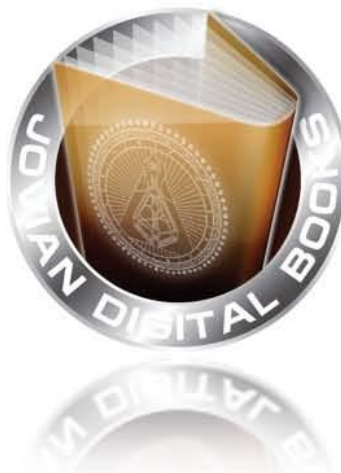


MANIFESTOR MANIFESTO

RA URU HU



INTERNATIONAL HUMAN DESIGN SCHOOL



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INTRODUCTION TO *MANIFESTOR MANIFESTO*

Ra Uru Hu is a Manifestor and for the first time he offered a detailed guide to fellow Manifestors in this exciting five-week program. Originally presented in the Fall of 2009, the course was open exclusively to Manifestors; however this digital book is available to everyone so they have a deeper understanding of the Manifestors in their life.

This is a special opportunity for Manifestors to transform their lives and to fully embrace their manifesting potential and gifts. Ra informs Manifestors how to live the awakened Manifestor Life through in-depth discussions of the impact of the Manifestor aura, who and how to inform, the benefits of informing, the root of anger, what creates resistance, how to get respect, the nature of just doing it without waiting for approval and ultimately achieving peace.

~





Lecture One

A Brief History and Mechanics of Manifestors and Manifesting

Hello and welcome to all of you. It's really nice to be—even if it's virtual—in a room of Manifestors. And particularly for all of you, because there a lot of people who are downloading that aren't here right now. For all of you Manifestors out there, it's nice that you're participating in this.

Before I get started I wanted to let you know, those of you who have never sent me your chart data and you would like me to use your chart during this course, please do so because my intent is as I go through each stage in these five weeks that I'll use participant's charts in doing the work.

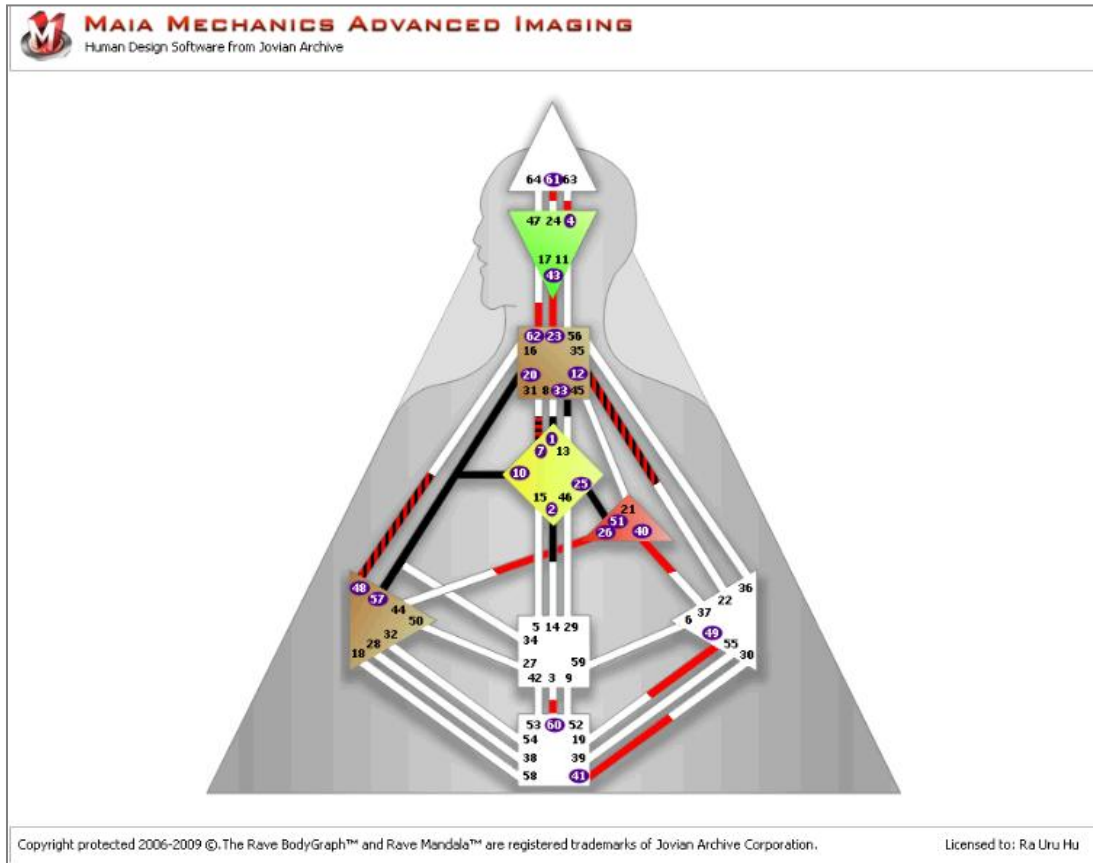
Ra's Experience with Types

Okay, let's begin with a story and it's really a wonderful counterpoint for me. Saturday and Sunday I was doing a workshop here in Toronto. I was doing a workshop exclusively for Projectors, so I've been in a Projector aura, a dense Projector aura for two days. It's a nice shift for me in comparison to get a chance to really talk about what I am. It seems I spend a lot of time teaching other Types and there is always a frequency that you deal with. It was very interesting for me, physically, to be in the aura of so many Projectors in a space.

I had an experience. It was in the mid 1990s when for the very first time I did *Type for Type*. It was in Vienna in Austria and I did a roomful of Generators and then moved to a roomful of Projectors and so forth. And I was really looking forward to the Manifestor experience, stepping into a room for the very first time and the only people in the room were going to be Manifestors. I guess the only way I could describe it was my surprise, how un-Manifestor like it really was.

Manifestor Punishment

I think it was then that I understood the ordeal of punishment that a Manifestor goes through in coming into this life and in coming into this world, what it means to be a Manifestor child, because I think in the end this is where the story is written. This is my design, by the way, for those of you who don't recognize it [*next page.*] Coming into the world as a Manifestor child, you come into a world that is suddenly put ill at ease with your presence. Ill at ease; it's quite a thing to internalize because that's what we end up internalizing as children.



And it's not because our parents don't have a natural love for us, parental love, whatever that may be. It isn't about that. There is an unease that gets established the moment we appear. And it is an unease that is always something that appears to emanate from us. And it changes the way in which we are recognized on this plane. And it establishes for us the most enormous dilemma that is there in a Manifestor's life. We're a minority. We're about 8% of the human population. So there are a lot of us in numbers in the billions on the planet. But in fact, we really are a minority and we really operate differently from anybody else.

Manifestors Initiate

And we operate differently in one way and one way only; that all Manifestors initiate. This is what Manifestors do, they initiate, and not particularly in my sense of the specific of that, because I have a channel of initiation. I really mean it in a much broader generic sense. That is, Manifestors aren't waiting for some kind of sign. They're not waiting for a cue. They're not waiting for a signal. They're not waiting for stimulation. They're not waiting for any of those things.



The life force of the planet, what we are really not, the life force of the planet, the Generators of the planet, the way in which they operate in the world is so incredibly different. Their perfection is only in their response. In other words, they don't have anything to be concerned about. One of the jokes that's always been so obvious to me about the Generator is that what a gift it is not to have to be responsible for the way you navigate on this plane.

Manifestors Pretend to be Generators

If you're a Generator and you're correct, you're no longer responsible for your navigating. You as a Generator are responding to whatever the stimulus happens to be out there. But then there's us. And we're not allowed to be that way. One of the great dilemmas of Manifestors is that Manifestors fantasize being Generators. They do everything in their power to pretend that that they are Generators. They make Generator sounds. They wait for things to happen. They wait for things to come to them. They wait for the stimulus, all of that kind of thing. They become the super experts in reaction and response.

And because they're Manifestors, they really get punished for that. They don't get frustration. They really get punished. We really get punished. Everything about a Manifestor's life is about what we make of it. That's really the truth of it. It's what we make of it. What I mean by that, and I don't mean in that sense that somehow we have a choice. It's just the way it works out in the mechanism of what it is to be Manifestor.

Take the example of love. I guess love is one of the places where everybody has their thing. When you think about love, think about what it is to be a Generator and to find perfect love. You wait for it. It shows up. Imagine that, it just shows up. They find it hard to believe because they don't live it, but it's the truth. All they have to do is just sit there and wait. It is going to show up. They don't have to find it. They don't have to look for it. They don't have to ask for it.

Every Action Carries Enormous Consequences and Pressure of Rejection

And then there's the Manifestor. The scene at a high school dance where the girls are at one side of the floor and the boys are at the other side of the floor, what courage it takes to walk across that floor and ask somebody for a dance; this is what it is to be a Manifestor. What it is to be a Manifestor is that every action you take carries enormous consequences and pressure. Pressure, incredible what is there. Because everything opens you up to rejection. Everything you do opens you up to rejection; everything. You know, I know.

The Generator never has to be on the spot. They don't. They don't have to deal with that at all. They don't have to put themselves in a position in which they are going to be rejected; they're here to reject. They're here to go "uh-uh"; pure rejection. They don't have to deal with being rejected other than when they're living



the not-self, then they get the taste, because everybody in the not-self is humorously conditioned to be a Manifestor, which is really a joke because they wouldn't want to be a Manifestor at all, they wouldn't.

A Closed and Repelling Aura

They have no idea what it means to have a closed and repelling aura. I have a deep, deep empathy for Manifestor women. I really do. This is an extraordinary incarnation to deal with the way in which society and our cultures work, and to be a Manifestor woman and to be a being with a closed and repelling aura. How difficult it is for others to truly appreciate us. How difficult it is for them to recognize our love.

I don't mean to point the finger at Generators and make them the bad guy, because they're not, but it's just the perfect counterpoint, they with their open and enveloping aura. The female Generator with their open and enveloping aura, the way in which they can be perceived in terms of the nature of their tenderness, their love, their this, their that. But we're Manifestors.

Manifestors Make Things Happen

It was the very first dilemma when we came into the world and we created this unease—it's our aura that created the unease. It's what our aura does. After all, imagine; we repel. We push others back. And they move back, because we are something that inherently is frightening. It's funny. There we are Manifestors with our enormous head trips because we have to deal with the fact that we have to be the ones who walk across that floor. We're the ones that are dealing with all of the pressure to make something happen, because this is what we do. We make things happen.

This is going to be a really dull plane if there aren't those forces that can just make things happen. It's what we are. But because we are that "make it happen" we can hit incredible brick walls. We just can. It is so easy for us to meet rejection when we are not correct as Manifestors. You have to understand how unusual you are, what it is to be a Manifestor. We do not have a Strategy. Not a biological Strategy. Asking permission as a child, informing as an adult is a mechanical Strategy. It gives us a chance not to have to live our lives in anger. It's what it's there for.

Oh, we all have our authorities. But it's important to understand we are not like the rest. We're not at all. We do not share the same life as they do. We do not. We're something that's very ancient. Projector is something that's really new. We are old-time get-things-done beings. This is how the human cultural evolution unfolded. It unfolded because of that capacity in us not to wait for the gods, but to push the river. It's the thing that makes manifesting so beautiful, that we are river pushers. This is what we do.



Informing

This is not a world that that necessarily welcomes that anymore. They don't. It's why we have the kind of Strategy that we have, that Strategy that's designed to bring us allies, to align forces with us so we are able to accomplish whatever it is that's there for us to accomplish. It's what informing does.

Whenever I think of the term "informing" I always think of Moses. I think of Moses dividing the Red Sea. This is what informing is like for me. It's just dividing that sea and you can just go right through, because there are so many forces that are aligned against manifesting because manifesting is not controllable. It isn't. We are not here to be controlled. We're not. We're here to volunteer to be controlled, in a way. We're not here to be controlled; we can't.

