes, keynotes that describe what is the lower configuration and the keynote for the upper configuration, the same way that we had that for the internal in terms of conditions and circumstances—lower Colors being conditions and upper Colors being circumstances. Here we have resonance. And here we have lower Color resonance to the hardscape and we have upper Color resonance to the landscape.

Caves

Now again, one of the things to grasp is that hardscape basically represents the basic needs for shelter. After all, it is something to understand about the way in which the Nodes move us. The Nodes are trying to move us into environments that are going to be secure for us in the sense that they're going to give us the benefit of longevity and least resistance, even though the world is not-self. Please understand that's the mechanism that is there. And you can see that starts with the cave. It starts with a cave in the sense that this is the primary protection and the primary



These keynotes have to be deconstructed. What that means is that cave, as an example, can mean many things. Let's think about it. Let's say that you're somebody that has a Design nodal 1st Color. So in fact, the cave is your environmental keynote. Okay, let's think about what that means. First of all think



So we know that when we're dealing with the 1 we're dealing with something that is very, very

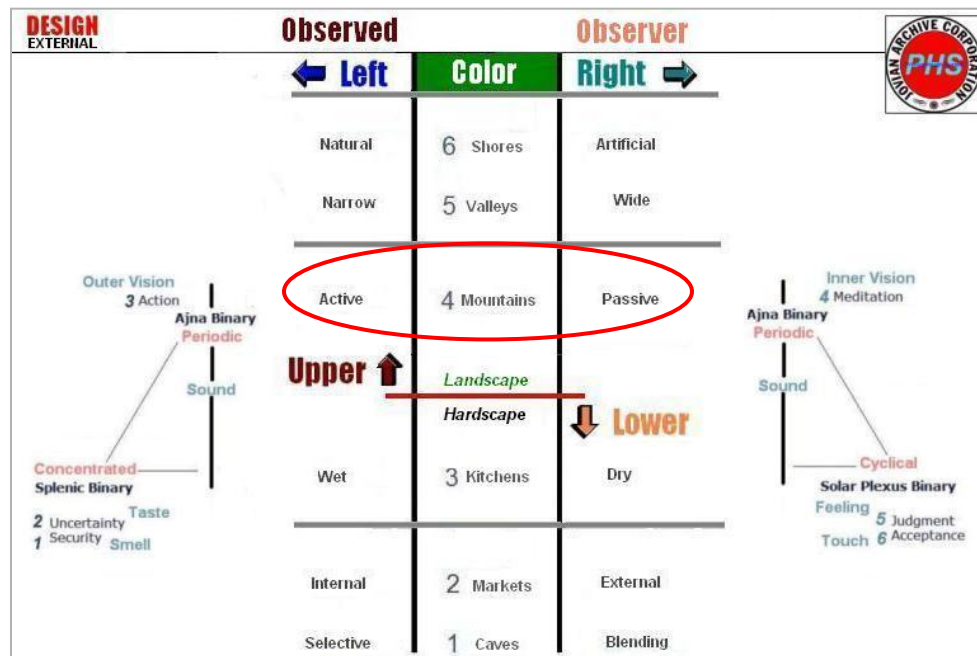
Think about the child who has 1st Color Design node and it's in the bedroom and the bedroom door leads out of the room and there is a door to a bathroom or there is a door to a closet. This is the child who is always afraid at night. This is the child who always thinks there's a monster or a ghost that may be behind one of those doors—insecure.

But what they're really pointing to is, they're saying that your vehicle, your life resonates to this, needs this because this is what's healthy for you. So as we move through the process, as we go through this over the next 10 weeks together, one of the things we are going to be doing, because this is just an overview for you today, we're going to be looking at all of these individually and we're going to go through each of the individual aspects and see them. But it's really something to begin to ponder, to begin to think about.



Mountains and Oxygen

Let me give you a wonderful example, because it's one of my favorites. Let's take mountains, and this is a landscape. In other words, this is something that has very little to do with whether somebody is inside or outside, even though it seems to give that impression. Again these things need to be deconstructed. Now, mountains are interesting, because in the simplest sense of the word what mountains represent is reduction in oxygen. The higher you are, the less oxygen you get to breathe because the oxygen begins to thin out as you get higher and higher. And it's something very important for these beings.



It doesn't necessarily mean they have to go live on Mount Everest or any local mountain that is around. They could be living at the top of an apartment building, as an example. Or they could have an office at the top of an apartment building and find when they take the elevator down to go home at the end of the day they're depressed, because they feel so good up there on their mountain. These themes need to be deconstructed. And yet, they all lead to the same thing, please understand that, they all lead to the same thing. They all say that each and every one of us carries a signpost. It's a signpost that is pointing us in a direction towards an environment.

The beauty of the deconstruction of these environments is that it doesn't matter where you are; you're in urban dweller, as an example. All of these aspects in a deconstructed sense can be found within the urban environment. You can be on the shores and rather than that being the sea shore, the lake shore, the river bank, it could be the shore between suburbia and the urban area. It can be the shore



because it's the other side of the tracks. In other words, there is a great deal of deconstruction creativity, in that sense.

Effectiveness and Longevity

I'll be able to give you some wonderful materials that have been developed by the present third-year students to help your imagination in terms of all of the different ways you can look at these Color keynotes and understand them. Again, let me go back to my illustration of mountain. Remember, where we started—effectiveness and longevity. Longevity—this unique nine-centered vehicle and its potential healthy 84-year life span. When you think about longevity and you understand that this is directly connected to the environment, this becomes something that's very, very important in mundane healing.

I'll give you a personal example. I have a two-story house. Both of my sons who live at home are both mountain. Kids get colds, they get the flu, they get whatever they get. So, let's say the child is home from school and they're sick. The natural tendency is they want to come downstairs and be entertained and do something, whatever. But in fact, that is very unhealthy. In other words, they're better off on the second level of the house. If you're a valley person, it would be better to go downstairs in order for you to help your healing process rather than going to the upstairs.

DESIGN EXTERNAL	Observed	Observer	
	← Left	Color	Right →
	Natural	6 Shores	Artificial
	Narrow	5 Valleys	Wide
	Active	4 Mountains	Passive
Upper ↑		Landscape	
		Hardscape	
	Wet	3 Kitchens	Dry
	Internal	2 Markets	External
	Selective	1 Caves	Blending
			↓ Lower

One of the most fantastic things to begin to recognize about what the nodal external represents is that it carries with it incredible tools for healing. Let's take the extreme. Let's take somebody who has been living the not-self life and they're very ill and just through the illness when they're looking for things they find Human Design, as an example. That person with whatever they have, let's say they're a mountain person and they're really in duress, one of the first things that I would tell them is get to the high ground and get there soon and get to it naturally. What I mean by that is the pure essence of the keynote.

Think about the person who is sick and is 2nd Color. The healthiest thing they can do is go shopping. It may sound ridiculous, but it isn't. It's the most healing thing that they can do, these people who can't stay still when they're sick. Unfortunately most of them are all just in transference and not-self. But there are these incredible keys to being able to aid the vehicle and eliminate the resistance.



That child that is 3rd color who's ill, keep them in the kitchen, entertain them in the kitchen. These environments are incredible things. And depending on what the tonal activation is, you can keep them in the kitchen and keep steam coming out of a pot on the stove. Keep them in the kitchen and keep the oven open with real dry heat coming out. It's so fantastic what is there in the Nodes.

Awakening Is a Holistic Process

The tendency—because it's always a tendency, I know this tendency so well, I've been teaching a long time—don't jump to any conclusions about this. Don't, you can't. Everything about awakening is a holistic process. Even though you may be fortunate in your fractal that you've met Human Design and you've entered into the experiment, you may be in the experiment for years. It still doesn't mean that this is something that you can act on. It doesn't. There are stages in a process.

Nobody is really ready for the environment until their bodies have been healed through correct Strategy and Authority and proper dietary regimen, because you have to have the equipment. You do. Oh yes, there is serendipity and yes these suggestions, these little tidbits I've been giving you about being sick and going upstairs or downstairs, all of that is useful, there's no question about that.

Environment Is the Final Stage

But again, there are two levels to this knowledge, there always are. There's the practical, Hippocratic level of helping people who are suffering. And obviously, the child who simply can be helped by such a simple suggestion, it's not like this isn't a suggestion to be given, of course it is. But this is a point for us to understand: the environment is the final stage, the final platform in being able to establish the final battle, which is with mind. This is an enormously important stage in the life. And it is stage where one has to be totally committed to one's process, really totally committed to one's process. And obviously, it's not something that can be entered into other than through one's Strategy and Authority.

Independent and Dependent Variables

For me, when I look at the Nodes, these Nodes are referred to as Independent Variable; the Independent Variable is the two sets of Nodes. The Dependent Variables are the two sets of Sun/Earths. This Independent Variable, because the Dependent Variable is dependent on it, everything ultimately for the perfection of what we are, is when we fulfill the possibilities that are there in us nodally. Because what happens when we are aligned correctly in terms of our nodal orientation is that it transforms the way in which the Personality Nodes operate.



The Personality Nodes are about perspective. It is about View. It is the seeing that is established through the Personality Nodes that allows the mind its platform. Without it, the mind has no platform. So what the mind is given as what has been seen, this is what the mind builds its life on, you know that. What you see is what you compute. But if you're in the wrong place and you don't have the correct cognition and you're not operating correctly, you see nothing, just the glamour, just the chimera.

Realigning the Personality to a New View

The moment you are operating correctly, you are living correctly in terms of the way in which your vehicle needs to be nurtured. Then when you enter into the correct environment, you are prepared cognitively, and then your Personality has a realigned perspective; it has a new view. And it isn't that all of this isn't at work at some level when you enter into the experiment, because it is. All of you know that through your engagement with Human Design, the way you look at things has changed. The way you look at mind and the way in which you look at the world has changed as part of the transformation that takes place when you begin to move the authority for decision-making, which blinds the mind, to the vehicle so that the mind can begin to see. But as you can begin to grasp, all this seeing is about where you are.

And you'll notice, just like PHS internal isn't about this kind of food or that kind of food, when you're looking at the external, it isn't about this place or that place. It isn't about whether you're in Berlin or Detroit. It's not saying "Go to Detroit." It has nothing to do with that. It has to do with an environmental value in wherever it is you happen to be. As I said, you can find all these elements in any environment. And the fact that they are a deconstructed value of the pure original is that the pure original is ancient. There is all of this diversity of the way in which these keynotes flow, because what keynotes represent is just a primary formula out of these keynotes that all kinds of diversity flows.

Preventive Medicine

And then underneath all of that, as always, you have this nodal manipulation, this tonal manipulation, this resonating to this or that of whatever the Color happens to be, and locking into it. You will see that this brings unique qualities to the environments. And when you see these unique qualities always within effectiveness and longevity terms, you begin to see that this is where real healing takes place and not—how shall I put this, this is intended to be preventive medicine. This was never intended to be a cure. The same thing is true for all the knowledge in Human Design. This knowledge is not designed for people who are conditioned; it was designed to create people who would not be conditioned, if you know what I mean. It's just that it's new, it has to go through these generations, and it has to go through deconstruction process.

DESIGN EXTERNAL		Observed		Observer
Left		Color	Right	
Natural	6	Shores	Artificial	
Narrow	5	Valleys	Wide	
Active	4	Mountains	Passive	
Upper		Landscape	Lower	
Wet		Hardscape	Dry	
Internal	2	Markets	External	
Selective	1	Caves	Blending	

That is not something where you can actually take others with you. You can't. You just can't. You can meet those who belong take with you. That's possible when you get there. But, it's really something to understand. The environment becomes something that is so, so important to the awakening of the consciousness. It's not like you have to be there all day. It's not like you have to be there all the time. It's your zone; it's when you're in the zone. It's that place where you're re-energized, where you have all the advantages that are inherent in the nature of your design. It's quite something to contemplate. Anyway, we will have an interesting journey, to all of you take care and until next time, bye for now. ~



Nodal Color 1: Caves

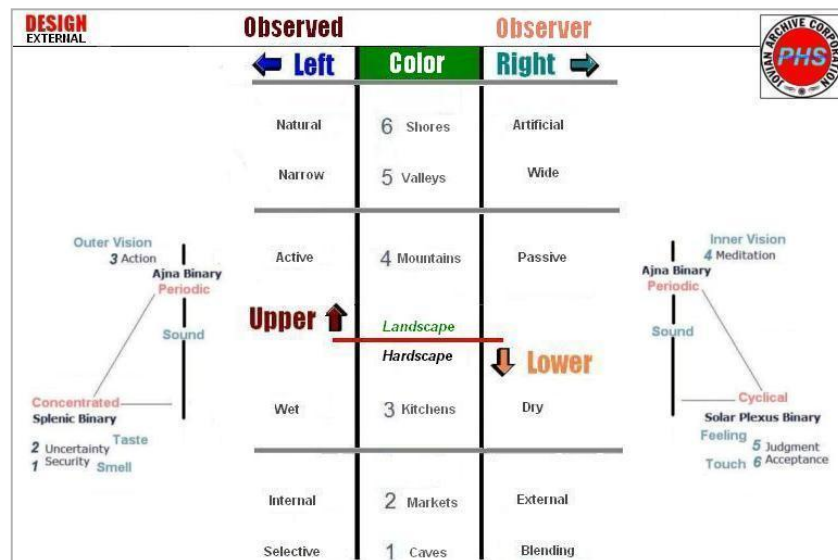
Hello to all of you. We're going to begin what is really one of those truly extraordinary journeys in looking at mechanics. There is something, though, that I really need to remind you of and it is something that is so important to keep in mind about the nature of the Nodes separate from the way in which the Sun/Earth operates. When we're talking about Color and Tone, when we're dealing with the Sun/Earth, we're actually dealing with what is in fact the true Color and Tone. That is, it is specifically related to the crystal of consciousness.

Resonance

No other objects, no other aspects in the database actually have a crystal. That is, it's not like they have a Color and a Tone and a Base. They do not. One of the things about Color, Tone, Base, Line and Gate is that it's all another way of expressing measurement. That is, what we call a line is actually a measurement of arc in the wheel. What we call Color is a measurement of arc in the wheel.

So, when you're looking at the database and you're looking at everything other than the Sun/Earth, what you're looking at is that positionally it places those aspects in resonance to what is there. In other words, it places it in resonance to that quality that is related to its place in the measurement.

So, for example when you're looking at the Node and you see that the Node has a 1st Color, it's not that it's the Node's 1st Color. It is the 1st Color that the Nodes, when one is correct, resonate to. And this term, resonating or resonance, is something





that is very, very important. It isn't to be necessarily confused with what we refer to in analysis as line resonance, that is, a 1st line and a 1st line, they have a resonance to each other, because they are very, very similar.

Genetically We are Set Up to Be Conditioned and Differentiated

It is something to see in the nature of this word what is so beautiful about not just simply the Nodes. Next year I will introduce you to Color analysis relative to the Moon and the planets. That is, what is so incredible here is the counterpoint to genetic imperative. And I think this is one of the most important things to sort of ground yourself with when you're looking at the resonance to Color. That is, genetically we are set up in two ways. We are set up to be conditioned. We are set up to be differentiated. One of the most powerful conditioning forces is the force of attraction. That is what we see in the hanging gate and its attraction to what is not there. That is inherent in the way in which the genetics move us towards conditioning.

But, at the same time genetics are not any different than anything else. It is a binary; it is a duality and it has two faces. The other side of that is the potential that is there in us, in the nature of our particular activations, that these activations in and of themselves have an attraction to, or what we call resonance so as not to confuse it with attraction, have a resonance to what is. I'll keep it as simple as possible, what is good for it. In other words, rather than being attracted to what is bad for it, resonating to what is good for it. These are the two sides of the coin.

Resonance: Responding to a Call

One of the most interesting things about all of this is the way in which one is oriented. That is, whether one is oriented to conditioning or to resonance. All of that is rooted in whether or not you're operating according to your experiment. This is the fundamental starting point, always, when we're looking at anything in the context of Design. If you're going to be correct, it begins with removing the responsibility for the mind and giving the responsibility to the vehicle.

The moment you give the responsibility to the vehicle you begin to move away from the forces of conditioning, most of which are rooted in the not-self mind. You begin to move away from those forces of conditioning, you begin a cellular process of cleaning out that conditioning and renewing yourself as yourself. As you enter into this process of refining the correctness of your movement, this is when you become more and more sensitized. You become more sensitive, nodally speaking, to what is calling you, because in a sense, this term resonance is simply responding to a call. That is, responding to something that is pulling you because you resonate to it.

What we're going to see is that these environments, in our sensitivity, in our correctness, it's really in just the fact that we are being oriented correctly, we're



beginning to move in a proper movement, that this opens up the possibilities for us to meet these environments where in that resonance to the environment we are actually giving ourselves a nurturing shell.

PHS: Nurturing the Body and Finding a Nurturing Environment

Human Design on the PHS side is two kinds of things. It's about nurturing what's inside, nurturing the body through proper digestion and nurturing the differentiation potential cognitively of the brain system. On the other side is finding a nurturing environment. Because again the thing that is so instructive about the nature of the Nodes is that they remind us we belong in a world and we belong in a world of the other. And in order to be healthy in the world of the other, not only do we have to be equipped within ourselves in terms of our authority, but we need to have environments that are going to benefit us in terms of our physical well-being over the long term, our ability to eliminate most of what is the negative resistance in our lives and open up the possibilities for us to be able to commune, and I use that word very specifically, to be able to commune in the sense of outer authority with those who are correct for you to share that with.

One of the points to keep in mind—and it isn't necessarily an exciting point for students to keep in mind, but it's something that is essential in understanding the way in which a human being is intended to be raised—is that you come into the world and you're organized in a Penta. It is that Penta's responsibility, and I don't mean to anthropomorphize that, but it's the only way I can say it, it's the Penta's responsibility to be able to get the offspring to a point in which they can emerge into their own life. This is the movement.

One of the things we understand about environment is we get to see that each and every one of us, like all the other aspects that make up our design, have unique environments that we resonate to. Obviously if you're born into a family, within that family you're going to have many variations environmentally of what is correct for each of these beings. It would seem rather odd that by design we would be condemned to being born into an incorrect environment. And of course, it doesn't work that way.

The Importance of Environment is Connected to the Uranian Mutation

The most interesting thing about the Nodes is that the environment's importance is directly connected to our Uranian mutation. What I mean by that is that the seven-centered being lived the Saturnian life. That is, a cycle of Saturn of approximately 29 to 30 years, let's call it 30, it's easier. This was the Saturnian life; this was the Saturnian cycle. And in 1781 with the emergence of the nine-centered being we entered into the Uranian vehicle. That's the mutation. We're in a Uranian body, an 84-year cycle body as opposed to a 30-year cycle body.



What is so interesting for me about the nature of this mutation is that 30 becomes a very, very important marker. You can see that in any of your basic studies in Human Design. For example, in reference to lines and the importance of understanding the mutative force that the 6th line is bringing us within the Uranian cycle, it's moving us away from the Saturnian cycle. The Saturnian cycle was basically two parts. That is, the fertility and power was there in the first 29 or 30 years and then there was decay moving exactly at the other end towards the possibility of a second Saturn return; but fundamentally, basically the life strength ending. Remember, that for most of human history to live to 30 was an extraordinary accomplishment.

So, one of the things to see about the advent of the nine-centered being is that this environment that the Nodes present us with is something that becomes an essential in terms of us being able to move on our own through our own authority into this new Uranian life, that by the time are 30 we have to be correct enough and sensitive enough to be able to resonate to what is good for us. And as you'll see next year, resonating to what is good for us is not just within the level of or within the context of the Nodes and the PHS of the Nodes and the fundamental health values in that, but it influences the way in which every single planet operates and the way in which the information of the planets is gathered as experiential data for the mind.

To resonate to what is correct for you means that resonance operates in many, many, many different levels. But of course, you're only moving towards what is good for you when you have given up on that authority of mind. Again, it goes back to the fundamentals in Human Design. So as we enter into this discussion about the various environments and the way in which these environments operate, again understand something. This is something you are designed to move towards in your life.

Now, I honestly don't know how that applies to us. I don't. And I don't know how that applies to us in the sense of a human being who has spent most of their life being conditioned and suddenly goes through this process in which they begin to decondition themselves. Does it mean that the environment is not important for 30 years? I do not know. Honestly, I do not know. There is no way of truly being able to see that until we have the hindsight of 50, 60 or 70 years of this knowledge.

However, it is clear to me that the only way in which we are going to perfect our process mechanically—and I mean that my responsibility is to the pioneer generation Human Design. I have to be able to do what I can for them. I know that the children will be looked after, but it is about fulfilling the process of those that it's their fractal to be in this process at the beginning of the realization of this knowledge.

The Radical Approach is Important

My assumption is from understanding the health aspects of environment that it is very important to take advantage of environmental knowledge, and that the reality is that for us as adults, it is only going to be the radical approach that is really going to



lead to the possibility of the perfection of the process, radical in the sense of the PHS dietary regimen, radical in sense of the environmental direction in life. I think these things are basic foundations for the transformation of the being.

So, it's a very interesting subject at this point to look at. Again, I think it's important for you to understand that this is a major step in the development of your knowledge in Primary Health System. Fundamentally, the last five semesters have been rooted in the basic principles of understanding and coming to grips with the nature of PHS relative to the Sun/Earth, to the dietary system.

This is something that obviously is one of the most important ingredients of this knowledge at a practical level. And it is the second step, if there is going to be a second step, for those who are going to enter into the full process that is possible with the knowledge. In other words, the correctness of them, once they have been involved in their experiment, to enter into the experiment of their PHS dietary regimen and slowly but surely begin this process of differentiating, literally differentiating.

The Structure of Color and Line

So, leaving that as a general framework aside, let's begin the journey because the journey is an interesting one. As always it begins with the phenomenon of structure and Color and line, because they have to be related to each other. They're related to each other because this is the jump between the processing of the information and the transferring of the information to its manifestation. When we're looking at Color and line we see that they're structured similarly. That is, in a sense, we're dealing with a six and we're dealing with an upper and lower as we would in the sense of upper and lower trigram. And yet, when we're dealing with this we're dealing with two different kinds of keynotes [*Landscape and Hardscape*].

Obviously you've already seen that we follow this program, at least to the tonal level, that is, the six Tones, but again, the six Tones are oriented very differently. They're oriented into this trinary configuration that at some levels mirrors the hexagram and its constructs, but nonetheless it is an underlying thematic. It's why my early years of talking about lines I spent a lot of time trying to get people to understand that a hexagram was also three binaries and how important it is to understand those binaries. Unfortunately, when I was doing that, I was using active and passive terms or yin and yang to get it across and ultimately ended up being

Observed		Observer
Left	Color	Right
Natural	6 Shores	Artificial
Narrow	5 Valleys	Wide
Active	4 Mountains	Passive
Upper	Landscape	Lower
	Hardscape	
Wet	3 Kitchens	Dry
Internal	2 Markets	External
Selective	1 Caves	Blending



confusing for people because they really didn't understand where it was coming from and at that time I didn't go a good job really explaining that.

Keynotes and Deconstruction

When you look at the binary in a hexagram you're actually looking at the tonal influence in a sense, only in a sense. And here you're looking at something else.

Observed		Observer
← Left	Color	Right →
Natural	6 Shores	Artificial
Narrow	5 Valleys	Wide
Active	4 Mountains	Passive
Upper ↑	Landscape	
	Hardscape	↓ Lower
Wet	3 Kitchens	Dry
Internal	2 Markets	External
Selective	1 Caves	Blending

You're looking at the trigram influence, in a sense. These are related to each other as we move through the chain. And here when we're looking at the lower configuration we see that we're given this hardscape. And when we look above we see landscape. There's a real exercise—at the end of the journey through the six of these, by the way, in your download I will give you a whole collection of information relative so far that's been collected about all of these Colors, but there is something in this you need to understand.

It's like the Rave I'Ching. The Rave I'Ching is not a technical book. It's not a technical manual. I personally consider it to be a kind of poetry. That is, it wasn't written the way a manual is written. And in order to really understand the Rave I'Ching you have to have a gift for interpretation, deconstruction. It made the Rave I'Ching extremely difficult to translate, because it is full of colloquialisms

and mythologies and things that were simply part of my consciousness that I used as reference points, slang terminology and all kinds of things that are there in the Rave I'Ching and all of them in the context of lines that are basically poetic.

One of my basic teachings in the early years when I was teaching hexagram, I tried to explain to my students that anyone can write a Rave I'Ching. You know what I mean. That is, once you understand the formula and you understand the bodygraph, it's amazing what you can come up with because it's just formulas, the numbers and all of these various things. Anyway, what makes nodal Color different from the Sun/Earths, and that is true on both PHS and Rave Psychology side, is that the keynotes are poetry. And I mean the keynotes in the sense of the Color keynotes and what we just saw—the hardscape and the landscape. This is poetry.

What I mean is that it needs to be deconstructed. If we take the obvious of cave and you think of this as a number from one to six and you think that we're about 7 billion people and you figure well, I don't know how many PHS cave people there

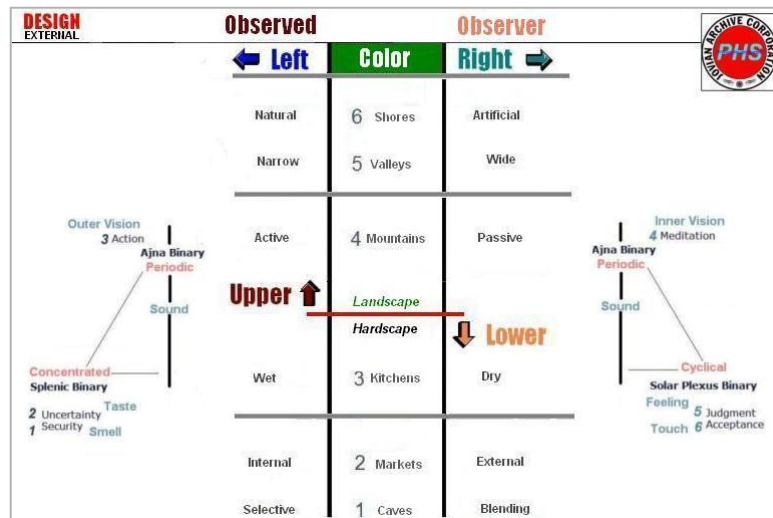


are, but I would guess that there's hundreds of millions of them. And it's not like all of them belong in a cave. We don't have that many caves. And it would be incredibly crowded and I don't think anyone would be very comfortable in all of that. Understand, get my gist; in other words, one of the exercises here, and I think one of the joys I have in doing this program is that in some cases I'm training scientists of the future because this is all science and it will become more and more science as it matures as more and more experimentation is done, as more and more investigation is done into the nature of all this.

It is something to grasp that you're here not simply to be a student of mine during this process. But you're ultimately here to be a colleague and you're ultimately here to expand this knowledge. One of the beautiful things about nodal Color is that that is its challenge. It challenges you to find your unique outer authority in understanding each of these terms. Yes of course, I will take you through and give you the basics. But one of my pleasures when I introduced this last year was the number of e-mails that I received with questions, could it mean this, this, this, this and this. It was fascinating to see the depth of inspiration that was there in coming to grips with what these terms represent.

So, there is a modest face value that you can bring to each of these, obviously. I guess the word for it is that these are the most primitive keynotes that I've ever used. Usually when I'm developing keynotes my goal is to find in one word a synthetic quality that holds much more than just the originating or the primitive value. It's like you don't want to hear about Mars from a Babylonian, because it's a terrible story. It's better to hear about Mars from Liz Green. It's going to be a much more realistic and contemporary value that we can recognize. So, I try to look for 21st century keynotes.

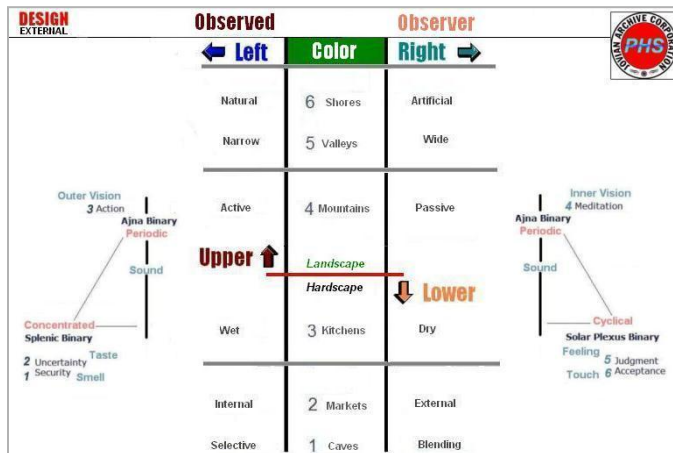
This is not. This is really very primitive. As a matter of fact, it's so primitive that it predates our most ancient ancestors in a sense because in so many ways—with the exception of the way the 3-4 works because the 3-4 are mutative, they're very different and they've gone through mutation with the nine-centered being—there are actually older values that one could attached to this that had nothing to do with human beings, let me put it that way.





Six Classic Environments

In other words, the world is marked out by six classic environments. And these are the classic environments that have always been there in the world for every aspect of life. It's not that these environments are only about us. It's not. These



environments apply to everything, to every plant, to every mammal, to every reptile, to every bird, every fish, every cell, because as long as you have a crystal and as long as we are in movement, this is the way in which the world is going to be divided into resonating fields, resonating environments.

The magic of it is that they are not necessarily so separate from each other; they aren't. You can find them all together in the

same places if you know how. This is the mystery of environmental Color. It is the mystery of deconstruction. And it is the real challenge, because no matter what I'm going to be able to share with you, and no matter what you're going to be able to glean from last year's material, and no matter what you're going to come up with yourself, there are still going to be thousands of deconstructed variations. Now, they're all variations on a theme. And like everything else in Human Design we are here to look at the fundamental mechanics of things and then extrapolate outwards from there. So, we're starting at the basic skeleton of the environmental mapping.

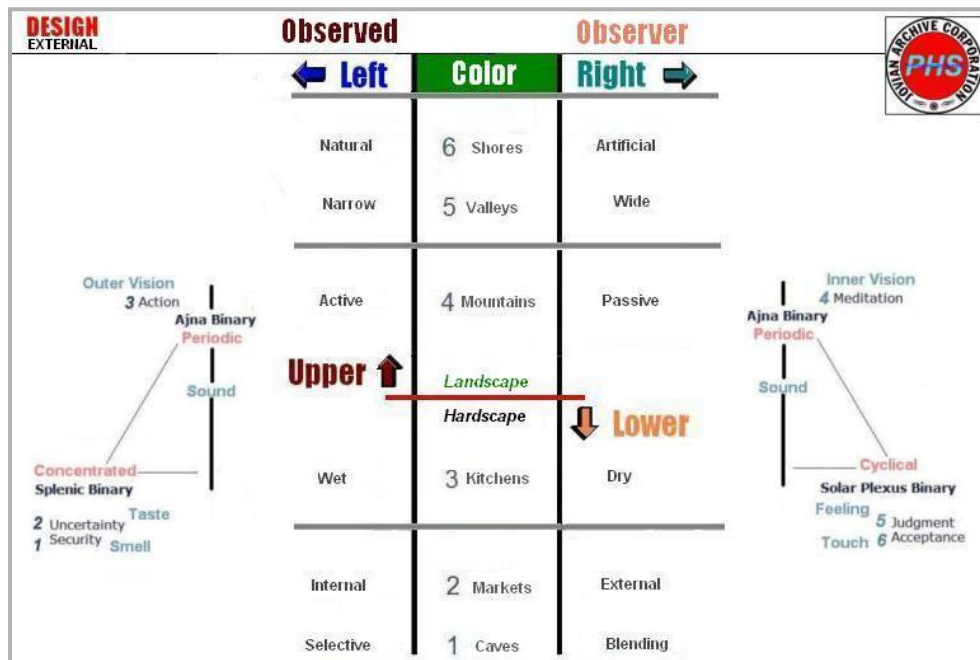
I want you to understand something about this word "environment." When you were studying PHS dietary regimen, the first thing you had to realize was that it wasn't about food. It wasn't about what kind of food you ate, it wasn't about whether you ate healthy food or unhealthy food or the food had this many calories or not, or all of that. It's the first thing that should really be a shock. Hey, this is not about food. This is not about food types. This is not about food values. This is not about fats. This is not about this or that or the other thing.

That's the thing that makes it so extraordinary. Seven-centered consciousness says no, no, no, an apple a day keeps the doctor away. Yeah, right. Well, it's not true. It's not true for everyone. It doesn't mean that it has value for everyone. It doesn't mean that it's good for everyone. It doesn't mean that everyone should eat it. It doesn't mean that at all. And yet, it becomes a homogenized "take your vitamins."

So, when you get here to environment, don't think about place. This is not about whether it's Calcutta or New York. It isn't. It isn't about Mount Everest or Death Valley. It isn't. It's not about a place. It's about the environment. The environment can be anywhere. It can be anywhere on the planet. It can be anywhere in the same location. It can be anywhere. That's why you have to be sensitive. That's why you have to be correct; otherwise, you don't notice.



The moment you find out is the moment you can begin to notice. And you can't find out before. The moment it's laid out, this is the whole thing about us; this is the whole thing about awakening. You lay it out there, you put it into the consciousness and then you wait and see what happens to you as you follow your authority. You watch. And you begin to see what environment can mean for you and where you can find it, because you can find what you need just about anywhere; just about; not always, but just about.



The Hardscape and the Landscape

So, we have this division between the lower and the upper. And of course, we're also going to have our classic division between what is left and what is right, but first things first. Let's look at this division. What did we see when we were looking at the digestive system? We saw that we had conditions and circumstances, and oh boy, are they different, aren't they? The strictness that comes with the specifics of conditions, but a totally different quality that is there in terms of circumstance, how very different it is. We have the same difference here, this difference between the hardscape and the landscape.

Again, when you're looking at this, begin to think about what hardscape means. Basically what hardscape means is that this is an artificially created environment. It's not "natural." We would say it's manmade; it's the by-product of human activity. This is hardscape. And of course, there's something to understand about the difference between those who resonate to hardscape and those that resonate to landscape.

Caves: A Secure Environment

	Observed	Color	Observer	
	Left		Right	
	Natural	6	Shores	Artificial
	Narrow	5	Valleys	Wide
	Active	4	Mountains	Passive
Upper		Landscape		
	Wet	3	Kitchens	Dry
	Internal	2	Markets	External
	Selective	1	Caves	Blending

Outer Vision
3 Action
Concentrated Spleen Binary
Taste
Security
Smell

Inner Vision
4 Meditation
Solar Plexus Binary
Feeling
Judgment
Touch
Acceptance

PHS

When we are looking at this 1, we have to look at this extraordinary theme in Human Design of genetic continuity. The continuity of how all 1s

When we get to the 1st Color we get to see the primitive caveman/cavewoman diet. We get to see the one-thing-at-a-time diet, the alternating/consecutive diet. When we look at the Personality we get to see the fundamental motivation that arises out of fear. So when we're looking here at this 1 and we're looking at the theme "cave," we have to understand that there is a need for security in this environment and that a secure environment—and that word is very important—that the secure environment is something that is going to be healthy for this being who is going to



have a 1st nodal Color. In other words, for them to be in a secure environment is something that is going to make them feel better.

Let me give you a classic example. You take a house in any sort of city neighborhood and there's a walkway from the sidewalk to the entrance of the house. Where the walkway meets the sidewalk there is an opening. Let's say you have a fence on either side, but there's no gate, there's just an opening. So, if you're a cave person, that opening is so threatening because it needs a gate. It is about security. Something to understand about the cave environment is that it needs to be a secure environment.

Here the hardscape is expressed in its most extreme. In other words, here is the need for somebody in order for them to be healthy, in order for them to have longevity, in order for them to be able to deal with people successfully, in order for them to be able to function successfully, the most important aspects of their life are going to have to take place inside in their secure cave.

One Entrance

Now, what's that cave? The first thing about a cave is, well, the Chinese would call it feng shui. The first thing is to recognize that there's one entrance. This is the classic cave; one entrance. And because this cave has one entrance, the entrance is defensible. This goes back to our prehistory. After all, human beings began by seeking security and shelter in caves. And that cave with its one entrance gave everyone inside a sense of security. It would be very uncomfortable to have a cave with two entrances. There might be that secret escape road dug underneath somewhere, but the security in that is obvious as well. And the entrance to it is hidden.

The cave is that one opening that can be defended. It's very, very important when dealing with particularly young children somewhere between three and seven years of age. These are children who can begin to experience a lot of night fear. Again, it would depend on their actual DreamRave and the kind of persona that they have, but the fact is that a lot of these children begin to experience uncomfortable dreams and begin to have problems with just night fears. A lot of these children need a light on all night or these kinds of things.

One of the things to understand is that if you have a child who has a PHS 1st Color Node, their bedroom is something you really have to pay attention to. The best bedroom for this kind of a child is a room with one door. That means no closet, and it means no en suite bathroom, just one door. And as far as the closet is concerned, that has to be externalized in the sense of whatever, drawers and things and all that kind of stuff. But it's about the door.

That child with that 1 with that room with just one door, when that door is closed, that child is safe. It feels really safe. It's five or six years old and its mother says as she puts it off to bed, "Would you like me to leave the door open? No, close the



door, I'm fine in here, I'm safe." But you take the very same child and you have a closet door in the room and the mother says, "Do you want me to open the door?" and the child says yes because it's afraid. And the open door just means that it can call for its mother more quickly because it's afraid of what may come from behind that door.

It was wonderful, what was that movie made for kids and it was about all of these forces that make a living in another world scaring children by coming out from closet doors? And you have hundreds of millions of children who are born with this. Think about that, hundreds of millions of kids born with this.

So, it's just one of those things to understand about this environment is that the safety of the environment becomes something that's really important. These beings need it. It also says something else. If you're born with the 1st Color it says you're not meant to spend a lot of time in crowded group environments. You're not. The place where you are going to meet somebody where something important is going to happen for you in your life is not going to be in a crowded restaurant with five or six or seven doors in the place. It isn't. It's going to happen in an office, it's going to happen in a room, it's going to happen in those spaces.

Somebody who has this, it's so important for them to, for example, in terms of making a living in this life, working and being healthy at the same time, they need their office. They need their office with a door they can close. If they have an office with a door they can close, everything is going to be fine. They need the security. Now, there are many variations of this and I don't want to get caught on its perfection, which is the one door, because that's a perfection, that's an ideal. That doesn't mean that it's realistic. It doesn't.

For example, you have a child who is 1st Color, you find out this knowledge, you're panicking, what am I going to do? Get something to stand in front of the closet door that blocks its view. Sort of close it off like a room divider or something, or something you can put there that changes the frequency, something that doesn't give the impression that there are two doors. For that child, it's better that that child is in that room than it's not. You don't send that child off to summer camp or these kinds of things. Poor thing, this is going to be a horror. This child needs its space. That space, that cave becomes so important to it.

The 1st Color and Cars

I think a lot of 1st Color people love their cars. I think that's where you really get to see a modern manifestation of it. I think that the whole automobile industry is financed by the 1st nodal Color. It's a great cave because it is a cave that moves. So you can be inside, you can be relatively secure. The thing that's interesting about the vehicle and getting inside as a 1st nodal Color is that you can press that button that locks all the doors, and don't they do that. Or that they automatically lock in this day and age. Then you're secure. And there you are inside of your nice little bubble, because it's a bubble. Bubble would have a great keynote for this is Color,



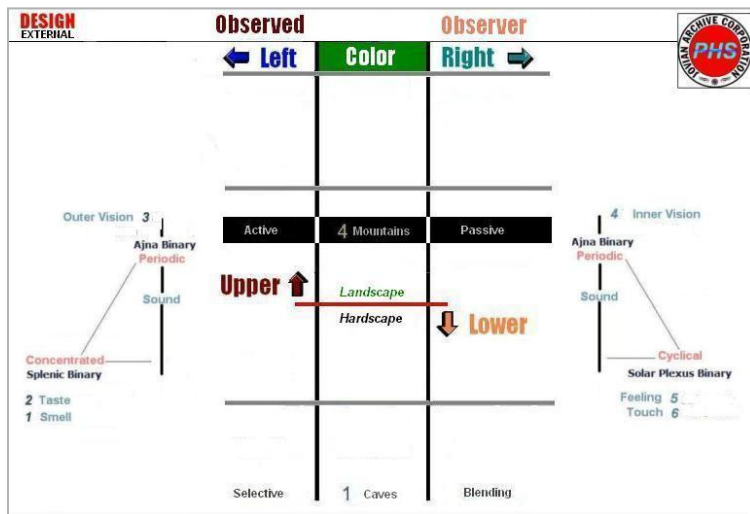
the bubble Color, because that's what it is. You're in your little bubble and you're safe. And only in your bubble are you safe to let people in.

If you're standing on the side of the road and you're hitchhiking, the chances are every other Color will avoid you. But 1st Color, there is always the possibility that they'll stop and open the door and let you in, because when you step into their bubble, they're secure, they really are. This is where they have all their power. This is where they have their well-being. This is where they meet the least resistance. This is the environment that is physically the healthiest for them.

It is a sad comment and perhaps black humor, but then again, there are a lot of 1st nodal Color people in America, as an example, who live their lives in their vehicles. And whether it is the desperate who are living in the backseat of their car, or it's the incredible number of Americans who live in mobile homes. This is a cave. And this is a cave that moves around and they are happy and secure in their cave. And there's an enormous cave population out there.

This is what I mean about enjoying the adventure of deconstruction. It's a long way to go from the cave to a mobile home and oh boy are they ever the same thing. The mobile home is actually an enormous step upwards, is it? It moves around. One isn't limited to one specific place or not. Like snails and turtles, carrying your shell with you. And you can tell these people; I've had my experiences over the years at staying in some of these parks, particularly when I was young and exploring the States when I was in my teens. It's a whole different frequency.

So the cave operates in many, many levels. It's like the people who can't stand being in an elevator. Cave people are not going to be, unless there is something totally bizarre in their design, it's not like they're going to be claustrophobic. They're cave people. So, you begin to look for the values in that and you begin to look at other things. You begin to see things about—we spend most of our lives working. If you're going to be in the right place, meet the least resistance and be healthy, that's a great place to work. You don't want to be that person who is the 1st nodal Color and you're looking for a big-money job and you're 20 years old and somebody offers you a job cutting down trees in the wilderness for a fortune an hour and off you go and die or lose a limb or whatever the case may be.





The Environment Is There to Nurture Us

The environment is something that is there to nurture us. And remember it's about our longevity. It enriches the whole biological process. It enriches our lives. It means that those people who are bitching at you because you're spending so much time in your room or you're spending so much time driving around in your car, give them the bird. It's wonderful for you, healthy for you.

I know a lot of 1st nodal Color people that when they have problems or they don't feel good or they have things that they want to think about, they get into their car and go for a drive. There is the combination of the security in the vehicle, the aloneness, the ability to just be, and at the same time there is this motion and fluidity and stimulation that is there. It's wonderful for them.

All of us have within us this great gift that has been given, this gift of the potential of differentiation. It is such a gift. And we do not have to go blind into this. It is what this knowledge represents. This was the gift that was given. The gift that was given was not that there was Human Design or this or that. The gift that was given here is the mechanics of what we are. This is the mechanics of the nine-centered being so that we can realize our potential and leave behind the seven-centered malaise. And it means that we need to move far beyond our first baby steps into correctness, this radical immersion in our potential for differentiation.

I don't think anybody wants to wait 30 years, and I don't think it's necessary. I just think that is the natural flow. And I think it's only the natural flow for children who are raised correctly. So, in fact, it's not a big question for us. The gods have been kind to me. I am shore person and I've been by the shore all my life. I was born on an island in the middle of a river. I've lived almost my entire life by the shore, my serendipity. Not everybody has such serendipity. This is quite a thing, this journey.

Hardscape is Very Specific

And to understand how important it is, because when we're dealing with the hardscape, just like when we are dealing with conditions, it is very, very specific. Enclosed space, safe, secure, enclosed space where you don't have to take in the outside frequency, the other's auras, the smells, anything, that you can be clear, that you can be safe. And everything then operates according to your conditions.

You're the one who can open the door or not and let somebody in or not. It's your cave. And you need that security. You're never going to be that comfortable in somebody else's cave, even though it's a cave. You like yours. It's like that car that you love to drive and then you go away somewhere to do something and you have to rent a car, you're not really secure inside. You need that sense of security.

The cave says a great deal. It says that this is the place where intelligence can be deeply nurtured. Remember the resonance, the resonance to investigation to this, to that. I know with my ten 1st lines, I spend most of my time in a cave, a cave by



the shore, by the way. But of course, it's different for me. And yet, I have to satisfy those 1s and those 1s are satisfied in the cave. Here I am in my studio in my cave, where I spend at least eight to nine hours a day in this cave. But this nourishes intelligence. It nourishes investigation. It nourishes that probe, that digging into, that looking at. It opens up the possibility that in being in that right place, it opens up the cognitive potential to be able to enrich one's own outer authority, that outer authority that ultimately can benefit, can be of value to be interesting to the other.

The Foundation of What is Possible as an Awakened Consciousness

Part of that is that it is nurtured out of the environment, because remember, we're looking at the Nodes this way right now. But always look at the Nodes the way they are. It is the Nodes that are setting us up for the perspective that is going to feed the way in which the mind is going to look at the world. This is the foundation of what is possible for you as an awakened consciousness. That is only here within the cave that you have and align yourself to the perspective that is correct for you. And it's only that view that is going to establish the parameters upon which your mind is going to conceptualize.

Oh, it's a lot. And this relationship between the Nodes, the Personality and the Design Nodes, is extraordinary. This cave cannot be seen just in isolation. That cave person in their car, driving along with that perspective that sets up this, as they are driving along thoughts percolating, rise up and become concepts. But if you're not there, you don't get the advantage. You don't get the advantage of your own uniqueness and your own difference. You don't get your brilliance; you don't get any of it.

This is the whole thing about the journey. The moment you're in that cave everything is lined up the way it should be, everything. It doesn't have to be there 24 hours a day. But when you're there and when you're secure in context of what you think, in context of who you meet, how you interact, how it will affect you, all of that is deeply, deeply transformed and brought to your benefit when you're in the environment that's correct for you.

Three Deeply Radical Stages

You have to think about something. There are three deeply radical stages that have to take place in Design and each of them brings their own dilemma. And they bring a dilemma relative to the world around you. They just do. You enter into your Strategy and Authority, and in entering into your Strategy and Authority you make decisions differently than you ever did before. And you make decisions in a way that can be very difficult for those around you to grasp, appreciate, or want. In that radical step you separate yourself from them when you sleep. So, not only do you act differently in terms of how you decide, but you insist on having your own physical sleeping environment. That's the first radical confrontation.



The second step is dietary regimen. It is clear that the ideal dietary regimen for most human beings is to eat on their own timing and alone. Well, isn't that a radical step that is going to bring reaction? And the third one is not to be conditioned away from the environment that is correct for you. And again, that will bring all kinds of resistance from others.

These are radical steps that are moving further and further away from anyone else's authority. Understand that. Step-by-step you are becoming an individual. You are differentiating. Step-by-step you are expressing your uniqueness against the background of the homogenized commonality that is all around you. Those human beings in their not-self will embrace all that.

But you cannot do this without courage. You cannot do this without dedication. You cannot do this without being radically involved in this process, because at one level, it alienates others. It is your journey and your journey alone. It's what is at the core of this knowledge, to be your own authority. And it's only out of that authority whether or not you stay connected to this, to that, to the other, or whatever. This is not about rejecting anything. This is about becoming something. And each step is this radical, radical movement. But the reward is a transformed consciousness, a healthy quality of life.

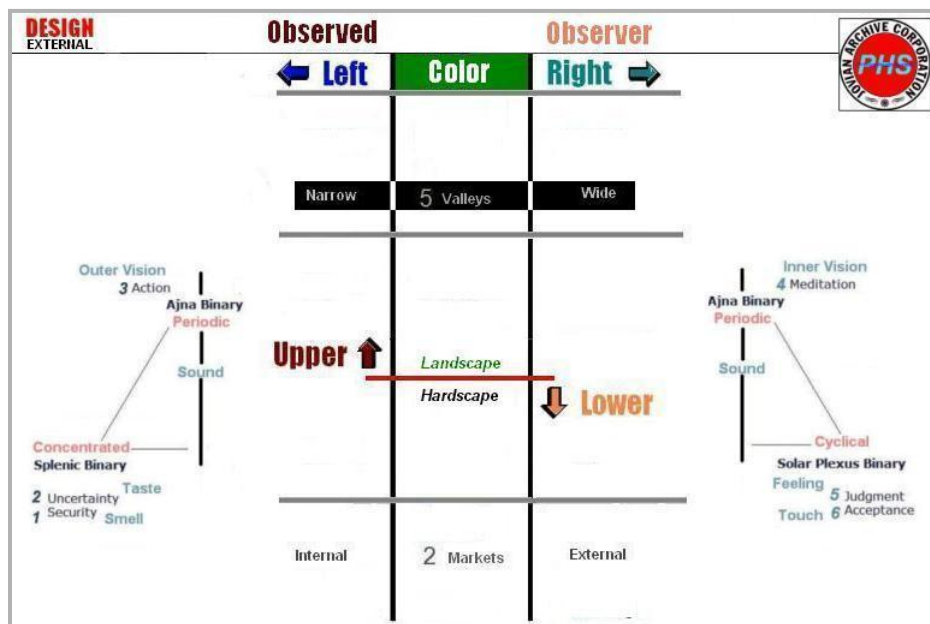
All right, it was nice to share that with you. To all of you, you take care. Until next time, bye for now.

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Nodal Color 2: Markets

Good morning to all of you. We come to the place that for me is one of the things I enjoy about doing this again, to come back particularly here, to the 2nd Color, the PHS nodal 2nd Color. The 2s are something I find very fascinating. It is just one of those things about genetic continuity. There is a line of information that begins with the 2nd Tone that is there in the 2nd Color and merges in the 2nd line. It's part of what you've been through in terms of going through the chains, but then again, you've had many chains, so it's a lot of data.



For me it all began within the context of understanding my own design. I only have two 2nd lines, both of which have really been instrumental in shaping my life. What makes them so interesting is how—I was going to say fussy, because I don't know another word for it. We talk about the 2nd line as an archetype in the context of the hermit. Unfortunately that name in many, many ways is misleading, though it's very true, but it's misleading. That is, the assumption is that the 2nd line is always closed off. And the thing to recognize about the 2nd line is that it's waiting for the call, which means that it can never be completely closed off, which means that it's open to something.



Ready for the Unknowable

The moment we enter into the 2nd Color and we see the 2nd Color in terms of the Internal, the PHS Internal, what we see right away is that we have this opened and closed dietary regimen. It is very important to see something about the 2. If you go down to the tonal level what you get is this ability to be able to be ready for the unknowable. You'll know it when you see it, but you don't know what the hell it is until you see it. You know it when you see it, when you hear it, or smell it, or taste it, or whatever the case may be. But the reality is that it is a capacity to be protected, in a way, more than just closed off.

But at the same time, there is a probing. Where this probing takes its full root, because we come from the bottom up from the Tone to the Color, is something you can really see here or at least something I enjoy looking at within this context, that is, looking at the 2nd Color phenomenon in terms of what that means environmentally. The assumption environmentally, if you take it directly to the line level, is that you're closed off.

What we know about the Nodes is exactly the opposite of that. The Nodes represent not simply an environment for the benefit of the eye and its natural well-being, but it is an environment where one lives one's life and lives one's life in relation to the other. So much about in the perfection of the other is something that is deeply, deeply rooted in the environment. I guess you know that in a certain way, that kind of premise they have in romances where there's going to be that special moment, whatever it's going to be, and there's this whole thing about finding the right place, the right restaurant or the right location to set the environment for it to create exactly right environment in order to make that connection with the other more successful.

It's just interesting the way the not-self distorts all of that. What we get to see within the PHS External is environmentally the proper ground for us. In other words, if the stage is set in that environment, then the stage is set for our interaction with the other. Whether that interaction is going to be something that is casual or intimate or material or whatever the case may be, the reality is that it is that environment that is going to best nurture that.

Not a Closed-Off Environment

So, when we're looking at the 2nd nodal Color, it cannot be an environment in which one is closed off. This goes back to something interesting to think about in terms of evolution. It an evolutionary process and when we start down here and we start with the caves, let's think about that for a moment. When we look at the PHS Internal and we look at the caveman/cavewoman at number 1, what we are looking at is basically the kind of 'get it and come back to the cave.' Go get that one thing



and bring that one thing back to the cave and eat there and be safe, because basically that's what it is.

When you move to the 2, something has happened. For me it has always been so and I think in my very earliest teachings of this I may have ended up confusing people, but I was trying always to get my students to understand that in the construct of the 6, there

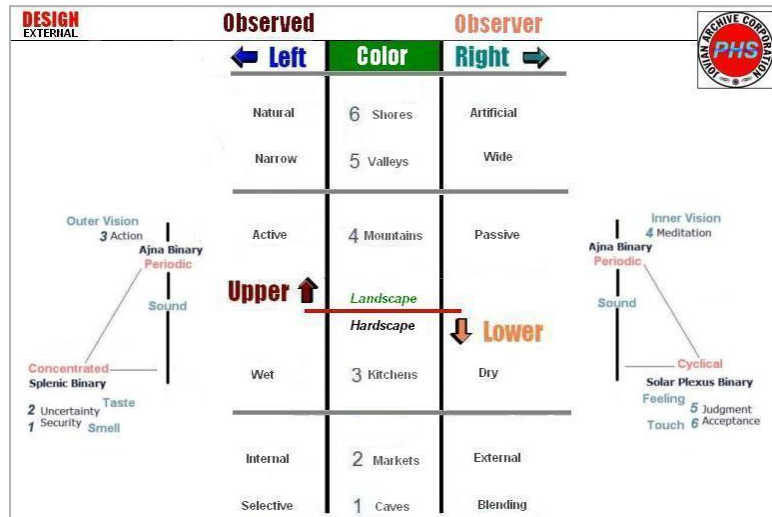
is the classic 3 and 3, but the reality is that every single one of these are binaries. And to understand because they are a binary, there is big difference between them. I'm staying away from calling them polarities. I began by describing them as active and passive or yin and yang, this kind of thing, which is where I think I confused people later.

To understand that they are counterpoints to each other. When you are looking at the 1, you're looking at something that is fundamentally primitive and insular. When you're looking at the 2, you're looking at something that is much more social. Think about the theme we get in the 2nd line, this theme of being called. In order to be called you have to be available. You have to be able to hear the call. You have to be ready always for the call. You've always have your ear open to the call.

Selection is Important

When you're looking at the 2 at its evolutionary level, this was not about simply going out and getting whatever it is you could find and bring it back and eat it. This was something else, this was about selection. You know this in the 2nd Color in the Internal, this opened and closed in the dietary regimen. It is about getting the perfect selection. That is, it is about getting exactly, specifically, what is the exact diet necessary. It's very choosy, fussy, as I started with. It's looking for something. And it's looking for something that is not common. It isn't common.

This is the thing that is so distorting about a 2nd line being who is unaware, they do not know what call to answer, so they answer to literally all of them, because they cannot differentiate because they are not differentiated. It is such an interesting thing to understand about the nature of the 2. We see that in the themes of talent that are inherent in this. There is a gift here. And the whole thing about the nature of this gift, it's the gift to be able to discern.



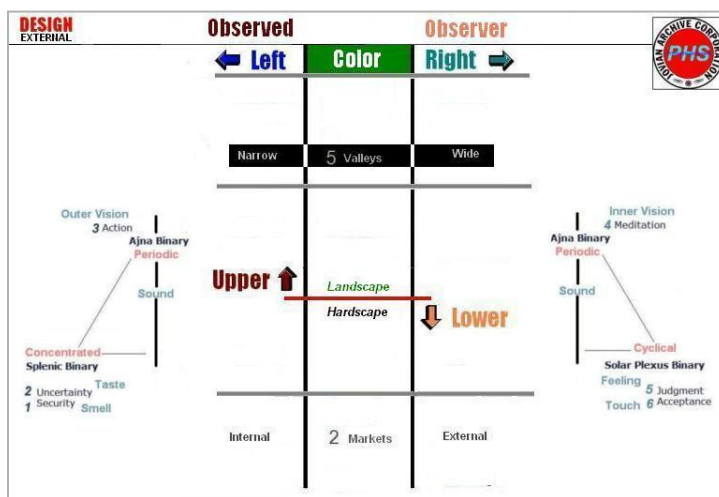


Remember at the tonal level, for me the 2nd Tone is one of those great miracles. It is really something that is—I don't know how to say that—it is for me the precursor of what we might want to call genius. And I don't want to get carried away with that analogy. I understand the 1 at the tonal level, the 1 is on defense. It's just defense. Everything is about security, so it locks the doors and windows; it's just defense. But the 2, again it's a splenic binary. It's all about survival, it's all about well-being.

But the 2 is something really incredible. Because what the 2 is doing is that it isn't concerned about what the 1 can handle. It's concerned about what the 1 has never met that would overwhelm it in a moment. That's the magic in the 2. It has a sensory system that is constantly sifting through the mundane, the ordinary, the regular, the recognized, waiting for the blip, waiting for that thing that doesn't fit in. That's the gift.

Market Represents Options

So, when you take this upstairs and you get into the Color zone, and here in dealing with it in terms of environment, it is so important to understand what the Market represents. It represents options. It sort of sounds good with Markets, it sounds like I'm on Wall Street, but it's true. It's about the selection. Let me give you an example. You're a 2 nodal and you're going to go out and you want to shop for



vegetables. Just vegetables, you're looking for some nice vegetables. And you have two choices, so it seems. One of them is that you have one of these standard, very large supermarkets, a big place, with all of the level of quality that you find in those kinds of places.

The other side of that is around the corner is some very quaint, very cute little corner boutique grocery that has nothing but fresh vegetables and fruit and

you're a 2. Now, where do you go? You go to the big supermarket, that's where you go. If there are 45 lettuces, you're going to be able to see the one that's just for you. And it doesn't matter that the four lettuces that are on display in the shop happen to be beautiful and sprayed and cleaned and set up a nice little stand—have you ever seen these little chichi grocery stores? They're really funny.

If you're a 2, what matters for you is that the environment holds variation. And it's not just that in variation there's going to be broader selection or more quantity wise of the vegetables or whatever. It's all the people. This is what the environment is



about. Think about this person. This person cannot just—how shall I say this—the more closed in the variety, the more diminished the variety, the less the variety of anything, the greater the disadvantage.

The limitation for somebody with this kind of nodal configuration is to go into a place and there are only three selections. When they can go into a place and there are fifty selections, they're in heaven because they're going to find the one, because that's what they're good at, the one that calls them. The public place becomes very, very important. They are the "polarity" of the cave. They're on the outside. They're on the outside in the sense that they are not as afraid. They're mingling with others. They're looking around. They're figuring things out. And at the same time—they're splenic, after all, in its root to it—it is still about the survival.

The Need to be the Most Selective

These markets become so essential for this being because they are the ones who have to be the most selective. No other human is burdened, if I can put it that way, with the demands of discernment as are the 2s, wherever you find them, at whatever level you find them, line, Color or Tone. Because what that means for them is that most things aren't good enough for them. It's saying that they can be very, very, very easily turned off by the whole thing, because again, they are rooted in a discernment that is looking for something that is deeply, deeply specific.

I'm constantly taken aback by the way in which knowledge at this level reveals that everything is about positioning. Everything about life in the end is about positioning. I've gone on since the beginning of day one of my work talking about the fact that we move, that we're in space, that we're objects, that we have angles and trajectories, that we have lines and movement, we have interconnections, we have all these things. And everything about awareness is about releasing ourselves from false navigation, turning over the navigation of these objects to our inner authority, our strategy. And then as passengers in this process, to begin to take advantage of what it means to be properly positioned.

It's like one of these bank locks where you're clicking along and each time it clicks there is another latch that opens and it clicks and it clicks and it clicks into space, everything functions. It's all about this clicking one after the other. The moment that you are oriented correctly, the moment that you are moving in the right direction is the moment the advantages that are inherent in your particular gifts begin to emerge. They are there.

Abundance

This is the place where they can be found. This is not somebody who should be living on a farm in the middle of nowhere land, unless they're interested in selecting cows. Because the reality is that everything, everything for this 2 is about



abundance, plenty, about being able to have as many options as possible. It's much more important for these beings to be where things are happening, in communities, in areas where is a lot going on, because that's what they need.

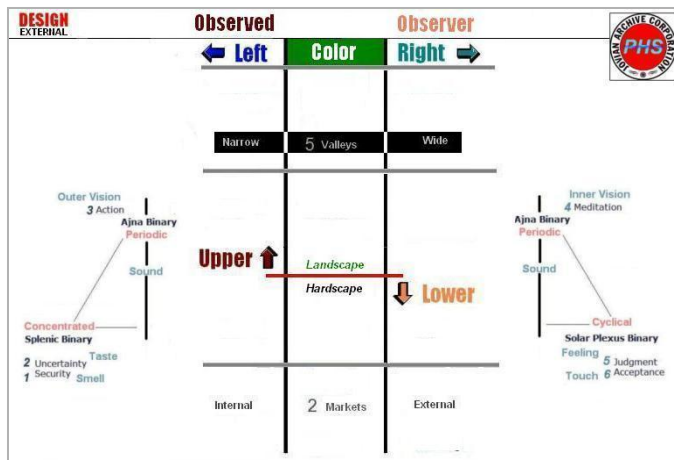
They have a better chance finding the love of their life in a crowded mall out of nowhere than they ever will in any other possible way. I know that may sound odd, but then again, you have to think about it. What are they good at? What they're really good at is if you give them 400 possibilities they'll find exactly the right one for them. They will, and what they need. They need to be able to have that variety, because they are in fact waiting for something, looking for something that is very, very, very, very specific; fussy.

At the line level you see that in the 59.2, this fussiness, so fussy that only a very, very certain other can really lead to intimacy. It's very specific, very, very narrow. I don't think any other dietary regimen is as demanding as the 2. The 1 can end up having one at a time of anything, but the 2, how deeply specific that is to find that perfect menu and the incredible power of that perfect menu to transform that being. This is who they are. You can see how incredibly distorting it can be for them in life not to have the selection, particularly not the open ones but the closed ones.

Colors Explained First, Then Tones

By the way, because there was a question that came in my e-mail, and again any of you who are downloading and do have questions, feel free. You can e-mail me, just don't make the questions 4 or 5 pages long; keep them short. About the Tones, obviously in these diagrams you get to see the left and the right and the way in which the left-right fixings are keynoted, I will go through the Colors first before I talk about the way in which the Tones operate in this. Remember that all this has to be understood in a very, very different way than in the way in which you understand Internal. Internal you're dealing with the specific Base, Tone and Color of the Crystal. And here we're not. Here we are dealing with resonance and, of course, resonance themes have a different quality to them.

Think about this as Markets, as an example. This is something you're meant to be attracted to because it's good for you and you're only attracted to the things that are good for you when you're correct. This is the genetic binary. If you're not correct, you're attracted to the conditioning that distorts your life. If you are correct you are attracted to those aspects of life that are in fact enriching for you. The market is an





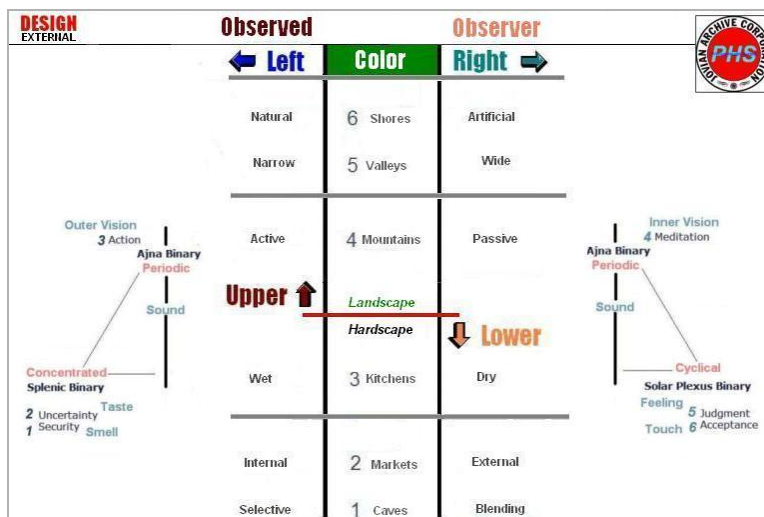
enriching environment for this being. It's there to call them. It is there to be the thing that is truly good for them.

Again, I think one of the challenges for students at this level in dealing with the Nodes, because it's only now being introduced you at this level, is to begin this process of really working on the deconstruction of these keynotes and extrapolating that outwards so that you have a selection, a way of thinking of them in different ways. Here in Markets obviously, it extends to any kind of thing. That's the thing that is so interesting about it.

Man-Made Environments

Yes, there is a physical quality to it. We are dealing with the lower and we are dealing with the hardscape. In other words, we're dealing with a necessity, in a way, to be connected to the man-made densities, the man-made environments. And in these man-made environments here, this is the most open one. You can see that, because at one end you have caves, next week we'll look at kitchens, both caves and

kitchens in a sense have a lot in common. And again, remember binaries—the 1 and the 3 and the 5 have things in common with each other, as the 2, 4 and 6 do. I don't mean to confuse anybody.



I think this was one of your favorites, Janis. She's downloading, but anyway, one of your favorite questions for me early on, because this did lead in some ways to

some confusion, but it's very important to understand these binaries. And it's also important to understand if you look at the whole lower section here, that the most open environment is the 2. In a sense, you can see that in the 5, in a way, if you look at it environmentally. But here is the most open.

The 2 Creates the Community of Environments

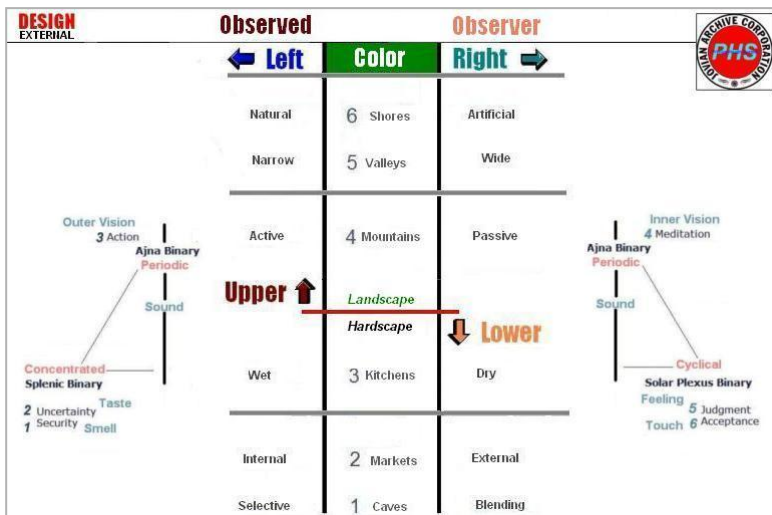
So, what we're really looking at is for somebody to be in an environment where there are always many, many possibilities. For me it's clear that when I look at the 2, I look at the force that created and maintains what we call urban life. For me, it's clear that the 2 represent urban life, because when I look at the 1—and the 3 is



different because it's the next binary up so it's is mutative. But the fact is when I look at the 1 and the 3, the 1 and the 3 are about taking advantage within a closed environment, and the 2 is creating this community of environments.

That is, this community of caves, this community of kitchens, it's their need for—if you go back to our earliest mercantile history, the earliest, what you would have is very, very primitive markets. We've all seen those in films going back in millennia, millennia, millennia, there was always some kind of small little farming community and they would set up a market once a week and people would come, and this goes back 5, 6, 7, 8000 years in our history.

It is around these markets, around these communities that the urban environment ultimately would emerge. That is, the emergence of what we call the city which emerged and were in Mesopotamia, modern day Iraq, somewhere going back as much as 7 or 8000 years. So, once that began, this became the core of it. Every community survives by having a social core. One of the things that have happened is that the ancient market is very different today. We have its natural descendents, which we would call areas in cities that are basically shopping areas or commercial areas of cities. Of course, we have markets that operate in many other ways. That is, we now have virtual markets. There are all kinds of things that have emerged.



The Broader the Selection, the More Successful the 2 is Going to Be

One of the by-products here is always an understanding something about the nature of what it is to be in the form principle. The fact is that the form principle demands its material requirements. The form principle is always geared towards the survival and maintenance of the form. When you're dealing with the External, you're not just dealing with an environment that is healthy for you in the obvious sense, which is where I've concentrated. But, it's also important to understand that it's healthy for you in a material sense. If you're a Market person and you're living away from density, you're living away from selection and spectrum, you're just not going to do well. Your material advantages are diminished because you can't find that exact right thing. You can't; you need a selection. You always need a selection.

The broader the selection, the more successful you're going to be. Everybody who carries a 2 carries a gift of discernment, everyone. And that gift of discernment is an



extraordinary thing when it's really put to work with awareness, because things on the surface can appear to be very much the same. And yet, when there's a 2 around, there is that possibility of being able to recognize that there's something different there somewhere, catch it.

Again, this is what's healthy for them, whether it has to do with food selection, whether it has to do with lover selection, or career selection. Think about this child who has the nodal 2 and it has parents who have decided what is going to be. You're going to be a lawyer because they make lots of money. That's what you're going to do. You're smart, you become a lawyer. And there are eight zillion things out there in the world to do. And this being needs the broadest possible selection. They need to have access to the marketplace. This is what they're good at. This is where they belong.

City Dwelling is Natural

It's so connected to city dwelling that you can see that this is the kind of person who can be very, very comfortable living in one of these modern-day, very sophisticated apartment complexes, 40 stories, 3 or 4,000 families in there; God knows. Boy, that's a market; diversity. Lots of different people get in that elevator every day, something interesting, always the possibility of the call. It's natural for them.

For me, this is where our ability to be able to survive in urban environments comes from, because if you go down in its continuity to the tonal level, you see this is still about protecting us. It is still about our health and well-being. It is about our ability to be able to maintain a healthy lifestyle in what could become deeply congested communities. Without the 2 here, it would not be possible. Again, think about humanity; think about numbers, the 6 or 7 billion of us. Are there four hundred million, five hundred million, six hundred million, how many hundreds of millions of people with tonal PHS 2 are around?

They're what hold the urban world together. They do. And if you're one of these back-to-nature retros, and you're a 2, and you're living in the middle of nowhere, you're in big trouble, because you've cut off all the possibilities for you in this life. Oh, it's the call. I have the 40th gate, 2nd line. It is absolutely clear to me that this is where my connection to my mystical process began. This was the call; the call to my denial, the call to my anti-theism, the call to my whatever; a very specific call. It's what we're here for.

The Need to be Constantly Alert and Filtering

Wherever you find the 2, you find something waiting for the call, but it's not waiting in isolation. It has to be constantly alert and filtering what's out there so they can make the selection and they can get exactly the right selection. The marketplace is many things. It also says that if this is inherent in your design, the urban



environment—it doesn't have to be a big city, obviously, but again, limitations, just limitations. What that call can bring, what one can discern when one's given enough scope. It's important for these beings to really be tuned in.

It is clear to me that not only does this have to do with our urban way of life, but in many ways it's deeply connected to the virtual marketplace we have today in the world. It's an incredible virtual marketplace where it is possible within that context—for me, Google is an External 2. That's what I mean by deconstructed, by the way, because that's what it is. It's never been so good for a 2; never, never. You can spend the rest of your life surfing the web looking for that perfect whatever. It's all part of Markets. But all Markets is saying is, give us diversity, give a selection, give us a chance. That's something that's very, very powerful.

The Evolutionary Pattern

I began by talking about the evolutionary pattern. This is the thing I want you to keep in mind about the nature of these binaries, because each one tells a story. They really do. The story that is told here is a story of your cave being security and the mutation out of that is that many cases together is another kind of security. And that's really what it is. This is the growth of what we have come to know as the community first, from the village to the town to the city. All of that is inherent here.

After all, in the PHS External we are talking about environments. The study of Nodes is one that will take many, many, many more years of work to be able to fully grasp how extraordinary this is. And in terms of the way in which these environments, one layered on top of the other, are going to shape and mold us, but more than that, how we are designed to be attuned specifically.

Again, back to our differentiation. In the next academic year in September, one of the things you're going to be introduced to is Variable. Variable is a combination of the tonal impacts on the internals and externals, the four together. And what Variable lays out is 16 archetypal constructs that add up to the design of what is essentially the order for life. The reality is that each and every one of us do not fully differentiate until we are aligned specifically both in terms of our correctness, our dietary regimen, our environment, our perspective and the nature through which our passenger experiences the entire phenomena. All of that is quite a journey.

These environments say so much. They're not specific places, after all. It's a larger thematic than that. The various places fit within this larger environmental map, these six basic environmental themes. But when we're looking here right at the beginning, we're looking at what was the design for our species. In other words, we're looking at the way in which we were conditioned to move from our rural, under-populated, insecure environments to very, very complex and organized man-made environments. This is what you see here in the 1 and the 2.

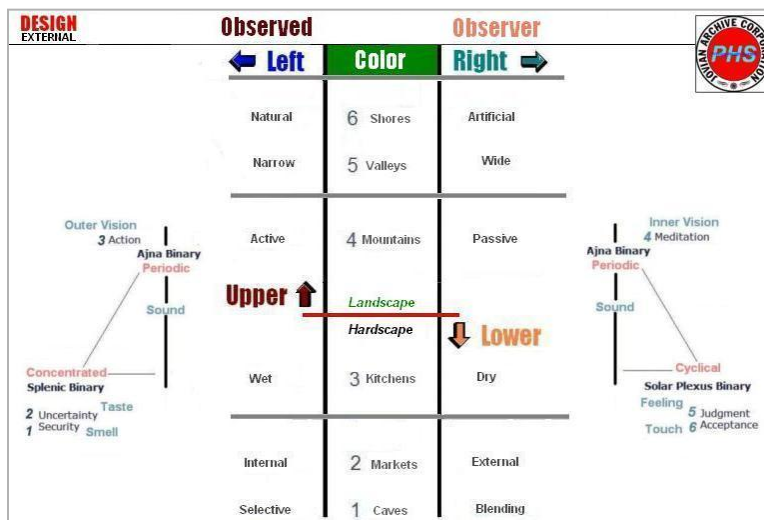
This is what, in fact, has created a statistic that we just past, which is for the first time in humanity's history—that's a fair bit of time—there more human beings living



in urban areas than in the countryside. It's the first time in history. And the numbers of people who are actually living in urban areas is staggering. And this is the triumph after, let's call it 85,000 years of programming, this is the triumph of the root of this evolutionary process.

Vast Genetic Diversity

You can see that it has become what is the majority direction now. It really dominates humanity. Here's where you find it. And here's where you find that fascinating reality that the urbanite lives with. That is, that they have their private



cave, they have that place where they can be safe, relatively speaking, and at the same time they have all the possibilities to be able to survive, because the larger the community, the more potentials for work, and so forth and so on.

Then you have those who are going to be able to take advantage of all that, because the fact is that everything is about the exchange of energy. And

literally, as the community begins to grow, the possibilities for selection begin to grow. More people means a broader gene pool. A broader gene pool means more variations, more genetic mutations, more possibilities, and it goes on and on and on. What you're looking at here is the way in which humanity has been programmed. Why do you think we're programmed to end up with cities like Shanghai and Mexico City? This is vast genetic diversity.