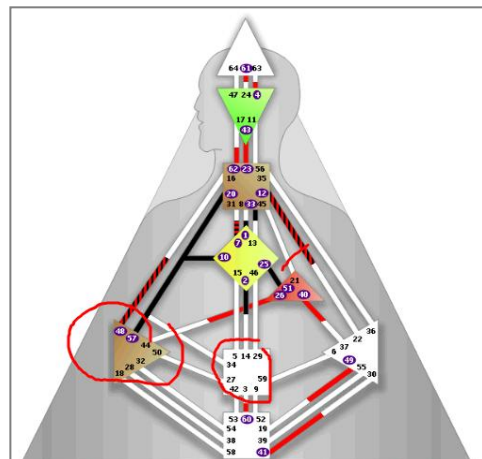
Manifestors and Their Minds

This is what every other Type on this plane, this is how they live. They are controlled by their geometry and the stimulus that is going to be there for them. Our job does not allow us to wait. It doesn't. It demands that we act. And of course, here comes the huge dilemma in all of that. It's so easy for Manifestors to get trapped in their minds, because after all this is where everything having to do with awareness and transformation in this life has to do with the nature of the mind.

You wake up in the morning and it's your mind that reconnects you to the world. It reconnects you to a world that it has translated for you into the maia that you live, whatever that may be. And because it is your mind that frames all of that, it is your mind that you trust to be able to discern in that maia that it makes up for you what is good and what isn't and where you should go.

When you're a Manifestor and you're not waiting for the forces to ring your bell so that you have something to do, you tend to end up being lost in the mind and following its dictate because you can. Now, I have a lovely mind. I know that. It does a really good job as outer Authority for me. But it was absolutely useless in running my life when I was not-self. And it's not like the mind that I have today, the personality framework of my mind, it's not that it does not go through what mind goes through. It has its stuff. It wants to do things. It's mind, after all. It's what mind is all about. It's always there, but it's never there for me for a decision. I don't manifest according to what I think.

I'm a splenic Manifestor. You can see that in my design. I'm a splenic Manifestor. This is who I am, and basically what that means is that I have let go of decision making entirely. I just simply follow what my Spleen does. And it





does that moment by moment. What happens to most Manifestors is that because we are here to be the ones that act, we try to construe what the act will be and then follow some kind of potential Strategy. That's not a healthy thing to do.

It doesn't mean that your mind cannot measure this and that about anything. It will, after all. It's what it does. But it's not up to your mind in the measuring to then become the judge, the jury and the executioner, because mind will always be able to come up with a "this and that." It's good at that. And if you follow what your mind tells you is a Manifestor and the whole thing blows up in your face, your mind is then going to tell you to try something else. It doesn't know what you're here to do. It's not what mind is about. As a Manifestor if you're ruled by your mind's decision making you are going to hit incredible walls.

Because of the very nature of what we are as Manifestors, we will suffer that deeply alone. It is a darkness that moves over us, because yes we are here to act, but we are here to act according to what is our true Authority. We all have an Authority. This is what we're about. And this is the thing to really grasp, the dilemma that is there for us as Manifestors, how easy it is for us because we can act to get caught in our mind's trip. It's so easy.

The only way that anyone can transform their life is not by learning, it's by living. You've got to live your Authority as a Manifestor. It's our way of bypassing, getting around, if you will, of the dilemma of being Manifestor and getting to the ease of having a mechanism within us that moves us when it's necessary, because we're not always here to act and we're certainly not here to act according to what our mind thinks we should do.

The Mind is for Measuring

It is better that the mind is a reviewer. Let it do research and let it review; nothing else. And what it reviews and what it sees is not the point ever. Human beings put so much faith and trust in their minds even though their minds have led them the wrong way over and over and over and over again. You have to see mind for what it is. It's your unique measuring instrument. It's not a decision making instrument. It's for measuring.

We're here to be aware. We're here to be a full expression of cognitive potential. This is what we are. And that measuring capacity of our mind can be a beautiful thing. My mind measures for you. It gives you the "this" and the "that." We were each here to express that outer Authority of mind, but that's not the same as the mind that becomes the ruler of your life, the mind that tells you what to do, that pushes you around, that makes you suffer, the mind that leads you astray, the mind that gives you your anger, because anger is what we are all about. The not-self Manifestor starts off, whoa, in the anger. By the time you're three or four years old you've transferred that anger to those around you. You get people who get angry at you.



Manifestor Signature is Peace

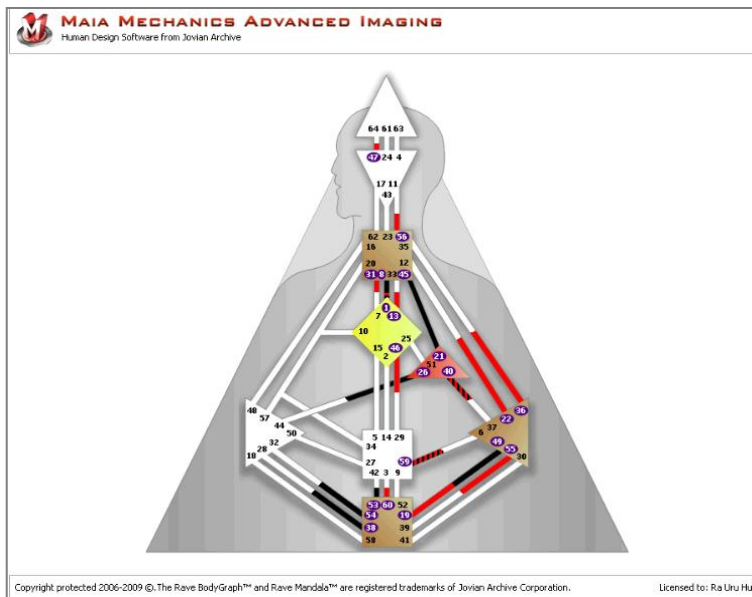
Our signature is peace. Peace is not being interfered with. Peace is not living your life according to your mind, but living your life according to your Authority. That's peace, because the mind is going to do what it does. Everybody is so interested in healing the mind. It's a joke. They're not there to be healed. They're there to be experienced. It doesn't matter what kind of trip your mind goes through. If it's not making your decisions, then it's just something that it does. It's what your mind does.

When you take its decision making power away, then you just get to see what your mental system is there to measure and it begins to operate the way in which your mind was intended to operate as a way of translating cognitively your experience of being on this plane. It isn't there to be the driver. It's not about figuring out what you have to do and where you have to go and all that stuff. It isn't.

It's about seeing. Out of the seeing your Authority will move you. That's what you get. And because it's your Authority that moves you, that seeing becomes an expression. It becomes your awareness. It becomes the outer Authority that is there to be shared with the other, to bring that Manifestor power into their life. After all, Manifestors who can make things happen change the lives of many.

The Emotional Manifestor

It goes back to very, very simple basic things. When you're looking at Manifestors, you're really only ever looking at two kinds. I know that there are many variations.



There are always many variations. This is a classic example of one. Fifty-one percent of humanity is emotional. Obviously, the other 49% are unemotional. So basically we only have these two kinds of Manifestors. And they're very different in the way in which they work. That is, the unemotional Manifestor is a spontaneous being. It's the only thing that they can be. It's the only way for them to have an Authority.

The emotional being is not a spontaneous being. We well know the mantra of "no truth in the now" for the emotional being. Yet the emotional Manifestor is perhaps



the most powerful of all manifesting forces. They carry an enormous energy resource. And they are disseminators of wave. All emotional systems operate out of a motor wave and that motor wave is something that goes out through the aura of the emotional being.

When you are a Manifestor and you're caught in your mind's trip, because it thinks that it has to come up with something for you to do and that you end up doing that thing, if it's spontaneous, if it is not something that is mulled over, if it's something that is coming out of the spontaneous Authority, that's one thing. But most Manifestors simply make up those things out of their measurement that they have to do, that they get this "I'm the only one who can do it, I have to take the pressure, I have to go and do it."

Emotionalized Anger

For the emotional being, this is something that is very difficult. To be an emotional Manifestor is to have in the not-self emotionalized anger. And emotionalized anger is something that is cold rather than hot. It is painful to those who carry it. It isn't always visible. And it is something that distorts everything that is potential in a Manifestor that can be at peace.

The emotional system to begin with is a challenge. It's always a challenge. The challenge is patience. We're talking about Authority that Manifestors have to be deeply connected to their Authority because it's only through their Authority that they are moved to the correct act. This is the thing about our "to do." Everything about that "we have to do" has to be guided by our Authority. When you're looking at Manifestors or you ever work with another Manifestor or help them with their chart, this is the place to go. It's the Authority that makes the difference. And 51% of all Manifestors are emotional. This is their Authority.

Time Frame for Emotional Beings

That emotional Authority is not something you can make demands on. You can't. The problem is really the way in which we see time. We all see time differently. There is this assumption because we share clocks that somehow we don't. But we do. The unemotional Manifestor is very existential by design. So they live in a certain kind of time. It is a kind of dance in the present. But when you're an emotional being, the present doesn't mean anything more than what you will go through over your wave period. In other words, you can't afford to be just in the present, because the present isn't going to hold for very long. It's not. It's moving.

Manifestors who are emotional, I think it's true for all emotional beings that they need to claim their right, and the right is that they live in own time frame. What we have in our organized societies is the way in which the rituals of time are played out, that if somebody wants something from you, you've got to give it to them right away, and so forth and so on, whatever those situations are. Something to realize

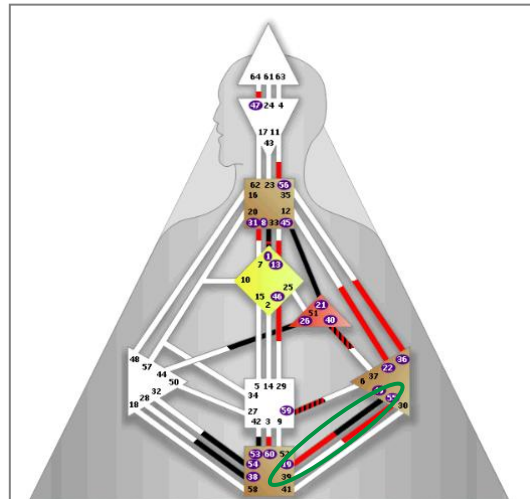


about what it is to be an emotional being is that you cannot do anything until you are clear. And that the clarity itself does not come with language. It doesn't.

Think back to what I described before. Here we are Manifestors. We are the only beings who are here to act and here to act on our own. We're here to take action. And because of that we get addicted to our mind, because it wants to control us. We get addicted to our mind telling us what that action should be. Now, think about what it means to be an emotional Manifestor with emotional Authority. That emotional Authority is about feeling.

Clarity is Not Mental

In this case, in this design, this is somebody who is deeply sensitive. It's their sensitivity. They're operating through a stream that's about need *[circled in green.]* And everything about their emotional reaction, the way in which they are moving in that emotional wave, is to get to an emotional place of clarity. That doesn't translate into language. When I'm about to go into a restaurant and my Spleen stops me in my tracks, there is no language for it. It doesn't translate. My mind does not understand why my Spleen is refusing to go up those stairs. I've had this happen to me so much in my life. And there's no way of knowing.



It's like the day I came out of my house and I see myself put my seatbelt on. I never do that. I drive on a camino. But that day I would get hit by a car. I don't know how my Spleen knew that. There was no translation at the mental level. There's no way mind is going to figure that out. It doesn't know.

Emotional beings, when they think about the terminology in Human Design about clarity, it's not mental clarity. Your mind is still going to be a mess dealing with whatever it is, whatever its trip is, because it has nothing to do with mind. And mind isn't going to understand where you are at in that feeling in that moment where you have that clarity. It's about trusting who you are. You have to trust your Authority.

If you're an emotional being and you go through your wave, as a Manifestor there's a moment in which that emotional power pushes you to act. It has nothing to do with what you're thinking. It has to do with what you're feeling. This is the essence of grasping how it's possible as an emotional Manifestor to be able to make on this plane and achieve the peace that's there in your signature. It's what moves you to act.