There's more potential for mutation now than ever before because of the diversity. And we have this incredible selection. I'm not looking at this from a personal level now, but I'm taking this out and looking at this globally to understand when you're looking at the nodal level, it's not something that is just about where you belong. It is the underlying formula for the way in which all of human life is organized on this plane and it starts with creating this urban complexity that is in the world today. Think about that. It starts there [caves] and ends up here [shores], not the other way around.

Everything about the way in which humanity has been conditioned is they've been conditioned to explode. We know that. Population demographics, the most incredible population explosion one can imagine. After all, there are more people on Earth right now than all the people who ever lived throughout all of human history until the



1900s. Think about that. It's like wow. This incredible, exponential explosion and with it comes all the other possibilities—talent, mutation, genius, all these things.

Diversity and Selection is Healthy for a 2

It's very, very natural for us. And when you take this to the personal level, for this being you can see right away that these are beings who really belong in that kind of environment. It's important for them, diversity and selection. They need that. It's healthy for them. And if they're going to find a partner, they're not going to find a partner by having a selection of two or three people that they happen to know. They need a broad selection. This is how life works for them. This is how the kind of career is going to transform them, the "this," the "that," the other.

They need to live their life in that world, they belong in that world. They belong there. They are the glue that holds cities together. And they are the ones who give cities its human quality, which is quite something to think about. The moment you begin to see that it's all not-self, the moment you would have a movement of these 2s out of urban areas, you would begin to immediately see the decay in the civility of the urban area, the way people deal with each other.

It's the 2 that creates the understanding that we survive because of each other. It's what the Market shows us. Otherwise, all of us would still be getting up every morning looking for something to eat. And we don't have to do that. We have somebody who provides it for us, somebody who sells it to us so that we can do what we do. And in doing so, we have a relationship with the other where we respect their contribution, that everybody has a place within a society, that everybody does something, that you're grateful for the person who is willing to sweep the street, and on and on.

The Environment has to Call the 2

That's the beauty that arises out of the 2. It has this natural gift of being able to deal with density. It loves it, because it gives it a chance to push everything aside until it finds that one thing. So, to be in this environment for a PHS External 2, this is really important. It's like all these environments. I don't want to overstate this because my enthusiasm for this particular chain theme, they're all significant. That's the point. And the thing is that it's not about you just go there. You have to be ready for it. Remember it's resonance. It has to call you. You have to be sensitive to what's calling you.

The beauty of knowledge is that as the truth enters into your system, it trickles down. It ultimately adds to your awareness. If this is who you are, if this is there in your design and you're correct, it is something for you to pay attention to. It's something for you to notice. It's something for you to begin to take advantage of. When somebody comes up to you and says, "Which hand?", those people who like to



play that game where they're hiding something in one hand, you don't play that game, not unless they're an Indian goddess and they've got eight hands, at least you have a better chance because this is what you are, which means that you can never allow yourself to be limited by the options, never, and that you have to open yourself up to a different way of being healthy both within yourself and on the material plane.

The Selection, Discernment Process is Important in All Areas of Life

For these beings to live in crowded, often polluted urban environments is not unhealthy. It's not unhealthy; not for them. As a matter of fact, they are designed to create such environments in the first place if you look at it globally, which is kind of cute. They're made for it. I like practical things, mundane things, nice little practical. I think the most important thing for anyone who has this is to understand that they need to have a lot of options for anything. And they have to be in those places where there are those options. That's when they're at their best. That's when they are healthiest.

Remember something, because the Nodes have to do with our physical well-being and our longevity and quality of our life, because the 2 has to be so discerning that unless they have that broad spectrum of possibilities and options, they're not going to be able to find that thing that truly is beneficial to their longevity and quality of life. In other words, it's not just there so they can have fun selecting. It has to be there because that selection process, that discernment process for them is so significant because they need to be able to find that thing that's just right. And obviously that extends to every kind of relationship, whatever it may be.

Everything Changes When You are Environmentally Correct

Once you're in your environment, everything changes. It just does, because you no longer are not in the environment. I don't know if that made sense, it's kind of silly, but it's true. It changes everything because you are there, because not being there isn't the point anymore. In other words, being in your environment already means that those things that are necessary for that well-being and quality of life are there.

All you have to do is continue whatever is your process in terms of the way you navigate your life. But as long as you are environmentally correct, it's not like you have to pay a lot of attention to it because the benefits are going to be there. The benefits are going to be there in the sense that whoever you're going to be dealing with, whatever you're going to be dealing with, are these things you are intended to be dealing with. You're in the right place. You're in the right environment.

So whatever the potential is within you, your opportunities are there. And being in the right place as an impact, the impact that it has on the Personality External, that is, on the Personality Nodes, is this incredible impact in terms of affecting the way in which the perspective of the mind is established, the 'View' in the language of the



Personality Nodes, to have the view, the view from the marketplace. It's a view from the marketplace. It's in that marketplace that you actually get to see.

It's with all that adversity, walking down any street in any shopping area in any village or city; this is absolutely the perfect place. It's the perfect place to walk. There are some people who need to take a walk in the countryside; the perfect walk through the market, full of human beings, full of stimulating things in windows that other people would never notice and would never see.

And yet, there is a gift here. There is a gift here to notice. There is a gift here to get that call. It's interesting, after all, what environment brings into your life. It brings the people who are important for you. It brings the sights that you're here to see. And out of that, to lay the foundation for your awareness, for the potential of the possibility of outer authority. To be in one's environment, to embrace one's environment is part and parcel with honoring the vehicle. You don't buy that shiny new car and then leave it outside in the rain and the sun, because you know right away what's going to happen. It's going to deteriorate and it's going to fade, it will begin to rust and it begins to break down. It's not enough.

The Vehicle is Connected to Its Environment

The vehicle is connected to its environment. It is. We forget that. Look at nature, look anywhere in nature. The vehicles are connected to their environments, perfectly. What we call the natural order, perfectly. Not us. This is what the knowledge brings. It's what particularly the knowledge of the Design brings. It brings an understanding that there is for us the need to place ourselves correctly. We have specializations that only operate in unique environments, unique for us, correct for us, specifically for us. It's not about any separation between the vehicle and the environment. The vehicle and environment are intended to be one thing. The External is simply the outer shell, if you will, of the Internal; it's one thing. Of course, that's the moment the vehicle is being nurtured perfectly inside and outside.

The Environment is Important After the Saturn Return

It's then you set up the whole foundation for the potential of the mind, for the true potential of life. These environments are very profound. They really are. It is something to think about and is always something to keep in mind. I do not know, and I've said this before because it's so obvious to me, the environmental resonance, that is, your nodal resonance is something that does not become fully active until you're 30 years of age, the Saturn return. That is, if you're raised correctly.

In other words, a child who is raised correctly, it has no significance whether they're in the right environment or not, until they reach their Saturn return. It's at the point of their Saturn return, when they enter into the new Uranian life, it is only then that



the environment is something that is intended to call them. You leave the nest and you get called to your environment. Go out and multiply; that kind of stuff.

I do not know how that applies to those of us who have gone through this process of deconditioning. I honestly don't. I don't know whether that is something that is 30 years in the making. But it is about resonance. And I think that the deeper you go into this process, the more you'll begin to resonate to what is your environment, and ultimately be able to find a way to be one with it.

Anyway, I hope you enjoyed that. I did. It was fun to look at the 2 again. Anyway, to all of you have yourself an interesting day, and until next time, bye for now.

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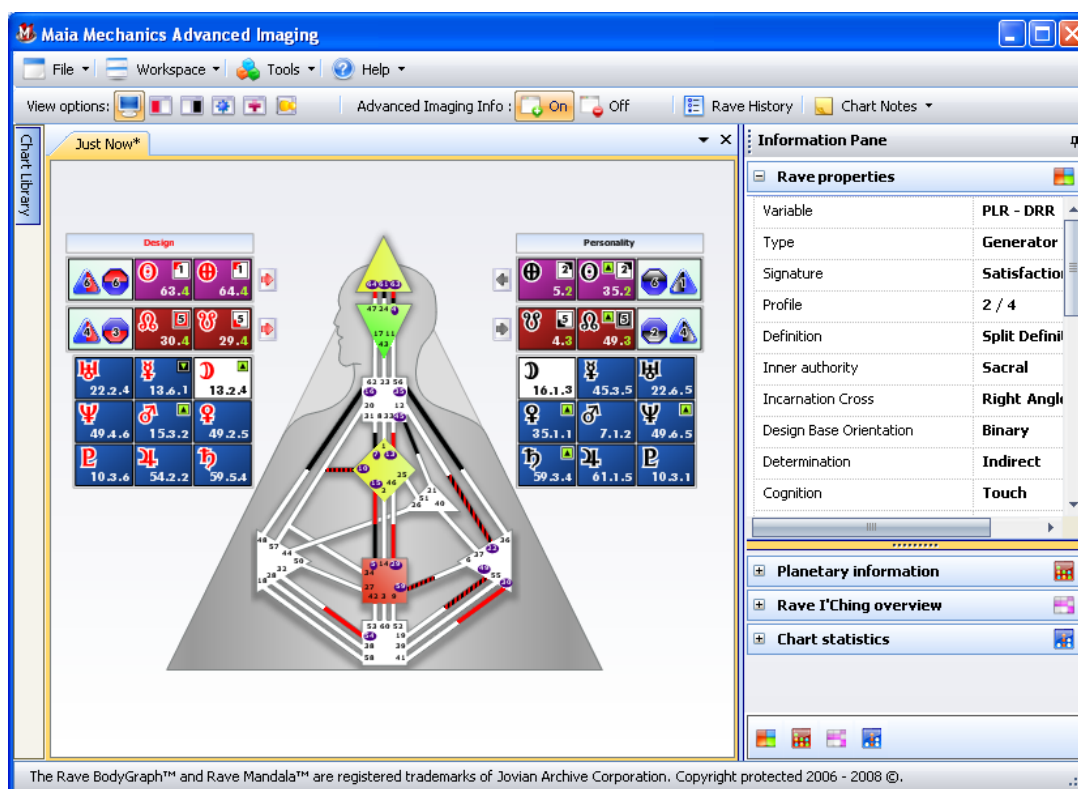




Nodal Color 3: Kitchens

MMAI Chart

Before I start, and I'm not going to stay in this mode, but I want to be able to make an announcement and a nice visual one. What you're looking at is Maia Mechanics Advanced Imaging, and MMAI was developed by Asi Farran and me. You'll learn a great deal about it as we move along in our process. For me, it's an extraordinary refinement and evolution of the database. The bodygraph is something that remains the same, but the database is very different and it's organized in a very, very specific way.



Obviously it carries with it all the fundamental information that is the kind of information we're working with and you're studying. In other words, looking at the information that is there and being able to have all of that information and being able to have access to it. It's particularly evident in, for example, the Rave



Properties where there is an enormous amount information. You can see that there is a tremendous amount of information available in terms of just the properties, if you compare that to MMI.

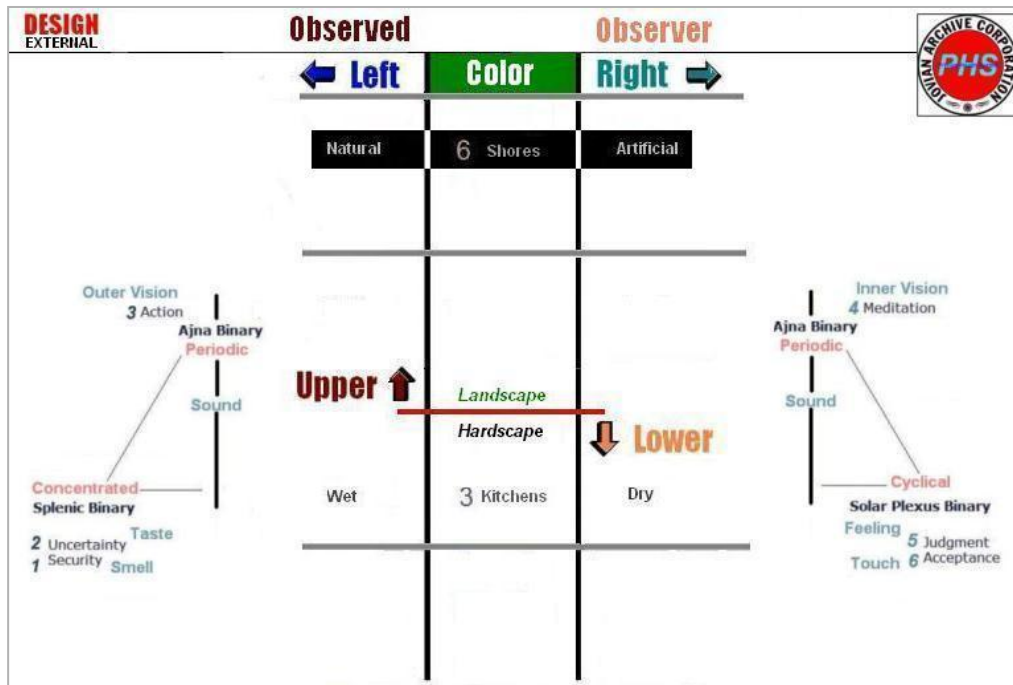
So, this particular programming (AI) was obviously developed for PHS and Rave Psychology professionals. It was released to the third-year students and was restricted to third-year students and I'm changing that restriction so that the program is available to second-year students who are in the third semester so that you can have access to the program. I know that it was very difficult for the first generation of students to work with all this material and not be able to have access to the programming. And it is certainly programming that really makes a huge difference in the kinds of access you have to information. And obviously this is the format for which you'll be working with all of next year and what you'll be working with professionally.

So, as of next week, it won't be available until then because we have to change the restriction programming that's in the Jam that now restricts it to third-year students. But by Monday next week those of you that are second-year students in this third semester, you're eligible to be able to get MMAI. I think you'll find that will be very helpful for you in terms of preparing you for your work next year and to be more familiar, more comfortable working with the program. Okay, so I just wanted to let you know that.

The 3: Kitchens

Let's get on to the number 3. 3s are interesting. I went on this whole interesting sidetrack, well, it wasn't really a sidetrack, but I went into the whole continuity of the number 2 last week. I was talking about that quite a bit. As always happens in those kinds of situations, because I'm inspired at some moment to talk about something in a certain way, it can leave the impression that the same thing isn't true in terms of the importance or the value or the significance of any of the other numbers. There is no comparison. They are part of very different kinds of processes.

One of the things so interesting to understand about 3, the 3 and the 4—again, I go back to binaries. It's one of the most helpful things in working with line, with Color, with Tone because you can see when you're dealing with Tone, Tone says to you that this is all binaries. That's the architecture. The architecture says that there are three binaries. This is not a hexagram, after all. It's Tone, it's not lines. So, the Tone says everything is a binary. And as you progress towards the line you begin to see that the 3 and the 4 become a very, very significant place. It is this middle binary that is the most unstable. It has to be unstable.



It is unstable because it is a shifting point. We know that from our studies, we know that from lower trigram and upper trigram, and lower Colors and upper Colors. We already know there is a dividing line, some kind of mysterious line is there that haunts the 3-4. We know in the tonal architecture that the very mutation that created the nine-centered being, that is, the mutation that took place in the visual cortex, was taking place in the Ajna binary between the 3 and the 4, from the 3 to the 4. So that the 3 somehow is related to what was, and the 4 is somehow related to what can be, but both of them as a binary are deeply, deeply, deeply mutative and unstable.

Nothing More Common than the 3

It's something to think about. Think about the 3s, because this is here and this is where we are. You think about the 3 as a line, deeply, deeply, deeply, deeply material. It's deeply material. It's here for this plane. It is the potential of real discovery. It is the bedrock of the way in which life works. Life is trial and error. There is nothing more common than 3s. Nothing. There are so many 3s. The 3s are everywhere. And they're there at all kinds of levels. Yes, there's the obvious, the 1/3s and the 3/5s, but there are the 3/6s that go through a 3-3 phase, and the 6/3s that go through a 3-3 phase. The 3s are around everywhere.

And we know that it marks life on the material plane just from its name 'martyr,' suffering for your righteousness. We know that it is a resilient body when we see it



in terms of it as a PHS, as a 3rd line design, the resiliency of it, its ability to get back up on its feet, so many things that are there. And of course, when we move to the 3rd Color and particularly when we look at the 3rd Color in terms of the internal, what do we see. We see magic.

Think about it. What is the 3rd Color as a PHS dietary regimen? It's about hot and cold. It is about chemical reaction. It is about changing things. It is about creating things. It is about the whole process of being able to change the environment. You look at the way in which the environment is altered by humanity and you can point directly at the 3rd line, the 3rd Color, the 3rd Tone, constantly, constantly trying to change the natural order. That's something to think about.

The 3rd line being banging their head against the wall, kicking their way through where nobody else can go, and creating that other way, discovery. And of course, at the tonal level, in the architecture, this is the crowning glory of the left, the strategic view, the strategic seeing, the strategic brain, the focusing, and the calculating. It is that strategic outer view. Changed the whole world, changed everything; turned plants into clothing, changed everything.

Kitchens

So we come to the Kitchens. Oh, the Kitchens are really something; things are cooking. There is no more profound deconstruction necessary in this knowledge than to stick your fingers into what Kitchen can be and it's endless where it goes. It is so much what we inherited from the seven-centered being, this fearlessness and transforming nature, turning shit into gold. And it's everywhere. You look at this and you assume, Kitchens? I have to spend my life in a Kitchen?

If you go back, oh, you don't have to go back that far, a couple thousand years. The place to be was around the fire, because that's where things were happening, things were changing. This is what the Kitchen is all about. The Kitchen is about industry and manufacturing. It's about all kinds of things. It's about any environment where transformation is taking place. And transformation that is taking place in many ways through the hot, through the cold, through the melting, through the freezing, experiment after experiment after experiment after experiment because you only discover in the Kitchen.

This is the great cooking pot of creativity, the Kitchen, it's what it is. It's quite a thing. These environments are not places. They're really not places. They're environments. It is about gaining access to that environment where things are cooking, where things are happening, where things are being changed, mutated, molded, shaped, and transformed. You can be in some clinic helping desperate addicts transform their life and it's a Kitchen. Oh, Kitchens can be vastly deconstructed, they really can. Oh, yeah, there's a mundane level to it. It's good to be by the fire.

It's one of those funny things. I'm shores; I'm a 6. I've been living in Ibiza on and off for a quarter of a century now, a long time. In the early years I was entirely dependent for heat on fires, and I'm an Aries, the fire sign, and very fiery. I'd never had that; I'd never had that connection to the fire and the fireplace and all of that. And it's a real pull for me away from those shores. And it's so interesting in my house, something that I really notice in the wintertime and we do not need—we have central heating—we don't need a fireplace, but there's always a fire. Though I actually may start it, because I like getting them going. I never sit around it. It's just an interesting thing.

Deconstruction Is an Art

Something to understand about the mundane of things is to see deconstruction as an incredible art. It's an art. It's something I understand from being a knower. It is very difficult as a knower, 43/23, to explain something that hasn't been explained and at the same time you have a sense of, however you want to describe that, knowing, of grasping what it is. Invariably, it's a deconstruction that brings it to some kind of form. In other words, what starts in the 43 is never what comes out of the 23. And it's really something to understand about the art here of understanding environment. It works at many, many levels.

So, the child who has this and the child that isn't feeling well, set them up in the kitchen, because at the mundane level that is a very, very powerful environment for them to be in. And as we'll see eventually, because I will go through the Color first, once we get to the Tones you'll see that there's a nuance to that environment, that kitchen that is either humid or not. And again, even those terms are terms, those keynotes, are terms that can be deconstructed.

The Completion of the Hardscape Process

The thing to grasp about the Kitchen is that when you look out at the world around us, when you look out particularly in the sense of the urban world, because remember, this is the completion of hardscape, this is it's—if you think of this as an evolutionary movement, always talking about this movement that we have, always from 1s to 6s, and if you understand that we are always dealing with not a continuity, but what in fact is a spiraling upwards, in other words, this movement from the lower to the upper, that when you get to the 3 you are in fact getting to the end of a process, because a new process is going to begin here in the 4. Again, this extraordinary dividing line.

The thing to see clearly in this is that when you're dealing with the 3, you're dealing with the completion of the hardscape process. In other words, this is where you're most deeply entangled in the hardscape. I have no other way of describing that. So, what you're looking at is the 3 as the agency of the world we live in. Now obviously, there are many other factors, there's no question about that.

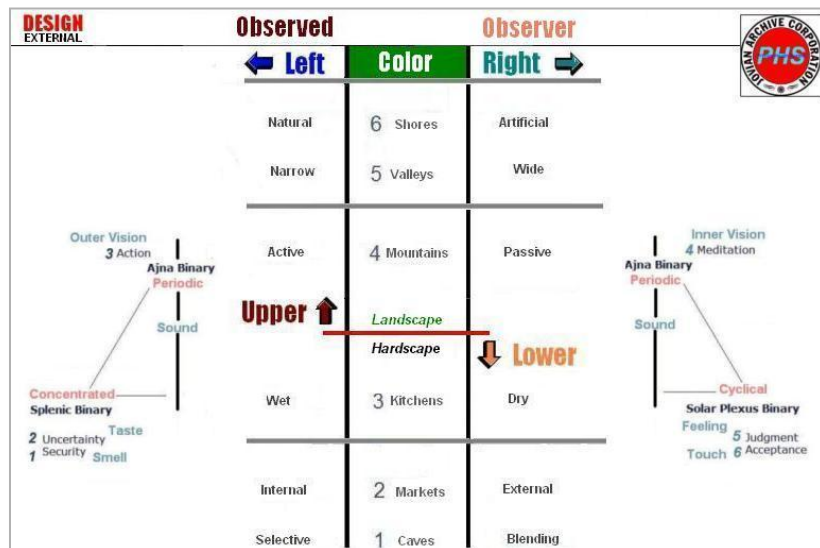


The Urban World

In understanding the nature of environment and recognizing that this power is inherent in nodal environment, and being clear that there are hundreds and hundreds and hundreds of millions of people who are going to have a 3rd Color Node, that the Kitchens represents the densest connection to what we call the urban world, because this is the place where the magic of transformation is constantly taking place. You can see because this is the harmonic, the lower harmonic to the upper shores, and the shores like any 6 is something that is barely connected to the plane, that the 6 is beyond the landscape—I don't want to get into a long discussion on that, I'll do that when I get there. But nonetheless, it also is the edge or the end of another evolutionary process.

So when you're looking at the 3, you're looking at this force—remember the materialism and the continuity to the 3rd line. This is our world, the material world, the discovering world. I remember at the very first Ibiza event I did the 64 Material Lines, all the 3rd lines in the wheel. This is the very frequency of the material plane we live on. So, when you're looking at these Kitchens, you are looking at this urban environment, the density of the hardscape and the fact that in that density you can never avoid the transforming agencies that are taking place, the furnaces that are blasting under all the buildings, and so forth and so on. It goes on and on and on and on and on.

Something really to understand about Kitchen is that it is really so vast in terms of our urban understanding. Now, there are specifics, those places where specifically transformation is taking place. Where do you think we got these two sides of the world here? One side of the world is all those scientists working in their Kitchens developing their stuff, mixing this ingredient with that and heating it up and freezing it in this and that. And on the other side are all the blue-collar laborers in the world working in the factories, working in the steel mills and working in the foundries and all of those things, that they're in their Kitchens. It's huge.



Kitchens are Where the World Gets Changed

This is a force that is so, so powerful. Because of its continuity beneath in the chain to the Tone, you can see what that outer vision is always demanding, that there is going to be action that is going to take place. This is the deep source of the power of the not-self mind to change the world. Kitchens are the place where the world gets changed. In the Kitchens, in the labs, in the factories is where the world is changed. This is where our progressive movement in being able to mold the hardscape goes. The computer that you're using right now, this is a Kitchen product. It is. And it's hot on top of it.

I want you to grasp how dense this is. And also to see very clearly that we have a real problem. The problem we have is that world demographics indicates for the first time in history there are more human beings living in cities than not. And you can see very clearly that the core city dweller is the 2 and the 3. These are core city dwellers. The Cave can be anywhere, by the way. But the core and the dynamic of what we call urban life, the hardscape life, this is Kitchens. There are those who belong there, truly belong there. And it is an environment that is going to enrich them.

Environments are not Inherently Unhealthy

Think about one of the funniest things, well, maybe it's not that funny. I have a black sense of humor, but think about somebody who is working in a steel mill and that's not their environment. So, the impact on their health is that they are really going to suffer as a by-product of it. And whatever it is they are susceptible to within the context of the work they're doing, a vulnerability will arise. But think about that person who is working in the foundry who has a 3rd nodal design, they belong there. It's good for them to be there. It's good for them to be there in that place of deep, powerful transformation. This is exactly healthy for them.

We have as a by-product of the industrial age, and we still have many second-tier nations that have taken over the industrial level, most first-tier nations are more oriented towards service as a way in which their economies operate, but the progression in a society is that you move from agrarian slowly to industrial development. It is out of that industrial development that you build the possibility of a middle-class and all that stuff. And that industrial development, so many human beings who are in all kinds of factories in the world, and there are factories that produce just about anything you can imagine, the level of disease, illness, all kinds of things that arise out of the workplace, out of the environments is something that costs an enormous amount in the West. And it leads to human beings simply not being able to survive or make a living in other parts of the world.

One of the things to recognize about environment is that these places are not inherently unhealthy at all. That's what's so interesting about understanding environment. There are people who would thrive in those environments. And of



course being in the correct environment means that you are aligning yourself to what is the possibility of really being able to see what you are here to see on this plane.

The Relationship between Hot and Cold

When you begin to think about deconstruction and Kitchens, and you think about all the things that go on in our modern life in terms of the way in which things are made, the way in which things are produced, the way in which things are researched, it goes on and on and on. These are Kitchens. This is one of those wonders. One of the most interesting things about the 3rd Color internal is this relationship between hot and cold. We have been able to control heat for a very long time. We're only beginning to understand how to control cold. It is something that has emerged, obviously, only in the last hundred years.

That is, if you go back to New York City in the 20s, you still had horse-drawn wagons carrying ice for people's ice boxes. Cold is something we were grabbing from nature, but wasn't something we were creating ourselves. One of the most extraordinary inventions of the last century was the ability to be able to create a refrigerator. The refrigerator revolutionized the world. It is an incredible thing. We take it for granted now. It's unbelievable how easy it is for people to take things for granted and not see what kind of unbelievable thing this is.

I know the experience, as an example. In my early years of living on the island where I didn't have a refrigerator, I didn't have electricity. I didn't have any of those things. It made your life much more complex. You needed to be able to find food every day, whether that was being able to go someplace and get it and buy it, or whatever; but nonetheless, nothing would really stay very long. It's a totally different life.

I want you to grasp what Kitchens are all about. I remember in the mid 90s in one of my earlier trips to the United States, I was invited to go to Las Vegas to teach a program. I arrived there and the temperature was about 110°, 41, 42, 43 Celsius, somewhere in that neighborhood. It was very, very, obviously incredibly hot. This is a city that is built in the middle of the desert. It has no natural water of its own. All its waters are imported from afar. Here you are in—I got lost because I suddenly had a flash about something that happened to me there, but it was so amazing that there were people there. There were 500-, 600-, 700-, 800,000 people who were living there. No human being ever, ever, ever, ever, ever could have lived there. No native tribes lived there.

You come out of Death Valley and the first thing you see is the lights of Vegas. What changed that? The Kitchens, air-conditioning, the cold. Oh there are so many places in the world where people now can function a totally different way. If you have to live in a climate where the temperature is 100° and you don't have air-conditioning, you're not going to be doing a lot, because you can't. It's always astonishing to me that human beings don't, aren't aware of the most obvious things. Hot and cold is

everything for us. This is the place of great magic. You can live in the middle of the desert. You can live in Antarctica, because of the Kitchens.

This is where everything about how we live our lives is conditioned. Again, you can see that in the 3 in the 3rd line. The 3rd line gets tired of banging its head. It would like to have the wheels greased, it would like to have an easy ride; it would. It would like to figure out a way to do the banging without having to be involved, so they invent things. They just do; create things. It is such a deeply, deeply, deeply creative process. But it's not for everyone, those environments.

Environment Establishes Quality in Your Longevity

There's so much to see in the nature of environment. We already know that what your environment does primarily for you is that it establishes the foundation for quality in your longevity. There's nothing more important to understand about the Node than the fact that the Design Node is directly connected to what it is to have a Uranian body. It goes back to what I said before the class about the profound relationship between the Design and the Monopole. The Uranian body is expressed through the vehicle; it has to be, after all.

It is the Node that establishes the most important transformation in the way in which the vehicle is going to operate relative to the other and relative to the world. It is this positioning in the world. Being in your environment is being correctly positioned. It goes back to something I've been mentioning that you'll see when you have the AI program and we'll talk about a lot next year, is Variable, this theme of what the Nodes really bring to us. They bring us the life. And they bring us this unique nine-centered Uranian life. And it is such a different body.

The Nodal Environment is Essential after the Saturn Return

My understanding is that your nodal environment is something that becomes essential for you when you reach your Saturn cycle; that is, when you reach your Saturn return. That's when it becomes you establishing your own life in a correct environment, cutting the umbilical cord, moving on, moving away from the environment that you were born to and moving to the environment that is correct for you, the 30-year point. Now, think about the seven-centered being that was a Saturnian being. For most of the history of the seven-centered being, they never got past the 30. They really didn't. Environment was not ever going to be a theme for them which is why the natural order was lost under their rule, because they didn't have it in them, because they're not us. And it changes the body.

I can call it nine-centered Uranian whatever, Homo sapiens in Transitus. This vehicle is intended to be able to function correctly through its Uranian possibility by being environmentally correct. It's why this becomes the major health issue service we can provide, because it is something really to grasp about not being well generally



speaking. Your wellness is directly related to your environment. Now, again, I assume you understand this; it is taken for granted that we can only talk this way given that somebody is experimenting with their Strategy and Authority.

Your Wellness is Determined By Your Environment

The reality is that your wellness is determined by your environment. Because your environment is going to determine the amount of resistance or lack of it that you're going to meet. That's what your environment does for you in the sense of well-being. It reduces resistance. It's the resistance that kills us. So, if you're not a Kitchen person and you're working in a factory, it's killing you. And whether that shows up as some kind of medical ailment directly related to the workplace or not is not the point. It's killing you. And killing you in the sense that it is diminishing the possibilities of fulfilling what is the Uranian potential. The Uranian potential is much more than 84 years, in the same way that the Saturnian potential could be much more than 30. There were those who lived into their 50s and 60s. It wasn't common, by the way. That kind of longevity wasn't common until the last century.

We have the opportunity, we can see that, to go way beyond that. I just saw an article about a 104-year-old woman in Florida who just got her driver's license renewed. She must be a sharp cookie. We're living in a different world in which the potentials of the Uranian body are beginning to display themselves. The dilemma that's associated with it in the not-self is dementia and Alzheimers and all kinds of things that are associated with being homogenized, not been correct, not being environmentally correct, and obviously not being correct in terms of the way in which you live your life. Obviously, that is going to lead to problems. The vehicle is great, but the awareness has to catch up to the vehicular evolution.

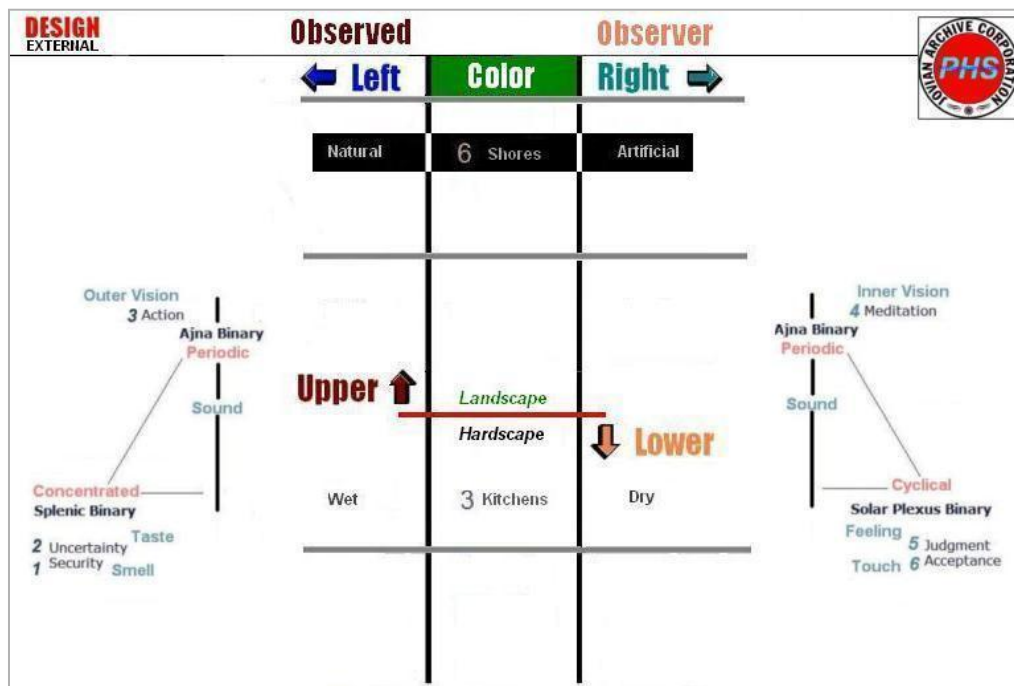
This is the most interesting thing. I used to have the vanity of thinking that intellect was ahead of the body and that's a real not-self thought. It is so obvious to me now that the mutation we went through in 1781, that we still have not caught up with its possibilities, and that is what Human Design offers, to be able to catch up with the possibilities that the vehicle is giving us, this mutative vehicle, this Uranian vehicle that is so different.

The Kitchen Person Needs to be Where Things Are Happening

So, when you're dealing with somebody and they have a nodal 3rd Color, it's not about saying "Spend all your time in the kitchen" and all of that. That is an obvious, those kinds of things. But at the same time to be able to understand where they really need to be, because it's so much broader. They need to be where things are happening. They need to be in that. They are real hardscape people. And it is only in the density of the hardscape that they're really going to be able to fulfill themselves, that they're going to meet the right people and that they're going to have what is a healthy life. Kitchens; it's quite a thing, Kitchens.

Transference

I had an e-mail yesterday and I had a question today that I had, in fact, intended to introduce later, but I will do now so that it's generally placed there. It is one of these things about understanding the nature of transference and about understanding how transference works. You have noticed in these illustrations that there is a transference noted here. For example, you see it in black. This transference is noted only in the context of somebody who is not-self, please understand that. The moment you operate according to your Strategy and Authority, instantaneously there is no longer any transference on the Design side. That is why the whole experiment works. It's why Strategy and Authority works, because the vehicle responds.



The Relationship between the Design and the Monopole

Again, it goes back to my earlier discussion about the unique relationship—I was mentioning that many people who've taken PHS, if they reflect backward to the very first semester, to the first year to the investigation into the 88° of life after conception, there is often a question about why is that there? And I was talking earlier about the fact that it is the profoundest demonstration of the unique relationship between the Design and the Monopole. It is so important.



The unique relationship is there between the Design and Monopole. If you go back to that material in the Digital Book or in downloads you have, it's one of the things to keep on thinking about as you're watching that whole process of the vehicle being built. The whole thing is being constructed and there is no Personality. It's not like the Personality's advice is being taken. Oh, I'd really like to have plaid in the backseat, this kind of thing. All these idiots in the New Age who think they're going to choose where they're born and who their parents are and all that stuff.

Personality is totally disconnected from all of that. As a matter of fact, the Personality is in a bundle and it doesn't know what the hell is going on. It's not involved in any process. It's hanging out, so to speak. You have this unbelievable thing that's going on, you've got this machine that's being built by the Design and the Monopole; they work together. This is what makes anything on the Design side so absolute in the way in which it can operate. The vehicle is ready to be just correct. And it is in this inherent relationship.

Remember, everything about correctness is about frequency. Frequency is controlled by the Monopole. The Monopole has a unique relationship with the Design. The moment there is the right action that is taken by the holistic being, instantaneously this is transferred to the Design. That's their relationship. They're never very far apart. They're always ready to reconnect to each other. They really stick their finger at the Personality, don't they? They build the vehicle without a Personality—we don't need you. And when the movie's over, the Design and the Monopole come together as one and leave the vehicle and don't say goodbye to the Personality. They just leave it hanging there.

So, it's something to understand about the relationship on the Design side, how important it is, what Strategy and Authority really brings us, and by that understanding how profoundly difficult it is for the Personality. It doesn't have that buddy-buddy relationship with the Monopole. If you see them in the bodygraph, the Monopole is sitting here in the center running the show, in a sense. And there is the Design just above it. And the two of them have this wonderful cabal and there is the Personality Crystal outside of the body. The Personality Crystal is in the aura, but outside of the body. That's why the triangle at the top of the bodygraph breaks through. It has no direct access in that sense, at least in the way in which you can see a graphically. It really is just cut off.

Strategy and Authority is the Beginning of the Experiment

That is why this is form principle. Human Design is form principle. We understand the game. This is the gift of the knowledge—to get to see the way it works. That's why it is so interesting to be in a mutative form that demonstrates possibilities for the Personality that has never existed before. And we have the expansion of the potential of the consciousness in the way we've never had before. That is, to be in this transitional form in which there is the presence of the left and the right in terms of the way in which it emerges on this plane. And it all begins with the body. And

Strategy and Authority is the beginning of the experiment. It's is the foundation, the ongoing stability of the experiment.

But it is not enough. If you just live your Strategy and Authority you get a better life, there is no question about it, a healthier life. And, to some degree, your awareness is going to be altered, but it does not mean that your Personality is able to demonstrate its uniqueness, nor that you truly differentiate. It is a complex process over time. And only because we began as deeply conditioned beings, we are all part of the deconditioning process. And this knowledge was not intended for that. It was intended simply to be able to be the foundation, the manual for raising children correctly so that a new cycle can emerge in the way in which we behave as creatures on this plane.