Authority is the Guide

Each of us as Manifestors have different instruments, authorities that are the things that drive us. They're our signal. This is the only thing we can count on because our mind is going to lie to us, and because we can do these things we end up constantly getting into trouble with it. We just do. Again, you have to see how different we are from all the other Types. They are waiting for something. We're not. We're making things happen. And when you're making things happen it's so easy to be in the not-self trip that it's your mind that's telling you.

Let's say you're thinking, you got an idea, some kind of idea, whatever it is, what your mind is going to do is it's going to measure that idea. It's going to measure the good parts of the idea; it's going to measure the bad parts of the idea. It's going to weigh them up and down. Now, if you're not-self you're then waiting for your mind to tell you which way to go. Now if you're correct, you allow your mind to do what it does. It's going to measure the "this side" and the "that side," but it doesn't get to decide. It doesn't. It has to come out of your Authority, that the action you can take, that the power that's inherent in as Manifestors, it can only work for us, it can only bring us peace if we are correct.

For the Manifestor, the not-self mind is the greatest challenge. We have this incredible privilege of being able to do things. And we abuse that and get abused at the same time by listening to what our mind thinks we should put this incredible power to. It doesn't know. And just because it measures this and that it can always claim victory. Don't be fooled by that.

Everything about Human Design gets distilled down to whether you can live your Strategy and Authority. It's the only way to strip the mind of its power. And because we have an artificial Strategy, our Authorities are even more important to us because they are the keys. If we wait for our Authority to move us, we can move anything. The Strategy is very simple. That unease that you created the moment you came into the world, all of that punishment that you take because you're not controllable, all of those things disappear as a Manifestor the moment you play good Manifestor, like a good dog.

The Manifestor Aura

This is what Manifestor does when it informs. You're standing there with a Generator and you're informing the Generator of something, what has arisen out of your Authority, and in that moment you're informing the Generator, the Generator is thinking "good Manifestor, trustworthy Manifestor." Our auras, these closed auras, they don't let anybody in; not your greatest lover, not your greatest friend. Closed is a very powerful word. It's closed.

It is only when you come to grips with that that you can really grasp that. I've talked about it a lot, what it's like for me to be a Manifestor father and to have a closed aura. And I have Generator children. And I have to protect my aura. And at



the same time, it's so obvious to me, it's been obvious to me all of my life, that I'm not an easy person to get close to. It's just the way that it is.

It's why I have such empathy for Manifestor mothers. And I do. To be a mother with a closed aura is something that is deeply difficult unless you're aware and you grasp that so it doesn't scar you psychologically and doesn't create barriers between you and your children. I have a very deep and loving relationship with my children, but it is a relationship that arises out of what I am as a being. I'm a Manifestor. I can't be what I'm not.

At Risk for Rejection

So many Manifestor parents are so busy with trying to overcompensate for their aura instead of just explaining it. It's about awareness, after all. We have to be so conscious of our aura so that we don't have all kinds of psychological expectations about our relationship to the other because again, remember we're the ones who always have to risk rejection. We're the ones who have to ask the boy or the girl for the date. We're the ones who have to put things on the line. We're always the ones who are at risk. It's not an easy thing. This is powerful stuff to have to deal with as you're growing up to be able to understand that, to be able to see that what comes easily to others we have to go get.

Anger is Blinding

This is a real force that is there in our mechanics. And we can feel incredibly alone in all of that if we are not aware, if we do not get it. You can only handle resistance so long. Anger is a killer. Anger and bitterness are the two most vicious things that we have in Type. They both go very, very deep. When I was not-self, I could carry anger a very, very, very long time. Anger is blinding.

Manifestor children are pushed deep into the foundations of anger in their life. And that anger arises, after all. The not-self in all kinds of situations is going to watch that anger come out. Ultimately, the cry of the Manifestor is "it's so unfair." And everybody looks at the Manifestor and says, "What the hell are they talking about?" They're Manifestors; as if somehow being able to do things is something that is so delightful. It isn't.

Manifestors are Ancient

Manifestors are ancient. It's not our time anymore. It's not. The way that the evolutionary program is moving is towards something else. It's certainly moving away from what we are. It's no longer our responsibility to carry the burden of pulling all of this into the future and making it happen; there's another dynamic that is unfolding on this plane.



It was my joke over the weekend with the Projector workshop, my comment to them was I'd like to see how you do this job without a manifesting capacity. How are the Projectors going to be able to guide into the future without having what is Manifestor power, which is to initiate things and drag all the Generators along with you, because this is basically what we do. I've always joked about Manifestors and their Generator slaves. If you think about it, we're 8% of the population and they're 67% of the population. Each of us has the right to at least eight Generator slaves, so to speak. That's a joke, by the way; though there is always some interesting stuff in the humor.

It's what we used to do. We were the ones that made things happen. And the Generators came along as builders. This is how the whole culture and civilization was built. And it's over. So, there is not even the residual recognition that we have a right to our power on this plane. There isn't. Now, when a Manifestor approaches there is just simply a sense of unease.

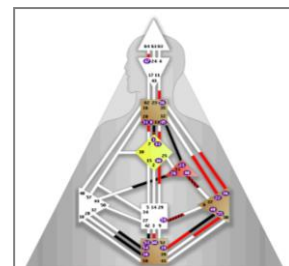
Dealing with Aloneness Inside a Closed Aura

Now, it's interesting. Many of us have different configurations and activations and all that stuff, and obviously, there are many, many varieties of the way in which that works. Not all of which is obvious. If you have a very social Manifestor in terms of their design it's not going to be obvious that they won't let you in, but oh boy, they won't let you in. They can be very social, but that doesn't mean that they can let you in.

Until the Manifestor can deal with this quality of aloneness, and again it's not about loneliness and it's not about not being able to have the kinds of relationships that are really enriching. It isn't. But it's about coming to grips with what it means to live inside of a closed aura, and to understand that so deeply. The only thing that you're really going to be able to rely on in this life in order to compensate for that, because it's basically what it is, is to be able to operate correctly according to whatever Authority you happen to have, because it's the only thing that's going to make a difference.

For the Emotional Being: "Not Now"

Earlier I was talking about time. The dilemma for the emotional being is this assumption that life is short and things need to get done and they'd better get done now. Emotional Manifestors are not here to work that way. Emotional beings are not here to be pressured by the movement of time. If you're pressured by the movement of time, it's only going to age you. It will make you feel old before your time. Emotional beings are not here to live in existential time. They're not. They're here to live in their own time frame.





Most of that time frame is “not now.” I think this is one of the most importance expressions for emotional beings to develop in their encounters with the “this and that” of what life brings; “not now.” And it doesn't matter what it is. It doesn't matter whether somebody wants to talk to you, make love to you, or do business with you. It doesn't make any difference what it is. Just not now, not now, because you don't know whether you want to be with that being or not in the moment; you have no idea. You just don't. It's always going to be conditioned by where you are in your emotional process; always.

So, when you're dealing with an unemotional Manifestor everything is “now.” And when you're dealing with an emotional Manifestor everything is “not now.” It's that “not now” that makes the enormous difference in their process because that “not now” is just waiting for their emotional system to be clear. It's waiting for it to be clear. Usually that takes the kind of sleeping on things, just sleep on things. Wait until you get up the next morning. See where you're at. It's constantly waiting for your emotional system to direct you. It's what it's there to do.

It is the Authority. But that Authority that emerges is something you've got to trust in your emotional system because it may not be what your mind wants. It may not be where your measurement has led your mind, all that kind of stuff. Once you have emotional clarity doesn't mean that instantly your mind is going to recognize and that and say, “Oh, wow, terrific, we are now emotionally clear.” It doesn't work that way. Mind is mind. It does its thing. It never stops. You can't turn it off. You can't fix it. You can't change it. You can't repair it. That's not the job.

Manifestor Refinement

Awareness is about awareness. It's about experiencing the way in which personality operates. It's not getting caught up in it. If you really trust your Authority, what you get to see is that your Manifestor actions become very refined. There is nothing more beautiful than refinement in a Manifestor. It's just something that's very special, because again, we can get things done. We can make things happen. One of the most surprising things on this planet are human beings who can get things done and make things happen.

That moment you can be clear, that moment your Authority is guiding you, that's the moment you take on the role of a Manifestor and you let whoever needs to know what they need to know. We are about impact. We are impact beings. This is what we are. We're here to make impact. Not are we here to make impact; we do. That unease when you come out of the womb and everybody's gathered around and there is this uneasy feeling, sort of modest version of Rosemary's Baby—that's my humor—that unease of the Manifestor being in the world. We're quite something.



Manifestor Impact

The moment we enter into our role, our role of being good Manifestor, it allows us to do what we're here to do, which is to impact those around us and impact as far as our karma, our destiny, whatever, points us. We can't do anything without impact. Think about that. If you make an ass out of yourself, it's really going to have impact on others, because all we do is impact. So, if you're not-self and you're a Manifestor and you're blundering along, it's not like nobody knows. Everybody knows, because we automatically put out that impact. And because we have a closed aura and because they can never get inside and because they can't figure us out, they make up stories. They try to figure us out from that place.

So, when you're not correct—Manifestors, because of their closed aura, don't think that anybody's paying attention. I still have people who come up to me that I obviously said something to them, I don't know when, 10 years ago, 15 years ago, something that I probably forgot 10 minutes later that I even said, whatever it is that I said to them. And whatever it is, 10 years, 15 years later I meet them and they tell me—wow, you have no idea how much impact. And it's not because I'm Ra Uru Hu. It's about what we are as Manifestors.

Your encounter with any person, you meet somebody on the street or while you're shopping, whatever it is, whenever person you encounter, you have to understand something. You are having an impact on them. You may not pay any attention to that. You may think that you're just casually encountering somebody and moving on. But you leave a powerful impact behind. It's what our aura does. Because it's a closed aura and because the vast majority of the population isn't used to that, there is something about us that perks their curiosity, their interest or whatever. It just does. We are pure impact forces.

So think about what's going to happen to the not-self Manifestor. We're designed to be punished for being what we are. The Manifestor that pushes ahead, that is being guided by their mind, that is doing so without letting anybody know, this is a Manifestor that is really going to get whacked, because it's what happens to them. And of course, they get angry. They get angry at themselves. They get angry at the world around them. The anger begins to dig in deep. It takes the beauty out of life.

Manifestor Peace

One of the things that I love so much about being a Manifestor is that we have such a glorious signature, to be at peace. After all, it's only for 8% of the population. It's for us. And it means that there is an incredible journey to get there. You don't have such a reward unless you have quite a thing that you have to go through in this life, and we do.



What I love about the work that I do is that it's mechanical. These are just mechanisms. It's about surrendering to accepting the way the mechanism operates, surrendering to your own dynamic, understanding both the dilemmas that arise out of a Manifestor, but really getting to see how beautiful we are as beings. How special this whole configuration is in this incredible journey that the Manifestor incarnates into, because it is. It's an extraordinary thing.

I do not want to wait for life to come to me. That is not what I am. I'm here to take life as fully as I can. This is what it is to be a Manifestor. What I've had to learn is that we are never truly alone, because ultimately there are so many who are going to be dependent on us. They will. We are always going to find our allies, because we are always going to find those forces, mostly Generators, that need this power of initiation to give them a direction in their life, to be the stimulus for them. They're ready not simply to stand aside, but they're ready to follow the moment you can act correctly is a Manifestor, the moment you are being moved by your Authority and you are making sure that you inform those who need to be informed, then the doorway opens.

The Manifestor who's facing the most difficult thing, there is such peace that comes to that being when they inform those who need to know about it; wow. Because in the moment of informing, what you discover is that the other is really there for you despite what it is for you to be the Manifestor with your aura. They are there.

Manifestors are Here to be Informed, Not Told What To Do

Our aura may be closed, but we are here to be approached. It's a wonderful thing. Somebody the other day was talking to me about how you reach out to Manifestor. And I said to them that there are two things that you don't do with a Manifestor. You don't ask them and you don't tell them. We're not here to be asked. We're not here to be told what to do. We're here to be informed.

It's one of the things about this word and how important it is for us. If my partner tells me to do something, my hackles go up. If I'm asked to do something, my hackles go up. But if I hear about something, I may act. If I hear that there happens to be no butter in the fridge, I, as a Manifestor may just get up and go get some. It is something to understand about our relationship with the other. Yes, we can be approached, and we can be very warm and very loving in our relationship with those that can approach us. But is not about asking us or telling us, it's about sharing with us information. It's what it's about.

Let Manifestors decide in their process of Authority what it is that they are going to act on. It's something to see that when somebody comes at you and they want to ask you or they want to tell you, and they don't know you, if they want to discuss something with you, that's a different story. If they want to talk about something with you, that's a different story.



It was about really recognizing who we are. We may be a minority. We may be very different from all the others, but it's essential that we demand the respect of what we are. We're not here to be asked. We're not Generators. We're not here to be told. We're Manifestors. But we are always ready to commune with the other. Informing for us opens that doorway, always. It's the one thing that liberates us. It's the one thing that allows us space so we can live out our Manifestor process.

So, follow your Authority. Let your Authority move you. Let your mind be mind. Don't allow it to make your decisions. And recognizing most important of all that the moment you follow that, that's the moment when through informing, you begin to truly have the impact that you're here to have in this life, and it is something on the other side that only brings you peace. That's a great reward.

All right, well, I want to thank all of you for participating. And we will continue on our Manifestor journey. So, to all of you, wherever you are, you take care. It's nice seeing you here and nice sharing some Manifestor talk with Manifestors. Until next time, bye for now.

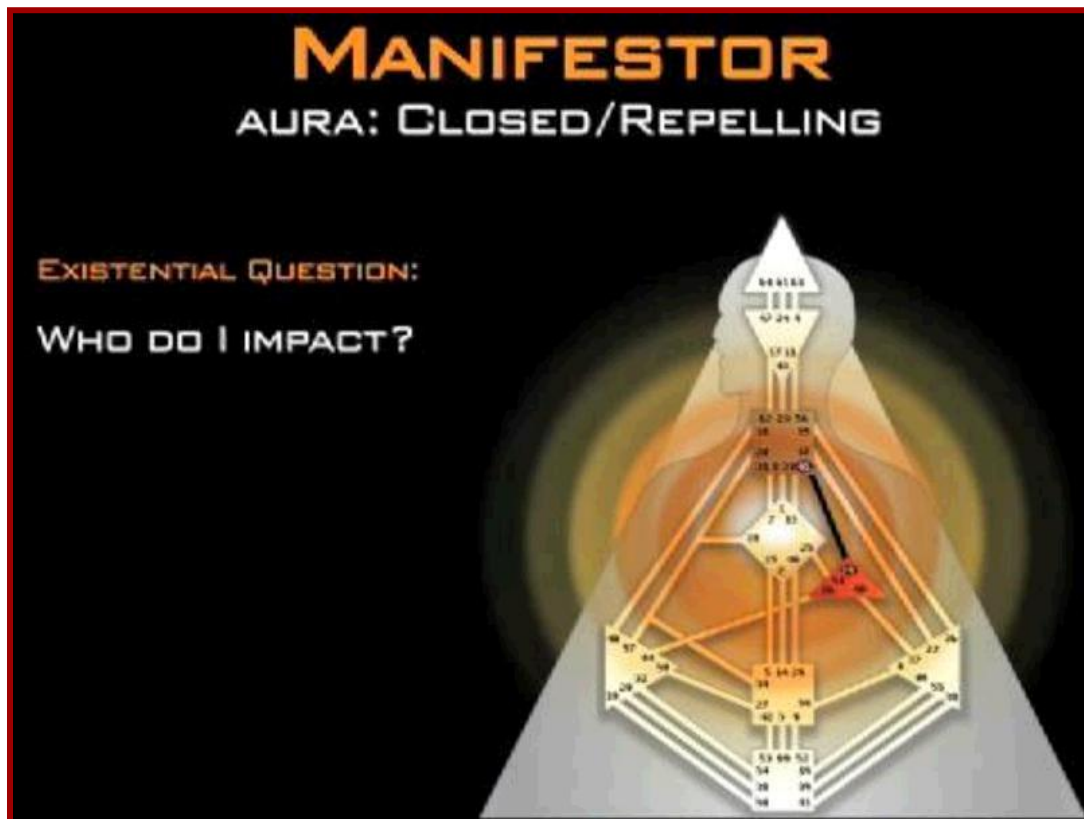
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Lecture Two

Closed and Repelling

Hello and welcome to all of you. We continue our journey in to the Manifestor life. And I think that today we really deal with the crux of what it is to be a Manifestor. I think it's the most difficult aspect of what it is to be a Manifestor. And it has to do with the nature of our aura. If you look out in the not-self world, it's one of those things that I've been looking at for many, many years now. I can remember when I first started my work and began to do the work of explaining Type that I often made the comment to those who were being trained—I think it was analyst programs that I was doing at the time—that one of the last people you're going to see coming in for help is going to be a Manifestor. Most of that is because of the result of what it is to live in a Manifestor aura.





Rejection in a Manifestor's Life

There's an enormous amount of rejection in a Manifestor's life and not all has to be real. That is, not all of it has to be obvious rejection. There is so much rejection that goes on in the consciousness of a Manifestor that is played out in the fantasy of the way in which their minds work. It's really something to grasp about the ordeal of what it is to be us. I tried to touch on that last week really to give you a sense of it. That is, everybody else, the 92% of humanity who are not Manifestors, the vast majority of the planet who are not Manifestors, in so many ways in correctness, their lives are really easy. And I mean that. I was always astonished when I started to do my work and I particularly focused on Generators because they are the majority and, in essence, they have a very simple, very straightforward Strategy. That is, the Strategy to respond.

But when you think about the 92% of humanity that are rooted in response or rooted in the invitation or reaction or however you want to describe waiting for the stimulus, they have a very different process. They're always at an advantage. The advantage being that they're waiting for something to come towards them and all they need to do, in essence, is to be able to deal with that correctly, just react to that according to whatever their particular Strategy and Authority happens to be.

It has nothing to do with what it is to be a Manifestor because the Manifestor does not have that luxury. And because the Manifestor doesn't have the luxury and because the Manifestor is there to manifest, then every time the Manifestor is about to manifest or certainly when they think about what they're about to do, they're always confronted with the potential that they're going to be rejected, like being the Manifestor who has to go out and find love.

Generators don't have to go out and find love. As a matter of fact, most Generators are frustrated because they're conditioned to be Manifestors which I think is hilarious because it's not an easier trip to try to be a Manifestor. And they go out and chase things and of course it doesn't work for them and they get terribly frustrated.

The reality is that for the Manifestor everything is built on what we do. And every action that we are going to take is an action that ultimately has the potential of being rejected in the same way that the Generator sits and waits for something to come its way to be able to respond this way or that. They're designed to be ready to reject stimulus, which is only correct for them.

But then again, the onus is not on them. The moment that you're a Manifestor, the onus is on you. This is the task that's laid out there in genetics that say—well, you're the one that has to go forward, you're the one that has to take the first step. And of course, in doing so you put yourself in a situation in which the rest of humanity is ready at least 50% of the time to reject you.



Manifestor Anger When Their Task is Blocked

What that means is that Manifestors live with a great deal of internalized rejection. That is, the fear of rejection, the deep fear that there are those who are simply going to say no. And in saying no, get in the way. One of the things that's so infuriating for a Manifestor is to be blocked from what is their task. This is something that brings to the surface the enormous anger that always is a potential inside of the Manifestor.

And so much of the anger that distinguishes the Manifestor is an anger for things that haven't yet happen. There you are, a Manifestor and decide according to whatever happens to be your particular Authority, that you decide you're ready to act. But we all carry these minds around with us and these minds are always very busy digging into all of the nuances of measuring in this life.

Anger from Your Mind before There's Any Rejection

Manifestors are no different than anyone else. The moment there is that potential in you to initiate some kind of action is also, at the same time, your mind reminding you of the consequences. That is, the potential that you could be rejected, which creates anger before there's any rejection. It's what Manifestors deal with from the moment they come into the world, which is a punishment that is either direct or a punishment that is indirect because there is very little understanding of what is the true Manifestor process.

Manifestor Communication

It's the same thing with communicating with a Manifestor. We have all of these ways we see in Human Design to relate to the other. We have all this asking the Generator and inviting the Projector, these kinds of things that are there. But Manifestors are very odd in that way. That is, we're not here to be asked. And we're not here to be told. As a matter of fact, if you ask a Manifestor in all likelihood there is going to be residual anger that's there because in fact, they're not a Generator and this is not what they're about. And the same thing is true in terms of telling a Manifestor, because telling a Manifestor anything is only going to raise their hackles.

It's so interesting about this political Strategy of the Manifestor. And when I say political, it is. That is, the Strategy to inform, as an adult Manifestor. And informing is really an interesting thing because it's a two-way street. If somebody asks you, basically trying to figure out how to relate to you as a Manifestor, probably the most important thing to tell them is all we need is to be informed. That's what we need. We're not here to be stimulated by the other to take action in a direct sense, to ask, to tell, these kinds of things. After all, the one thing that is special about us is that we are here to act according to our nature. We are here to manifest and we're here



to manifest in that sense on our own and we're here to follow whatever our Strategy leads us to in terms of manifesting.

When somebody is communicating with us and they're trying to dictate or they're trying to ask us, there is very little natural response in the Manifestor. I think it's why Manifestor children, as an example, have a lot of problems; obviously, in the not-self world anyway. But the difficulty of what that is, because chemically, and I'm only speaking chemically, the moment you ask a Manifestor to do something, chemically there is a whole release of anger. It's just there.

The Deepest Conditioning is to be a Generator

It's only those Manifestors who have been so deeply conditioned, because after all, the deepest conditioning for a Manifestor is to be Generator. Put a Manifestor with a Generator long enough and they'll make Generator sounds. They just will, you can hear it. You sit them down at a table for dinner with a Generator and you'll hear the Manifestor louder than the Generator. Manifestors are deeply, deeply susceptible—so are Projectors for that matter—to the Sacral frequency and to the conditioning of the Sacral.

This business of asking a Manifestor, it seems harmless, after all. Doesn't it? At least from the perspective of 92% of humanity who say, "Well, we're all waiting for something, we'll ask them." And most Manifestors don't realize how, because of conditioning, deeply offended they are by being asked, as if they are not capable of doing.

The same thing is true with telling. Telling a Manifestor to do anything is only going to create anger. And even in most cases in the not-self a lot of this anger is deeply, deeply repressed. It's deeply repressed. And it's particularly repressed in the female Manifestor population because of the stereotyping of the male-female roles and the way in which that's supposed to be played out. Manifestor women to begin with already have to deal with, in a sense, the inconvenience that their aura brings in terms of the way in which they are taken in by the other and the way in which they are experienced by the other, because obviously—and we'll get into this deeper as we move along—this aura is not an easy thing to bridge.

Don't Ask, Don't Tell, Inform

But I think that before we can even get into that basic auric content, we really need to understand the dilemma of communication. One of the things that I talk about in terms of the development of the nine-centered being is that our role ultimately is to be able to commune with each other and commune with each other through awareness. Everything about our relationship to the other is something that is only going to be fulfilled when we can effectively communicate.



I think that of all the beings on the planet, I think it is Manifestors in their relationship with the other in which there is the poorest of communications because the way in which most communication is operating in regard to a Manifestor is the ask-and-tell kind of communication. If I were playing the game of how do I get a Manifestor to do something, because fundamentally that's what everybody wants, how I get Manifestor to do something, you don't ask them, you don't tell them, you inform them. This is what we're all about.

You inform a Manifestor. It's neutral. You're not asking; you're not telling. You're sharing something. You're informing them. The moment you inform them, because it doesn't carry any weight, that is, it isn't carrying a pressure point, and again, Manifestors are put under enormous pressure by the Generator frequency, that the moment that isn't a pressure point, the Manifestor can take in that information, and if there's something in that information that actually gets it to a point where it decides to do something, all that's fine. You immediately eliminate the resistance that the Manifestor feels when it's asked or told.