And the only way you can do that step-by-step in a process. We've already seen what PHS brings; that is, PHS dietary regimen. We see the great dilemma in humanity—homogenization is something so profound that it began with mother's milk. And it is through eating correctly according to conditions or circumstance that we can alter the way in which our nutrition system operates, that we can alter the way in which the requirements we need, that we can actually get them, receive them. We can take from the food we put into our system precisely what is correct for us, not in terms of the general state of the creature, but in terms of the differentiation that is possible in us to enhance those aspects that are the aspects that express, ultimately, our differentiation.

The Health Strategy of a Nine-Centered Being

And we can see in every step that you take in the form principle, you have to change form behavior. Strategy and Authority requires you to change your behavior. Changing your behavior includes sleeping in your own aura, includes eating according to your own requirements, and that finally you see that the next stage on the form side, the completion, is aligning oneself to what is the correct environment. Strategy, authority, the protection of the aura, eating correctly and being in the correct environment is the health strategy of a nine-centered being. It's what it is.

I have questioned all along since I introduced this knowledge the viability of PHS or environment relative to beings who have just entered into deconditioning processes. Because of my scientific orientation, I'm normally cautious about such things. I've come to see that everything associated with Human Design, the transformation is one that works when one is radical. It's just obvious to me. I think this is a secret in snapping out of conditioning. I think one really has to radically grasp this process and immerse oneself in it.



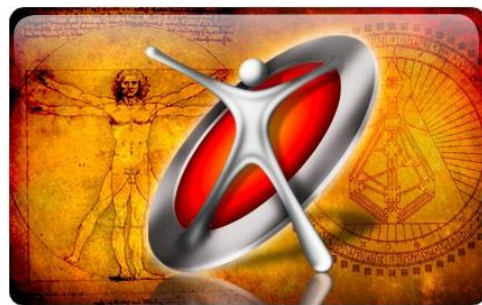
Obviously, that has to take place according to Strategy and Authority. It's not about willing it according to the illusions of your mind. It's about seeing that it's correct for you, when it's correct for you to enter into your PHS dietary regimen, when it's correct for you to be in what is environmentally correct. One of the things about the environment is that, because we can deconstruct all of these keynotes, I think you're beginning to see the deconstruction opens up many, many possibilities of being able to take advantage of environment. It's not really as restrictive as one would think. It isn't.

The relationship of environments is the same as the dietary regimen. Everybody thinks about food and they think about diet, what kinds of foods, this kind of food or that kind of food, in the same way that in environment they think about this place or that place. And what we see is that this is the old seven-centered way; it has nothing to do with us. It has nothing to do with what we are.

Stepping Out of the Wheel

Embracing what it is to be a nine-centered being is being different. This is being different from anything else. It's about having the courage to live that difference and to embrace it, to embrace it fully, to see it, to find out. It's a grand experiment, after all. It is the first experiment of its kind. All of the teaching that has preceded Human Design has been homogenized, where everybody has to think the same way, understand, makes sense, know, all that stuff. They take the authority from the other as their guide. And of course, this is not what a nine-centered being is. It's not what we're about. We are about being selfish. We are about being correct for our own benefit. We are about living this life as correctly as we can, regardless of what is around us in this life, because it is the only thing truly in life worth doing.

Life without being yourself is just a chimera fading into darkness. It doesn't mean anything. It's fodder. It's just the genetic imperative recycling us, coming in, going out; coming in, going out; coming in, going out; just turning the wheel. That's not what we're about. I love the graphic design for the symbol for the Center for Human Differentiation. It's somebody stepping out of the wheel. It's stepping out of the grasp of the program, out of the grasp of homogenization. It is about becoming the essence of oneself, expressing it, being it, living it.



Not-Self Kitchen People Look for the Shore

If one is totally incorrect and one is a 3rd Color nodal Kitchens, one's tendency is to go look for the prosaic landscape somewhere, that shore, that distant shore. That place away from the hustle and the bustle and the transformation and the burning and the freezing and the "this" and the "that," to go back to nature. The presence of transference is always there. The difference is that if you are operating according to your Strategy and Authority there is none. It's very different from what's happening on the Personality side where nodal transference can be so distorting, because it affects the way in which the mind looks at things.

It's the blessing of Strategy and Authority. It really is the most incredible body knowledge, because it gives you that freedom to be stable, to be physically stable, to be physically stable in this Uranian vehicle. It's on that platform, with the enhancement of the brain system's potential through dietary regimen, through being in the right environment so that resistance is reduced so one gets to align oneself to what one is there to meet in this life. Out of that comes all the possibilities, all of them.

So, if you can't stand the heat, get out of the kitchen. That's a great comment of an American President, Harry S. Truman, one of his favorite saying along with "the buck stops here." Anyway, Kitchens, it's quite a thing, the density of the hardscape and those who are so perfectly suited to it, who belong there.

Anyway, I hope you enjoyed that. I did. I like going back and looking at these again. To all of you, you take care and remember for those of you who are second-year students, that next week you can purchase MMAI. Okay, bye for now.

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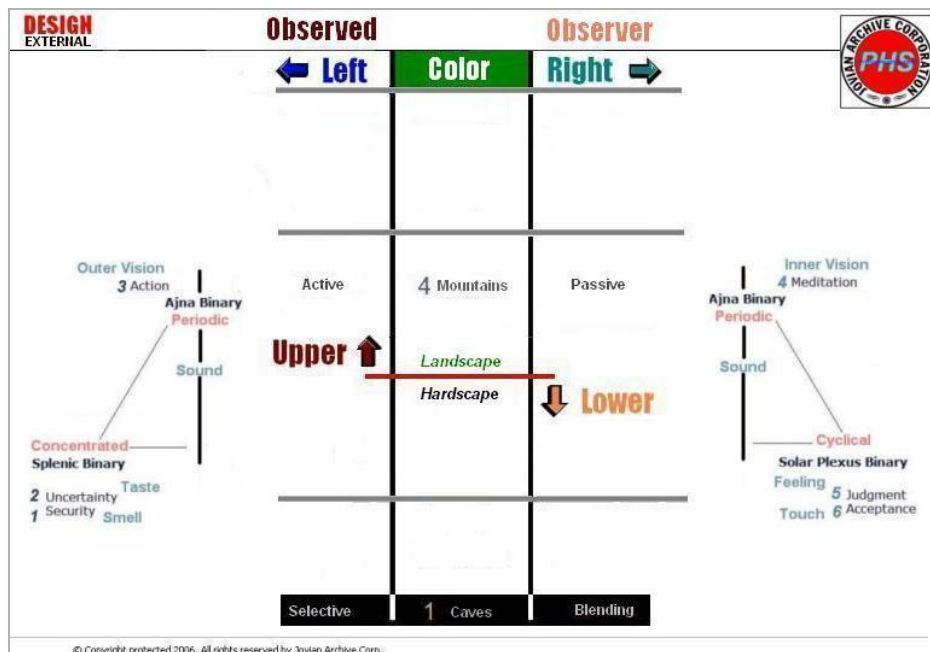




Nodal Color 4: Mountains

Transition

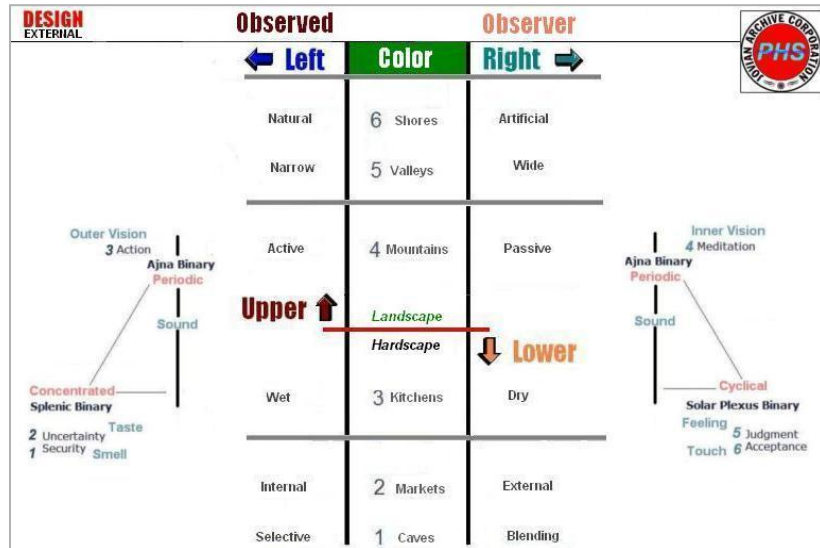
Welcome to all of you and. We come to transition; we come to transition because we come to this movement of the lower to the upper and this movement away from the hardscape to the landscape. Again, try to keep in mind the relationships that are there, for example, when you're looking at what you've been through, that is, the Internal. In the internal, the upper and the lower, the lower is conditions and the upper is circumstances. You've gotten to see over time how fundamentally different that is, how very specific conditions are. But the way in which digestion works for the upper is so much a matter of the environment, so much a matter of the players that are there within the environment. In other words, the deep external influences that are there, rather than the specifics necessary.





When we're looking here at the landscape, we are looking at a real change. That is, we're looking at the cycle moved. So for example, if you look at the 1 and Caves, and you take this jump to the Mountains, you're actually looking at a deep, deep polarity duality here.

The Cave is sort of closed-in, very protective and insular. Here on the other side of that is as exposed as you can be. I remember that lesson so well. In my really wild stages in my deconstruction process in the early years on the island, there was a farmer who gave me permission to live on his land, something, by the way, that was



actually rather rare in those days, because there is no house there or anything. The only thing I was going to put up was a rather large tent and I was going to live in this tent. Anyway, he was very sweet guy and he said I could do that.

One day he came by. Somebody had brought this tent over to where I was. I had found this wonderful spot on top of this hill. It had a little plateau on the top of the hill and had an absolutely incredible view. He comes up as I'm trying to assemble this huge thing; it was a horrendous process for me. I'm mechanical in different ways. Anyway, I'm trying to get this tent up and he comes up there and he's standing off in the distance and he's laughing at me. I can see that he's laughing me and he's just shaking his head.

That evening I'm inside finally this tent, I'm reclined there, I have all kinds of stuff and I'm doing my thing. All of a sudden a wind comes and it was really an incredibly startling moment because the entire tent rose up above my head, the whole thing rose up above my head and flew away. It was big and it was really in the ground. It just lifted up and disappeared, along with everything that I had, because it not only took away the tent, it blew away that whole surface. No need to tell you of the amusement of the farmer when he came back the next day.

Mountains are Exposed Places

Anyway, Mountains are exposed places. It takes a very different kind of consciousness to operate in an exposed environment. It takes a different kind of alertness; it takes a different kind of perception. And it leads to something else. It leads to one of the enduring wonders of what we are and that is what is called



'Capture Frequency', the way in which the Monopole holds us together in our illusion, and that capture frequency and its relationship to Color. One of the most extraordinary things about the Color construct is the 4th Color. Now, we can't talk about transference here because we're speaking nodally, and of course, all this is about resonance.

But I want you to get a feel of what the potential of the 4th Color is by understanding its natural environment. If you understand its natural environment, you understand its gift, though as a negative, you could see that it is always potentially in transference. It certainly is not so on the Design side because we know Strategy and Authority eliminates that. But it's certainly a wildcard component when dealing with the Personality side. It is this ability to be able to transfer, that is, literally, not simply something that is just rooted in the 4, but it's demonstrated through the 4 and you can see it here.

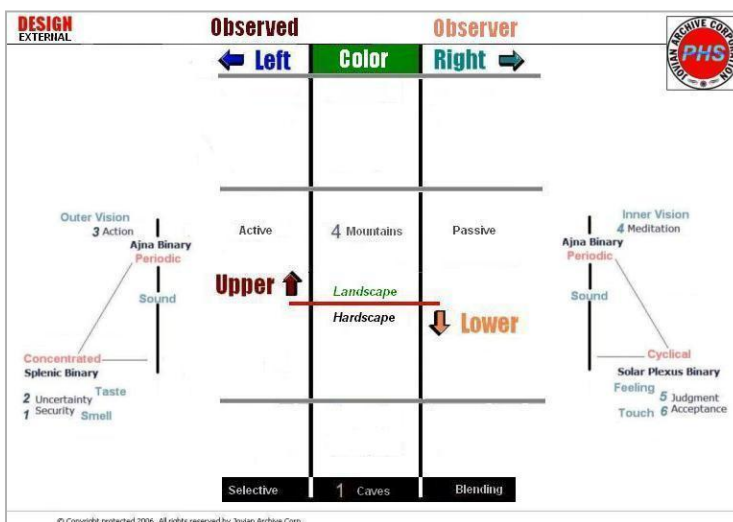
Mountains: Sees Everything

Think about the Mountain. Think about that environment and what it leads to. Think about the perspective that it automatically establishes because it automatically establishes a very, very distinct perspective. It sees everything, doesn't it? It doesn't necessarily see into the Cave, but it sees where the Cave is. It sees everything, because that's its vantage point. And it is something to understand about the 4th Color, how it sees all other Colors. It doesn't just know its harmonic. And don't take that 'know' as—it's me just anthropomorphizing. It sees everything.

So, the Mountain is a very unusual thing. It is the beginning of a different kind

of consciousness. It's not about better or worse. It's not about negatives and positives. But the hardscape by its very nature is confining. There is one way to live in the urban environment, there is another way to live in the wild and they're very different. And it's very different the way the consciousness develops within confined spaces.

I remember in the late 1980s being in Toronto, Canada on a short trip over there. I was on the 22nd floor of an apartment building. Evening had come, it was wintertime and I looked out the window and there was a gorgeous, absolutely gorgeous full Moon. I call to the person in the flat and said come over here and take a look at





this, it's fantastic. They come over to the window and they look out the window and they say "What are you looking at?" There's a different consciousness.

Environment Sets You Up for Perspective

Remember what environment is doing. Environment is setting you up for perspective. This is the magic of what you will come to understand—the work of the Link Nodes, what locks the nodal system together. Once the being is placed in the correct environment, that's the moment they begin to line up literally the correct perspective. So, it's not just simply that the perspective exists on its own, but the perspective is conditioned by the environment that gives it its framing.

When your environment is the Cave, there is a deep inner life that's at work. There has to be. They are not the same kinds of horizons. It's so interesting with the technologies we have developed that we give those who are hardscape the illusion of landscape all the time—the ability to get out of the enclosed environment, to escape media, for example, and what it provides. But think about how different this is as consciousness. Remember something about the way in which we are designed to be organized. If we are correct, we are designed to be organized in a way in which we develop consciousness within a specific environmental influence.

I grew up in the North American culture, so I grew up with a lot of Westerns on television, cowboy and Indian stories, and stuff like that. There was always a theme of the expansion of the countryside turning the village into a town and a town ultimately into a city, and how the characterization of those from the country and those from the town, how different they were characterized. In other words, they're characterized in terms of their consciousness and their horizons as well. The thing that is so interesting about the hardscape is that the hardscape has created our intellectual cultural environment, this confining environment. Within the confining environment, there is a different kind of way in which perception is going to work. Obviously, there are very different kinds of limitations.

Not as Social as Cave People

So, it's very interesting to take this jump. The moment you take this jump and you get to the Mountain and you get to this 4th Color environment, you get to an environment where the environment itself is a setup. The environment is a setup. In the classic sense of the Mountain, this is climbing up above everything. And in its classic sense, it means that Mountain people by their very nature are not going to be as social as Cave people.

Now, think about that, the 4 in its relationship to brotherhood/sisterhood at the line level, and so forth and so on. What's interesting about the Mountain people is that they need their connections in order to survive in the Mountains, but they don't like a crowd. The Mountain people have to have reliable supplies. The Mountain people



have to have the ability to see where they can get what they need. And the Cave people who you would think of as antisocial, no not at all. Not from this level in the sense that as long as you're in their Cave—we don't have any understanding of all this, because we've never lived it. In the same way, that we don't understand the terminology of motivation; we don't.

I still see students being offended by the word guilt; it makes them uncomfortable. It's because they're so deeply connected to the dysfunctional value of the word. Here in these theoretical exercises of going through this stuff with you, I'm looking at what the possibility is in terms of the nature of the correctness that is possible here and what the values are. What you're seeing is a change in consciousness.

Again, this is an evolutionary pattern, and it's not like, again, that the upper is better than the lower; it's not about that at all. They're different. They're meant to be different. We have six basic ways in which we are set up to be conscious, these six different environments that give us a certain perspective that ignites what is our true potential cognition.

The Need for Reduction in Oxygen

So, Mountains. The first thing that's interesting about Mountain and something that, because it was part of one of your earlier exams and you all dealt with this rather well, Mountain is deeply connected to oxygen levels. Now, oxygen is an interesting thing. After all, oxygen is corrosive. It really is fire, in a way. It is what ignites our life. After all, it is the oxygen that sets our life on fire. It's very interesting about the brain and its relationship to oxygen. If you overload the brain with oxygen, for example, what the abuse of alcohol does, you deteriorate brain function. If you reduced oxygen in the brain, what Aldous Huxley discovered, is that you alter perception. Well, not just Aldous Huxley, any high-level Mountain climber knows that the lack of oxygen can lead to hallucinations and can lead to all kinds of mental phenomena. It is not surprising that the great meditative mystics in the East love the high ground, because a high ground, that reducing of oxygen in the brain, leads to the stimulation of the brain and to potentials of altered perception.

One of the things, for example, what Huxley was experimenting with which was mescaline and lysergic acid. LSD does the same thing. These are oxygen strippers. They take oxygen out of the brain and in taking oxygen out of the brain, induce an altered state. It's one of the reasons that there are in the world, I assume, about 6 or 700 million people who are addicted to tobacco. Tobacco, because of its impact on of the cilia in the bronchial tubes, that is, they're sort of like little fingers like underneath your vacuum cleaner, these little fingers that are constantly moving and basically they're cleaning. What happens as you smoke is that they begin to get covered in tar and they no longer can do the same proper cleaning, which means that less oxygen is getting into the of the body and as a result less oxygen is getting into the brain.



One of the most interesting things about the tobacco question and again, I may be prejudice in this since I've been a tobacco user all my life, literally most of my life, is that there is no question that there are certain carcinogenic properties in tobacco. But then again, those things really don't mean anything to me in the sense that it is about the homogenous vehicle, so, the fact that there is a generic source of this or that simply means that the homogenization is created a lot of similarity that leads to problems.

What I have noticed over the years, though, is that you rarely get to see the positive side of the impact of nicotine. And there have been some deeply valuable scientific and scholarly works on the values of nicotine that simply never get the light of day, because it is overwhelmed by the anti-smoking, anti-tobacco lobby. By the way, I'm not lobbying for smoking. I'm not a generalist. Everybody operates according to their authority. It's just one of those things that is interesting, is one of the most interesting phenomena of all tribes, is how smoking is something that is basically a global common tradition regardless of what they were smoking.

Whenever you're looking at an orientation or you're looking at an environment in this way, and you're looking at this breakdown rooted in the 6, is simply an understanding that there are at least a billion people on the planet, somewhere around a billion people, who are going to be Mountain people. My hunch is that if we did a worldwide survey of those who are addicted to tobacco, we would come up with a disproportionate number of those that have 4th Color external, because that is one of the things, this reduction in oxygen.

Of course, it would be a very odd thing at the Center for Human Differentiation, which is a holistic clinic, to recommend to a Mountain client who happens to be living in the basement of a flat that they take up chain smoking, because it certainly would make them healthier. God, I love how the heretical ridiculous is so delicious, isn't it? You actually wouldn't be saying something that is specifically unhealthy for them. The methodology is not necessarily the best. It is a deconstructed methodology, tobacco smoking, as an example. But it's just interesting about the nature of Mountain and the need for this reduction in oxygen.

The other thing is that when you begin to look at an environment not simply as something that is isolated, the tendency when you do theoretical work is that you isolate phenomena. You don't see it within the continuity of the whole. It's very important in understanding the nodal relationship, always to see you cannot separate what is the Design function from the ultimate Personality function and that the Design and Personality Nodes make up what is, in fact, the Independent Variable. In other words, they make up what is the foundation of the experiential life. That is, what we call existence.



How You See is Dependent on the Environment

So, you're dealing with something that is bedrock foundation of what our process is. And when you're looking at the environment, here looking at Mountains, again, in the earlier examination that third-year students were taking, the ground was well covered, this understanding of not just simply what the elevation means, but what the perspective is that is created from that. If you're not high up, you don't see the way you're supposed to see regardless of what the nuance of the seeing, and that will depend on the Personality Node, regardless of what the nuance happens to be, that nuance or that perspective, that view is something that is going to be totally dependent on the environment.

So, as you're beginning to learn about these environments, don't see them in isolation, but see them as the foundation for establishing what ultimately will be the correct perspective for the being, because it's not just about the place. So, the moment you're looking at Mountains and the high ground, you get something else. You get ways in which you can see the perspective being influenced. We have terminology about people who take the high ground. People who like to look down on things. It sets up a certain way in which the perspective is going to operate. It's not just the environment. It's not.

The High Ground Makes a Difference

Environment changes things. Think about the consciousness of the Kitchen and its relationship to temperature and its impact on the way in which consciousness works, the way in which heat gets in the way of consciousness, and the way in which cold seems to stimulate it. There are many, many levels that are here in what the environment is actually bringing, and why it is so essential for us to be aligned to our environment, because that alignment to the environment, whether at its pure level or at its deconstructed value—get to the top floor of the house, get to the high ground, get to wherever you can so that you have a relative Mountain, that is something that is going to be not simply beneficial to you in the way in which we have been discussing.

That is, beneficial in the sense that when we are dealing with the Design Node, we are dealing with one of the most significant elements for us as a being, because this is what gives us the quality of life that's going to make being on this plane something that is truly worthwhile. That, in of itself, is profound enough without adding the level to it that the very environment that is there to nurture the quality of your life also establishes the framework for your perspective.

So, think about what that means; you're trying to work out a problem. Go to the high ground. Your consciousness doesn't work well in the low ground. It doesn't work the same. It doesn't have the same perspective, even though there may be nothing to look at. That high ground makes a difference.



The Nodes: Taking Your Place in the World

The Design Node is the cornerstone, and it's the cornerstone of what's actually possible. When you begin your process, Strategy and Authority is the first step to change the frequency of the holistic being. That's what Strategy and Authority does. It changes the frequency. It allows for the Design and the Monopole to be able to rekindle what is a clear relationship. It changes the holistic frequency.

When you're looking at the nature of the vehicle itself, that in terms of what is necessary for the vehicle to be able to differentiate, the dietary regimen that is there, that that dietary regimen in conjunction with your Strategy and Authority simply sets the platform for the way in which you can live a life that has to be one that you meet. In other words, all of that is fine and good, to be ready to make a decision correctly, to nourish oneself correctly, but one has to be in the world.

It's truly something to grasp that it is only through the Nodes that one actually takes one's place in the world. So where do you take your place? Where do you bring your Strategy and Authority and diet? You bring it to that place that is there to launch your purpose. And it isn't something that you're supposed to do from birth. In a child who would be absolutely correct in the way in which it would be raised, it would only be incumbent on that being after their Saturn return to seek out and to establish their adult life in what is the correct environment. Remember environment is not location. It's not a place, in that sense. It's not a specific place. You can find all the environments in any place. But it is about the consistency of the environment in your life.

More and more as you progress in this process, and the longer that I am a teacher of this knowledge, the more the accent is going to move from the Strategy and Authority and the dietary regimen to the establishment of a clear understanding and recognition of the need for finding one's environment, establishing one's new life in this environment. I used to think, because I've been through a lot over all of these in these 21 years now, that it was all just a gradual process limited by the nature of cellular regeneration, at least a minimum of seven years in the sense of the process.

Radically Embrace Each Stage

I also got to see that the seven-year process in and of itself begins a life that is rooted in much, much deeper correctness. And yet at the same time, there are so many elements that still cloud the possibilities of what that individual life can be. It's clear to me after these years of working in PHS and Rave Psychology that the only way you can do with this is you have to radically embrace each of the stages, and that means if you're going to take this process to its complete potential, to its fruition, then this is something that simply has to be there.

It's clear to me that without the environment, not simply does this Uranian body not get its primary advantages provided to it, but the reality is that it's only when you can align yourself to the environment that's correct that you can begin to see. It's



the seeing that makes the difference in the end. Oh, all the body stuff, yes we do appreciate it, we do, but still, we are mind creatures and in the end the only way in which this is fully established is when that cognition is transformed.

So, when you're looking at PHS external, this is something to take deep, deep, deep in and to see that this is perhaps the linchpin in being able to bring about the fulfillment of purpose. It is this unique relationship between the Nodes. It just tells you the story. It says if you're not in the environment, you're not going to see properly. You're not looking at the way you're supposed to look. You're not on that high ground.

Healing—an interesting word. Environment is something that is deeply beneficial. It's great with being helpful with your children. They have a bad cold or this or that or whatever the case maybe, you can take advantage of that by using a deconstructed value of what environment is. But it's not enough for anyone who truly wants to be able to go through this process. It isn't. I see this more and more. I see how it is only this radical embrace that shatters the personality, that is, the way in which the personality operates. It's very difficult, I'm very aware of that. So, I keep this to a theoretical level. And yet at the same time, it's obvious to me that this is going to be one of the most important areas of knowledge in the future.

Your Environment Gives You Advantages

The environment, your environment gives you advantages. It gives you advantages that are priceless. The quality of life is a priceless advantage. And it's a fool who in knowing that does not find a way to find their environment, because the environment is something that, without it, you cannot have the correct perspective. You can't. It's so interesting to think about it. There you are, a Mountain person, and you're down on the street with all these buildings around you, and there's somebody down there who is walking with you and they're asking you a very important question. You do not have the same equipment to see where that question is leading you. You don't have the high ground. You don't have the perspective. You don't have the ability to see all around. You lose it.

And of course, for the average human being who doesn't know anything about any of this, they don't know that. They assume that they're answering based on what they think they see, but they're not seeing it from a perspective that is correct for them. It's like the Cave person with a problem sitting in an open field trying to figure things out. Oh, they may have calculations that they come to in their process, but they're not really figuring it out at all. They're not. They can't. They're Cave people. They need that confinement in order to be able to stimulate their inner process. They need it. Just as the Mountain being needs that broad perspective, needs that high ground.

I like the way in which the natural order or the mechanical order says that we are actually designed to carry extraordinary and unique potentials of consciousness. But all that is about who we are and where we are, that where we are becomes



everything. I knew this in a sense before Human Design because I always understood the nature of the physics. The movement, the movement, this is all movement. It's an incredible thing when you think about it, this vast, vast, vast movement. Everything is moving. And if everything is moving, where you are is what it's all about. Where are you? Where are you going? We get those answers by being in the right place and by being in the right environment. It's only when we're in the right environment that that arises and it happens.

The Design Nodes are the Cornerstone of Well-Being

It is part of our magic to be able to understand something that has been such a quest for so long. How do you have a life that is blessed with well-being? How do you stay relatively youthful and alert? How do you live the life to its fullest? Well, you do so along the line of the Nodes. And the cornerstone of that is the Design Nodes. They are the cornerstone.

They establish so profoundly what it means for you to truly be one with the material plane. You look at every creature. Look at the creatures on this planet. They all have their unique environment. And the ones who span environments do so through mutations in which, ultimately, they become different. They become one with their environment. They know their environment in a way that is astonishing, because they are designed to know their environment, to be one with their environment at whatever level of life you're looking at. And us, we're supposed to be from the physical side, the mammalian body, the vehicle, this creature. This creature has a specific territory. Creatures have their environmental territorial zones. And in our complexity we have many. We embrace them all. And in that lies confusion.

Think about cities, the great cities, the older cities in the world. They were all built on the shores of rivers—transportation. Most of those cities are at fairly low levels in terms of altitude, Denver, Colorado aside [5,280 feet]. The urban environment has a very distorted quality to it. The vast majority of human beings who live in cities live at very low levels of altitude. We're supposed to be in different environments. Not because of religion, race, creed, tribal affiliation, or all the false coordinating factors. We're not about any of that. We're not. We are supposed to find our correct environment like any creature would and thrive in it.

Quality of Life is about Reduction of Resistance

So often when I talk about the Design Node, I talk about quality of life. This is a term that has been clichéd, but please understand it in its purest value: quality of life. Quality of life is about one thing and one thing only. It is about the reduction of resistance. We are objects moving in space, which means we are always meeting at one level or another some kind of resistance. When we are not in the right environment, we are not prepared. We cannot deal with the elements because they are different.



You don't want to put a polar bear in the desert and watch it die, do you? But then, human beings do this all the time. This is what we do. We belong to one environment, one kind of territory where we can thrive and we end up in another. And then we wonder why our lives are this way or that way. We do not follow the pure mechanic. We have been distorted by the not-self mind. We do not operate correctly.

Environment is not a question of serendipity. It isn't. It's not the way it was given to me. The correct child at its Saturn return who goes out and establishes itself in its environment is something that happens. It is something that happens when you're ready for it to happen. It is something that happens when it's correct for you to happen. The mark of maturity is to establish your life in the correct environment. All of us who were not-self for great portions of our lives, in that sense, remain immature. Just going through the process of deconditioning, to begin the process of living one's life correctly is already an enormous challenge because deconditioning is an enormous challenge. But it is not a natural by-product. It's why this knowledge is here so that human beings are aware. So they understand the mechanics, can take advantage of it and can take practical steps to realize it.

It is up to you when it is correct to realize your environment and all that brings. The deterioration of the Uranian body, because the Uranian lifespan is long, the maturing process is long, approximately 40 years. It means that vitality is something that is absolutely essential to this vehicle because its natural flowering period is from its Kiron return to its death. Basically the 30 years after its Kiron is the height of its potential. That is, what would take it from its Kiron to the close of the Uranian cycle, approximately 84 years.

In order to be able to have the vitality, to be able to thrive in what would be the latter third of the life, the body, the well-being of the vehicle, this is something that is absolutely essential. Not only the well-being of the vehicle, but given the correct environment and orientation, the potential to really collect experientially the wisdom necessary for whatever that flowering is going to be, whatever that process, however it's going to fulfill itself in that unique being. So much about everything that is the goal of anyone who's in the process of transforming their lives through this knowledge, so much of it is tied up here in the Design external. This is a deeply, deeply, deeply profound place.

Social Consequences

Teaching the knowledge, you go step-by-step. At least I had to; that is what it is to introduce something new. For me it's clear that there's no point in waiting. There's no point in waiting at all. There's no point in waiting for any of these things. The more radical one is involved in this process, ultimately, the richer the experience is going to be. It's about the social consequences. It's always about the social consequences. It is about the dilemma of what difference truly brings. You have to have a great deal of strength in this life to be able to be different. You have to have



that strength when you're different in relationship to the not-self and you also are not-self and the dilemmas and pain that that can bring because it's not something that's easily understood or grasped.

Then to deal with what it is to establish your unique identity, your unique presentation of this movie. Every single step that you take in Human Design is potentially a problem for you at a social level. Whether that is the most basic problem that someone might have with the way that a Generator makes a decision, the problem that a male partner might when their female partner says "I want my own bedroom," the dilemma that will arise in any partnership or family when you say, "By the way, I'm nocturnal and from now on I'm going to be eating at 11 at night, so I won't be eating with you anymore." Just saying, "We have a problem here. I'm really not in the right environment and I don't want to be here anymore."

There is Only Your Way

Of course, if you add all of that altogether, it can be enormously alienating, can't it? Human Design is not about being concerned about the group, not being concerned about the concerns of the other. And because this is always dealing with beings who began this life conditioned, it is difficult to stress to anyone that there is only one way, your own way. But it's true. Your environment wasn't intended to be something you discover after you have a partner and a family. Environment is something that is intended to be the sign of your maturity that you're ready to go out into the world after your Saturn return, you're ready to go out into the world as a nine-centered being and establish yourself in your correct environment.

And of course, that is a being who is not going to be bonded to somebody before that point. This is about where you establish your life. It's there where you establish your life that you're going to meet those forces that may, in the end, be the best forces for you in this life. So, it's very difficult in terms of looking at beings who have gone through a deconditioning process, who have families, relationships, all of these things, that each of the steps that are there are for the unique being and the unique expression. It isn't about anything else.

That means there are going to be deep, social limitations on who ultimately can take this journey, and who is truly ready to take this journey, and everything that it brings to them in terms of the consequences of what their direction is going to have and in terms of people in their lives. It's one of the reasons why dietary regimen and environment are something that I've come very slowly to articulate and stress for people because I realize that it's very difficult to teach you such incredible knowledge and tell you it's only for children. It is a no-win situation.

The reality is that, yes, this is the way. The way is this way, the unique way, the individual way, the fulfillment of the individual process. You can only take that way through your uniqueness, through enriching what is in fact this process of yours, whether that is through the dietary PHS or through the environment. It's only then



that you can begin to align yourself to the correct perspective that you can begin to transform your cognition and complete this process.

The Levels of Human Design

There are things to understand about Human Design that have to be dealt with in a very sort of objective way if you can. There are levels of this knowledge. There is the Strategy and Authority level. This is the universal level. It makes everybody's life better. It just does. But in and of itself it does not bring you a transformation in your cognition. It cannot. In and of itself, what it does is bring about your deconditioning. It allows you to make decisions as yourself and moves you in a life that has less resistance and allows you to begin to trust in yourself and begin to enjoy what it is to be you in this life. Obviously, they are great gifts in and of themselves.

But, this is not the whole journey. Dietary regimen is an essential ingredient. It's essential because you need to be able to assist your vehicle in deconditioning the way in which the brain system is operating, the way in which your basic cognition has worked. It is that combination of PHS dietary regimen and your Strategy and Authority that gives you acute decision making potential. But the Node is not the crystal. It responds. It has this resonance. It resonates to this and that. It's designed to resonate, as in this case, to the Mountains, but it doesn't mean it's got them. It doesn't mean that at all.

This is where you begin to understand how the Design Node is something that you grow into. You grow into it, you mature into it. Then you grasp it because it is correct for you to do so. And it's there that you have established the foundation for transforming your life. Those are three deeply radical movements in what had been a homogenized life. But if we are going to see what this knowledge is about, rather than just waiting to see what happens to children who are raised correctly, because for them this will be a natural process. And yet at the same time for these children who are raised correctly, their environment is something they're pointed at. This is where your maturity is. "When you get to 28 son, or daughter, you're going to head up to the Mountains. That's your place."

It doesn't come right away. Here we are deep in our lives. So, the only thing that you can do is radically grasp at it or not. What to do. This is the nature of being. But when I look at nodal environment, when I look at the Nodes, this is the story. This is the life path. This is the whole story. So, if your life path is correct, then you're going to be able to get that opportunity for that outer authority cognition, you will. And you will see. The seeing begins with the environment. It does. It's this wonderful progression. You turn over the decision making authority to the vehicle, you nurture the vehicle, nourish the vehicle in a way in which you enhance its potential. You align it to its correct environment. You open up then for the Personality, the advantage of being able to filter through this perfected vehicle. And there you are right in front of it. It's there for you to see.



The Nodes: Where the Life is Constructed

Anyway, I really like hammering a bit on the Nodes. They're a wonder and how deeply, deeply impactful they are in what we call life. This is where the whole life is constructed. It's not about how life is experienced. It's how it is constructed. And if it's not constructed properly, if this life path is all cockeyed and off on the wrong this and that, there's no life there. That's the beauty of understanding how profound the Nodes are. This is really the ride. This is the ride you get. And it shows you where this is, it shows you where it's going, it shows you what it's all about.

I spent so many years being overwhelmed with how profound the Sun/Earths were—the cross, the profile, this 70%, this deep, deep, deep relationship to the expression of the neutrino through the crystals. It's fascinating stuff; all "I." All "I, I, I, I, I; I this, I that." But slowly over the last years I kept on coming back to the Nodes, I kept on looking at them. I kept thinking about them saying, "Oh my goodness, boy was I ever off." Oh yeah, the Sun/Earth, all that stuff, great stuff, wonderful. It's a scarecrow to me. It's not even a scarecrow; it is Pinocchio, the puppet that wanted to become flesh. It's just a puppet. There's no flesh. Life is the flesh. Life is everything. Life's the story.

The Nodes, they're not parochial, they're not limited to the solar system. They're not locked into this Sun/Earth cabal. They stretch from this end of the biverse to that end of the biverse, in an endless, endless curving wonder. They're continuity through all time. They're windows of neutrinos that are arriving from the furthest depths of the biverse. It's our journey, this life. How wonderful it is. And here you can see how incredible nodal knowledge is, because once you master an understanding of environment, you're actually beginning to master an understanding of ultimately the way in which mind will work, because you know its foundation. The foundation is in the environment.

All right, I hope you enjoyed that. Do take care and until next time, bye for now.

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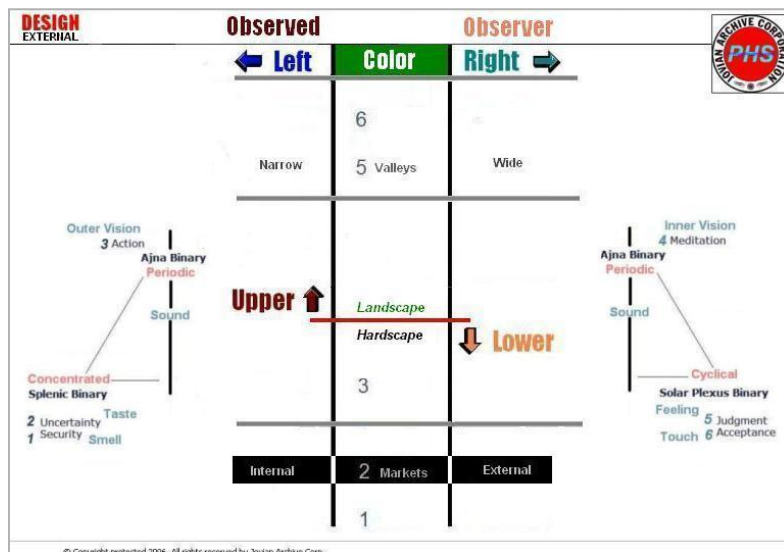


Nodal Color 5: Valleys

Hello, welcome to all of you and to all of you who are downloading. We come to number 5 on our list of PHS nodal Colors. We come to Valleys. I think that it's not grasped enough. I think one of the things that happens when you're first introduced to keynoting is that you take the obvious of the keynote. And I think one of the things I've been trying to emphasize to all of you is how important it is to be able to deconstruct these keynotes, that you can take them literally, but you really miss a great deal. And I think that Valleys is seen as some kind of counterpoint to Mountains. That is, the low ground, the less oxygen, so forth and so on. But it isn't.