This is one of our dilemmas in our relationships with the other. That is, if we're going to be able to be successful in our relationships, particularly with other Types, one of the things we really have to be able to develop in them is an understanding of how to communicate with us and communicate effectively.

Communicating with the Manifestor Child

This is particularly important in the raising of Manifestor children. The tendency of Manifestor parents, because of the nature of the aura and the unpredictability of the Manifestor energy, the tendency of the parents is to be locked into the whole "tell-ask" regimen, and particularly the "tell" part. Dictating to the Manifestor child what the Manifestor child can and cannot do, laying out the boundaries, and laying out the risks that are involved if the Manifestor goes beyond the boundaries and the potential punishment that's there. And of course, that's done in all kinds of ways. There are subtle ways of doing that and there are obviously non-subtle ways of doing that.

Look for Your Anger

But it really has to do with a communication problem. And again, really grasp something, when somebody tells you to do something, any of you who are here in this group, when somebody tells you to do something, if somebody asks you to do something, one of the things that you can really experiment is look for the anger. Look for the annoyance. Look for the irritation, because in most cases this is something that's been repressed over years and years and years and years. And you need to come to grips with that in order to understand that you have to change the way in which communication works.



I do not respond to tell and ask. I don't. I make sounds like I'm hearing it, but I don't do anything about it, because it's simply not correct for me. As a Manifestor, we are not here to be guided by the other. That's not our job. That's the job of Projectors. Let Projectors do that job. That's their job. That's what they're here for on this plane. They're here to guide. That's their business. But that's not what we're about. We're old-school, if I can put it that way. We operate out of our own initiative and we're not here to be in the control of the 'ask' or the 'tell.'

The moment you do that is the moment you give up on being a Manifestor. It's the moment that you do become the Generator, because again, we're an energy Type. We tend to be very powerful in the way in which we work. The moment we get into the responding businesses is the moment we're really in trouble. And all we need is to hear information. We don't need to be told. We don't need to be guided to it. We don't need to be influenced in terms of what we're supposed to do and how we're supposed to do it and all of these kinds of things.

The Key: Informing

Information, informing is something that is a double-edged sword and is deeply, deeply, deeply significant for us, because it's one of the very few ways that we can compensate for our closed and repelling aura. This combination on both sides, the fact is that in order for us to be able to survive on this plane, we obviously need to be able to find a way to work with and deal with the other Types that are here on the planet, and put them at ease.

There is all this old stuff that is carried in any Manifestor's aura. It is a history of dominance and control. After all, we are unique in the way in which we function. And without this key of informing, we end up constantly being reduced to conditioned Generator-like actions. And this just brings us into a great deal of discomfort because we can never be them. It's not like we can ever have an open and enveloping aura. It's not like we are here in this life to respond to what's out there. This isn't what we're about.

The only way we're going to be able to change that relationship with those around us is by informing them that we need to be informed. This is the key to communicating with a Manifestor. Those people in your life who just inform, rather than ask or tell, those are the ones you're going to be interested in, those are the ones who are carrying quote unquote "neutral" information. And it's that neutral information that can be so powerful to us.

I don't need to be asked or told that we need something in my house. I simply have to be informed that there is something missing. That's a very different thing. It doesn't go against the grain of what it is to be a Manifestor and leaves the option to me as a Manifestor whether or not I'm going to do anything about it, or if I'm going to anything at all. It's there; it's put out there; it's information. And then it's up to me as a Manifestor waiting for my Authority to act depending on what I do with that that particular information. Nine times out of ten when I'm informed and it's obvious



to me that this is something that should be dealt with, I deal with it. But it's a totally different reaction if I'm asked or if I'm told.

The Manifestor's Responsibility to Develop Relationships

You need to understand this about your chemistry. And you need to understand this in terms that we always have a dilemma. It's always up to us to develop our relationships. We're not waiting again, so the onus is on us to go out there and to find those relationships. Yet, we're going out there with a closed aura; we're going out there with a handicap in terms of the way in which we're going to be taken in by the other.

The tendency of Manifestors that are not-self Manifestors, there's really two kinds. There are those who have been so overwhelmed by rejection and anger that they really have a terrible time in their not-self life in any kind of bond. And there are those who manage to be able to find those bonds, and yet at the same time, always dealing with overcompensation.

Overcompensation

I know, for example, many Manifestor women who just totally overcompensate for their aura. Again, there's no need to do that. It's just that nobody around them really understands who they are. They're unaware, obviously. They haven't made the effort or are educated to make the effort to be able to make it clear the best way for others to deal with them. If you're a Manifestor and you have a lover and your lover is telling you what to do, it's a horror trip. If they're constantly asking you for something, it's a horror trip.

And even though the not-self mind will deal with these things, whatever the case may be, and because of the nature of the aura because you've had that aura all your life and you've had to deal with that closed aura all your life, the tendency is try to compensate, try to be the Generator, try to be willing to respond and all of that. All that does is breed a very, very deep anger that eventually comes to the surface.

Depending on one's design it's going to come to the surface more aggressively if one is emotional. I think that emotional Manifestors who are told or asked to do things, I think that there's an emotional turmoil that moves through their system that is very uncomfortable and ultimately potentially very explosive.

Manifestors are Attractive

If we're going to have successful relationships with the other, then we need to be clear about what we can do in order to ease their relationship with us. In our own way—I don't want to put it all into a negative package—in our own way, we're very



attractive, after all. We're an ancient power source. We do get things done. There are so many human beings that would like to grab onto our star and ride along with us. We're very, very efficient in that way in terms of being able to put energy to work. It is something that a great many human beings are going to find attractive, going to find the strength.

That very attraction is something that can dissipate over time by not being aware in the relationship and the responsibility again is ours. This is the thing about being a Manifestor. If you want anything to happen, if you want anything to change, you've got to do it. You can't wait for it to happen. You can't wait for your lover to wake up. You can't wait for your friend to finally see the light, and all of that stuff. This is one of those things that can be so difficult.

Informing the Other

If you're a Manifestor it's your responsibility. You have to tell them. If you don't inform them, they're never going to inform you. If you don't inform them of the way in which it is, they're never going to get the benefit of having a really nice relationship with you and understanding the way in which they can reach you.

The other informing you, your lover informing you of something, your friend, whatever the case may be, changes their relationship with you. You often see it the other way around, don't you, the way in which being a Manifestor is explained. That is, the Strategy of informing. We when as Manifestors inform the other is the moment they stop being so uncertain about us and uncomfortable about us. There is this sense of they're really okay and they care about us and they're letting us know and they're not really dangerous and they're not out of control, all of these things.

It's a political Strategy, after all. It's just to put everybody else at ease. Because we only see it that way, that is, that's the basic way it's trained. We don't really get to see the other side, and the other side of it is so important. As much as it's something that is going to change our relationship with the other, if we inform them, they can change their relationship with us if they inform us. In other words, we find a way of communion with each other.

It is this communion through informing that becomes so special, because remember something, if you've got a Generator in your life as an example, and they're informing you instead of asking or telling, in terms of the basic relationship, not only are they being respectful in recognizing who you are, but they're the ones who are going to benefit from it. Again, if you can get a Manifestor to move, to act, you're ultimately going to benefit from that, because this is not something that you find all the time. You don't.

Don't be confused about what you see out there in the world. What you see out in the world is all these pretend Manifestors who are all suffering terribly, particularly Projectors as an example, because as a non-energy Type it's even more difficult for them to play the Manifestor and try to deal with all of that. The moment we can

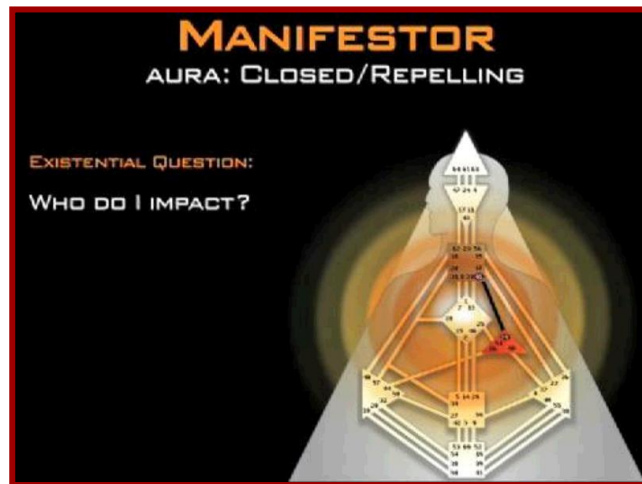


develop a communication that is rooted in informing, that takes away the idea that somehow we are like them in order for them to be able to get the best out of their relationship with us, is something that makes an enormous difference.

Who Do I Impact?

You can see here in this illustration this: Who do I impact? We are deeply, deeply impactful creatures. This is what happens with us. It's like this closed and repelling aura, when it moves through a crowd—I don't know if you've ever noticed that—as a Manifestor when you're moving through a crowd it's almost like parting the Red Sea. There is this opening up a possibility for us because we have always been able to move to the lead. It is something about what we are.

And as we move in action, we have tremendous impact over others. Not only do we have tremendous impact, but you have to recognize that the impact becomes an exaggerated impact. It is an embellished and elaborated impact, because we don't get ordinary impact. We don't. We get a strong, visceral impact that we make on the other the moment we take an action. Most Manifestors just don't get that. That is, they don't realize that there are so many people in their life that they affect all the time in every action that they take.



Manifestors Get Rejected or Copied and Always Envied

Look at the way it runs out. You've got approximately 8% of humanity who are Manifestors. Whatever Manifestors do ultimately gets rejected or copied. Think about that, because it's quite something. It either gets rejected or copied. And it's always envied. Again, I'm referring to the not-self and the way the not-self works. But it's something really to understand about what we're like in terms of the way in which others are aware of us.

You get on public transport. I just went through that movie of airports and flying and all that. You get into one of these environments and you have no idea how many people you're impacting; none. You don't because you don't think about it that way. Manifestors are tied up inside their closed aura and they think they're all alone in there. Most of the time they don't think that they're powerful, which is a joke.



I remember many years ago in Vienna the first time I did *Type for Type* and I had just come out of a room full of Generators and I went into a room full of Manifestors. It was frightening. It was a shock for me. It was like there was nothing there. There was no power there. There were just beings who had been psychologically beaten down over years and years and years of rejection. When I saw that, it was very disturbing. I was so looking forward to that experience and then you really see what happens to these beings who get caught up in the trap of not living the Manifestor life.

You cannot awaken as a Manifestor unless you really live the Manifestor life. And every single one of those beings, their lives were being controlled by those who told them and asked them. Now, most of the telling is the childhood Manifestor. Most of the adult Manifestor's life is all these people asking them things, asking them to do things and so forth and so on, trying to engage them. It isn't that the asking is, in of itself, a bad thing. It's not like it's coming from a bad spirit in those that are asking. They don't know any better. They're so used to dealing with everybody else who is waiting for things to come to them. As if the Manifestor is hanging around, waiting for somebody to ask them to do something when Manifestors do when they do.

Time to Reclaim Your Unique Power

We're not part of the game anymore. What I mean by that is that ever since 1781 and the ascendancy of the Projector and the dominance of the Projector-Generator relationship on the planet, we're on the outside of all of that. And we're never really going to get to the inside of that because that's not what we're for. It's not what we're about.

This whole business you get to see in Human Design, the establishment of unique inner Authority, the capacity to be able to operate correctly as yourself, is something so deeply, deeply important for the Manifestor to take in, but to unload the social consequences of their life because of their aura and the way in which they've been communicated with. It's time for Manifestors to reclaim their unique power.

To be able to reclaim that unique power you have to accept what it is to be a Manifestor. You have to accept the closed and repelling aura. You have to accept that when you walk into a room that everybody, everybody feels it. This is the thing about Manifestors when they take an action, why informing is something that's so incredibly important for them, because they always underestimate how many beings are going to be impacted by their act. They just do. It's all that residual disappointment and frustration and all those things that come from the other when the Manifestor doesn't do a proper job of informing and everybody else feels threatened by that. Then of course, the Manifestor has to deal with the consequences of it.