It's a number of things. It takes me back to one of the pleasures I have in this knowledge, which is that we are dealing with an ability in the mechanics to see the evolutionary movement, and it is an evolutionary movement. It's an evolutionary movement that operates in binary stages. In fact, the binaries are always related to

each other. Again, the significance of the 3-4 binary, particularly the way we see it through the underlying tonal architecture to really understand how significant this place is and the binary that it takes place in and the impact it has on the values both the 3 and the 4.



When we come to the 5 and the 6 we always come to something different. We know from the line in the

sense that through the 5 and the 6 we see something else, we see a transpersonal quality, what we refer to them in the profiles as left angle. And what we see in hexagram structure as the transpersonal quality or the transpersonal karma that is inherent in the geometries. When we're looking at the 5th line particularly we're looking at a theme of universalization.

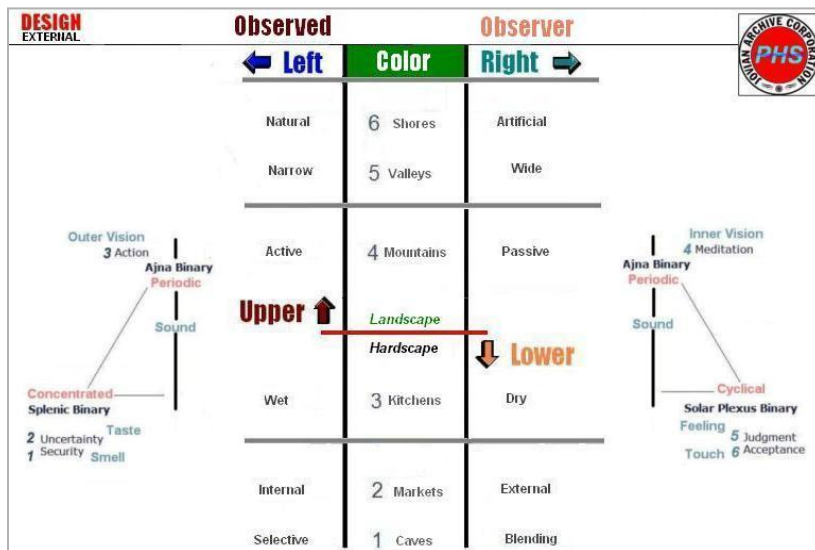


Hardscape and Landscape

One of the things that is so interesting about looking at this movement, and again I mentioned how deconstruction is really a key in all of this, is you can see that from the way in which the lower Colors and the upper Colors are divided by hardscape and landscape. In other words, the older aspects of our positional development were rooted in being able to define ourselves through our secure environments. In other words, in simple language, in anthropological language, the development of civilization was something that was made possible by the creation of secure environments, what first became the first walled cities or the first walled villages that ultimately became the first true cities.

They emerged in Mesopotamia, probably somewhere between 10 to 15,000 years ago, villages that would surround themselves with some kind of protective barrier. Ultimately, this became the bedrock of the ability to be able to defend a community, for a community to cohere together for hierarchies to establish for the basic

elements of culture and civilization to develop.



a 4th Color phenomena. That is, you can see it again in the line value in the voyeuristic value, for example, that is there in the in the 4-6 combination, that 4 with its ability to sort of network, to be able to see things, yet to be from the Mountain and to be able to penetrate in that sense. The gift of the 4 is to know where to invest its network.

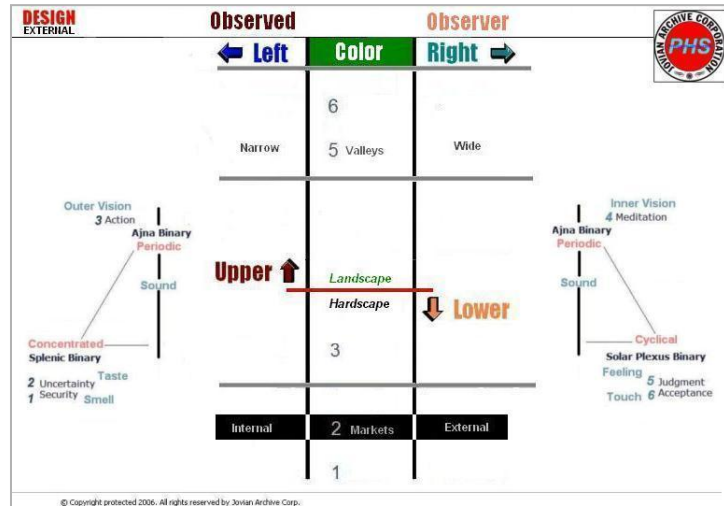
The 5th Color: Encounter

So you begin to see something else when you're moving into the upper Colors. You're beginning to see a shift away from the environment that encloses us. In other words, the environment we concretize to the human environment that we can encounter or experience. The thing about the 5th Color, it is the Color of encounter; whereas, the 4th Color, the Mountains, is all about being able to see the experience



out there, to be able to see people, to be able to see what's going on. Whereas, the 5 is something else, the Valleys are something else.

The interesting thing about the Valley is that everything we understand about Tone is that it is about frequency. This is what we know. This is the core of what Tone is about. What we see at the edges, that is, when we're looking at the way in which it breaks up into its aspects, basically we're looking at the way in which this frequency is broken up into its various components. So, sound is something, a simple way of giving a keynote to this very, very deep and complex concept of frequency. And yet, one of the things that is clear is that there is a fundamental alignment that exists in the 5 in its relationship to the central acoustic mode. And this is what Valleys are about. It is the Valley where sound carries. It is the Valley where the acoustic ability is really there.



The Valley is a Place to Communicate

When I was growing up in Québec in Canada, we had a country house in farm country. What I noticed as a child, because I'm an individual and I'm very acoustic, was the way in which the people would talk to each other while they were working in the fields. The fact is that they used an elevated volume that didn't disappear when they were standing next to each other at a bar. It was one of the delights for me when I ended up in my sweet Ibiza that the locals—I can remember the experience of a husband and wife talking to each other across of a rather large field that he was plowing and it was so reminiscent of my childhood. It is something about what the valley allows, because it allows something that's really incredible. That is, it allows communication over an extended distance.

The Valley is a symbol for what ultimately the 5 themes are all about. That is, the universalization that ultimately can reach the surface is aligned as a presentation that what this is rooted in is oral communication. The Valley is a place to communicate. Where the real possibility lies for us in terms of being able to transform any life is the way you meet the other. And the way you meet the other is the way in which you communicate to the other. By the way, that communication isn't exclusively oral, obviously. It is communication that is there in the aura; it is communication that is there at many, many levels.



But something to really grasp about the Valley, oh yes, there are the obvious things. It's better to be on the first floor than the 10th floor, all the things that I've discussed previously about the nature of the Valley, the obvious of it. And of course, it's important to keep that in mind. It's important to keep that in mind just simply with the thing of a child who has an upstairs bedroom and they have a bad cold, well, bring them downstairs. To be in the Valley is important.

The Valley is an Acoustic Environment

But there's something else to add to that. Even more important to that is the ability to be able to communicate. Remember that one of the things we're looking at with the Design PHS is something rather extraordinary. That is, the external is really an amazing thing. It is the key to understanding how we establish the well-being and quality of life of the Uranian vehicle. And one of the things we have not yet encountered in the terms of "healing" is the power of the word. Here, this is very interesting about the nature of the Valley. That is, the environment in the Valley is an acoustic environment. And it is an acoustic environment or not. The wide open space, like the park in the city, as an example, the open space in which there is this change in the acoustic frequency.

We know well from the PHS internal that when we're looking at the sound of the 5 we have the high and the low of that in terms of the nature of the way in which it works. It is something to bring to your understanding of the significance of the Valley. Now, I'll talk about the specific tonal qualities later. But I want you to have a sense of the way in which all this rolls together. And to really grasp something about the nature of the Valley that makes it evolutionarily different, that this is beyond the basics of maintaining the civilization. Colors 1 to 3 maintain our civilization. They maintain it. They maintain the Caves, the Markets and Kitchens. They maintain it. And not only do they maintain it because of the close proximity of human beings, the opportunities for bonding, and so forth, we have had a phenomenal population explosion as a by-product of the success of hardscape.

The Pattern of the Colors

Beyond that is something else. It's the same question you always get in the life program. It's always the same thing. It is exactly the same pattern, no matter where you look. The first priority is security. And once security is established then there is a question. What the hell to do? It is the basic pattern. So first you deal with security: 1 to 3. You deal with the lower Colors. This creates the security. It's ironic in a sense; and then beyond that, beyond that what? You climb up onto the mountain and you look around. It's like, okay, what's there to see out here? Ah, this is what we do. The Mountain person looks back at the Kitchen person and says, "Hey, I'm on the other side of this mutation. I see things differently. It's different up here." It's not about the space anymore. It's not about the room you have; maybe about the view. Things are different.



Valleys and Movement

And then you get into the Valley. Now, think about valleys. This is where everything moves. And what we're going to see between Shores and Valleys is that the Valley people wait for the world to pass by and the Shore people look and potentially move somewhere else. There's something else. There's something beyond. The Valley people are waiting for the world to pass by. This is what Valleys are good for. Valleys traditionally have that river running down through them, that valley where the boats came. And eventually it was replaced by whatever, but it's still the valley.

80% of all traditional cities, older cities, were built in valleys for the commerce, for the movement, for the exchange, and for the expansion of the consciousness. In a sense, the 5 is a position in the order in which what is going on in various areas that are impactful get carried along and brought into different zones, the contagion that arrives by train. The Valley is an interesting place. It's that place on the ground floor where you see everything going by. It's those people who love to sit on the front porch or sit on the stoop. Those people who love to sit in sidewalk cafés just watching, just watching what's going by and every once in a while someone you see, someone who recognizes you, something gets shared. It's like picking up what's moving through. It is a coordinating influence. It is the way universalization works. In the same way, if you want to understand networking, understand the 4 in the Design external.

I had this delightful, really wonderful experience from yesterday in beginning my look at the six lines and I'm taking a radically different approach. I'm approaching the lines from the bottom up; the way, in a sense, would have been the correct way to teach lines. But of course, it simply wasn't possible in introducing the knowledge. And now to be able to do this is a wonderful thing, to be able to understand how all this underneath Color is so powerful. Color is so powerful, the way in which it influences, how attractive it is, something that is resonated to, a frequency that one resonates to. It's very powerful.

Valleys is Not About Security

And to begin to be able to see what this means in terms of how you take this and you bring it upwards so that you can expand the depth of your knowledge. These Valleys, this ground floor; it's so different from the Market. It's so different, because the Market is about the security, remember that. It's the security. It's about the physical hardscape itself. The Valley; there is no security. You have your flat on the ground in a city, hey; you have bars on the windows? It's not about security. All it's about is being very, very there.



The Core is Communication

But again, the literal of Valleys takes one to prosaic pictures of green valleys where there is nothing but the antelope roaming. There are not too many of those left, by the way, unless they're in parks. It really isn't about that. It's about understanding something much more profound, because remember that one of the aspects of the Design external, because it places you in your life, it is very much in charge of who you're going to interact with. That place, that where, that environment becomes a conditioning force of the 'who' you meet. And what you see in the Valley is that the Valley is indiscriminate. As a matter of fact, it is even stimulated by the indiscriminate. You could almost say it's collective in a way. But at the core of it is communication.

That child of yours who's 5th Color and they're not feeling good, yes, you take them to the ground floor. Yes, that is good for them. But what's even better is that you talk to them and not at them, but with them. You communicate with them. And whether you communicate with words, with your touch, with you aura, but you communicate with them. It is that every communication is so important to them. It's why the acoustic domain is so important to these beings.

Now, obviously, we know in terms of the PHS internal that there is a constraint on the acoustic relative to the digestive pattern, that is, those who need the silence and those who need the sound. But that's about eating. It's about the digestion. It's about for those, for example, who have the low, that there is no communicating to them. That's what silence means. There is no communication. But that's not the same when you see it here in the Valley. The Valley is about communication. It is about communication. This is what the environment demands.

The Communication-Rich Environment

So, one of the things to understand about what happens to us is that most Valley people are what we would call the geek world, because this is basically what they've become. They're getting their communication from the vast world out there that passes by their computer. And they're taking in all of that communication. Now, of course, there is a great deal of distortion that takes place in all of that. And I give that to you as an example so you understand the environment these beings are actually seeking. They're seeking a communication-rich environment. It's what they're seeking. It's not the 2 that is ready to be open to make the bargain, deal, whatever in the market with the other who still wants to have its security, who feels very safe sleeping next to the cash register inside the locked space.

This is the communication-rich environment, the acoustic-rich environment. You can see that one of the things I talked about when we're looking at the internal is that I tried to bring to you this evolutionary sense, that what you're looking at with the upper Colors is each and every one of them are able to take advantage of what are the concurrent technologies that have emerged. Mountain people before the Cross of Planning cycle really had to be Mountain people. From the moment we entered



into the advent of the nine-centered being concurrent with the global Cycle of Planning and the industrial age they would arise out of it, suddenly we started to have commonality in structures that were multi-storied. It's very recent.

Now it's much easier for a Mountain being to be able to find their area, because we build them all the time, all these artificial mountains that we've built all over the planet. Goodness gracious, go to Dubai. Have you seen pictures of this place, the desert that is nothing but artificial mountains, just artificial mountains rising out of the sand? It's part of our time. It's part of what's new. It is part of this rapid evolution heated up. The valleys were always places that were highly populated, always, always, always relatively speaking. And it didn't matter what great river you were on, those valleys were populated. There was always that communication environment.

But now, it's incredible what is possible as an acoustic environment. And you can see, and I just hint at in the narrow and the wide, the different ways in which that will be approached. But it's for communication. This lays the platform for the universalization of outer authority, to make it possible for outer authority to be *the* communication. We know that's not the case. And we know that those who are influenced in their dysfunction in terms of this kind of coloring, what we know is they're lost in an acoustic confusion.

Remember, we're talking about at least a billion plus people who will have this. These are the beings that their whole world is filled with acoustic stimulation. The radios, computers, TVs, the acoustic stimulation that is on all the time in their car, in their workplace, all around them without that being outer authority, without that being true communication. But it is this communicative environment that is not really a Valley other than in the most practical sense that you're better on the low ground. You're better on the ground floor. But the key isn't that. The key is the communication. The key is the acoustic value of the environment.

What Do You Do When You are Secure?

It's so different from the Mountain. It really is. The Mountain is all about whether you climb it and come down or you stay up there. Remember, it's all about what do we do. What do you do when you're secure? The classic example is the domestic pet, my dog. My dog is totally secure. She's loved, she's fed, she's protected, she's totally secure. So what does she do? She sleeps. There's nothing to do. It's not like she has to spend her time hunting, spend her time dealing with the social consequences of the pack that she has to run with because a dog alone cannot survive. You have to have something to do. What do you do when you're secure?

If you look very carefully, because it's like a mystery puzzle, at the 4, the 5 and the 6, you can see the way in which the natural order is pushing us into a certain way in which we deal with this. We're secure, so now what? The moment that we were secure what did we think? We thought the gods were on the mountains, didn't we,



up there on Olympus. Once you're secure you have to figure out why are we here. Why are we here? And the whole movie starts.

Gossip

The 5 says something else, the 5 says there are things going on. Did you hear what this one said and that one said? Do you know what the most common acoustic of the Valley is? It's gossip. And the most extraordinary thing about gossip is that it's healthy. It's a funny thing. There have been all kinds of studies done on gossip. This is the Valley alive with news, alive with information. That's a different kind of an environment. And in that information again, well what are they doing? Isn't it interesting how the most popular kind of book is somebody's story about their life, what they did. What did they do?

We have two kinds of books in this life. We have books that tell you how to become secure, the 1, 2, 3 business because, of course, it's still a business. And then we have those books that tell you how to go beyond that, the 4, 5 and 6, what to look for. Because when you're looking at the Design external you are looking at one of the most fantastic things you can look at in Human Design in all the mechanical knowledge in Human Design. I have a deep infatuation with the Nodes. I do. I'm so literally stunned by what they are. You look at the Design external and you see how this is foundation of the way in which the whole program has moved us as beings in our relationships both to the environment and to each other and beyond that.

Discerning Who to Communicate To

So these Valleys are acoustic wells. They're places where the sound just echoes along. It's there. But what's important is not so much that there is the acoustic density in the environment, but the value inherent in the communication because it is about that. It isn't going to help you to communicate with those who are not correct to communicate with, who waste your energy, your vitality, and they take it away. It's about who you communicate to.

Why do you think there's paranoia in the 5th line? It's here. The Valley is not a secure place; strangers come by, outsiders, aliens, whatever you want to call it. It's not a safe place. And if you communicate and you're communicating to the wrong beings—everything about this is about understanding that the moment you're operating correctly and this is your particular Color, in that operating correctly ground floor and all, it's the discernment of who to communicate to. It's about being selective within an acoustic environment. It's about being selective in the sense that the environment is the library of possibilities, because again, there's something going on here that's deep, this 'what do we do once we are secure, what are we capable of?'



The Nodes

It's through the Nodes that the life is structured. This is what you'll come to deal with more often next year. That is Variable and what this Independent Variable is. It is so important to grasp that it establishes the foundation for the life and its movement. It is what makes it possible to live out the full potential of this Uranian body.

The fact that the real maturation of a Uranian body is post-Kiron means that there is a demand for well-being in this form. It's a demand. We know the deterioration that can take place physically in this life. And for most of our history the idea that life was going to be at its fullest between 50 and 84 would have seemed like a cruel joke. The Uranian body, simply because it exists and simply because it has a capacity for extended wear and tear, doesn't mean that it's optimized if you just let go of it. We do see that there is a huge expansion in the aged of the world. There are millions right now of people in the United States, for example, who are over 100. My mother is about to turn 97. You can see that there is this huge thing.

And yet, at the same time, and my mother is a classic example of that. She's very fortunate in that she is physically and mentally well. She's just very old. She lives in one of these environments where she has a private space, but there are doctors, nurses, these kinds of things that are available, sort of like a community for very old people. 90% of them are incapacitated either physically or mentally. She had the experience now over the last 10 years of sharing a lunch with somebody and having a conversation, and the next day, worse than being dead, suddenly it's just gone. The onset of Alzheimer's, they slip and fall down, or whatever the case may be.

She's bright woman and she looks out at all of that and one of her questions, it's not even a question, it is just a rhetorical sort of statement. She says she can't quite see what the purpose is in having such longevity. She's at a point now where she's only comfortable reading for maybe a half hour at the time. Her larynx is so old that the food, everything has to be soft.

One of the things to keep in mind about the Uranian vehicle is that even if you're blessed with good genes, the reality is that it is quite a thing to be able to fulfill one's life and the quality of life in these vehicles. And not to be alone when you get into the latter part of this process, because everybody else in their dysfunction and in their not-self reality dissolves slowly but surely. Most human beings on the planet now, in the West anyway, the cancer and heart disease statistics don't really make sense because most of them are related to people between 70 and 90. And these are Uranian vehicles that are just collapsing.

There is an Environment that Nurtures Each Unique Form

Everything about the Nodes is that they provide us with something that's absolutely essential to grasp. There is an environment that nurtures our particular unique form. Obviously, it's a different nurturing than takes place in the digestive process



of PHS internal. This is about the brain system. This is about opening up the possibilities for acuity in terms of the way in which cognition is going to operate. It also obviously benefits the vehicle itself in the internal sense. But something to grasp that it's the life that tests us. It is the life that presents us with bacterias we have to deal with and people we have to deal with, whatever the range happens be.

Environment is something that is enormously significant. It just is. It is deeply, deeply important in the sense that if you are going to go through the full transformation in this process, you need to be able to embrace your environment, and embrace it for what it brings. It is within that environment that you reduce the resistance. It's within that environment that you, because obviously you're operating according to Strategy and Authority and you're operating through your PHS internal with that kind of sensory acuity, you have the discernment to be able to recognize who or who not, in this case, to communicate with. It's very simple.

It's like sidewalk cafés. I like sidewalk cafés, though I don't do it very often anymore. There was a period in my life that I enjoyed it. Looking at people is one thing, but how you look at them and whether you want them to really pay attention to the fact that you're looking at them is another story entirely. The Valley is a funny place. Yes, it's full of all this movement; there is all this possibility around. But one has to be careful. One does.

The Valley Brings the Strangers

It's so interesting what the Valley brings to our lives. I can see that now. I didn't know this growing up because I grew up in a multicultural society. But coming here and living all these years in Europe and living amongst the traditional tribes of Europe, you can see that the Valley is something that has brought a certain threat to these tribal societies. That is, the foreigners, the strangers, the people with different habits, though there are some that are very attracted to that and find it stimulating and exciting.

There is also the xenophobia that rises from many who are very concerned about who are these people and what are they doing here and what are they really saying and what are they bringing into our culture and all this kind of stuff. The Valley is a part of that too. The Valley is a place where there is this universalizing element, because that's what the Valley always brings. It always brings the strangers. And this is what's interesting, but it's dangerous.

Again, it's one of those things about the nature of discernment. And of course, we can see the danger. We can see the danger that that brings. We can see what that means, where was it. Not too long ago in South Africa, because what's going on in Zimbabwe, you had all these illegal migrants who were moving into the towns in South Africa and the South Africans went crazy. They just started to kill them and push them out. You don't have to go there; there are so many different places in the world where there are examples of that where the stranger is not welcome.



When I say Valleys are dangerous, I do mean that in the not-self sense, please understand that. Without awareness, all difference is threatening. Remember you're not down here in the hardscape anymore. You're out there in the open, you're out there in the open acoustic world. The parents who are concerned about what their children are going to hear, the kinds of things like when rap was first becoming popular, not that I'm a great rap fan, I'm not, but they certainly use language and expressions and all kinds of things that were very offensive to a lot of people. And there is this concern about what your children hear and how it's going to affect them and change them, how you want to control what they hear. This is the Valley. This is where all this happens.

This is where all this difference flows in and where one needs to be in that. It is a cosmopolitan environment, in a sense. But of course, what does that mean in the technological age? It really doesn't mean anything anymore. You can have a cosmopolitan environment in your room just by television and the computer, particularly the computer.

I haven't given you a lot of practical things with this Valley, because I want you to understand these upper Colors as being very different. It's like the difference between conditions and circumstance. Conditions are conditions. They're very, very specific. Circumstances are broader. It's environmental. You can see how that is expanded in this. And you have to begin to see it that way in order to understand the best way to relate to that particular Color either yourself or ultimately in the potential of a client, being able to help them recognize this.

These are Not Places

It's so wonderful. These are not places. These are environments. That acoustic environment, that communicative environment, that's a fabulous place. These are the children who like to go to school, interestingly enough, because that's a great communicative place. They find out about other kids and other kids' lives. They find out about other things from what they are taught, introduced to the outside world. It's the way new ideas and new information and new facts come into their consciousness.

It is this deconstruction. And when you're deconstructing, you need to take advantage of continuity, you need to take advantage of your knowledge and your knowledge base. This is how you grow in this. Don't isolate Tones and Colors and lines from each other. That's why you went through a chain process, to see how intrinsically linked they are to each other. They each have something they bring to your understanding of the other. And these Valleys, again I could be very dramatic and make it seem like this one's more interesting than the other. It isn't like that; I think you know that by now. They're all fascinating, because we are getting to see them for the first time. And in that, being able to understand some very, very fundamental things about us, about the way in which this program works.



Design External is a Civilizing Program

You can see how it's all built, because all of these beings can be in the same place at the same time and all be in their environment. That's the thing that's so interesting. This is the way in which the whole program and civilization is structured. This is what for me Design external is; it's the civilizing program. It's what it is. It's a civilizing program. It's a way to organize us, this species, into a civilizing program. Because remember that the Cave people aren't living alone. It's just their little thing. All around them is all the others, because we're talking about environments. Oh, how clever this is. It really is. It's mind-bendingly clever.

This is what the consciousness field can be reduced to. It can be reduced to these specific environments and the way these environments are intended to be complemented with appropriate human resources. Because that's what it is, funneling the appropriate human resources into the right environments. No matter how much theoretically we can deconstruct and pull each one separately from the other and look at them in isolation, they are all here, they are all aspects of a greater frequency, the thousands of Colors in the wheel.

Design External: A Maintenance Program

So, finding your environment is something that is really special, because what it is doing for you is maintaining your well-being. It's like the kind of people who buy a new car and constantly take it in to be checked and have things done as precautions; real good maintenance. That's what your Design external is. It's a maintenance program. It's a way to maintain the vitality and well-being of your vehicle. It's a way of aligning you environmentally so that you're going to meet the least resistance and have the greatest opportunities for the discernment of who you're going to interact with. This is your movement.

And more than that, the moment you establish yourself correctly in your environment, you open up the possibility on the other side, the Personality Nodes, to align the perspective so that we can finally begin to establish the proper conceptual process of the outer authority of the unique or the differentiating being. And that Node on the other side, that Personality Node—one of the most fascinating things you're going to be introduced to next year is Link Nodes. The Nodes link to each other. It is what makes the Independent Variable so powerful. And at the same time, so deeply connected to each other and connected to each other through the agency of the Monopole. In many ways, it's what they express.

You can see the Design Crystal in the Design Sun/Earth and the Personality Crystal in the Personality Sun/Earth. But the Nodes, here you have the Magnetic Monopole. The Nodes are instruments of the Monopole, as the Design Sun/Earth is an instrument of the Design Crystal. So when you're looking at this, you're looking at what holds us together, what gives us our unique holistic potentially differentiated identity, what puts us exactly where we should be so we can see.



Aligning to your Environment is Key to Completing the Design Process

And it's not a place. Get that out of your head. It's the same thing with PHS internal. Everybody you're going to introduce PHS internal is going to think it's about food. It's not about food. It's about how you eat. It's not about food. This isn't about place. It's about the environment. It's the environment. The moment you're aligned to that environment is the key to completing your process on the Design side.

We have this transformation process. You start with a catalyst of Strategy and Authority. You enter into your PHS internal and you begin the process of enhancing what are the basic differentiated traits that you have. And the step that follows, the step that completes the process is the environmental step. By the way, it doesn't mean you have to be in your environment 24 hours a day. It doesn't. But it does mean that a great part of your life should be connected to your environment. That is for certain. And if you're somebody who is a Valley person and you need to talk to somebody, it needs to be in your environment. It has to be correct for you. Communication for the Valley person is what the environment is all about.

Environment and the Saturn Return

Everything you have to do in Human Design to get to awareness, really perfected awareness, is just one radical step after another. That's what it is. Environment is something you can be fortunate with or not in terms of the relationships you have and the way you've been living your life. Above all else, you can be doing your PHS internal, but the longer you avoid environment—again, remember something about environment. I want to reiterate this because it's so important to keep this in mind. Environment is something that should naturally be achieved when you reach your Saturn return. A child raised correctly in all ways, when they reach their Saturn return, that's the time for them to go out into the world and secure their place in their environment.

Environment is a Healing Field

Now, all of us who are deconditioned beings, we did not come into the world this way. We did not come into the world correct. We did not. And it means that environment is something that has been lacking in our lives, potentially or not. Some of us have serendipity in that sense, and it is something to see that when you're ready, when it's correct for you, then it's not something to wait for. It's long overdue. It's an important ingredient. It's long overdue in the sense of the long-term viability of your form, the long-term well-being of this Uranian vehicle. And for all of us who have been deconditioned, we are dealing with the deterioration that took place during our not-self lives, and we're still dealing with the consequences that arose out of that.



Environment is something that is very, very powerful as an ongoing day-to-day healing place. It's a healing field. So your environment is something that has to be part of your life in order for you to have that extended vitality and well-being that is part of your right as a nine-centered being. It's something to keep in mind. It is really important.

Synthesizing the Knowledge

The last thing I have today is there is a part of me that is concerned about the second-year students, because I did not teach you the chains, and often just downloading is not always the same kind of experience. Sometimes the importance of that information doesn't necessarily get across. I want to make sure that you keep in mind that you cannot separate all these things. I teach you this in a deconstructed way so that theoretically I have to break all these things apart. It's a science after all, so I have to show you each one. I have to deconstruct them, elaborate upon them. And of course this has been going on throughout your entire process in this program. Yet all of this is about getting to a place where you integrate all of this into a synthesis, where all of this knowledge is something that has a flow within you that you can bring out to the other as a professional.

Something you need to begin to look at now is to see how important it is not to cubbyhole your knowledge. Not a lock yourself into just seeing the Colors and forgetting the Tones, or the Colors and forgetting the Lines, or whatever. It's about seeing how all this flows together. And it's most of all about understanding how these aspects that are here, particularly where we're working now, how important these are, how these are forces that flow up from underneath and deeply, deeply influence our lives on the surface, and to be able to see that, to be able to grasp that and at the same time, to experiment. Look at your environment. Deconstruct it in a way in which you can see how you can take advantage of it. And then you will notice that it brings tremendous benefits to you physically.

Anyway, it's always interesting. It's nice to share with you. To all of you, you take care, and until next time, bye for now.

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Nodal Color 6: Shores

Hello and welcome to all of. We come to the end of our nodal Color journey. It is always interesting what happens when you get to the 6s. I guess that when I think about it myself actually, I think that probably Zen has it best when it comes to describing the nature of a 6. That is, the expression *neti, neti*; not this, not that. This is the idealized or perfected state of the 6. That is, it is not this, it is not that.

Neti, Neti

When we began the class today we were talking briefly about 6th line beings and the tripartite life process. When you think about that process, when you think about the three parts of that life you have the subjective and you have the objective, so you have the subjective beginning, the Saturnian cycle, you have the objective phase on the roof, and then you have something else. That something else is *neti, neti*. That is, it's not this and it's not that.

I like to think of it as aliveness. I think that's the easiest way to think about it as opposed to putting any intent on what the aliveness is for. The thing about the 6 is just 'being' rather than anything else. One of the dilemmas you find in this is that it's very difficult to reach such a stage. That is, this is the mutation that's moving us forward. The 6th line and the way the 6th line is keynoted, this is a role model. This is the way in which it's supposed to be. In a differentiated world, each being is a perfected example of themselves, whatever that may be and whatever the by-product of that perfected example of themselves may be.

The 6: A Place of Transition and a Boundary

Also for me, every time that I look at any of the configurations, whether tonal, Color, line, that when you're looking at this movement to the 6 you're seeing a place of transition. You're seeing a place that no longer is deeply connected to the processes that have come before it. And in a sense, this is very true for the nature of Shores. Shores is a very odd thing in a way. There is certainly the obvious of it. I'm a classic example of that. Both my Design and Personality Nodes are 6th Color and I was born on an island. I think I've lived at least 95% of my life on islands or by seashores. I can remember as a child, we had a lakeshore house as a summer house and my father was somebody who loved the ocean. Every summer was spent by the seashore, which were always the best times of the year for me.



There is the physical example of Shores. And obviously my having this experience here in Ibiza on this little island, and so forth and so on. Shores has been just sort of an obvious serendipity for me in terms of the way in which my life has worked. So there's this obvious you can see it in the tonal influence, there is an obvious natural quality of the Shores. There is also an obvious artificial value to Shores. Basically the Shores are a boundary. It is a boundary line that is ideally beyond the "this and that." It's not necessarily a boundary line between this and that.

It's like going down to the shore in a sense. You go down to the shore and what does the shore represent? In one way it's a limitation. To live on an island, as an example, island people will always say the same thing that there's a certain imprisonment, there is a certain locking in. It's one of the things that is part of that. You're there on the shore and then there is this vast whatever on the other side. And there is a dividing line, but the dividing line isn't so that you are particularly in the right environment if you're on one side of it, it has a great deal to do with the way in which that boundary impacts the way in which you're moved in this life. I can't really find another word for that.

One of the things so beautiful about the seashore an example is it's not so much the seashore itself and playing in the sand, and so forth and so on and all that stuff. It is about the far-off distant horizon that is there, this other world that could be out there, the beyond that's out there that sets the imagination going. Boundaries are like that. And these boundaries are about a fascination with what's on the other side without necessarily going there.

The Environment Sets You Up for the Way You See

Remember something about the Nodes. It's something that you will learn really much more about next year, but it's important for you to begin to think this way about the Nodes, how deeply connected they are to each other. That is, Personality and Design Nodes. This is literally laying out the foundation upon which your whole life process is going to work. And one of things to recognize about the Shore is that through we're talking about a physical environment, remember that we've been using other kinds of metaphors, you're a Mountain person and you take the high ground, you're a Valley person and you're down there on the ground floor. There are different ways of metaphorically looking at these things.

Shores: Seeing Something Beyond

One of things to grasp about the Shore is that it is opening up the possibility for the prospective to these broad horizons. Remember that your environment sets you up for the way you're going to see. So, if you're in a Cave, you're set up to see the walls, are you not? And if you're on the Shore, you're set up to see something beyond, something that's the other side, something that's somewhere else,



something that may exist or not, which can set up a very interesting way of perceiving, of looking at things. Shores.

You think about all the boundaries we have; the boundaries between states, provinces, districts, all of the boundaries that exist in cities in terms of neighborhoods. In some neighborhoods the boundaries that exist within the neighborhoods, the boundaries that exist between the city and the nearer countryside or the suburbs, and the suburbs to exurbia, and so on. There are all these boundary lines. There are rivers that are boundary lines, highways that are boundary lines, railroad tracks that are boundary lines, and mountain chains, and so forth and so on.

Looking Out Over the Horizon

In other words, there are many, many, many, many kinds of Shores. The thing to understand about the Shores is that it's setting up a different kind of perspective and the perspective is that you're not looking at your feet in the sand. You're looking out over the horizon. This is always the thing about what it is to be 6. It's why the deepest warning you can give anyone on a 6th line day is to make damn sure that they look around them instead of looking off in the distance because they're going to get whacked and they won't even notice it coming. And here this Shore represents this "I'm not interested in my environment."

There is something so anti about the 6. If you look at the 6th Color in the internal and the Personality it's anti-motivation. There is a certain anti-ness to the 6, if I can say that. I don't know if that exists. But anyway, it really is there. It really is just simply not interested in its environment. It's simply interested in what it can take in from outside of that.

The Interest is what They are on the Edge Of

Remember something about the 5s and the 6s and the way they work. They align themselves in environments where they are going to get the most complex amount of information. It's the sophistication of the ultimate end goal of being able to communicate as differentiated beings. When you're getting to the Shore, the moment you get to the Shore, it's not so much what your environment is, it's what you're on the boundary of. That's what matters. The interesting thing about a Shore is that it can be high; it can be low, particularly when you get into any kind of artificial demarcation in these kinds of boundaries. They can exist anywhere.

So, it isn't so much that the environment is important in terms of where the person is; it's important in terms of what they are on the edge of. They can be on the edge of something that they don't like—someone in the suburbs who doesn't like the city and lives outside of that. This is what is going to set up the way in which it's going



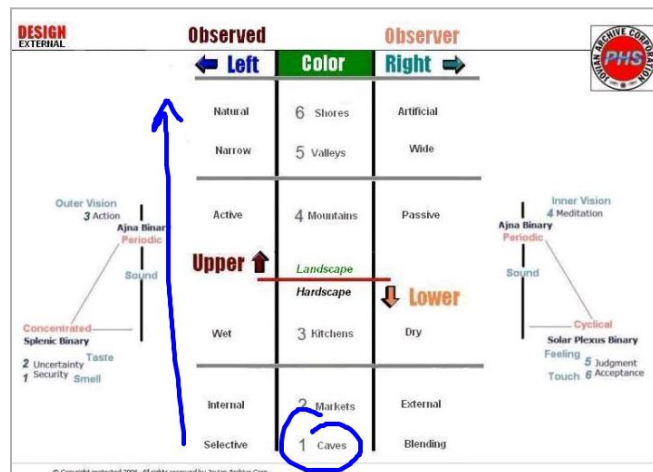
to look at things. It could also be the other side, living in the suburbs but lusting after the pleasures of the city life.

The Shore is a really interesting place. You see that a lot of kids, the fascination with what is on the other side of the boundary, because this is what this sets up this environment. One of the things you can lose track of when we're doing this theoretically is always keeping in mind what the Nodes really are about. They are about aligning up to those circumstances and those individuals and those events that are correct for us to be aligned to. After all, this is what they're there for. It is when you are in your correct environment that you're opening up the possibilities to be able to meet those things are going to be of value to you in your life regardless of whether that's people or the possibilities of career. It goes on and on, all those kinds of things.

So, fundamentally it is the Nodes that are setting you up for this. This environment then becomes a very important place. And when you're looking at the Shore people, the thing that's so interesting about them is that it always has to come from somewhere else, it always has to come from the other side of the boundary. This is why they are boundary people. They're boundary people not simply to stay on their own side, but they're boundary people because they get to see what's on the other side, and they get to meet what's on the other side. And that is something that's very important for them. For example, this is where you have people of different faiths, different races, and all kinds of things finding a way to bridge each other. It's very much there in the boundary. And at the same time, the boundary can be the exact opposite. It can be totally disinterested.