So, informing becomes one of these incredible things in the Manifestor life. The two sides of it, this absolute necessity for Manifestors to honk the horn, make the announcement, let people know. It doesn't matter whether you're not sure whether



you should let this person know or that person know, if they're within your thought process they're probably going to be impacted by your action. It doesn't mean you have to inform every being on the planet. And there obviously is some selectivity that goes into all of that. But again, it's the only thing that actually establishes the viability of a Manifestor life, this informing.

Uncomfortable Chemical Reactions

The other side of it is that we need to be able to create relationships. None of us are here alone. That's not what this plane is all about. As I said, the potential of communion is something that's so important for us. We have a very, very unique way of communicating. We're not like the others. And until we establish that, until we insist on that, we're constantly going to be caught in the chemical reactions and those chemical reactions make us so uncomfortable.

It's not just the anger; it's what anger does to us. And it doesn't mean that anger has to be something you see physically demonstrated, rage pouring out of somebody or all that kind of stuff that we equate with that term. Again, it is about something that gnaws at us. The moment somebody communicates with us in a way that is not correct, no matter what we do in relationship to it, and again mostly in terms of the not-self, it leaves this deeply uncomfortable residue in our system.

And of course, that affects many things. It makes the body more tense. It can create problems with digestion. There are all kinds of things that become byproducts of this endlessly being annoyed, irritated by those who don't see you, don't know how to communicate with you and end up just simply being, generally speaking, negative forces. It makes it very difficult to maintain the relationship.

Generators Want Manifestors to be Generators

Again remember, it's not necessarily their fault in the sense that they don't know what to do with our aura. They don't. They try to browbeat it, as parents will do with the Manifestor child, so they constantly dictate to the child. Or they try to seduce it into being generative. Generators want Manifestors to be Generators. They don't want Manifestors to be Manifestors. They want them to be just like them. Even in the vast not-self world that we live in, not-self Generators are not going to wait to be asked themselves, but are going to ask Manifestors.

Think about how funny that really is. If you've got a black sense of humor, it's hilarious. They put all this pressure on Manifestors to generate, to play the Generator game as if asking us and getting a response from us is going to change our aura. It doesn't change our aura. It doesn't change anything in that sense. It simply is incorrect for us to respond in that way.

I get this all the time. I get people who ask me to do things. I don't pay any attention to it. It is not correct for me as a Manifestor to be waiting for somebody



else to provide me with guidance or direction. There's nothing wrong with information. Information can be very valuable, and as a byproduct can be a guidance, can be a help. But then again, it's not carrying an agenda. It is simply just information.

Our relationships with the other is rooted in that, otherwise they're not going to work. That's why you get so many Manifestors overcompensating, trying to play that generative game, trying to be open and enveloping. There's nothing more tragic than watching a Manifestor mother try to be open and enveloping. It truly does not work. And everybody knows, their children know, their lover knows, everybody knows, because it can never be anything more than artifice. It's just something that you're layering over the truth and that you're hiding the nature underneath.

The Manifestor Has to Live Within Their Aura

We are, after all, deeply capable of love and caring and all of those things. It's not like we're not human or anything. We have all of that within us. It simply has to operate according to our nature. The Manifestor has to be able to live within its aura. And the other has to accept that.

I've talked about it many times. I think one of the most important things that happened to me as a parent was discovering my Manifestor nature and understanding why I am the way I am and the nature of my connection to my children. I have three Generator children. And to see how much the demands of the Generator in this enveloping aura to pull you in, to bring you into its openness, how this is so difficult in the parent Manifestor to Generator child relationship, because no matter how much they try to envelop, they cannot open that up.

Unless there is a way of communion through that, there are many ways to do that. That is, the Manifestor parent is quite capable of being warm and physical with their children, which has nothing to do with the psychological impacts of aura. It is just something that is natural and is felt. It's an expression of the love. It is about how much of that any Manifestor can tolerate.

Timely Contact and Withdrawal from Other's Auras

One of the things what it's like to be a Manifestor is that Manifestors can only indulge enveloping auras for so long, and then they need a break. It is what it's like. You cannot simply and constantly be in the most dangerous and deep conditioning. As I said, I've got three Generator children. I have a Generator partner. This is something that is so much a part of the dilemma of what it is to be a Manifestor and this whole story about the nature of communication.

Manifestors are deeply, deeply, deeply, deeply conditioned by Generators. And they are conditioned by Generators through the way in which Generators commune with



them. The Generator wants them to be cooperative, wants them to respond, and wants them to do all of those things that take them out of their Manifestor nature. And, this is something that is so damaging.

One of the ways to deal with that is timely contact and withdrawal. This is one of the things that is so important for the sanctity of what it is to be a Manifestor, timely contact and withdrawal. We cannot enter into true auric contact with anyone. We can't. Understand the language here: closed, closed; period. Just like that, closed. So we have ways in which we can connect to the other.

But one of the most important things for a Manifestor is to maintain the integrity of their closed aura. If we don't maintain the integrity of our closed aura, we're not going to be able to operate in a way that is correct for us as Manifestors. Most Manifestors that I know are Manifestors who are caught in the Generator game. This is what they're like. The closed Manifestor and the Generator comes along and asks them to do something or to go somewhere or whatever the case may be and there is the Manifestor responding and trying to be open and connected. "Yes, yes, yes I'll do that for you," all that kind of stuff. It's not who we are.

The Burden is on the Manifestor to Communicate

The biggest step of all, because again the burden is on us. It's always there. The burden is always on us to initiate. It's always on us to be the one who makes the connection, does the work, lays the things out, open to the rejection, and all those kinds of things that go with it. We might as well do it right from the first. Don't ask me; don't tell me; inform. Don't ask me; don't tell me; inform. Until we get that formula we're always going to get stuck in the Generator game. And it doesn't make us a better being. It just makes us angry. It does.

There is absolutely no respect coming from the other being when they approach a Manifestor and they ask them or they tell them to do anything. There is no respect, and there's no awareness of the integrity of what it is to be a Manifestor. There is only an attempt to deeply condition us.

By the way, they don't know that. So it's not like we're going to apportion blame here. This is what 92% of the world does. This is their business. Their business is that everybody's asking or telling everybody else and it all seems okay. It isn't for us, and physically isn't. It's a chemistry thing. It raises the hackles immediately. This is not our trip.

So, until we get that straight, this is the only way we're going to be able to live comfortably within our closed aura. It's the only way that it's going to work, if we can communicate with the other and communicate with the other **as** a Manifestor. And this is where the dilemma is in the Manifestor world. Manifestors don't set the agenda when it comes to communicating. And because of that, they are the ones that suffer the most. They just do.



There's such a relief in the Manifestor when it initiates a connection to the other, that it stops once that initiation to the other has been met. There you are, the Manifestor at the dance and you're the one who has to go out and pick somebody. You're the Manifestor in love, you have to go and tell that person, all of those things that are so incredibly risky to the psychology of the Manifestor. We're the ones who have to take that on.

The moment the other goes, "Oh, how nice, yes I'd like to go with you," blah, blah, blah, whatever the case may be, there is such a relief at that point that the next step is never taken. The next step that is taken, that "I'm different than you. And if you and I are really going to be able to communicate with each other, there's something I have to tell you: don't ask me and don't tell me. Don't ask me, don't tell me, inform me. I'm informing you, you inform me."

As a Manifestor, the only way I'm going to be able to be there for you in this life, again in that context, in that relationship, that Manifestor wants to be there for the other person, wants to be able to share love, friendship, whatever the case may be with the other. It is a genuine thing. After all, we're not here alone. And having a closed aura doesn't mean that that is a handicap when it comes to being ready to express affection, love, all of those things. Again, different designs have different qualities.

Demanding Respect

But it really comes down to the core of whether you're ready to be able to demand the respect to be a Manifestor. Most Manifestors try to pretend that they're not Manifestors in order to try to escape all those dilemmas. That Manifestor that finally succeeds in getting that man or woman to be interested in them doesn't take it to the next step and say, "We need to connect to each other in a special way, because I'm different. And I'm certainly different from you." And we are different from all of them.

The only way that you're going to be able to make that bridge is communion. You'll notice something as Manifestors, when you're with your friend, your partner, your lover, whatever the case maybe, if you're having a conversation and the conversation is just about information, it's not about you being requested to do something or told to do something. It's just a dialogue, a dialogue built on something interesting. You're discussing something.

This is so satisfying for the Manifestor. There's no agenda caught up in the information. And at the same time, the Manifestor can take that information into their system. And if it's correct for them, they will act on certain things that they've picked up in that information. And their partner, friend, lover, whatever, will ultimately see the byproduct of that. This is when we're at our best. When we're at our best is when the other respects the fact that we are not here to be their instrument. We're not. We're not here to be enslaved. Truly Manifestors are so deeply, deeply, deeply enslaved. It's such a sad joke.



I look at not-self Manifestors and they are so enslaved by the Generator conditioning; it's just so uncomfortable to see that. Again, what happens to them is that they keep on repressing the anger, deeper and deeper and deeper and deeper into their system until there are these moments where they just can't stand it anymore. And they don't know how to correct it, because nobody's taught them how to correct it. Nobody's taught them the way in which they need to operate.

The Ideal Relationship is Type for Type

About four, five, six years ago, I was doing some extended work on partnerships; I've done many, many different kinds of partnership connection courses over the years. I was talking about the ideal; the ideal is Type for Type. The ideal is Manifestors with Manifestors. Well, you really don't see that. One of the rarest things to see are Manifestors together because of the way in which they been raised and the way in which they've been conditioned.

Most Manifestors are caught in a world of Generators. They're naturally attracted to the Generator frequency. After all, they don't have a defined Sacral and they are an energy Type so they have a way of competing with the inherent power that is there in Generators. And this generating conditioning turns Manifestors into slaves that are constantly feeling like they are at the low end of the scale. Where you get so many breakdowns is in Manifestors who are just lost and deteriorating in a Generator frequency.

Trusting Your Authority

Conditioning is a terrible thing. The only way we can really live a life that is worthwhile is if we operate correctly as ourselves. For us as Manifestors, most important in our lives is to trust our Authority. Our Authority is the only thing that is really going to make a difference for us because it's our Authority that moves us. And when I say that, understand what I mean. Our Authority moves us. Nobody else is allowed to move us. We're not here for that. It's not what we're about.

For the others, it makes them very uncomfortable. It gives them a sense that we have a level of entitlement and power that they don't have. And in fact, it's true. And it's not about a vanity connected to that, it's just simply happens to be the nature of our mechanics. Where we are the aristocracy of energy in motion, most Manifestors are just—as I said, that roomful of Manifestors all those years back in Vienna, it was frightening to see all of these broken slaves, because that's basically what they were, enslaved like dogs waiting to be asked, waiting to be stroked. This is something that is so horrible when you see it in Manifestor.

It's all fine and good if you're something else; but, not for us. It is not what we are about. It really isn't. Like everything else having to do with Human Design, to be yourself, to live correctly as yourself, it takes an enormous amount of discipline and



a readiness to scratch away all of those clichés about the way things are supposed to be and how they're supposed to work. Most Manifestors, because they've been conditioned all their life, punished, all that stuff, they really can't exalt in the beauty of what they are. And only in that exaltation of Manifestor beauty do you have the power to demand, "Look, you want to communicate with me, that's fine. Communicate with me. Don't push my river." It's not what we're about.

The Two-Way Street of Informing

This informing, this two-way street, we inform, they inform. Then we can an incredible bond with the other and we can be appreciated for what it is that we are. This is what it's all about for us so that we can be moved by our Authority, wherever that Authority takes us. And that we have in that potential of being moved by our Authority, to make sure that others are aware, to make sure that they are informed, to make sure that they are ready to take advantage of what we can do.

Think about that. Somewhere around 67% of humanity are Generators; 8% approximately are Manifestors. Every Manifestor is able to move eight Generators. We're all designed to handle about eight or nine Generators. Think about that, because it's true. When a Manifestor gets going, the first thing that follows in its wake is those who are here to respond. It's what Manifestors can do. They can get things going. And they can give an energy direction to Generators that are absolutely essential for them.