The Immune System and the Nodal Colors

The moment you put somebody on the boundary line, there are so many things you have to begin to think about in terms of, for example, their immune system. Let's think about their immune system. Let's go down in our evolutionary process. Let's go back in our evolutionary process to the Cave and let's think about that Cave and the immune system. This is a very, very insecure immune system. The best way to imagine that is an immune system that says look, there's only going to be one door, and you let them come in one at a time and you make sure that it's okay. It's is a very, very protected insecure immune system.





And then you get to the 6. This is the exact furthest polarity to the Cave. It's wide open. It is totally unprotected. And it is at the edge of something that is different. Every time you make a movement in these numbers from the 1 to the 6, you can extrapolate out of that an evolutionary process, because that's what you get to see. Everything about this movement is about seeing that if you're a Cave person it says something about the vulnerability of your immune system. It tells you about your relationship with the other and how careful you have to be about your relationship with the other, otherwise you wouldn't be a Cave person. It's one of the aspects of it. In the same way, we see the evolution in the digestive process so that we can go from the caveman/cavewoman to the nocturnals. We have quite a transformation that is taking place that has by-products in terms of understanding the quality of life, the kind of people you're probably going to meet in those environments, what's going to be different.

The Shore: Being Available

The thing about being on the Shore is about being available. That's the thing that is so interesting about being on the Shore. Being on the Shore is being available. It's also not being available, but it's there. It's like the 19th gate, 6th line, the fool on the hill. It's there. It doesn't mean that it's necessarily approached or not, but it's there. One of the things about the Shore environment is that being on that boundary opens you up to a great many influences or potential influences or potential conditioning. There are a lot less social restrictions. You notice that by the shore, don't you, wherever you look at the shore? You see human beings take on a very, very different kind of behavioral pattern.

It is a huge difference to be on the outside of something. For example, I live in the countryside not too far away from a village. And these are two archetypes of life: country life/village life. The people who live in the village are very, very different from the people who don't live in the village. And living on the boundary of the village, because I live on the boundary of the village, it is one of the things that I get to see. I get to see how different they are. At the same time, I get to interact with them, because this is the whole thing about being on the boundary. The whole thing about Shores is that you can get into your little boat and start paddling. It's the whole thing about the boundary. You can go to the other side and come back. It's about being on that jumping off point. It's about being at that vantage point.

The 6 is a Deeply Important Place of Transition

And it's about starting something new. Everything about the nature of the 6th line is about transition. You look at the structure of the hexagram as it's laid out in the wheel and you get to the 6th line and the next line that follows is a 1. You look at profiles and you get a 6/3 and the next profile is a 1/3. The 6 is a deeply, deeply important place of transition. It's always moving towards that transition. So being on the Shore is being ready for that transition. It makes it possible.



What happens is that all the shorelines, because the shorelines are endless in that sense, this becomes the environmental necessity. If you have somebody who has a 6th Color environment, it is probably the easiest of all of the environments to deconstruct, because there are so many boundaries you can see, both natural and artificial, so many boundaries you can find in any given place, literally in any given place. They're just there.

The dilemma is not so much being able to find, or being able to express to the 6th Color being what is a suitable deconstructed environment. It isn't about that. The thing that's important for them is what's on the other side of that boundary, because that's what's going to determine in so many ways the quality of their life. If one is correct, obviously, and one is operating through one's Strategy and Authority, you are going to be able to get to what is that specific boundary that is necessary for you.

It's like moving from downtown to uptown or whatever the case maybe. It may be the most mundane thing, and yet—view, the thing that makes the landscape so interesting is that all of landscape is about the view. There is no view in the hardscape. Not really. That is, everything is focused on what is enclosed rather than the openness that is out there in the context of landscape. Everything about landscape is its view. We saw that in the Mountain people, as an example, where they have a different perspective because they have the view from the high ground, in the same way that the 5th Color beings have a different perspective, the Valley people have a different perspective. Their advantage is that they see things from the ground floor. They have a view in which they see the movement of things. This is part of it.

The 6th Color Needs a View in Front of Them

The thing about the 6 is the view on the world that they have. They need to have a view in front of them. That boundary is for them to look on to something, or into something, or over to something. And they have to be on the other side looking at it. This is when the environment is perfect for them. This is when it's just perfect. You have a valley, you have a river running through the valley, which side of the valley—it sounds like a chicken and egg story—but to be on the right side looking in the right direction is what it's all about, because everything for the Shore being is what is the—view is not really even the word—it has to have a higher value. It's the horizon. What is horizon out there? What is that thing you can look out on from your boundary point that you're not of, but that you're drawn to, that it is interesting and fascinating and whatever the case may be.

Of course, none of this has anything to do with the speculations of mind. All of it would be a natural by-product of correctness. Here with Shores, I think it's very difficult for somebody who's recently deconditioned and recently entered into their Strategy and Authority to really be able to find the correct environment for them. I think there's much more work to do with the physical body before you can really get



to that. And even though we're all past 30, the fact is, I have no way, honestly, of knowing how to apply the timing that is natural to somebody who's raised correctly, who would naturally be drawn to their environment at their Saturn return, how different that is to somebody in their midlife who finds Design and has gone through the deconditioning process.

I think that, though, there is an urge to take advantage of the environment and certainly do so. It is not like one shouldn't. Yet at the same time the environment isn't as simple as it seems, in that theoretically I can describe the construct, yet at the same time the way in which it is going to operate in you is differentiated. That is, there are specific nuances of the way it works and there are specific nuances in terms of what is going to be correct for you. The subtlety of finding the right boundary point is something that I can intellectually describe to you, yet at the same time, the nuance of what that is, can only come out of the inner authority. It can only come from the cognition that is really going to be able to guide that vehicle to that particular environment.

It says something about the 6. It says this is about the way you look out in the world. We've gone from the Cave to looking at the world. There is a huge change in the space. There is a huge change in the potential of perspective. This is the embrace of the "this and that" of the world. If it's correct for you environmentally, for example, to be in the suburb next to the city, it is also correct for you to have that city be your stimulus. And whether it's a stimulus that you play out as a negative or it's a stimulus that you take advantage of as a positive is not even the point.

But it is what your view ultimately becomes, this larger view of that larger phenomena that is beyond your boundary, the bigger world that is out there, the great world that is out there beyond the Cave. Back in the Cave you're standing in the doorway of the Cave and you look out at that and you just close the door. You close the door so you can enter into what is your insular world. Again, that's part of the foundation of civilization we live in.

By the time you get to the 6, it's all over. The 6 isn't interested environmentally in maintaining civilization as civilization has been maintained. It's looking for transition as all 6s do. It's why 2027 brings us to mutation in the 55.6. This is where it's going to take place. And there is this theme of moving on. That's why it's so important that this boundary is understood as the place is one thing, but the place is only so that you have that larger world to look out on. In the most natural sense in the Shore, it becomes almost mythic, because you look out at the vastness and the endlessness of the sea. There is no end. You open up your horizons as far as they can and suddenly those horizons take in the biverse, take in the totality, and take in everything.



Each Environment Affects the Consciousness

It's very interesting to think about this environmentally, what environments bring into our consciousness, each of these environments. And there's no good or bad, and there's this one is better than that one, and all that stuff. It's not about that. It's about understanding that each of these environments affects the consciousness. They have to. And because there is this intrinsic relationship between the Nodes, that is, through the Link Nodes, you have to see that environment is always automatically connected to the way in which your perspective is going to operate, what in Rave Psychology is referred to as the View.

The reality is that what you're looking at here is the environmental framing for the way in which Personality consciousness is going to take in the world, this world that's provided by this environment. So, each and every one of these environments lead to a change in the consciousness. You can see that in Kitchens, for example, where suddenly in the consciousness is the understanding that basic elements can be transformed. It leads to what ultimately would be the industrial age, leads to our ability to be able to create things out of their basic elements, and all of that through the agency of the control of heat and cold, and so forth and so on. It changes the consciousness.

So, when you're looking in an environment, don't just look at it as just simply as a kind of an environmental location, thinking of it as a certain place to find, and so forth and so on. You have to take this deeper. This quality of life, the health and well-being, the bringing down of the level of resistance, opening up the opportunity for the correct interaction with others, this is all part of what the Nodes bring. It's very, very powerful. And at the same time to see that all of that is framing, it's in the vehicle after all, all of this is framing the way in which ultimately the Personality is going to interpret experience.

So, the moment we get to the Shores in this evolutionary movement is the moment we get to this place of intellectual duality, I guess, where you begin to see that in the vastness of everything is the "this and that." It's huge. It becomes enormous. And it means the potential of the consciousness is one that's going to go beyond the mundane. We know if you're looking at these numbers in terms of their line values, for example, if you look at the 5th line and its universalization, there is an inherent drive to express that and make sure that everybody gets it. But that's not true in the 6. It doesn't work in that way. It is not a honed or specific message, because that's what the Valley does. It creates is honed message that can travel all over.

But it also is a limitation in terms of the way in which the consciousness can work. The consciousness will be streamed and focused by the Valley. But when you're dealing with the Shore you're dealing with something else. You're dealing with a whole different phenomenon that is beyond you, that you're ready to take in, which means you have to be competent to be able to take things in at that level. In other words, take in that spectrum. It's the expansion of consciousness. And it is a transition that in our sense clearly is a transition that speaks for what it is to be a nine-centered being, what it is to be us.



We Are a Shore Species

It is clear that that we are the transition. As a species, I would say that our environment is the Shores. We live on a water planet, we are lucky to have land to be on, even though maps make it look like it's mostly earth, it is not. We are a Shore species and in a sense we are at one of those extraordinary moments where our horizon has been broadened. And if you take this to the continuity of the example of what the 6 is, the role model, then you get to the fulfillment of differentiation, or the completion of the differentiated process. We are very much on the edge of a transition.

I refer to the nine-centered being as a transitional form that the mutation of the Uranian life cycle is being carried by the 6th line beings. The mutation is going to take place in the 6th line. All of this is about understanding that this is where the transitional energy always is. And not that it's special. It's just that after the 6 comes the next 1. It means a new story. It means a new beginning. It means a transition and the transition from Shore to Cave is quite something, if you think about that. It is the wheel turning after all.

Environments: Stages Upon which the Personality Process Unfolds

Written Comment: *I just bought a book called 'Getting in touch with your Inner Fish' about the evolution of us from sea to land.*

Ra: Getting in touch with your inner fish; how sweet. It's something to see, it's something to understand about these environments. I want you to think about these environments as stages for thought. Now, I'm really stretching it by putting it that way, but it's true. These environments are the stages upon which the whole Personality process is going to unfold. And it means that it's not simply because it's in that particular place that all that happens. It's that this is all part of your vehicle. We're talking about the vehicle. We're talking about the way the vehicle is designed. What this means is that the vehicle has a very, very specific and a very particular potential for a certain kind of consciousness.

One of the things I teach in Rave Psychology in the third-year program is that when you're looking at the Personality Nodes and you're looking at the 6th Personality Colors for the Personality Nodes, what you're looking at are the six fundamental ways in which the whole process of mind is based. It is the perspective; it is the View that establishes the conceptualizing platform of the mind. Now, most human beings who are in transference never get access to what is the correct View. And of course, they're never operating correctly so it doesn't work for them.



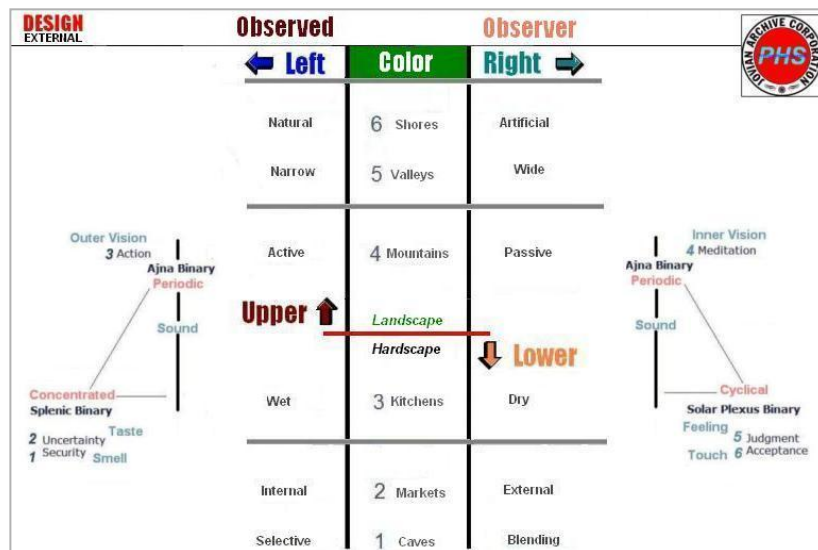
The Linchpin that Holds the Key to Transformation

But what I want you to understand when we're dealing here at this level with the Design external, you're looking at the linchpin that holds the key to transformation. It's from the Design side that this whole process has to be established. You cannot establish it from the Personality side. It has to be established in the vehicle. And what you're establishing in the vehicle is not simply an alignment to what is correct for you in terms of your nourishment, your internal, your dietary regimen. But there is something else that is at work here. You're honing in on your particular gifts for this life.

That's why it's very important that people don't rush into their environment until the point they're ready to experiment with their PHS. It is really one of those things to grasp is that the PHS is very, very important for you in terms of the way in which your cognition is going to work. It's also obviously important for you in terms of the well-being of your vehicle, but it's really something to think about in terms of how important the brain system is to us, because it's the brain system and the correctness of its function that is the thing that most deeply benefits, ultimately, the Personality. And once the brain system is being aligning correctly, then what it leads

to are these environments as a way of understanding what the real power of that mind or that brain, in terms of what it provides for mind, will be.

For example, if you're looking at the Cave environment, you can see this is a mind that is going to be very, very good at being focused, not distracted, focused, being able to look at



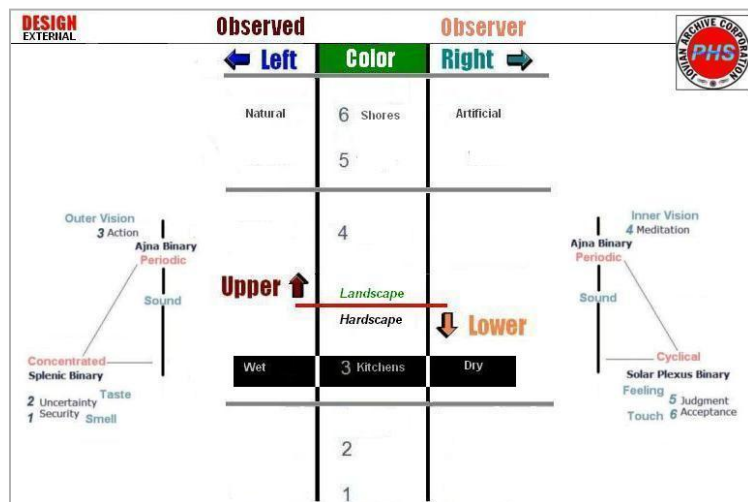
things, what we see in the 1st Color of the PHS internal where you have the caveman/cavewoman and they can only eat one thing at a time. And here you are in the one-thing-at-a-time brain system that is really good at honing in, without distraction, in its closed in environment. Now, obviously that can be deeply productive. Again, remember, it isn't that the 1 is primitive and bad and the 6 is new and good, because it has nothing to do with any of those things. Please remember that. It's just that we're different, we all function differently.



The 6th Color Brain System Take in a Tremendous Amount of Stimulation

When you get to the 6 and the Shore, you see what you're looking at is an environmental framework in which it's indicating to you that this is a brain system that's going to be able to take in a tremendous amount of stimulation. That's what it is to be on the shore. It's to be open to a huge broad spectrum of information. It's one of the things we get to see that we've been through together in terms of the examination of Tone and you look at the 6th Tone. You begin to understand that in the cognitive architecture that the 6 is perhaps as far as we will ever see the ultimate sensory tool that is able to pick up an enormous amount of information and decode it. Again, this is part of the continuity that is there in the numbers, but to realize that looking at environment is understanding the way in which the brain is oriented, because you're seeing that as well.

Ultimately, as we progress through this, as we move along next year and we begin to integrate all of this, you begin to really see how, by the time you get to a place where you can align yourself correctly in terms of your environment, that most of the work has been done. It's a physical thing. And you set up this potential in terms of the brain system and the way the brain system operates. You set up this potential so



that you're going to be able to take advantage of what the Personality can derive from that because, again, it's always so deeply dependent on it.

Do Not Jump to Conclusions; Work with the Material

So, in closing, our look at walking through these six Colors and introducing them to you, first of all, there are a number of cautions. Don't be in a hurry to jump to conclusions about any single aspect because it doesn't do any good. It is a long process of synthesis. What is very important, though, is that one of the best ways to really look at this knowledge is to look at it through people in your life, people you know well. Obviously, you have to have good time. And to look at these elements and think about them in relationship to these beings, and think about them because many of them, if not most of them, will be in transference, will be not-self, will be



incorrect. And it means you can look at all the transferred elements, all the movements, and all the distortion. It is a great synthesizing education for you.

What's very important for you is to deal with the material. What I mean by that is that you need to work with it. Being introduced to these external Colors is something that is very exciting. I understand that, because it is extraordinary information. And yet, you only have it now at the very surface level. I think it's very important for you to simply begin to work with this information. It's just in the things that you do, in your own research and your own looking at charts and whatever, those people that you're relatively intimate with who are part of your Human Design life, you can start introducing these things to see how they flow in the sense of the ease with which you can begin to express them and to begin to work with them.

Purchase MMAI

I also recommend, by the way, if you haven't done so already, those of you who are third semester, second-year students, I do recommend if you can that you get MMAI, that you get Advanced Imaging so you can begin to see this information in the way in which you're going to work with it next year, but also in terms of beginning to integrate the information I'm teaching you so you can see it the way it's presented. You can begin to get used to finding it and working with it so that you can really begin to really begin to adapt this other people's charts.

The PHS Dietary Regimen

What I want you to get most from the essence of the external is that it deserves a great deal of attention. The more attention you pay to it in terms of understanding it, in terms of the possibility of experimenting with it yourself, this is something that is very important. It really is the bedrock upon which you get to change the way in which the Personality operates. But again, all of this has to come according to what is correct for you, that is, according to your Strategy and Authority and your process. My recommendation is that the most important step you can take to begin this journey is PHS dietary regimen. This is really the bedrock of all transformation. Without it, I think you can just enjoy having a better life, because Human Design is good for people.

I've seen this more and more, it doesn't mean you cannot approach all of the potential aspects of transformation. The reality is that everything is enhanced through the body. It's why I spent a lot of time teaching you internal. This is where the life really gets transformed, it's where the old conditioned material truly gets cleaned out. It is the only way to sustain and maintain a correct inner chemistry. Without that inner chemistry, you really aren't going to have the necessary tools for the whole process. You just don't, because it's dependent on that.



Unfortunately, being a conditioned being makes that difficult. It's not for everybody to take this process all the way. I'm very clear about that. In the same way, it's not for everybody that this is for them. The homogenized world is very dense and conditioning is something that is deeply, deeply profound. What is important is that we understand this. We know what it represents, and slowly but surely we can take advantage of it in our own process and ultimately be able to help others with it.

My recommendation is that PHS, the dietary regimen, is a key and I think despite being excited to tell people about it and so forth, the only time I would volunteer environmental information to somebody is to a parent of young children because young children often get ill, particularly in their first seven years. Young parents are often very concerned in all of that, to be able to provide them with information environmentally for the children, that it will be healthy for them.

Any adult who is in a physical, stress, ailment situation in which they really have a problem, it certainly is something that can help them. The fact is that both dietary regimen and environment are deep healing processes. There's no question about that. The dilemma for us, always, is that the catalyst has to be there; otherwise, the transformations don't take hold. As long as the mind is running the life there is no true well-being. And this is just something to grasp. If there is going to be any kind of fulfillment on this plane, it's going to begin in the body. It's why those of you who are being trained in PHS, how significant, how important this role ultimately is. The third-year program is about to graduate and the first Primary Health System Practitioners are equipped with an enormous level of mechanical knowledge. All of which has deep, deep, deep practical value. It's a tremendous potential that we have to be of service.

Resonance

Beginning next week I'm going to be looking at the tonal influences. Again, let's keep in mind, because I haven't discussed this over the last classes and I don't want that to sort of float away, remember that we're talking about resonance here, we're talking about resonating to what is good for one. I am designed to resonate to Shores. It's not that they are natural, if you know what I mean, in the same way that the internal is. And the same thing is obviously true for the tonal values that are underneath and the way in which we use them. In other words, this is positional resonance and we're going to take a look at the impact of the left-ness and the right-ness.

Variable

What you'll see as we move into next year and you're introduced to Variable—Variable is the combination of the left-ness and the right-ness of the internals and externals, that is, the combination of four lefts and rights in any combination, 16 different possibilities of combination—this left-ness and right-ness becomes one of



the most dynamic themes for us to work with and one of the areas of really profound addition in the knowledge in Human Design. That is, Variable and understanding Variable.

Okay, to all of you, all of you take care. We'll come back next week and look at Tones. Until next time; bye for now.

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Tonal Resonance: Colors 1 & 2

Welcome to all of you. Tonal resonance in the external—let's be clear about something here. Again, let's really be certain that we understand that we're dealing with resonance, we're not dealing with an actual tonal configuration, but we are dealing with a resonance. So, when we move over and we begin to add the subtlety of tonal resonance that is going to be there, you can see I'm going to take you in binary steps as we move through the external Colors.

Tone Fixes the Color Resonance

There is something that is so clear about the way in which the vehicle operates on the Design side, the relationship inherently between Tone and Color is fundamentally different than the relationship on the Personality side. On the Design side what always happens in correctness, and please remember that I'm talking specifically about the theoretical of being correct, that the moment that one is correct is the moment that the Tone is going to fix the Color. This is the whole thing about understanding the Tonal/Color relationship on the Design side, whether you're looking at the internal or the external. The moment there is correctness is the moment the being is operating according to Strategy and Authority is the moment that the Tone fixes the Color.

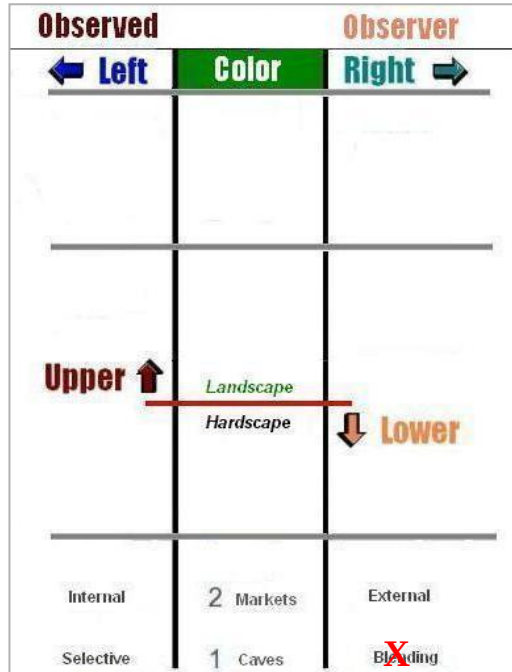
In the internal, we have seen in terms that it fixes the dietary regimen to the "this and that" of the left and right-ness. And here it fixes the resonance. Again, remember it's fixing the resonance; it's not fixing anything else. In other words, it is locking into one particular attraction to a particular environment. A particular attraction to, let's call it a quality of that environment, because basically when you're looking at the left-ness and the right-ness in the external you're looking at a qualitative aspect that is being added to whatever the general thematic has to be.

Selective Caves

So, let's take the obvious. We begin with the beginning as always, we begin with Caves. And we can see that the Cave is either going to be qualified by being Selective—in other words, very specific and that can be both in terms of very specific about the Cave, very specific about who is allowed in the cave because again the moment you're dealing with the Nodes you always have to take into consideration any keynote value as it relates to the other. So, for example, this would be a Cave



person who is very selective about who is allowed into the Cave, that this could be one of the many aspects of the way in which this is going to function.



Now, of course, the left-ness and the right-ness is determined in the same way. It's determined positionally. The 1 to 3 Tones are going to bring the left and the 4 to 6 Tones will bring the right. But what's so important on the Design side is to understand that if you have a left tonal activation, then you're going to have a left fixing and this is not there [red X] and there is no transference, distraction, or any of this terminology. It is simply not there. It's fixed as long as the being is correct. This is something that is very important.

Now, one of the interesting things is that if you're not correct, so if the internal is already in transference, the tendency here is to be distracted by the other side [right or left tone]. But it's a minor thing, because once one is not operating correctly, there is no cognition that is flowing into the decision making process, the whole construct

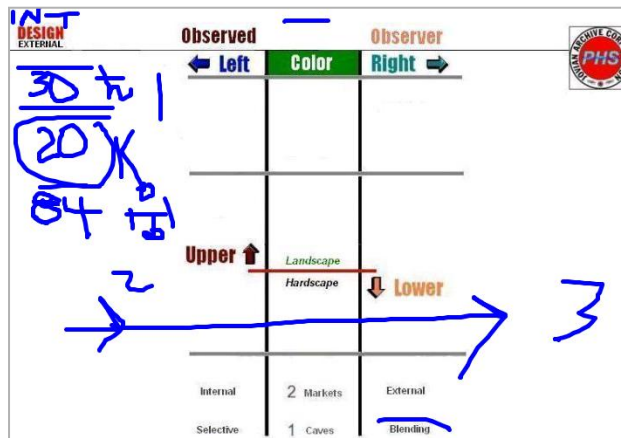
obviously is being conditioned by the not-self mind and everything is going to be a mess from that point onward.

Leftness and Rightness Make Up a Variable

Now, obviously there are differences between the left and the right. And these are differences that are part of what is the most revealing aspect of the work of PHS and Rave Psychology which is to be able to establish these primary areas in which we can identify left-ness and right-ness. That is, the Design internal and externals and, of course, the Personality internal and externals. These four places where we can determine left-ness and right-ness make up what is called a Variable. There are 16 Variables. In other words, there are 16 different possibilities for the way in which the Design Sun/Earth and Nodes, and the Personality Sun/Earth and Nodes are oriented according to left-ness and right-ness. Each and every one of these of these four aspects of Variable is what I refer to as the four ways of transformation. In other words, each of them represents a fundamental transformation that is necessary in order for the full process that is the completion of differentiation to take place in the being.



Obviously, here in the Design external we are dealing with this second transformation, this transformation that aligns us environmentally. Again, seeing how interesting it is in terms of—let's step away from what we're doing for a moment and let's imagine that we live in a world where this knowledge is ordinary. And it's been ordinary for a long time. And we're philosophizing about the nature of the life, by that time it is well understood that the life operates in three parts. All lives operate fundamentally in three parts. It is being brought to us now by the 6th line beings and it'll be literally stamped into place when we enter into the 6th line era in 2027.



The First 30 Years: Strategy and Authority and PHS

When we look at this tripartite life process, the first thing we see is that the first responsibility in the first 30 years there is only one responsibility. It is to Strategy and Authority and it's to the internal. In other words, for the first Saturn cycle this is the criteria. You raise your child according to their type, you educate them as they become capable of it to the nature of who they are and at the same time you feed them according to their dietary regimen. That is the only criteria for 30 years.

Remember we all come in late. We all come in as conditioned beings. So I want to give you a sense, because we're all in a rush to get through the transformation. Do you know what I mean? And I want you to understand that there's actually a movement that's here. At the point of completing the Saturn cycle over here, this is the moment that one moves into the movement to Kiron, these 20 years that's in here. And it's that 20 years where this external that leads to the correct perspective, this is when it is established.

Post-Kironian Phase: Living Outer Authority

So, it takes 50 years to do one and two and three. And then it is the post-Kironian phase from that to the Uranian close that in this space leading here, which is basically about 30 to 35 years is when you live your outer authority. This is the way we're designed. Most of us entered somewhere in here, in this gap between Saturn and Kiron. We were not raised correctly and we were not nourished correctly. So it's something to understand the dilemmas in the struggle that we have and what we're faced with in looking at what are these themes of transformation that are clearly established here in the mechanics as what is possible for us as beings. And



you have to see that mechanically this is for that theoretical future where it's possible to live what is the true Uranian life.

The True Uranian Life

This is the true Uranian life. You're raised by parents who are aware, you're raised according to your nature, you're fed according to your dietary regimen, and when you reach your Saturn return, you go out into the world and you establish yourself in your correct environment. In that correct environment you meet those beings who are there for you in this life in your journey. And you begin to establish what is your correct perspective, so by the time you reach your true maturing, that true maturing which is literally your Kiron return, that's the moment you begin the process of flowering through outer authority.

This is not a quick process. It's not something that just happens. It's very important as we learn this knowledge and as we share this knowledge with others—there is a rush to transformation. It's so exciting to break out of homogenization. It's so exciting to begin to feel the power of what it is to be able to operate correctly, the difference that it brings into one's nature, one's life, one's awareness and the deeper you're in the process, the more you're aware of where it can go. As each of these aspects is revealed, there is this hunger to complete that process and see what is at the other side. And yet it is so much more complex for the conditioned being who is deconditioning.

What is the Timing?

It's clear for me at this stage that you take the aspects of transformation that work. What I mean by that is that it goes in various stages. It's going to not necessarily operate in order amongst conditioned beings who have become deconditioned. It's like the moment I really began to introduce this realistically, beyond the early theory I introduced to begin to express—because I had to get to the external where we are now in this program—that in order to be able to express the external, I also had to establish its truth that from your birth the external is not something that is in essence something which is a part of your process until you go through a Saturn cycle. I do not know, honestly, whether that means somebody like me who's 21 years in this process is still seven years away from this being correct environmentally. I don't know if that's true. I don't.

This is one of those things that is very difficult to understand because I was not given a roadmap to help people who are conditioned. All of this has been part of my work over these years in trying to find practical ways to help people with the knowledge so they can become deconditioned. And it is clear to me that I've seen what Strategy and Authority and dietary regimen do. That's obvious to me. I see that it has a very powerful effect. I see that on its own it does take seven years before you really see a deep transition in the frequency of the being.



But does that mean that everyone should be on the transformation bandwagon and want all these things? It is a question. I'm doing a clinic coming up in a couple of weeks. I'm going to do an overview of the four transformations for people with their charts. Very, very surface, not an educational thing, just 'eat like this, stay there, look this way and be aware.' It's basically one of those, which I think for people, particularly those who know nothing about all this, is going to be quite something.

And yet at the same time, there is this question in me. I am a dualist; there is always the other side in this. I follow my Spleen. It's my Spleen that set up the course, so I go okay. Then my mind, like all minds play the game of looking at this side and that side. And in watching it do that, it is interesting for me. I really don't know what the rules are for those of us, all of us, who started our lives conditioned. I don't know what the rules are. I don't even know if there are any rules beyond Strategy and Authority and dietary regimen, because I think the only things that are absolutely essential for transformation are those two things. And particularly if you're a 1, 2 or 3; that is, you're a conditioned internal and you're right, these things are like, whoa. Dietary regimen is something that is really, really absolutely essential, but this is the way in which we were designed to being nourished, be nourished according to our dietary regimen and our type.

Design Internal is One of the Most Important Foundations

So, when I look out at all of the things we're able to describe in the mechanics that are there, I see very clearly it is the Design internal that has to be one of the most important foundations that we lay out there in terms of being able to help people get to a point where they can truly begin to look at the possibility of these transformations. And again, I don't know the rules. I don't know how that's supposed to work. I look at my own life and it doesn't help me. Life for me has always been a matter of—I look at how lucky I've been and I can't call it anything else, choicelessness, if you will. I've always been by the shore. I'm a Shore person so what am I going to do?

The only time I wasn't by the shore I got terribly ill. I've just been lucky. So, I don't really know what that means because it hasn't been something I've been drawn to do because it's always been there. There is so much about it that I don't understand yet because we don't have enough practical evidence, we don't have enough experiential evidence, we don't have enough research. There are all these areas that are part of my concerns. And I share them with you because, after all, you're the second generation that is being trained to be professionals in this knowledge and it is so important to understand that with everything that you can offer, there has to be deep caution that goes along with it.

For somebody who is truly and deeply into their experiment, you always point them to the same thing. That is, you point them to Strategy and Authority. These are things that have to arise out of what is correct for you. If it's not correct for you, if you're a Generator and somebody asks you are you doing this or that and you go uh-



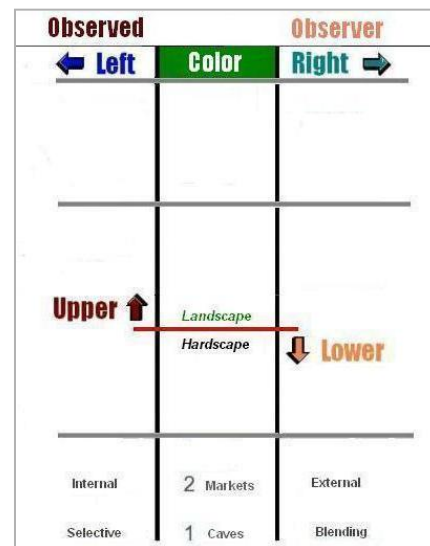
uh, it is what it is. It is correct. And it's correct for however long that remains the truth for that person and their authority.

It's not about anybody has to do anything. It can only be when one is correct. And for those of us who started our lives conditioned, we have to be so acutely aware of the correctness of our geometry in this process and not be seduced by our minds in allowing the not-self mind to slip back in under the guise of trying to drive us forward to greater transformation. The mind saying, all right, I'm going to pick up and move, let's do that. Let's get a new environment. It's the last thing we need. The integrity of this knowledge is only dependent on one thing, that there is legitimacy in the experiment, in the experimentation; otherwise, it can't be left to the mind to make any of these decisions, obviously.

The Left: Strategically Master its Environment

Okay, so let's go back to our theme. What we have on the Design side is this fixing. Now, let's think about something for a moment and let's think about it from this perspective of what it means over here to be left. We know that the left is inherently about the fundamentals of survival and the fundamentals of triumph, because everything about the left is its fulfillment in the ability to strategically master its environment.

So we know to be a strategic person environmentally is something that brings a great deal of focus. In this sense, it is a way of understanding the general theme here of the observed, because it seems like it should be the other way around but it isn't. The observed is that the left in itself is something that is going to be in action. In other words, it is going to be very focused in its process, whatever its process is that arises out of the environment. Now everything having to do with the Nodes, again, has to do with the other. That is, these are the beings that when they're correct within their environment are being noticed, being observed by the other. They don't necessarily see the other. In other words, they get a certain amount of attention.



Resonance

The other thing is that we're dealing with resonance, and we're dealing with resonance, obviously, that is coming out of the tonal left. Not all of that is going to be a 3rd Tone fixing, it could be a 2nd or a 1st Tone. We know that two thirds of them, as a matter of fact, are going to come from the splenic binary. Remember,



this is a resonance. So, there is going to be this resonance to whether or not the environments are secure. There's going to be a cognitive guide about security resonating to whether things are okay or not.

It's a way in which the correctness of the environment is refined through the decision making process. We get to see it in its most superficial keynote. Remember, because what we're dealing with is so deconstructed, that you have to be very, very imaginative to understand the many, many applications that are there in the potentials of the fixing.

Caves: Selective or Blending

Let me give you a cute one. For example, let's say that you're a Cave person and you love your car. Everything about being nodal, and of course, it's also about being social at the same time, so there are two different ways in which Cave people who love their cars are going to fill their cars up with others. They're going to be Selective or they're going to be Blending. You're driving down the road, you see a single hitchhiker and you pick them up if you're left. You're driving down the road, you see a couple hitchhiking and you pick them up if you're right. The blend is more interesting, it's more natural, you resonate to it, and you're pulled to it.

So you have to see that you have to play the deconstruction game because every single one of the deconstructions we talked about in terms of what the Cave could be, all from the single room, all of these different variations, the single cubicle in the corporate rat maze, to see very clearly that the moment you look at the fixings you have to bring the quality of the deconstruction to the fixing to begin to see, but the themes are very basic.

Of course, it goes back to what we know about the number one Color internal. We know that for Cave people it's one thing at a time or it's alternating, this basic eating regimen. You can see the way this gets transferred to the environment. Basically the Cave person in a blending environment gets the chance to talk to this person and then talk to that person. Somebody, for example, who is going to be much more comfortable at a dinner party as a Cave person if that person is left, is they prefer the one-on-one. That is something that is much more secure and comfortable for them.

Always remember that we're being theoretical here. What is going on here has to be added to and synthesized with the enormous amount of data that's already there in the other aspects of the Design, whether in the substructure or in the bodygraph itself, whether in the database or in the complete holistic image, you have to see that this is an element, so don't take it out of proportion, because it's going to be conditioned by things, it's going to be conditioned by the type, the profile, the "this," the "that." So again just see it as a way of beginning to build your database, your information base, about the way in which things work rather than jumping to conclusions about extrapolating any one of these aspects into a totality.



Ibiza 2009: Variables

One thing is really clear. You cannot really exaggerate the importance of the Design external. I finished yesterday my teaching schedule for Ibiza in 2009 and yes, we have to work at these things far in advance. I'm going to be doing something that is very, very exciting. I'm going to be doing what are eight very intimate workshops eight mornings in a row. And each morning I'm going to work with a different Variable. It's the first time that's going to be done. It's a double-edged sword for me. First of all, I think it's fascinating to work with them. And when I say its Variable, each Independent Variable, the eight Independent Variables, the Independent Variable is made up of the Design external and the Personality external. This is the life.

So, though I tell you to be so careful about extrapolating this outwards into the totality, it is one of the most important foundations at the same time to understand about what the holistic life is intended to be, where it is intended to work, how it's intended to work, the quality of that life, and the other beings in that life. There is so much that is there, the longevity, the health. When you're dealing with Design external you're dealing with something that is absolutely fundamental. This is my morning to air my binary thoughts on all these things. I have been watching this progression now for about five years. It started actually five years ago when I realized that Strategy and Authority was not going to be able to heal the mind. I was waiting to see, I wanted to see what it would do, make people more aware. It increased the acuity of their intelligence. But it didn't heal the mind and it was obvious.