We're here to be able to provide an enormous potential for the correctness in activity; yet again, that all comes from a basic acceptance of our very nature. The thing that I've come to see in my own Manifestor life is how beautiful it is to be such a thing. I love being a Manifestor. I so deeply enjoy being in the aura of Manifestors. We are very different.

I have sampled everything out there and I've been in the auras of all the Types, so many thousands of variations, all of those things. There's nothing like a Manifestor. We have different rules. We operate in a totally different way from everyone else. It's almost like we are really alien from this response-react community that really populates this planet.

And so, if we're going to enjoy our ride, if we're going to enjoy the beauty of what it is to be us, it's not just that we've got to get our trip together, that we're ready as Manifestors to operate and move according to our Strategy to inform others, we have to take the next step. We have to take that informing in our relationship to the others to get them to understand how to deal with us.

Informing Manifestor Children

I get this all the time from various communications that I receive regularly, people asking, particularly parents asking me about their Manifestor children. I keep telling



them the same thing. Don't ask, don't tell; inform. You've got a Manifestor child, you don't tell them not to do something, you tell them about that thing. You tell them about what happens when that thing is going this way or that way; you inform them. You give them general information and you let them know by giving them that general information that they now have something that they can process and deal with if they want to or not.

It's like raising Generator children. You can ask them and ask them, if they don't respond, ultimately you may have to tell them. It's the same thing with a Manifestor child. But you begin with a Manifestor child by informing them. You give them the information and you wait to see what they do with it, because basically Manifestors, in their own way, are deeply designed to be of value to humanity. You're not going to ignore information that it's clear to you is valid and necessary within yourself, that you are moved by your Strategy to do something about it. It's totally different from somebody telling you or asking you.

The Building of Anger

And the most insidious is the asking. You watch it. Just watch for yourself and see how many Generators in your life are going to ask you, Projectors, too, by the way, but Generators particularly, how many of them will ask you. Again, the Generator disease, they don't wait to be asked but they ask Manifestors. Watch that and you'll see.

Every time they do that, they put a little bit of poison in your system, every time. And how easy it is for the not-self Manifestor to be overwhelmed; they can feel unloved, they can feel cut off, they can feel isolated. They fall for the game. Somebody asks them and they think, "Oh they like me, they love me, they need me," and all of that stuff without understanding that even in the relief in that not-self mode of being asked that they are actually building a whole layer of anger inside of them because they're not being respected. They're not being seen for who they are, what it is to be a Manifestor.

Change the Way the Other Deals with You

This whole thing about us is recognizing that we have to change the way the other deals with us. I can work with Manifestors and tell them how to do their thing. We all have our Authority to move us. We have our political Strategy of dealing with the consequences of being different on this plane, but it's not enough. It's not enough if we want to have good relationships, if we want to have a real communion with the other. It's not. We have to take that to the next level. We have to take that to the next step.

And watch the expression on the face of a Generator when they ask you and you say, "Don't ask me. Don't ask me. I don't like being asked. Inform me. Leave it up to me. Don't tell me, inform me. Give me the information. If you give me the



information, you'll get to see what a Manifestor is, because that's the way it really works." And until the other in your life, the other that's important for you in this life, respects you as a Manifestor in that way, only then do you cross this divide that is there in terms of the way in which our auras work, because you do.

Remember, for the nine-centered being, what matters is communion. There is no communion for us when we are being conditioned to be what we are not. And remember something; every time somebody asks you, they're actually trying to turn you into a Generator. Think about that. It's so powerful. Every time you're asked, you're being turned into a Generator. You're being asked to respond. You're being turned into that whole thing.

It's the same thing with somebody inviting you or whatever. People invite me all the time. I never go. I never pay attention to invitations: "Would you please; could you?" I am always open to information. "This week we have something going on." There is no asking. There's no telling. There is just information. And I'll do with the information whatever I do, whatever my Authority does with it. But that's what we're here for. We're here for the integrity and the beauty of what is our own power.

So, this becomes a real key. If you're going to live the awakened Manifestor life, you're going to have to educate those people who are close to you in this life so that they understand how to get the best out of their relationship with you, and how you can eliminate the level of anger that creeps into your life because of the ignorance of others in the way in which they approach you.

Okay, well, I hope you enjoyed that. It's nice to be back here in my studio in Ibiza. I must say I really enjoy that. It's a delight. Thank you all for being here. I do to love being able to talk to Manifestors. I think it's delicious. To all of you that are downloading, nice you're participating. To all of you, until next week, you take care; bye for now.

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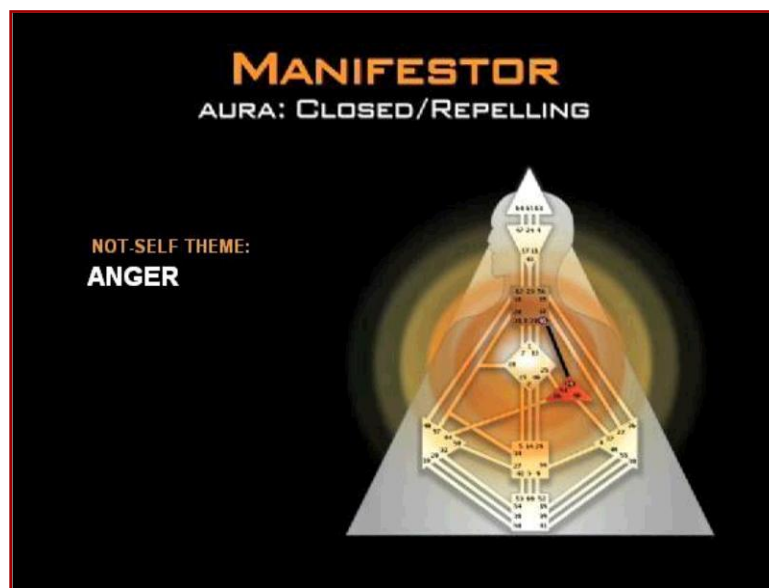
Lecture Three

The Mechanics of Manifestor Anger

Hello and welcome to all of you. We continue our journey of taking a look at our Manifestor process. I guess this is one of the real fundamental areas of—it's something that Manifestors just have to deal with. We have a kind of cosmic addiction, actually. It goes back to the joke I had with a Projector group that I was working with a couple of weeks ago and I started off by saying to them that it's nice that you're on the ascendancy and you're going to be responsible for leading. Let's see how you do that without a motor.

The Chemistry of Anger

But it's more than doing it without a motor. If you think about the not-self themes of the four Types, the disappointment and the Reflector, the bitterness and the Projector, frustration in the Generator, none of them carry with it an implicit threat of violence. There is occasionally when, because it's an energy Type, that Generator frustration can be dangerous. But it doesn't carry the same value. If you think back to the nature of the seven-centered being, the way life was built in the seven-centered world, it was lead by Manifestors and it was led by Manifestors who were obviously not-self.





The way in which our cultures, our societies, and our civilizations were moved forward was through the agency of anger. Again, taking the comparison between leading in the seven-centered world through Manifestors and leading in the nine-centered world through Projectors, bitterness doesn't carry with it any real threat, if you know what I mean. It just doesn't. Bitterness is often something that you just feel sorry for rather than anything else. It's not like a Projector being bitter is going to somehow have deeper influence over getting some not-self whatever to do something. It doesn't work that way.

Anger, though, works. It's just one of those things to realize about Manifestors. Anger really works. Anger is a great way to get things done. Manifestors have been doing it forever. They just instill fear through that anger. And of course, for Manifestors to instill fear it's not a big step. It isn't a big step because you've got this closed aura. It's not something that's easy to gain access to. And at the same time, you have this incredible powerful chemistry, this chemistry of anger.

It's not like it's an easy thing for the Manifestor to get rid of because it's all tied up with power. And it's tied up with survival. And it's caught up with this ancient history of ours as Manifestors in the way in which we got things done. Manifestors were ready to be angry most of their lives in the hopes that they could have peace at the end. The anger was just a driving force; literally, the driving force.

We've all seen it and we know it historically. We know it as simply a reality. So, for those of us who are born into this age, into this nine-centered vehicle with its binary consciousness and its movement towards the kind of communal embrace that is envisioned in raves, the way in which Right-ness moves us to a receptivity that is so very different in the way in which we deal with things, how different that is from what it is to be a Manifestor. Everything about us as Manifestors, the only way in which we have ever been able to maintain ourselves is to be not-self and to be angry.

Normally when I talk about Manifestors and the development of anger in Manifestors, I talk about the child, the child with its boundaries being controlled because there is this concern in its parents that the child is uncontrollable. They don't know it's a Manifestor, but they can feel that through the aura; they can feel that they're not going to be able to maintain that control. Out of the control mechanisms that are placed around the Manifestor, this is where the anger grows.

In Manifestor History Anger was Important

But that's secondary to understanding that for all of our Manifestor history it is anger that, in fact, was the most important ingredient in what it was to be us. Nothing was more important than that anger. It was that anger that gave us the power. And it was through that anger, in combination with our aura, that we were being able to take that role of telling everybody what to do.



For every Manifestor there are six Generators. Anger is a very powerful thing. Despite the fact that we have a more sophisticated way of looking at it now in terms of the upbringing of the child and the way in which the repression works, it's so much deeper to understand that this is a karmic thing. It is what made us great. And now, we're expected to sit on it. Now it's a not-self theme. Now in the nine-centered being it's not such a terrific thing to have all this anger, at least certainly not in terms of how all the other Types are going to relate to us in that way. And obviously, anger brings issues. And I'll take a look at that as we move along.

But I really want you to grasp this thing about what we are, that without making that sound melodramatic, we have had our day. That is, our time to be dependent on, for society to look to us as the ones who are going to take charge, because of course, in the seven-centered context where survival was everything, anger was a very powerful tool. It's a very, very powerful tool.

When we come into the world, we're coming into a vehicle that has a tradition, that tradition of using anger. And I think one of the major issues that all Manifestors have is that no matter how much we look at anger as a dysfunction, a not-self expression, no matter what we do with that, the fact is that we are built for anger. We were the only Type that carries with it a threat of violence. It is just inherent in what anger is really all about. We carry that.

The Importance of Manifestors Leading Themselves

It's like the uncertainty we're met with in this life when we meet somebody new and they come up against our particular aura, carried in that connection to that is all of that old stuff. It's all there. One of the things that we have to come to grips with is what is to be a Manifestor in this age. The only thing that matters now is how we lead ourselves. That's what matters. There isn't anything else that matters.

We're not Projectors. It's not our responsibility now to find a way to work with Generators. We had our time. We knew how to work with Generators. We would yell at them. That's what we would do. We would get really angry. We would blow our tops. We would get violent if we had to. That's how we dealt with our Generators. You can't do that anymore. You can, but of course, it is not politically correct for Manifestors to release their anger anymore. It isn't.

We're very odd creatures, us Manifestors, with this ancient, cosmic addiction that we haven't really quite let go of because it hangs around us. We live in a not-self world. After all, the vast majority of Manifestors are not-self. Anger is something that is eating them up. They don't really have anybody to yell at that expects to be yelled at. They don't have anybody out there who is ready to be conditioned by that. And it's a very different world. It just is.



Give Up Anger, Give Up Power

They have terms—anger management—all of this stuff, trying to get people to put their anger away. We don't know how, obviously. You just don't. And for the Manifestor it is very difficult, because to give up your anger is to give up your power. It's a funny thing to say, but it's true. You give up your anger, you give up your power. That is, you give up the power of what was to be a Manifestor.

We're here to discover not so much what is a Manifestor way, but what is our unique—each and every one of us—our unique Manifestor way, because who we are leading is ourselves. It's not about guiding others in that. If there is anything like that, it's deeply secondary in the process. Because we're always dealing with this thing: We're dealing with this anger. It means literally how easy it is for Manifestors to fall into, "I need my power back. And therefore, I need my anger." This is the great addiction. For a Manifestor, there is absolutely nothing like it.