It was clear to me that the only way I was going to be able to work out a practical program to be able to help beings go through that whole process, because it is part of what I was given to understand what was possible, meant that I had to go deep, deep, deep into teaching the substructure so that I could get all the information out. So I began that process about five years ago when I really began to set my track on introducing 1st Color and Tone, and then eventually with the IHDS and these programs and being able to teach all that.

It was clear to me that the Design internal is the most significant discovery in science since the understanding of the atom. I don't think there's anything even close to it. Now, I know that sounds really insane or vain, but I don't think so. I actually believe this is the most important healing information that the planet has ever had and it's designed for every newborn child and it would literally change the vehicle and the consciousness by being applied universally. It's so obvious to me. You're all aware of the fact that I'm not messianic and I have no pretensions of assuming that will happen. But it is a way of expressing my humility in being confronted with what Design internal is.



Liberating the Passenger Consciousness

And then I see something, I see this next step. I look at the external and I realized that for all the wonder and extraordinariness of the external, it is all for naught if there is not the line, the movement, and the trajectory that is perfected. I mean, it's all for naught. Despite the fact that I am a teacher of the form principle, I teach the form principle to liberate the Personality. The body is something that I love and respect, but it is alien to me, it is not my body, it is not what I am about, it is not what I'm here for. It is what I endure; it is what I live through. I teach the form principle in order to liberate the passenger consciousness, not because the form principle is everything. It's because the form principle is the way this particular mechanism all works and consciousness is controlled by and limited by its form.

In the great evolutionary movement that is the totality, this is the way the cards have come out. Oh yeah, this is the throwing the dice and this is where we are. And this is where it works. I know. And I mean I know. So, I bow down to the body. I honor the form. I clasp my hands and nod to the holy mother so that I can get my passenger unchained so that I don't have to live in this silly nonsense of a maya, that I can just experience it. It's a ride. It's only the ride. The saddest joke is that for most beings, if they're lucky, they only discover what they truly are when they're dead. Well, the 72 hours after death when the Personality Crystal is liberated from the neo-cortex mechanisms. No point waiting until you're dead. You don't have to wait until you're dead.

Everything is Conditioned by the Independent Variable

Because I know this and because I see that once you get past the internal, this environment that leads to perspective through the linking of these Nodes is where the life is lived. I am forced to teach it, regardless of whether or not it's too soon or not, I don't know because I see all this pressure. What I do understand is that everything about life, everything about the way the form principle operates on this plane is conditioned by the Independent Variable, is conditioned by the Nodes.

So, the perfection of the Personality must pass from that and only that. The internal gives us the brain. But then it has to wait. We're well-nourished. But that nourishment in the value of it can only, ultimately, be expressed through the self-reflective consciousness and the quality of that consciousness, though it's given all the opportunities by a healthy brain system. The quality of the consciousness is determined by the Independent Variable, it's not determined by anything else.

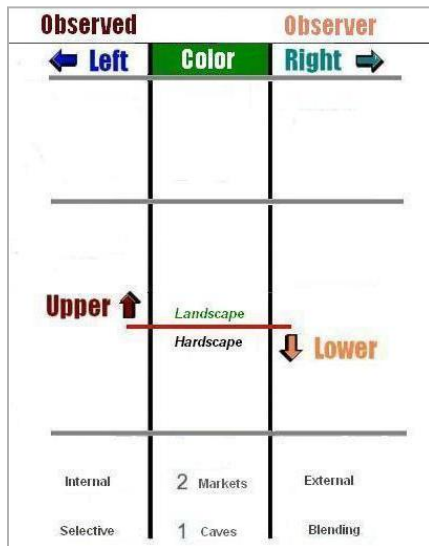
It's determined by the well-being, it's determined by who is in that person's life. It's determined by the way they see and what they're looking at and from where they're looking at it. You can see by the basic dynamic in which we're structured, it is intended to take us 50 correct years before we're expected to have our outer authority in a true being raised correctly. It takes 50 years to get to outer authority. I'm the person who has been the correct the longest. It is 21 years. It's quite something to think about. I think what all first generation beings do with knowledge



is that in the correctness of this, that is, Strategy and Authority, I assume it all finds its way.

The 1 and 2 Create the Foundation of Our Culture

All right, let's look over here for a minute because I haven't paid much attention to this. Remember that 1 and 2, the Colors themselves, they create the foundation of our culture, of our societies. They create our modern life, in essence. They are the root of our modern life, our hardscape with its enclosed spaces and its communal enterprises and the material interconnectivity that is there. Internals and externals are sort of like opened and closed in a way. By the way, a shopping mall is an interesting thing. Because I think a shopping mall and the reason that malls are so successful, I don't mean to sound so terribly mundane, but nonetheless, I think the reason they're so successful is that they carry the illusion of both being both an internal and external market. It makes them very interesting.



All of these shops, and I'm speaking of malls that are enclosed so you have the kind of places that are anchored at either end by huge department stores, and then there are all these little cubicles, and all that stuff. It's a very, very interesting phenomenon. No other merchandising environment has ever been so successful. It's

really something how incredible that is. And for me it's one of those things where you really see that it's such a wonderful illusion, it gives you the illusion of both. It gives you the illusion of the internal, this enclosed space and yet at the same time you get that sense of external. They have gardens inside of these places and ponds and trees. It's just fascinating the way in which these underlying themes, the way they develop and become the genuine hardscape, the genuine environment for the maintenance of this kind of intensely populated society.

If it weren't for the 1 and 2 we could never get to seven billion. There would be no way. There just wouldn't be any way. You can see this revolution in the end of the 20th century, not even that, the late 19th century because all of a sudden this explosion. By the way, a very interesting thing to think about—I'm doing a lot of digressing today, but I'm enjoying that. If you think about the seven-centered being, the last seven-centered being was born let's say in 1780, somewhere in there and let's say that the longest living of them, maybe they got to 100, to about 1880, as an example, somewhere around there. So, the last seven-centered beings that ever lived probably died out between 1860 and 1880.

Now, what's so fascinating—it's a sidebar, it's just one of those observations—is that when the last of the seven-centered beings left this plane, nine-centered beings



began to build skyscrapers, this huge, enormous stacked one on top of the other, living and working environments. It's just a sort of interesting serendipity of one thing going—because you can see that the impact of the 1-2 in the nine-centered being has been this huge expansion of the population. The difference in population of 1880 to today—I think it was less than two billion people then and it's seven now. It's unbelievable. And all this has been stacked. So you have stacked caves and you have stacked markets. It's just interesting to think about it.

And of course, also to recognize something that is one of these things that is so obvious when you work at the business consulting level in this knowledge. You realize that not everybody is born for Pentas, not everybody is born for this, not everybody is born for that; well, not everybody is born for the urban hardscape. And you can see that very clearly, you can see the core of that, because you can't include the 3, the 3 and the 4 we'll see next week, are always different, this fracture line that lies between the lower and the upper.

The 1-2 is the Foundation of Urban Life

But here what you're looking at, at this basic binary, the 1-2, you're looking at the whole foundation of urban life. These are the people who are supposed to be there. This is where they're supposed to be, whether they're internal, external, selective or blending. This is their world. Now, think about it. We have seven billion people on the planet and for the first time in history more than half are living in cities. So, somewhere around four billion people are living in cities now. And if you look at this just from basic numbers, basically there should be about two billion people living in cities. So we basically have an enormous, disproportionate population in cities that do not belong to there. It is not their core environment.

And of course, what we get is a tremendous amount of dysfunction, poverty, and all the things that go with it. It's just something to see about where the elements of Variable lead to. Next year when you get to see the layout of Variable, what you get to see is that these 16 different Variables, these possibilities of left-ness or right-ness of these four basic elements, what you get to see is that they represent a basic order, an order in the way in which consciousness is meant to be aligned through the form principle. In other words, it is the way in which the alignment or the layout of the consciousness field is something that is actually designed to be laid out physically.

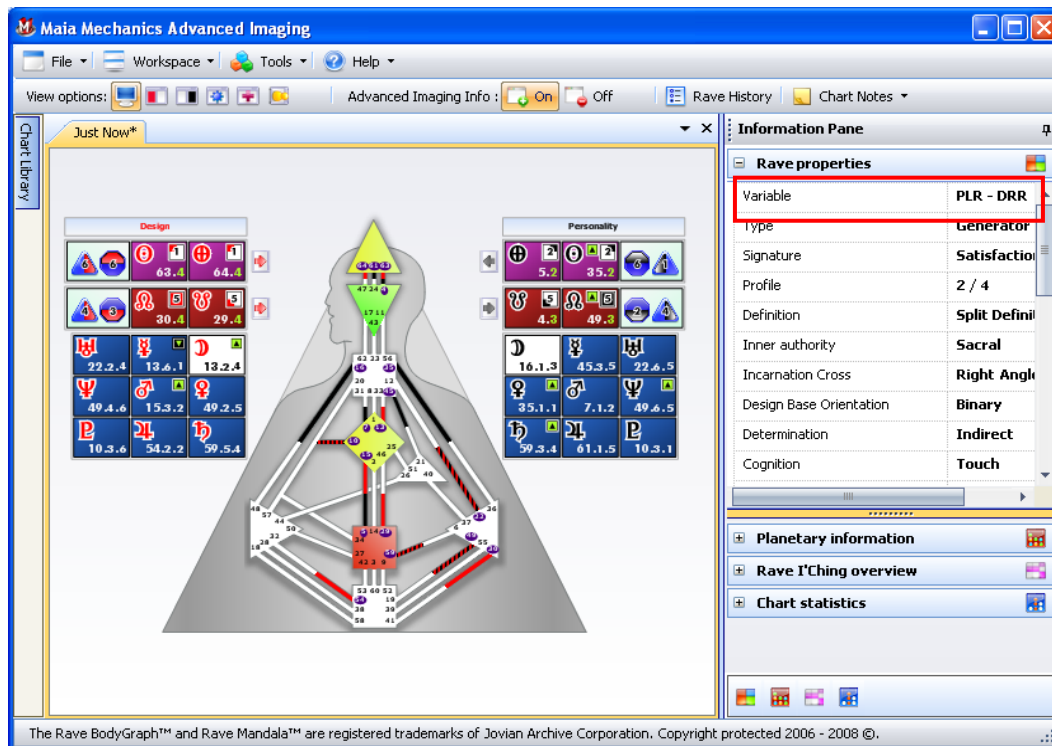
Variable Lays Out Your Way

One of the things you get to see when you see Variable is the improbability of ever being able to achieve such phenomena. But at the same time it brings to each and every one of us our unique formula. Everybody has a Variable. In the Maia Mechanics Advanced Imaging, which is programming for PHS and Rave Psychology candidates, the top of the properties list that lists everything, your type, your profile,



your this or that, is Variable because Variable literally lays out your way [see the red box in the MMAI image below]. It lays out the transformations that are there for you and the unique transformations that ultimately lead to the expression of the uniqueness that is you.

Of course, for these beings who are 1-2s, you can see that a third of the population is always meant to be deeply urban. A third of the population is mostly what we would call village-oriented, town-oriented. There are differences. And being where you're supposed to be, seeing what you're supposed to see, the way that you're gifted to be able to see it, all of these are little things that you click off like a pilot taking off to get to that place for that expression of outer authority.



There's a part of me that says if you'd been a conditioned being then just go for it radically, just go for it. On the Design side, you can do it yourself. It's Strategy and Authority, you follow your Strategy and Authority, you follow your dietary regimen, and it will lead you to your environment. On the Personality side you need help, everybody needs help. That's why there is Rave Psychology, because it's much more difficult to get to. But everything begins with the foundation of what takes place on the form side. One of the things I'm working on is what is the healthiest way to get somebody to begin to experiment with their environmental? In other words, this is part of my thoughts leading up to this clinic that I'm going to be doing. What's the practical of that and how to keep it at its simplest level?



Every Step Alienates You to the Not-Self

We've already seen in the deconstruction of external, we can use it in many ways. We know if the person is ill and they're a 1, we know what to do with them. We know what to do with being able to take advantage at the superficial level of what environment is all about. It's about a step-by-step process, because there is a great dilemma that is attached with transformation and most people ignore it. And it can't be ignored. If you're going to be transformed, if you're going to go from Strategy and Authority to each of the transformations, every single step along the way alienates you to the other, every step along the way. And when I say alienates you to the other, obviously I'm speaking of the not-self, but it's true.

You begin by saying, "I'm going to make decisions this way. If you don't like it, what am I going to do, I have to make decisions according to my Strategy and Authority." That's resistance number one to the not-self world around you, so you go through that. Then you enter into dietary regimen. Dietary regimen is a radical, radical challenge to the way in which we've lived our lives for everyone. For everyone including myself it is a radical challenge to live your PHS. You have to deal with the way in which food has been integrated into our lives and how complex it is for us to change our dietary pattern. And yet at the same time, like everything in Design, it doesn't take a rocket scientist to follow your PHS. It is basically just a simple thing.

It isn't simple in the consequences socially. It isn't simple in the resistance that arises out of that relative to the not-self. It is an alienating process. Remember, Human Design is about getting you to be your own authority. The moment you get to be your own authority, you're a force in this world that is unlike anything that is around you, because everybody else is guided by everything else and as you're moving towards that, you must understand this is something that deals with a tremendous amount of social pressure. And social pressure is what the mind will play with and the mind is the last thing to heal, the mind trying to deal with its old discomforts, vis-à-vis the way in which it is related to by others.

By the time you get to the external—you're all over 30. By the time you get to the external it's like "I have to be over here and that's where I'm going to go." For the other that can be very uncomfortable, very difficult. Again, you have to see the conditioned nine-centered being, a homogenized nine-centered human being, is so far away from what it is. And yet the same time, we are gregarious, we are species, we are interconnected, we have families, friends, jobs. We have all the things that are necessary to survive in this plane. Every time you take one of the steps you become very weird to these people. It isn't like it's always going to be for most beings.

Remember, some of us are lucky. Some of you have aware partners or whatever the case may be, but boy, it's a process and you know that. So, understand that for the vast majority of beings—this year we're on tap to receive a million visitors at Jovian. It's an amazing thing. For these beings what that means, what a challenge that is for them just to get into Strategy and Authority. It is a very, very deep process, and it is a process that is there to change us, not in the sense to change us, but to allow us to become what we actually are, to getting rid of what has changed us, what has



forced us away from our nature. And to do so means we have to operate out of our own authority. It means we are designed to alienate those who cannot have the grace to just simply stand back and allow you to go through what you have to go through.

But each of these steps move you further and further away. It's why they were made not for adults, but something you grew into so that by the time you were 30 years old, you turned around and said, "Thanks mom and dad, I'm off now, I'm going to live in my own environment." It's the way it's intended to be. You establish your life then and then it's at nobody's cost other than parents who have to watch their children leave which is not the most exciting thing the world, but nonetheless. It's not like you're somebody out there in relationship with a family and you discover Human Design and you get to your PHS and then you look at the external and you look around. What are you going to do?

It's different. I accept this deeper and deeper everything in my process, how different it is to deal with the fact that people are conditioned. The whole transformation knowledge, my option was, do I write all this and put it away for 50 years and wait until there are all those beings who can be raised this way? Write the Dr. Spock book of the future? It doesn't work that way. It's there and I have to trust this generation to share it and teach it, even though it may be a burden on them, even though it may be difficult.

Understand the Knowledge Deeply and Find Practical Ways to Apply It

Yet at the same time, it's there. The important thing is for us to understand it as deeply as we can to be able to have practical ways in which we can apply it in our own lives. So, it's to take advantage of deconstructed values in the external and also to be open within our own process to move as far along in this transformation process as we can. I'm very pleased to be able to call all of this the Science of Differentiation. And it's only in this era that I do so because the knowledge base now is substantial. It is the experiential, experimental and research process that needs to be enriched now. One of the most important aspects of this is going to be working with the external.

I think a few of you were in that class at the Ibiza event years ago when I was working with Color and because I was generalizing, I was talking about how we can create a physical clinic, not a virtual one, but a real clinic. It was actually designed so that it actually expressed all six externals. In other words, a healing environment in which there were caves, markets, you know what I mean, everything there. And it is so obvious to me that we are re-writing rooted in the great healing value of dietary regimen. We're beginning to see how that ability to be healthy then becomes guaranteed by the sensitivity to the environment.

There are people who are intended to be healthy in the deepest and densest urban environment. So, it's the radical embrace. It is what it's about. And it's about learning to watch. You have to see that every moment of your life is an element of a



huge research project. And it's your passenger that can watch it. Watching your process is something that's very, very beautiful, because you get to see all of these things come alive. And the more they come alive for you, the easier it is for you to share that wisdom with others because you have a deep experiential connection to it.

Anyway, I hope you enjoyed that. I was zigzagging a bit today, but it seemed okay. Anyway, to all of you, you take care and until next time, bye for now.

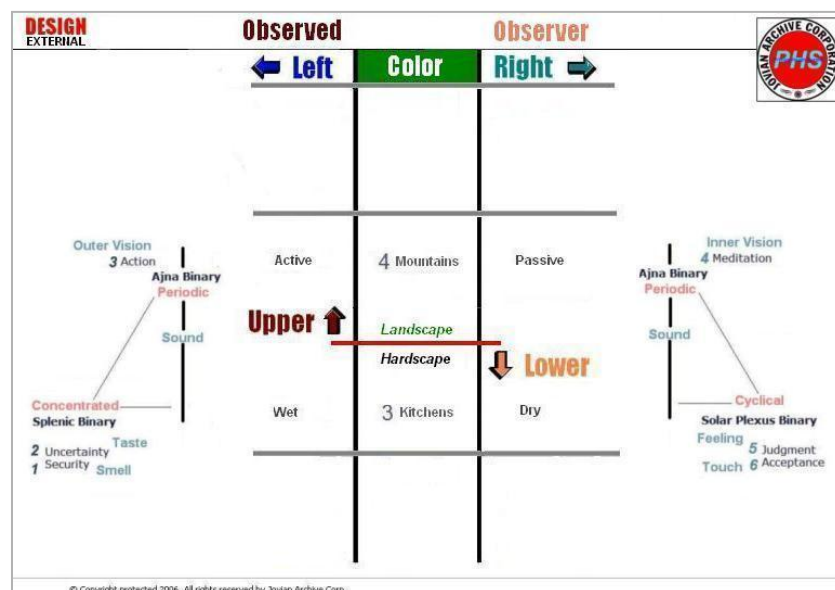
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Tonal Resonance: Colors 3 & 4

Good morning to all of you. Let's continue our ongoing resonance adventure. It's a very exciting process when you begin to grasp what the Nodes really represent. That is, what will become more commonly referred to as the Independent Variable as we move along, that is the foundation upon which the actual life is established. Not the ability to be able to function within the life because that is fundamentally an internal process. But the external truly establishes the way in which our potential is placed into the world and what is possible.



It makes environment something that is fascinating from many levels. Because the Nodes represent our transpersonal process, only within the internal are we truly alone. The moment we step into the external we step into the world around us and we step into the embrace of the other. It is something truly to grasp that it is at its deepest level—something I was mentioning in my lecture last night—at its deepest level Strategy and Authority leads to the discernment that protects you in terms of your relationships.



External: The Way We Deal with the Other

And obviously when we're dealing with the external we're dealing with the way we are going to deal with the other, the kind of environment that is going to be correct for us and correct for us in terms of our engagement with the other, the way we're going to perceive the other, and the way we're going to see them. It's so interesting when you think about environment and the way in which environment establishes not only a framework through which those beings you're going to meet in this life, that that is a frame they step through, but also by being in the correct environment you have a specific perspective in the way you see them. Seeing certain people in a certain way is so much a part of the perfection that comes with being able to place oneself in what is a correct orientation or an orientation relative to what Variable is. That is, a natural place within the order of things.

Each and every one of us, though it is quite distorted by the homogenized world, yet each and every one of us in a sense has a place, has an orientation on this plane. The closer we get to that, and obviously getting closer to that means being more and more correct in the way in which we operate as a holistic life, as we approach that place that's where the phenomena of transformation gets realized.

Nodes: The Plane of Realization

This is the plane of realization. The plane of realization in the life is through the Nodes. Just coming back here again to this third semester of the second program it reminds me over and over again about how unbalanced my own understanding was for a very long time about what really shapes the life. I began on the surface because I had to teach on the surface, I began on the surface. When you begin on the surface it's the "I," it's what people are interested in when they come to Human Design. It's all about the inner mental world and the dilemmas of the life that arise out of it.

It's clear to me that though it is absolutely essential to heal the "internal," I'm only now, it's 21 years I'm in this, it's only now that I understand how completely the life unfolds through the Nodes, and this is where the great distortion is. In that sense, this is really where the distortion is. You can see that in people who begin with their experiment. You can see that there are all kinds of levels of awareness as a result of people entering into their experiment. There isn't necessarily what I see, other than the seven-year cycle, which in and of itself is a cleansing process.

If you look carefully, you'll see that certain serendipities have to be there. One of them is environmental. One of the most interesting things for me when I look at my own history and I look in my own design and I look at the depth of my own not-self that was there for 37 years, in examining all of that I see so clearly that the great distortion wasn't in my not-self mind which was making stupid decisions—unaware decisions is a better way to describe that—I guess, but I see so clearly that I was saved in a sense by my Nodes. I was just lucky. I was always lucky to be



environmentally in a correct place. And obviously that's part of the equation for many human beings.

What's so interesting is that the environmental serendipity was the thing that is clear to me, maybe the biggest difference in how far I was going to be homogenized as a being. It was the one thing that maintained what seems to be, anyway to me from my experimental pass, the ability of my form to stay healthy under the most extraordinary circumstances. And certainly it was not about the way in which my not-self mind was functioning. It was clearly and deeply because of the way in which I was oriented. My orientation was, in a sense, protecting me from my own not-self. It was something that's taken me a long time to really grasp.

We have such a strong connection to this "I." The Nodes really don't express that. The Nodes are very much a "we" in that sense. It's something else. It is not about what the "I" is ready for; it never is. It's why the Personality is always shocked to arrive in one of these forms. It's a shock. This is a dense, dense, dense maya. Everything is played out in the layers of the maya.

So, what we're dealing with here, what ultimately you're dealing with as a role as a Practitioner is to understand that in the years to come—and it is something I can assure you, because it is a part of my focus—the importance of environment is going to be established in as deep a way as I possibly can, because it is really a key and it is an essential key. And it's not just about the obvious. It's not just about what we deal with generally in PHS, which is relatively speaking health issues, which of course we know that the external is about the quality of life, that is clear. And we know there are healing advantages to being able to align to whether in a deconstructed form or not, to be able to align to your environment in times of crisis, whether they are psychological or physical, that being in the right environment is something that is beneficial.

Resonance: The Genetic Imperative to Perfection

There's something to think about. It's there in the titling of these classes we're doing referencing to Tone. It's all about resonance. And resonance is one of the things that I delight in because I'm a dualist. The way in which the genes operate, I would be suspicious if the genes only operated for the benefit of the program. It would be self-defeating because it would take away the potentials of mutation. Your introduction into Human Design at any level is an introduction to what we call the genetic imperative. In other words, the fundamental attraction that is there in us for conditioning to be attracted by what we are not, the whole receptor business that is inherent in this.

It is obvious that this is a genetic construct and it's obvious why it is essential. Within the nature of all life forms are inherently designed to reproduce themselves. But the other side of the genetic wonder, because it is a thing of wonder, it's great programming, is when you look on the other side, you get to see resonance.



Resonance is the genetic imperative to perfection, or in our language, the genetic tilting towards differentiation.

So what we see is that inherent within this duality that is us, is yes indeed, this deep, deep seduction of the conditioning field, our receptors to that conditioning field, yet at the same time built into the same mechanism is the resonance to what is good for us in terms of realizing our differentiation. The difference in essence between the way the genes work relative to what we call undefined, as opposed to the way the genes work in relationship to what we call defined or activated. In other words, the way in which the duality plays out.

The moment we are living out our activation, genetically we are pointed towards what is good for us. How nice. The moment we're not correct genetically we're pointed towards conditioning. So we can't blame it on the genes. Duality is a beautiful thing, the "this" and the "that." In the end, it only comes down to frequency and awareness. We're an illusion, we're a holistic form. We're the "this and that" juxtaposed. It is the frequency of this juxtaposed phenomenon that changes everything. That is what Strategy and Authority does. Strategy and Authority is the beginning of a tuning process, a tuning frequency, tuning that frequency that is you, that perfect pitch that is you.

The Need to Operate Correctly

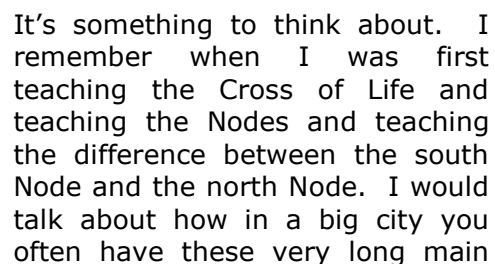
So, when we're looking at the environment, when we're looking at the external, the first thing to grasp about all this is that none of this really works unless you are operating correctly. And in operating correctly, this is what you are attracted to. This is what you resonate to. You resonate to that Kitchen or you resonate to that Mountain, whatever it may be. Remember that these are the Nodes. This is not something that is fixed in you. This is a positional resonance. It's very tricky stuff. You have to be correct to resonate to it, otherwise you're distracted and distraction at the physical level is not a nice thing. If you're not following your Strategy and Authority, you're environmentally being distracted which normally means you're being pulled to the wrong side of the tonal resonance rather than a Color transference, in that sense. It's a tonal distraction, and it's so unhealthy.

You can see that in the Kitchen where you have the wet and dry. You have somebody who is not-self. Their tendency is to go to the wrong environment. In other words, be attracted to living in the desert, as an example, being attracted to living in the tropics when, in fact, they're really the other way around. And it doesn't have to be a travel card kind of thing. It can be being in an environment where the place you're in is either humid or dry or whatever the case maybe. It's simply about understanding that what is going to keep you alive and what is going to keep you healthy in the nine-centered vehicle is your environment and the qualities of that environment. This is something that is really important.



The other thing is that the tonal works at many, many levels. There seems to be an obvious of it. For example, let's take the Wet, that one resonates to a humid environment or resonating to taking a lot of showers or resonating to being a swimmer, all of these kinds of things that have to do not just simply with the quality but also what that leads to in terms of activity in life. Because remember that whenever you're dealing with the Nodes, you're not just dealing with a specific environment. You have to remember something: every environment creates a way in which human beings interact, the way they do things. You don't have the same kind of activity in a hot place as you do in a dry place, a high place or a low place. In other words, the moment you have an environment, you also have an impact. It brings out a direction, deconstructed in many cases, a direction of activity.

been selected for you to encounter by you going into your environment, because that environment includes those kinds of encounters. It doesn't sound too convoluted.



streets either running east/west or north/south. At some point that is basically a midpoint, the street changes names. It's something else on the south side and something else on the north side, whatever the case may be. But yet, when you think about something like that, the south side/north side, that those streets have buildings, neighborhoods, and there is all kinds of activity. There's going to be a difference between what's going to be on the south side and what's going to be on the north side, even though there's continuity to the line itself. There is going to be different people on the south side and the north side. They're going to be different. And yet, it's the same continuity.



Environment is a Stage

The very environment creates the difference. Let's say the south side is the poor side and the north side is the rich side, and the line of tracks runs between the middle or whatever the case may be. It's something to grasp about environment. Environment isn't the weather, and it isn't a place. It's the complete staging, it's a stage. And it's a stage that is dressed accordingly. It's a stage that has this or that to it. And that stage has human beings as a part of it. These are the extras, this is what crowds the world, all those beings you don't know, the crowd, the world that plays out the background of your life. And you walk down that street.

It's more than just a busy place, a factory that's humid inside. There are people working, there are places they go. There is an area around it. There are all of these things that come with the environment, all of it, and each of these aspects of the environment changes. There's a big difference between the service industrial complex that we have developed in our hardscape that we get to the 3rd Color, the difference between the wet and the dry. It leads to different kinds of people in different kinds of situations doing different kinds of things.

It's your environment that aligns you to those beings who are kindred. They are not unintentional strangers. That's the other thing that is so interesting about understanding the nature of order. When you get to look at the Variable plate, there are 16 different zones. You stand in any one of those zones and you look around you. It is the way it is. That is, we are all here in the perfection of finding the completion for us. We are all here to express what is a unique perception, but a unique perception that is only possible not simply when we can just make that unique expression, but then when there are those who are aligned and ready for that expression to receive it.

The environment is the place where you live out your life, where you live out the Uranian life to its fullest. It's going to make a big difference whether you are going to be on the wet side or the dry side. Let's say that you're for the dry and you end up in the wet. You meet the wrong people, don't you? You're not in the right place anymore. The environment is not correct for you. And you're constantly going to be having problems with it, constantly. And it's going to lead to different things. It can lead to physical problems, it can lead to psychological problems, and it can lead to all kinds of things. But the thing that it leads to deepest is that you are not communing with those beings who are there on your fractal to truly receive what you can offer.

Environment is a Healing Mechanism for the Life

Environment is very profound. That's why it's so important for those who are trained in this knowledge to understand the deconstructed values, because everybody can have access to their environment at one level or another. It was not like you have to give up your life and move to Mt. Everest, you don't. But more and more I understand how profound it is as a nurturing, healing mechanism for the life. Not the body in that sense directly, but the life itself. Because of course there is an



enormous amount of wear and tear on the quality of life if you're not in the right environment. It's just so clear.

I know that so clearly myself. I talked about earlier where I've had the serendipity. I'm Shores, I'm 6th Color, and I've always been by the shore. There was a period that began in Taos, New Mexico in 1998 where I was in the States for couple of years both in New Mexico and in Arizona. Both my partner and I are Shores. When we landed in New Mexico she was pregnant and we nearly lost our child. He was born 2½ months premature. We ended up about six months later in Sedona. Arizona is hardly the Shores unless you're talking about ancient seas. It's physically the sickest I ever had been since I was a child. I was basically incapacitated for about a month. I was really, really ill. It was something so unusual for me because I don't have that. Those were the only two years, going back throughout my entire life, that I wasn't a stone's throw from the sea. And it taught me a great deal.

You put yourself at deep risk once you understand this and you ignore it, because it doesn't matter what your constitution is. It doesn't matter what the inherent well-being of your internal is if you are constantly placing it in a deeply resistant, incorrect environment. Obviously, it's going to break down at some point. The fact that you follow your Strategy and Authority—I got that comment yesterday from somebody—it doesn't mean that you're suddenly immortal and nothing is going to happen to you and you're going to be healthy and all this. It's not true. It's not true because the thing that guards you in terms of the way in which you're basic infrastructure is going to maintain its well-being is environmentally. It's the environment. It is the environment that protects what you can establish in the correctness of your internal, protects it and maintains it.

It gives the environment an enormous importance. A dilemma that I've been discussing the last couple of weeks, that is, mechanically there are four transformations and it's very clear that there is a catalyst, Strategy and Authority, and there are four transformations. And it is certainly the way in which in a child who is born into an idealized situation down the road somewhere with aware parents raised according to its Strategy and Authority, given the correct PHS, that when it reaches its Saturn return, that is a time for it to move out and find its true environment. In that true environment, to be able to establish its perspective, a 20-year process that leads to the Kiron return. At the Kiron return, then the potential of outer authority and the expression of outer authority. It takes 20 years to align the perspective. It doesn't mean that it's an idiot for 20 years, but it takes 20 years to hone that perspective and to develop it. And that's 20 years of correctness in the right environment.

Now, that's the way it's intended to work. And here we are, the deconditioned ones, dealing with well, just as you mentioned, Inga, time flies by. I've been in this process, I was the first student, so I've been in this process longer than anyone. I'm 21 years in this process, and if I consider my encounter as my birth, I'm still not old enough to go out into the world and find my own environment, if you know what I mean.



Radically Embrace this Knowledge

I say that with a great deal of sympathetic humor because I understand the dilemma. It's clear to me that those who are the first generations in this knowledge, because they entered into this as conditioned beings, that in so many ways they're basically going to have to, over seven-year cycles, take on as deep a radical embrace of this knowledge as they can if they really want to get to the completion of this process, because you cannot get there just on Strategy and Authority. You cannot get there just on Strategy and Authority and PHS, you can't. I know that.

Each and every one of these steps is an incredible transformation. It really is. And each one is an essential ingredient. The first two are what your responsibility is about ultimately as a Practitioner. What you are here to offer to those who have entered into the process, is to offer them this profound understanding of how not simply they can nourish themselves physically in a way that's beneficial for them, but to nourish their lives, because that's what the environment does. It's there to nourish the life. So these aspects, particularly from what we've covered earlier just from the strict level of Color and your ability to be able to deconstruct the values so that you can offer somebody something, are really very, very important for them.

All of these things, in the end, are very difficult in the sense that you simply have the courage to actualize them on your own regardless of the circumstances, which often makes it rather difficult for many people to follow through with all the levels that are possible in this process. I honestly don't know how many beings have deeply entered into Human Design. I don't know how many of these beings will ever go through this whole process.

One Cannot Control this Process

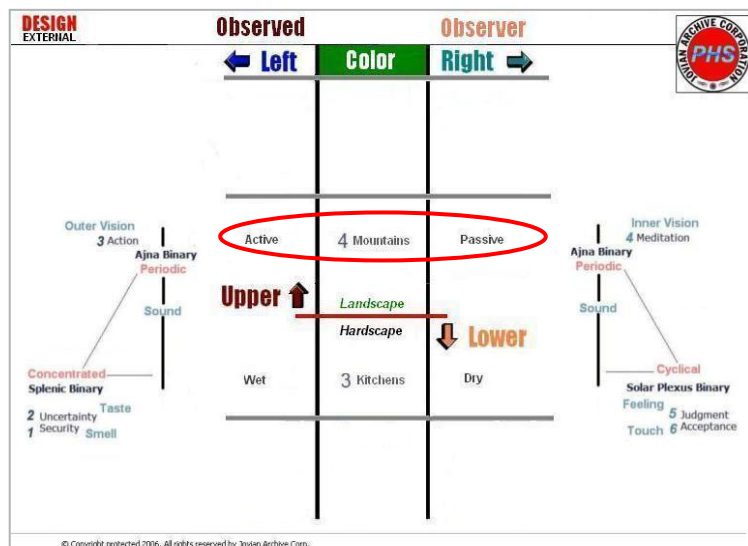
It's my responsibility as a mechanic because I see that it is not just simply possible, I see that it is mechanically clear that each and every one of these transformations is something that anyone in a sense anyone is capable of. It's simply a matter of whether or not this is truly their choiceless geometry in this life because that is what is about. You cannot control this process. You can be made aware of it. And in your correctness, you can find yourself moving towards it or not. This is the thing to recognize about our process. But, it's also very, very important to see that no one step, no single transformation in and of itself is anything more than a movement to the next step because all this is about the perfection of this process.



Mountains: Active and Passive

You get another view here in what I'm referring to in terms of the way in which an environment becomes a stage set. You can see this in the active and passive here, because through the active and the passive this is really the reference to the environment itself. You have very passive high places where they can be very isolated, whether that's in the modern sense or in the natural sense. In other words, environments that are active rather than environments that are passive. In passive environments, you meet people who are attuned to passive environments and enjoy them. In active environments you're going to meet people who are attuned to enjoying the active environment. Again, I'm saying this in the theoretical sense. There are always those who don't obviously, and much of the problem is that many of the people who are in these environments shouldn't be there anyway. Again, it's not such an easy thing. It's why we have Strategy and Authority.

Everything about Human Design is decision making no matter how sophisticated we get and it doesn't make any difference when you get right down to the very basis of what this is all about, the only thing that this is about is decision making, to constantly, consistently make decisions correctly as yourself. Slowly but surely it's going to move you where you need to be moved. The problem for us is we don't have the time. Most of the people I have been a messenger for have been people who have been their midlife. It's basically midlife.



The Knowledge is for Children

As I said, this is a program that starts at birth, not a program that starts when you're 40. I am not saying anything that I haven't said before. I think it's rather obvious that we are different. I've said all along: this knowledge is for children so that you can go through what is the natural nine-centered process and start your life correctly. You're nourished correctly dietary wise in terms of your regimen and you learn how to be yourself in the first 30 years.

And then you go out and you find you're in the second step of this. But that's not a transformation for them. It's just a natural progression. You go out on your own at your Saturn return and you find your environment. And then you spend the next 20



years in that environment developing your life, living that life and developing the perspective that comes with you being correct, nurtured correctly and being in the environment that is correct for you and seeing the way you're intended to see.

So that by the time you get to your Kiron return and you're 50 to 51, that is a time in which all that leads to, in terms of outer authority, the potential expression of passenger consciousness, your unique differentiated outer authority. That's when the wisdom is intended to come out. Now, that's a long process until within the normal progression, and again there are going to be those who are earlier and later, we know this about every kind of construct, after all, but this is just the way the basic program is laid out.

We're here to set the foundation for the future when that is the program, that is the way in which the life unfolds. For us it is very different. For us there is a need, and when I say that, that's not necessarily true. It's not for everyone to take on such a challenge in their process. After all, Strategy and Authority, in and of itself, by itself, is something that is enormously helpful in transforming for most human beings. It gives them back a slice of their life and begins to move them, at least in the deconditioning process, towards something that is real for them in this life. That is a beautiful process.

But after all, that is just the surface. If they're not following their PHS, they're still operating with a deeply conditioned mental system. And even though they're getting access to the cognitive levels underneath, those cognitive levels can only operate relative to the health of the brain system itself. If they're still homogenizing themselves through their dietary regimen, they're getting the basic minimum of direction cognitively. And obviously, because they've turned over the authority to their inner authority, it isn't going to be something that is going to be a negative for them. It's just not going to be that positive in terms of the difference, in terms of the potential that could be there in their correctness.

For a conditioned being it is something that day by day, I realize more and more what it means to feed yourself correctly and how important it is for those particularly with 1st, 2nd or 3rd Colors with conditions, because conditions is just so obvious. If it is condition, you'd better deal with it, it's absolutely essential. So, there is this progression.

One of the things that I need to teach you is how important this is and yet the same time for you to see the real politic of all this. That is, you have to know what this is in order to pass this knowledge around. At the same time it can end up being uncomfortable and challenging to hear me talk about how this is an absolute essential, otherwise you're not going to make it, you know what I mean. And have to deal with this within yourself.

You have to understand for each and every one of you, you're being made aware of all of this, and all you can do in that process is do what this has been for you from the beginning, that is, the experiment of Strategy and Authority. Just follow that. Don't follow the mental stimulation and the mental seduction that I bring by saying



how important this is, because then there is the mental pressure on you to say, "Oh I should be doing that, too." Remember who you are and what you know.

Timing in the Process is Unique for Every Individual

It is Strategy and Authority. If it's not correct for you now, that's okay. This is not a contest. There is no ego trip in any of this. It is a very deep, very profound process. And every single one of you has made an enormous step just to be where you are, and not to dismiss it in any way. If you're going to be a differentiated being, you have to trust in your own process and in your own timing, your timing.

And for those of us who have been conditioned, the timing is indeed unique. It just is. You may suddenly have a burst in 10 years where you jump into this and that and the next thing. You never know. Give yourself a chance by trusting in your own process. I do not teach you these things to drive you to be not-self. And it is a risk, and I'm aware of it, because each and every one of you someplace inside of you wants to get to that completion of the process. I understand. But you also have to see that there is absolutely no pressure to do so, can't be. As a mechanic, I know that it's there, but realization is an individual journey. It's not a program. It's an individual process; it's an individual journey, step-by-step.

Trust Your Strategy and Authority

So, don't be seduced by this. It's all there as a natural unfolding. It's what this knowledge is all about for the children who will be born to it. It's not about trying to catch up. It's not trying to get somewhere. It's not what their life is intended to be about. It's simply about the wisdom of understanding the process. In them it will unfold naturally. It is not unfolding naturally in us. You've been shattered out of a dream, this dense homogenized world. And you have to see that the thing that's given you the strength and the power to be able to do that is the only thing you can trust in this process. You trust your Strategy and Authority, you trust it.

If somebody says to you and you're a Generator, "Are you going to do PHS?" and you say "uh-uh," [no] it's okay. It's what inner authority is about. Each and every one of these steps is so radical and I don't think that it's deeply understood how radical it is. It is quite a place to go to. It isn't for everyone. It's why you as professionals, as eventually as Practitioners, it is very important that you always remind people who get so easily turned on to this and that and the other thing, that this is not about some kind of a mental trip. It is a deep, deep physical process. It is an alienating, anti-social process. And it's not something you can dabble in. It has to come out of what is your truth.

Everybody's authority—unique is a word that is actually so profound that it's better than any koan just standing on its own, just there, unique. I say there are four transformations. That's what the mechanics reveal. But you're a unique being.



Maybe only one is for you, maybe none of them for you. This is the thing about being unique—no measurement, no blame, no guilt, no shame, nothing, just unique.

The Knowledge is for Generations to Come

The fact that it exists may not mean that it's for you. Moses stood on the hill, he was never allowed into the promise land. What to do? Everybody has a way, everybody has a role, and everybody has a unique expression. Remember that this is a framework for beings who have not been born yet. Oh, there are a few exceptions to that. There are some babies now who are being raised by Design parents correctly. They're the very first. But in essence, this is all for generations to come. It's not for you. Your fractal is to embrace it and carry it forward for those generations. It's very different Karma.

What actually you can move through, who knows, but I don't want you to think that just because they are there that you must, that if you don't, you fail, because none of that is true. It is so far away from the core of this knowledge, which is about uniqueness. We live out our uniqueness, and we live it out without the control of the mind which means that whatever decision you're going to make regardless of how it looks to anyone at any level at any time, it's correct, it's you. The dilemma in teaching the four transformations is the assumption that you have to have them. I teach them so that they are there. It's part of the science of differentiation. It's obvious.

I know that the moment you put out a mechanical truth is the moment it begins to resonate. I think it's very important for people to know where Human Design can take them. I think it's important for them to know, in order for them to begin to understand, that this is what our children deserve, this is what growing up and developing correctly is all rooted in. I want to see the day where the PHS Practitioner is an advice center for aware parents raising their children instead of being a recovery unit to try to get deeply conditioned beings to be able to enjoy the richness of what is possible in their own unique life. That's a big difference. We deal so much with the deep conditioning, how deep these problems are. We don't see that as much in PHS as you see it in Rave Psychology where you see the enormous burden that is there in trying to drag away all of that layers and layers and layers and layers and layers of conditioning.

So, these steps, as we move along the way, what is here in terms of the Design external, this is the key. It's the key. If you look at the Design configuration and the Personality configuration and you have your Sun and you have your Nodes, those four aspects, here is your PHS. This is where the environment is. And through the nodal relationship, one nodal process links to the other nodal process, the Personality nodal process. In other words, here is something that aligns the whole thing. It's in this configuration. It's why environment is so important. Environment takes the benefits of PHS and launches it in the world correctly. And in launching in the world correctly, automatically establishes the correct perspective. It sets it all up for the passenger.



Design Internal and External is the Key

So, the work you do here is this work. You don't do the analytical of this, but you make this possible. The Design internal and external is where the story is. In essence, after that everything isn't so difficult. It just takes time. But you see, this knowledge is based on something very simple. It's based on being able to perfect the form in order to be able to experience the perfected consciousness. It's an old dream, the new being, but that's who we are. And it's something really to grasp about what's possible for us. And what kind of responsibility, in a sense, that you carry because you are the ones who are really being trained to be able to help people, to be able to align their form so they **can** have that possibility of a deeper and more profound level of consciousness in their life.

Everybody who enters into Human Design has a change in their awareness. It is an obvious by-product of Strategy and Authority. But the fine tuning of that, the honing of that, the beauty of what's possible when you get to be a passenger conscious witnessing the correctness of your own life, it's what the body brings. I bow down to the body. I teach form principle. I think it is a fantastic thing, but I don't do it for the form itself, I do it for the possibilities that come out of that. The more corrupt the form, the more corrupt the potential of the consciousness. The more limited form, the more limited the consciousness. The more dysfunctional the form, the more dysfunctional the consciousness.

You have to fix the form. It's what the whole mapping says. It says we are a binary consciousness. We have to learn how to live as a binary consciousness. It means that part of us truly has to let go, allow the form principle to evolve correctly, your form principle, internal/external. These two steps totally transform the life. Totally transforms the life. It's quite a thing.

The Process is not Simple

And yet, you can only do it when you're ready. To have this knowledge is always to be very, very careful the way in which you put it out, because I know it's exciting and I know it's fascinating and it works. And yet, at the same time you have to be very careful because it sounds like it's a quick fix. Here's your environment, go there. Yeah, right. Here's your dietary regimen, do this. It sounds simple. It's not. It is deeply complex. It takes an enormous amount of dedication. It's not a simple thing.



Always be careful the way in which you treat it, because yes, like everything in mechanics, mechanics always makes things seem simple because it shows you just the basic way in which it works. We are a complexity, these holistic things. It's not so easy. If it was so easy, the world would already have been changed by me educating Generators. We would have already had a whole new world. We don't. And nothing seems easier than respond. So, you have to be careful the way you put this out.

What is Correct for You Will Emerge

Anyway, it is one of those things that concern me, particularly amongst those who are being educated in the knowledge, that you're really grounded when it comes to looking at these transformations, what they mean and how they work. And that you maintain the integrity of this knowledge. That is, that you operate uniquely. There is no standard being established for you that you have to do this or that. You operate correctly, you operate uniquely and this is what you're here to teach others.

After all, it is only when a being is making a decision according to their own authority, that is something that is real, that is relative to their process. That's what's real. And that's what everybody needs to be encouraged and to be reminded of, particularly for those of you who are so deep in this knowledge, not to forget that, that what is correct for you will emerge.

All right, to all of you, it's nice to share my morning with you. You take care; until next, bye for now.

~



Tonal Resonance: Colors 5 & 6

The Nodes are Always about the Other

All right, hello and welcome to all of you. I want to take a slightly different tack with you today, round this out a little bit. I want to take you back to some basic generalities here that we always need to keep in mind when we're dealing with the Nodes. It's always about the other. There is no life without the other. It is, in essence, what we're here to perfect, what it is to be here with the other. And to perfect that within the context of what is to be a nine-centered being, which means so much of it is about the way in which we are going to communicate with each other.

What we've learned to see in the Design external is that it represents not so much the fountain of youth, but the fountain of healthy majority, if we can put it that way. The Nodes are very special. That environment is an environment that is so nurturing for your form. All that elimination of resistance environmentally is something that adds years and years to the quality and longevity of your life. Again, we are passengers in a new model and we don't have a history of it. The model itself is relatively unstable. That is, the advent of the nine-centered being is a mutation, it is a mutation in the visual cortex, it is a mutation that is opening up the possibility of the arrival of Solar Plexus awareness and it is opening up an entirely different way in which the processing of experience takes place.

Genetic Markers for Autism

I shared a recent study that I had just been investigating with Andrea the other day and it was a study into autism genetics, the latest study out of Harvard. It's quite a detailed study and very interesting. One of the things they have finally come to recognize about it is that every single one of the genetic markers for autism, and there are many by the way, is peculiarly differentiated. But of the genetic markers for autism they have established, what they do is interfere with the way in which the brain stores experience in the form. That is, basically the way in which neurons fire and the way in which synapse work. And of course, what is so fascinating is that we have the advent of Solar Plexus awareness. We have the advent of what is in fact a neural capacity that physically, at least as a measurement, exceeds what we now have in terms of our neo-cortex. So the Solar Plexus as it's understood, even today by science, and it's still rudimentary, is that they're astonished to establish such neural capacity in the Solar Plexus.

When we are looking at the process we have seen through the Design external, what we're seeing is that everything about the passenger's experience is something that is filled through the form itself. The form has to be correct for the passenger to experience existence in a way that is correct for that passenger. And the only way we can do that is, given this mechanism, we are placed on a very specific geometry in order for us to be able to interact with very specific forces, and out of that to develop the perspective of that leads to outer authority, all this story.

So we're looking here at the obvious in external, that is, that external is your life. It's what brings such importance to understanding environment and the gift in deconstruction of being able to help people reduce the resistance in their lives simply by being able to adapt themselves to the deconstructed relative environment. But environment is something where you're opening up the door to many things. And what we get to see, because we're looking at tonal resonance, is the resonance of being Observed and the resonance to being the Observer. It's what we get to see.

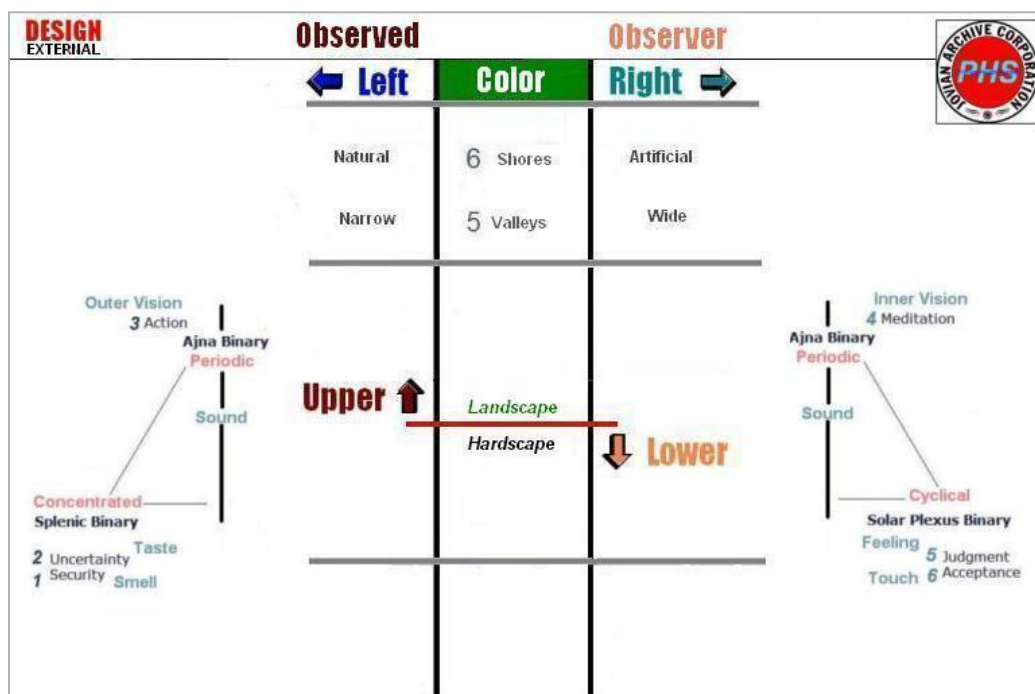
It's one of the ways to really understand how this defines the way in which others are going to see you. It's not about your eye. It's about the way the other sees you. If you're in the right environment operating correctly, the other sees you as you—I was going to say 'should', but there's no 'should' in that; they simply see you.



And what they're going to see can be described either to the Observed or the Observer.

The Observed

Think about the Observed. You're dealing with the left now; you're dealing with the internal, with the strategic, with the focused. And the thing to understand here is that this is an active force. This is somebody that other people are watching. If you're left externally and you're in the right environment people are looking at you. If you're not in the right environment you'll see that they're not. But if you're in the right environment, you are in your process, the focus of the left, it is others who are looking at you.



The Observer

But if you're on the right, you're the one looking and you're not noticed. It's different. It's the way in which not only the environment exists, but the way in which we are energized within the environment, or not, the way the environment becomes the wrapping of the way in which we metabolize our life. It's fascinating to see it in that way and to understand that. And of course, you meet different people if you're left or right. It's only natural.

The moment you look at things differently, you travel a different road. It's like the difference between the vegetarian and the carnivore. They travel a different road;

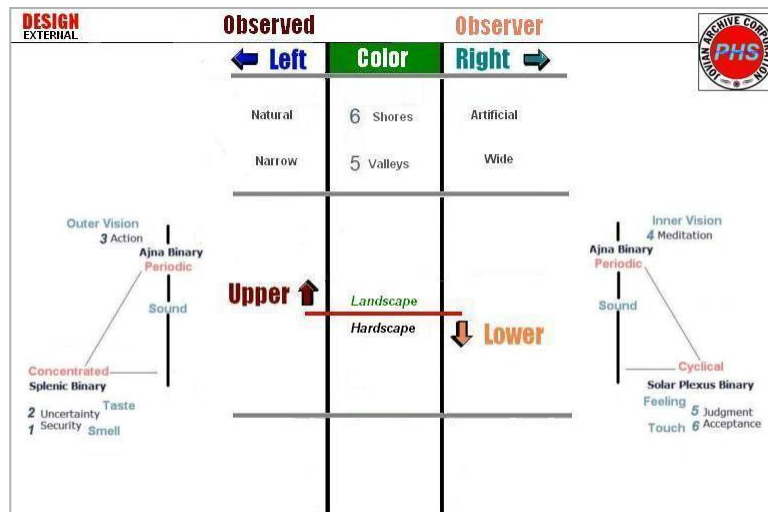


they have to. And there is a difference between the left and the right and the way in which they move through life. You can tell somebody that they're Mountain and that they should be on the top floor, but you cannot get them to be their left-ness or their right-ness by simply telling them what it is.

This is the whole thing about transformation. Transformation is a step-by-step process and in order for the frequency of your activity level to be correct relative to your environment, your PHS has to be correct. Aside from the obvious that you're following your Strategy and Authority, because all of that is connected to one of the most important things that we deal with in the context of what it means for the holistic being to be healthy. For the holistic being to be healthy, it is all about frequency.

Refining the Differentiated Frequency

So, the moment you begin with Strategy and Authority and then you progress to PHS, what you're doing is refining the differentiated frequency. This is frequency that naturally displays itself as this or that in the external. It's why when I talk about the deconstruction of Color value here and the way in which you can share this with others, the deconstructed, the parent whom you can tell that their child has this



or that and if they're sick you can do this or that. Please understand that it is a modest piece of healing. It's a little practical thing that you can do that helps, but it's not the same thing as being correct in terms of the way in which your external operates.

And you don't see that through the terminology tonally in the sense that in looking at Valleys, you're not seeing that in

the context of the Narrow or the Wide, you see it here, because this is about a body in space. It's one of the most fascinating things about this whole business of the form principle and to really grasp clearly that it is your frequency in the environment. It is these things together because you cannot separate them.

It's one of the dilemmas of teaching you theoretically. It's always a dilemma. You isolate information, and then, of course, out of that comes certain assumptions. But again, one has to be very careful about that. It is clear that the keynoting for the environmental information is specifically related to the environmental value and is speaking about the body itself.



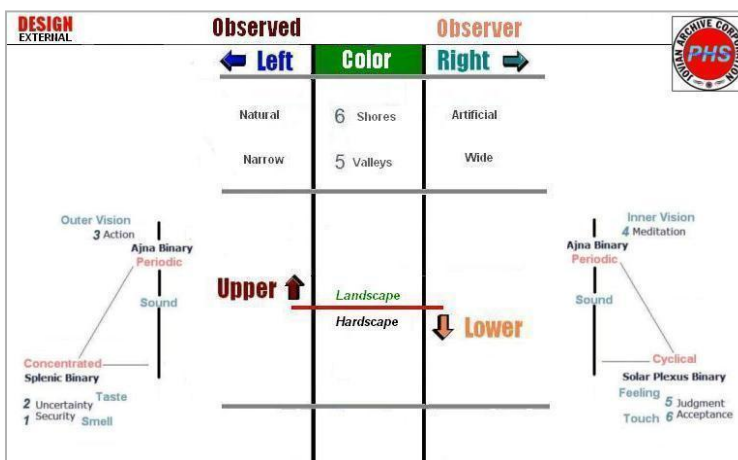
This is the complexity of the external. It's far, far more complex than the internal. That is why the externals, Design and Personality, are the Independent Variable. It is upon them that it is all established, this phenomena we experience. And you have to be very careful when you're looking at external that you don't simply lean completely into the environmental information without understanding that we're dealing with a body here. And the body is going to have its active/passive qualities. The body is going to function differently. It's going to have a certain functional frequency that is a by-product of its correctness and its digestive correctness.

The 5: Valleys

I just don't want you to get stuck only looking at it here because it looks like it's very simple. You take a deconstructed example, so we're here at the 5 and you have the Valley and we know all about the Valley. It's on the bottom floor. It's at the base of things. It's knowing where everything is going on. It is the crossroads of the world. This is where things are happening. And there is this very clear context that says Narrow or Wide. It doesn't take a brain surgeon to work that one out.

And yet, in the end, to really recognize that yes, of course, this is the environment, but it is the frequency of that environment. To be

Observed in the Narrow is something where you are really being seen and you're really being focused on. This is a deep 'being focused on' where this is quite the opposite of that. In other words, you have to see the way in which the vehicle itself is going to operate within the context of its left-ness or right-ness within that environment. It's only then as an Observer, as you watch, that you can begin to see whether the frequency is attuned in this.



All About Resonance

Remember that all of this is about resonance. It's so easy to forget that. It's so easy to hear me go through all these descriptions and think this is really a thing. What I'm describing is what one resonates to, not what one actually has, in that sense, because you don't. These are positional resonances. And you can only



resonant to what is good for you when you're correct. There isn't any other way. Your not-self mind isn't going to do that.

And this resonance, this ability at whatever level you want to describe, the intelligence behind it, this ability to be able to recognize what's good for it, that all of this is rooted in the mechanics, the basic mechanics of Strategy and Authority enhanced through PHS. This is perhaps the most important keynote you can attach to PHS.

Enhancement and Enrichment

I talk about in the Center for Human Differentiation and its two divisions, the PHS and Rave Psychology divisions, that one is for enhancement and one is for enrichment. Enhancement is something that is so deep to grasp about what PHS is. This is about enhancement. It's about taking the potential that is there and bringing it out, polishing it. First cleaning it and then polishing it. This is what enhancement is. And within the context of the physical vehicle, this is not a mental process. It cannot be a mental process. It is a cleansing process.

Fasting

By the way, I've never said this before in the context of PHS and it is something that has only recently come to mind for me. One of the most important experiences that I had in my process was I had a very long fast. I had two major fasts in the last 25 years that in many ways set the foundation for changing my life. There is something profoundly valuable about the fast. And I don't mean as a habitual thing at all, because I don't agree with that. I don't think it's healthy for the body or natural.

But I think there is a point in most people's lives, particularly in their midlives, where their bodies are so saturated that their intestines, and I don't mean to have a nasty subject early in the morning, but nonetheless, that their intestines are dirty, let's put it that way, gunked up, that they have so much garbage in their bodies. And please understand that I'm speaking about everybody. It doesn't matter whether you think you have a good diet or this or that. It's a machine, after all, it's a body, it's like any machine, it gets gunked up.

In context with PHS, and it is not something that that I can recommend, because after all this is Human Design, everybody has to operate out of their own authority, but I certainly put it out there as something that ultimately in your professional work you may see a situation where this is something worthy of recommendation to somebody. Because a fast, and it cannot be a short thing, that is, the best fast, the one that is the deepest cleansing is eight days. It is an ancient tradition. Today there are all kinds of natural products to help people when they're fasting to clean out their system. I think for a number of people, particularly people who have had histories of digestive stomach problems, these kinds of things, a fast can be one of



the most powerful ways as pre-PHS, to start as if they're a newborn in a sense, clean out their system as best they possibly can.

It is quite an extraordinary experience, by the way. Those eight days are remarkable. It's easier than most people think it is, but it is the first three days that are always so deeply challenging because of the habits. Food takes up a lot of time in people's lives. The days open up and become enormous. It is quite something.

Written comment: *the experience I had with clients if they have a second color that the best way to start from scratch is having a fast.*

Yes, I think that's a very good idea, Andrea, I do, I agree with you. I think for the 2nd Color that is a way of, sort of like these so-called rebirthing techniques, I think it's a way of rebirthing the digestive system. But again, one has to be cautious with this. For some people a fast can be quite dangerous. Not everybody is suitable for that. Many people psychologically cannot handle such a thing, to be placed under pressure to do so would be unfair. You have to be very, very careful.

But again, we're here to deal with people who are experimenting with their Strategy and Authority. As long as you caution anyone that this is the only way they can make such a decision, that if it's correct for them, then it is something I think can be important and of value.

Refining the Inner Energy System

Again, it's about the frequency. What PHS is doing for us is that it's refining the way in which the inner energy system, and it's the only way I can describe that in layman's term, that is, all of the activity that is going on within the system. It's very hard for most people to even grasp what it means that there are hundreds of millions of neurons firing in the brain all time. There are incredible activity levels that take place within the vehicle itself in every possible area that you can look at within this bio-form.

After all, it is an absolutely incredible machine. And one of the things to see about the core value of PHS is that in having a homogenized diet, basically what you have done is you've clogged up this energetic vehicle, and you've clogged it up with detours and closed roads and narrow passage and all kinds of stuff, because of course all kinds of areas of the vehicle are being nourished that don't require nourishment. They don't. It's like watering a patch of weeds. If you imagine that inside you're a lawn, which is kind of cute, and there you would be watering the weeds. It doesn't make any sense.

So it's one of the things to really grasp about what PHS is doing. The first thing it's doing is that it stops giving nutrition to those areas in the vehicle that are causing the problems, the slowdowns and the "this" and the "that." And it starts reinforcing those areas within the system that are there to be nurtured in that way because they are aspects of the differentiation that is there to be established. The moment you're



doing that, if you think about this whole inner world as an energetic environment, the moment you begin to refine that environment is the moment you begin to change the frequency. Everything about what it is to be correct is about this frequency, this fine tuning to get us to our differentiated specialty, whatever it happens to be.

It's something to grasp about looking at the external and understanding that yes, environment is terrific. I did this clinic the other day and I know the seduction of, you say wow, there's the environment, this is the thing, this is the place, but wait a second. If you're not correct in terms of your frequency in that environment, it is not going to work for you. It's not. I recommend it for children who are sick, a deconstructed environmental shift to help them. They're still relatively innocent and their frequency isn't totally distorted yet, and won't be distorted actually until they're about seven, the first quarter of Saturn.

It is about the frequency. And so as you begin to digest this external knowledge, you yourself have to bring a balance to the way in which you look at the environment to understand that it is the environment for the form. And the form has to be correct. Clearly, the form has to be correct.

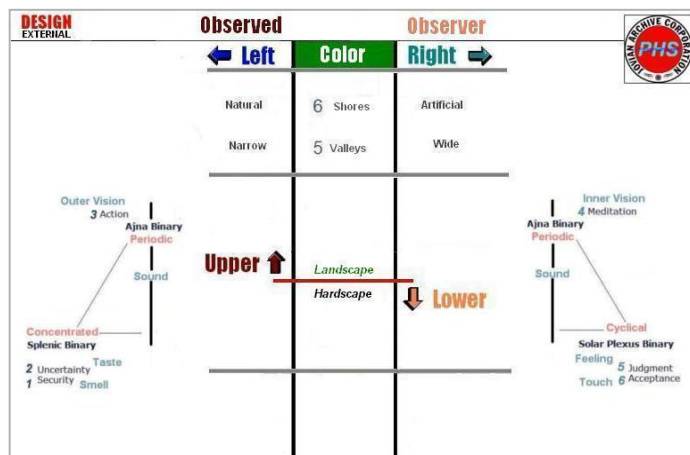
I want to make sure that nobody gets carried away and is constantly reminded of the real scale of this process: from birth, Strategy and Authority, and PHS; at 30, external environment; at 50, the beginning of outer awareness. That's the actual construct. We are conditioned beings who have gone through deconditioning. So we are not in this pattern at all. One has to be very careful about this environmental zone in understanding that getting there is the by-product of 30 years of correctness, PHS correctness, fine-tuned, fine frequency. So, it's not that the concentration shouldn't be on what the environment is. As I said, it is the essential ingredient of life, but recognize that the value I have in understanding that is limited by the preparation. The vehicle has to be correct. The frequency has to be correct, so that the frequency can operate in the environment.

The 6: Natural and Artificial Shores

Let's move away from the general for a moment and move up to the 6. Sixes are different. They are never really grounded. They're always ready to go beyond to the next step, whatever it may be. It is something to understand that in terms of Shores. It opens up a vista whether that is natural or artificial. They really speak for themselves. In the deconstructed value of Shores we know that it can be the suburb at the edge of the city and so forth. There are all these ways of looking at the environment itself. Understand the frequency of the form; there's a certain frequency for those who belong in the Natural Shores. That's me, Natural Shore. And I don't see anybody, but maybe they see me. That's just the way it is.



Or you can be on the other side, it can be the Artificial Shores, but then you have



this different kind of way in which you are in that environment. You're a watcher in that environment, an observer, less conspicuous in that environment. It means that the connections you have are more special than the connections that take place on the other side.

Oh, it is a very interesting phenomenon when you begin to understand that this is a body. Not just a body, but give that body its due, give it

its cognition. It is that combination of inner authority that functions through the internal that lives out through the external that is the frequency in this environment.

Transforming Your Frequency through the Vehicle

It's all about the Monopole. This is the great magic of Human Design, the Monopole. It captures frequency. So everything we understand, ultimately, is simply about frequencies. We know that scientifically, whether the frequencies are very close together or the frequencies are very far apart or they're almost invisible or they're right in your face, or whatever the case may be, everything in the end is just frequency.

So, when we're looking at the nature of the life—there was this expression that arose in the 60s about people having a vibe, a vibration, good or bad vibrations, this sense of the recognition of frequency. And it's something to understand about what it is to be correct is that it is the refinement of that. And you don't refine your frequency with your mind. That's the sad black joke that the homogenized world gets into. You transform your frequency through the vehicle. And that transformation of frequency is a fine tuning process. It's quite something to really be in tune. It's always interesting for me when I tune my guitar with my ear, and I have a very good ear, and then I'll match it against the an electronic tuning, and I'm always slightly sharp or flat. It's never exactly on. Now, nobody but somebody with a most peculiar hearing would even notice that. And yet, it's slightly off.

The whole thing to understand about the frequency businesses is that each of the transformations that a human being can go through is a refinement of the frequency. It is no accident, but an absolute necessity that begins with changing the way in which the body receives nutrition. It's the first thing. And it's something that you get to understand about homogenization, that homogenization is the most powerful when it's distorting your frequency and it does that from day one through food.



Two Transformations for Those who are Raised Correctly

It wasn't intended to be the big deal. It's a big deal for us because we're the first in line in this movie. But to see this is about children who are raised according to their PHS. It is what is natural for them. It is what is natural for them from day one. It's not about what we are. That's really different, what we are. Transformation in this context—they don't have a four transformation process as we do, they have two. That's all. They're raised according to their nature. They are nourished according to their nature. That's not a transformation. That's their nature. And then they have to find their environment so they can ultimately release their outer authority.

So in fact, if I were dealing with a child, I would not talk about the four transformations at all. There's only two. But for us, there are four. It begins with Strategy and Authority. And then it goes to that PHS and you start the process. We have to be like those babies. And I agree with you, Joanne, by the way, there is no one answer, there never is. This is differentiation. It really is about what they can respond to or whatever it is for them so that they have something that is correct for them as an entry. But this is where we're catching up. PHS is catching up. This is really where the real dilemma is. And as far as I can see it's the major stumbling block in being able to fulfill the rest of the program.

Radical Involvement

In other words, that question you asked me at the beginning, Marina, about my own perspective on changes in PHS over these years. What I get to see more and more is that I am becoming more insistent, I guess, that you have to do this or you're not going to be able to go through the whole process. It's clear to me that without PHS and without the environment that you cannot get to the true passenger. I know that. And because I know that I can no longer just sort of put this information out and say let's see what happens. I started a couple months ago using the term 'radical involvement', radically embracing the knowledge trying to encourage people to see that you're going to have to step into this whole hog if you really want to go all the way. And it means that you truly have to get to that place where it's correct for you to enter into your PHS.

And again, notice my language in that, because the mental seduction for people to be awake, whatever they want to call it, that mental seduction is so powerful that the not-self mind can end up distorting this whole process for someone. You can't do any of these things if it's not correct for you. You just can't. It's not possible. It'll end up being a horrible charade for you and it won't be something that is worthy of this process. It has to be correct. If it's correct for you to enter into your PHS, then it's correct, period. That's all. And if it isn't, it doesn't mean there is anything wrong with you. It just means that there is another timing. Everybody has timing for everything. And timings are unique. You cannot get involved in comparing.



One of the things that is so obvious to me is that there are going to be so many different paces of the way in which people can move through depending on certain attributes that are in their designs. There are all kinds of things to come into play. But the reality is if you truly want to go through this process, if you want to get to that passenger and that perfection of outer awareness and differentiation, you cannot ignore the body.

First Clean up the Vehicle

First of all, without PHS you cannot clean up the brain system. And you cannot enhance it. No clean up, no enhancement. You still have a deep, deep limitation on the Personality. So you have to clean the machine first. First you work on the machine and you make sure that it is optimized for your differentiated potential. It's what PHS does. And obviously there are other benefits that come with it. The negative, if there is a negative, is the social consequences. It's something that I remind people of all the time. Human Design isn't a social knowledge. It's to help unique beings emerge. It has nothing to do with any kind of social homogenizing dynamic. Everything about this is if it's right for you, if it's correct for you, you will go through these stages as you do. But you have to clean up the vehicle.

And then this element of the nature of the body and its left-ness or right-ness, that when its frequency is correct in its environment then you really get the movie. It's all over here. It's all about what it means for a human being to understand not simply that the body is the life, and not that it's not yours, because I think it's so hard for people to grasp that, but it's not, it's not yours. It's where you ride. And to understand that in order to be able to free yourself, this vehicle, the healthier it is—and I don't mean healthy in the homogenized sense, I mean healthy in the correct sense—Strategy and Authority, PHS. The moment this is your focus truly on the enhancement of the form, then this is when you get to see the most profound transformations in your life. This is what I have seen over these years, the evidence of that, what an impact that has.

You're refining your system. You're making it possible, ultimately, for your Personality to have a leap in the way in which it operates. It's all about understanding that as a professional, when you get to the place where there are others who are coming to you, you have to see that not only are you there to guide them into how they can operate successfully within the form, but how they must be there in their spirit. The homogenized world has all kinds of things they offer that say you can be this, you can be that, you could do this, you could do that.



Standing Alone

The one thing about Human Design is that this is not about instant gratification. One of the most of basic time frames in Design is the seven-year cycle that people coming in are told, that this is a process. One of the things about what it means to embrace this knowledge is, yes, it's going to change your life, yes, it's going to change your awareness, and it is something to see that it is going to change the way you see the world around you, the way the world around you sees you and you're going to have to deal with that for the first time, what it means truly to stand alone, and to stand alone within the context of your authority.

We are in the conditioned being deconditioned. And this is an enormous struggle. I'm not a fool. I know how powerful the homogenized world is. It is unbelievably powerful. Whether you're awake or you're asleep, the homogenized world is having a deep and profound influence on you because we are nothing but receptors. This is what we're all about. We have this little bit of activation and a lot of receptors. And until we lean on those activations, only then can we get this because remember, its resonance, and you don't resonate to what's good for you through your openness. **You resonate to what's good for you through your activation**, who in fact you are. That's the thing that's so incredible.

This is the beauty of this process. The seven-centered being was ruled by fear. Everything about them was a way to deal with fears. Everything about what they needed to know, the way they would act, the way the world was built, all of this has been built on fear, and it is a fear that is rooted in the fundamental that is survival. If you really want to see the evidence of seven-centered consciousness in the world today, then look at the billions who are on the edge of survival. The deep, deep failure of this process in which you see so many billions of human beings, billions and billions of human beings who are suffering. It's quite a world out there, a world in which the lack of correctness causes so much pain and it causes so much suffering.

Seven-Centered Fear

All we're here to do is to be able to give up on what that seven-centered fear did to us and has left as its mark. The brain isn't about fear. The mind is conditioned to be fearful. It's the seven-centered business. Now, the moment the mind is no longer your authority, it no longer has the power to distort you through that fear that has homogenized you and this planet. There's only one way to get beyond that fear is when you transfer the authority away from the Personality and you give the authority to the Design. Your vehicle in making decisions for itself; vehicles make perfect decisions. They know precisely what is necessary, precisely. It's a Uranian vehicle. It's here to live out a very healthy, fruitful life, far different from anything the seven-centered being knew. And without fear of what should I do, what must I



do, how can I, or how will I. But there is always an authority within them that will guide them on this plane.

We're not here to be afraid for our survival, so that feeds our mind to take over our lives. We're here to experience the beauty of mind, not the distortion, our beauty, after all, the way in which we are gifted to translate the experience of consciousness, and ultimately to be able to commune with the other and provide that as an outer authority. It's what we're intended to do when we meet in the external, to commune with each other and to do so in a way that is very, very different. Seven-centered beings, when they meet—it's like the tradition of putting your hand out to shake somebody's hand. It's interesting about seven-centered traditions, what that's really saying is "I'm not going to kill you. I'm not a threat."

This is not what we're about when we meet. We're not here to see each other as a threat or would-be threat or a strategically possible threat or an enemy or an ally. This is not what we're about. We're to entertain and be entertained. Consciousness isn't interested in being a mammal. We're here to commune through what is our uniqueness. This is what consciousness is about. It's what we're about as a species. It's the way in which we define ourselves in the world. We define ourselves through our differentiated form and its expression.

The Potential of the Nine-Centered Being

I look at the potential of the nine-centered being and frankly I'm impressed. I think I know evolutionary history probably as well as anybody. I've seen it from the scientific side and what I know so deeply in my work in Design. And I look at this particular form and it's deeply impressive. In a sense it should be. It is the last opportunity for individuated perfection. The rave will have nothing to do with that. The rave construct, the conscious Penta, is a communal consciousness in a way that we do not understand, because it is rooted in what we would call individuals who, in fact, have given up all individuality, all sense of individuated identity to something larger. It's not what we're about.

We're the end of the line. It is about the perfection of the individual unit. The next progression is the perfection of the individual Penta, and so on. So this is really the last opportunity there is in the whole incarnative process, a window of another thousand years or so for this possibility to perfect individuated consciousness. The perfect unit, the perfect cell, that's us, that's our journey, this perfection. If there are enough of us, I imagine it will be very interesting. It's the thing about outer authority. If I could create a scale of what is knowing in the world today and what is possible as knowing through outer authority, that would be a difference of, let's say, one to a million. It is not possible. I can't possibly know.

I'm astonished by my own outer authority and what it can reveal. I'm at a loss when I think about the possibilities of so many outer authorities out there in the world, how extraordinary that would be in terms of how in the consciousness field we have



a transcendent understanding of the nature of it-ness, whatever we want to call this extraordinary serendipity without intent.

Anyway, I wanted today to make sure as we came to a close of this first look of laying of these various themes, and obviously we'll have a lot to do with all of this next year. I just wanted to remind you about the body, of frequency, of seeing the hardscape and the landscape as an aspect of external, but also to understand that you have to see the form within the landscape and how the form adapts to the landscape according to its left-ness and its right-ness. And also to recognize that that frequency required to be truly at home in one's environment, without PHS, it's going to be—well, I just don't think it's possible. So, it is one of those keys to remember in terms of the deconditioning of the human being. That Strategy and Authority and PHS are going to be instrumental in being able to decondition somebody out of homogenization and place them in a direction that is correct for them.

As always, it's a pleasure to share it with you and all of you take care. Until next time, bye for now.

~End of the PHS EXTERNAL COLOR BOOK~



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