The moment you feel like you have lost your power and the moment you're looking for the anger, this is the moment that you throw away the potential of finding any kind of peace. You just do. And the anger isn't a psychological thing. It's the thing that makes it so powerful in our lives. It is chemistry. It's chemistry. It's not like we're making it up. It's chemistry. And it's a chemistry that is literally just sitting there inside of us. It is a chemistry that's always waiting for a stimulus.

Anger is Always about Resistance

Now, anger is always about resistance. We're used to having our way. We've always had our way; at least that was our history. And if we didn't get our way we got angry. We always had our way. What happens to the Manifestor in the nine-centered vehicle is that that's not what they're getting. We're not getting our way. From the moment we come into the world we're getting our way. We've got all of these constraints that are being built around us. There was always the threat of punishment because we are uncontrollable, that we are in some ways suspicious.

Anything that Gets in the Way of a Manifestor is Annoying

It's my concern about how deep a process it is for a Manifestor to be able to accept their chemistry and not be attached to the anger, because it's really what the story is. I can notice it four or five times a day on any given day, what somebody would call an annoyance. It could even be a minor thing. But I can feel that chemistry sitting there saying, "Can we? Can we get angry? Can we let out this anger? Can we really get cranked up now?" because it's always sitting there and waiting.

And it's not that thing, whatever that thing is, is a big deal. It isn't. It is resistance. It's something that is getting in the way. Manifestors are not used to things getting in the way. And whatever it is, the stone that you stub your toe on, the person that steps in front of you going into an elevator, or whatever it is, it doesn't make any



difference what it is. Anything that gets in your way—you're a Manifestor—is going to be annoying.

And it's going to vary. The vast majority of Manifestors that I know are pretty repressed creatures, a lot of punishment, and a lot of swallowed anger. This is the thing. It's only when you begin to understand that it's in the resistance, this is where the anger is triggered.

Most people really think that the anger itself needs to be triggered by something that has some consequence to it, has some value to it, and has some weight to it. It's not the case. It's anything that gets in your way, including yourself. When you mess something up and you had an expectation that you wouldn't, that's you getting in the way of you getting your thing. Suddenly there is that anger ready just to come screaming out.

Manifestor Anger Built the Seven-Centered World

I happened to describe in the early days when I was talking about the end of the Manifestor era, I used the metaphor of horses. Once for thousands of years they were kings. They were the top of the heap. We see them today and they're basically for show or for people to bet on as they run around in circles. They're no longer an essential ingredient to the way in which life operates on this plane for humans. And they were for thousands of years. It's like us. We were an integral part of the seven-centered world. It was our anger that built that, drove that, kept it going.

It's very, very difficult for us to let go of that, because we're letting go of our place. You see it in politics. You see those dictators in various countries; there is just no way they're going to give up power. They're either going to die or you're going to kill them. But it's not like they're going to step down and say, "Okay, somebody's turn." They don't. Power is not something that is easily given up. The old thing about power corrupts. Absolute power corrupts, absolutely. Manifestors have been corrupted by power.

And here they are in an age where this power is not wanted. Be clear about that. If a Manifestor has their trip together and they're doing their thing, they're always going to be those who will follow. But it's not like there are people looking for it. We're much too difficult to deal with. It's much easier to deal with response mechanisms and reaction mechanisms. Then there is a sense of collaboration. It's what is inherently the nature of the relationship between the Projector and the Generator. This is the nine-centered way. It has nothing to do with us.

Resistance to the Manifestor is Everywhere

We're not the ones who are here to guide life into the future. Our anger is not something that is appreciated. As a matter of fact, it's considered to be a problem



and a psychological handicap and lack of control and this and that and all the other things that those who wait and see in those who don't. Our anger is not appreciated. And because they're no longer expecting us to fulfill an ancient role, there's resistance everywhere.

One of the things that I tried to get across last week is understanding that the deepest, deepest conditioning in a Manifestor's life is Generator conditioning. We have a sense of them, after all. We are the energy Types, the two of us. And because we have a sense of them, and because we have our own power in the motor sense of the word, that to fit in with them gives us a chance to still be in that world, the world that has a direction where there is a communal course that is being taken.

Manifestors Become Generator Fools

We become great Generator fools. It's what most Manifestors live, Manifestors sitting around waiting to be asked. There is nothing more pathetic than a Manifestor sitting around waiting to be asked. And don't think that at the same time they aren't incredibly angry, because they are. It's always there. It's in every pore. And even though they fall into the deepest conditioning, it's going to explode, because resistance is going to be there anyway.

And Manifestors, like Projectors, like Reflectors, because we are non-sacral, it's very easy for us to be exhausted despite the fact that we're an energy Type. We have a different way that we're intended to be in this world. We're certainly not here to do the work of Generators. It's not what we are. I'm always astonished at what Generators can do. I don't want to do that. I'm not equipped to do that. I don't want to do that.

What happens to most Manifestors is the assumption that the only way to get rid of the anger—by the way, you're not doing that consciously—the only way for them to get to get rid of that anger is to pretend that they're Generators. Then they can suffer with Generators and pretend that they're frustrated. They don't get to live their Manifestor life and the beauty of the Manifestor life.

There are all kinds of ways of looking at things. I've stated many times that being a Generator, as an example, is something that is really very beautiful and life delivers for them. All they have to do is wait for it. It is a great act of surrender. It's something that's very special in that way. They are the life force of the planet.

Manifestors Do Not Belong in This Maia

But when I look at my own kind, when I look at Manifestors, I see this jewel. I see this force that even the gods still allow to play. We still get to play. We're not waiting for the game to start. We are the game. We're still something that is deeply, deeply unique and special on this plane. We're not caught in the same



movie. We don't belong to that maia that is constructed out of the cooperation between forces. This is not what we are.

Our dilemma is that in the past, the beauty of what we are is something that was recognized. That is, it is how we attained our place in society. It was our power. And because we live in a world where it is not recognized, we have to get to see something. If we're going to try to play the Projector-Generator game, then we're going to end up being very angry creatures because they don't want us to play.

It's like kids in a park and the Generators and Projectors are playing with each other and the Manifestor comes by. There is no way that Manifestor is getting into the game. As a matter of fact, if they get angry, the others will just laugh. Tough. We don't fit in there. And because we no longer have a role to play, and we don't—for me that's something that I see is also very special. We're not caught up in all of that. We're actually freed to do our thing, whatever that happens to be, because it's not conditioned by anyone else. It's not conditioned by the cabal that's out there, that huge majority of 92% of humanity that is going in a certain direction and we're just here sightseeing, watching the movie.

The Potential to Follow through on Your Own Purpose

It gives the Manifestor extraordinary potential to follow through on their own purpose, a purpose that is devoid of "I need them to do." It's about what we can do. The most important relationship that Manifestors are going to have with other Types is when the Manifestor has already done something and the rest see it and react to it. It's what we are as Manifestors.

It's only then that we're appreciated. We can no longer say to them, "I'm going to do this, come with me." It's not the way it works. And it isn't going to help to get angry, the old way. "You do what I tell you. You come over here or I'm going to beat you up." No, we go out and do it. And then when it's done, those that react, those that respond, perhaps that's something that is going to catch their attention. But we can never be in such a place that we are doing it for them, because that's not our job and they're only going to resent it and we're only going to meet resistance.

This anger; I've been watching anger as long as I have memory; I've watched my anger. There were times that the quality of my anger was frightening. This chemistry can get so out of control. Anger is really an amazing thing when you back that up with the power that is inherent in the Manifestor to act. And it doesn't go away. It never goes away. It's chemistry.

The Attachment to Resistance

I'm not attached to resistance. It's really what Manifestor awareness is about. It isn't about being attached to the anger. The anger is there. It's just there. It makes us what we are. It's not getting attached to the resistance.



One of the things that Human Design has really helped me with and it's helped me personally in so many things in my life, but most of all it's just the obvious that it's brought me. Things are what they are. And not only are things what they are, but we're helpless. Those beings who present a theme of resistance to me, whatever it happens to be, I am always aware of the fact that they honestly don't know what they're doing or why they're doing it. It's just what's happening to them. They're caught in their not-self purpose. They're caught in all of those things.

If I attach myself to them and the resistance they present, I fall down a deep hole. I end up having no choice but to be angry. I've seen it over and over and over again in my process because this is the thing that is so difficult for Manifestors to deal with: anything that gets in your way. I mean anything that gets in your way; anything. And it doesn't matter who it is or what it is. This is who we are. You come into the world as a Manifestor and you assume that the sea is going to part. And it better. And if it doesn't, you're really going to be angry.

Baby Manifestors

Think about baby Manifestors. Baby Manifestors come out of the womb waiting for applause, and what do they get? They don't get all hail the queen and the king. They don't. They get the "uh oh, one of those." It's the resistance. And if you begin to think about it as a Manifestor, you begin to see that the resistance is everywhere, because there are always things getting in your way. What it's like for you to want to do something on the web and all of a sudden the power goes out. Something has gotten in your way. How easy it is to smell the anger bubbling up as if somehow that anger is going to be able to blast away the dysfunction. It can't.

But it's such an ancient thing in us. "How dare they? How dare that stone be in front of my foot? How dare you stand in front of me and get in my way," and it goes on and on. And despite the fact that in most of us, that is not something we're consciously processing in those moments, we are biologically. It is in our Manifestor nature to be annoyed with such things.

You Can't Control Anger

It's like when I first began talking to emotional beings about the Solar Plexus Center. You can't control such a thing. You can't; it's a chemistry. You can't control anger. You can't say "I'm not going to be angry," and all that kind of stuff. It's nonsense. It's part of us. But it doesn't mean that it defines us, because the moment that anger rules your life, wow, messy, messy, messy, not nice; talk about an alone Manifestor, the angry exile, the alone Manifestor.



Awareness and the Manifestor

It's about understanding resistance. Obviously, part of the dilemma for the Manifestor is that in order for the Manifestor to minimize the amount of resistance that they're going to meet, they have to be correct. And I think that in the context of being a Manifestor, because we have to read the other, that we really need to see. Awareness is one of the most important ingredients for a Manifestor. Without the awareness to see the nature of the resistance, there is no way of controlling the anger. And the anger strips you of your dignity.

Resistance Creates Anger

It is our Strategy, which is politically correct Strategy, that Strategy to inform; to inform isn't to get rid of the anger. To inform is to eliminate the resistance. It's the resistance that creates the anger. And resistance comes in many shapes. It just does. Being told by somebody what to do as a Manifestor, nothing will bring out anger as fast as that. It's a form of resistance that we meet. Those who ask, those who tell, all they're doing is hooking us into our anger.

It's a kind of black joke in a sense that it's the way the not-self Generator-Projector world gets Manifestors to eat themselves alive. They just stuff enough resistance in their face and the anger is just going to tear them up because they can't get out of its hole. The anger has to survive if we are to maintain the correctness of what it is to be us. It has to be in our aura. It is who we are, after all. It is a power that is there in us. And it is not one that needs to be displayed. It isn't that this is an anger that needs to be released. We're not seven-centered beings anymore.

Informing Eliminates Resistance

But it's also not being ashamed of your anger. After all, it's our chemistry. The only thing that's going to make a difference is by being aware of the resistance and recognizing the helplessness in that. It's why it's so important that we follow our way. You have to as a Manifestor. Informing others is not about establishing allies or support. It's only about eliminating that resistance so that they stay out of your way, because as a Manifestor the only beauty to the Manifestor life is the purity of our actions. It's what we're here to do.

We are doers. We take the full burden of responsibility. We are the only Type that is designed to meet rejection. Nothing else meets rejection. It takes great courage to live the Manifestor life. It's so easy to be mind-fucked into being some pretend Generator that you don't have to make the tough decisions, you don't have to do that thing on your own, you can wait for others to ask you, to tell you; whoa. And the magic then is gone.



Establishing Your Unique Process

As Manifestors, if we don't have our trip together there is no way for us to truly be with the other. And we're all here, ultimately one way or another to be with the other. But we have to be able to establish ourselves first. Remember the comparison between the past and now. In past we could use our anger to force others to come with us, to do our bidding. We can't do that anymore.

Now, what we need to do is fulfill what is our unique process and establish it, whatever it may be. And then you will see that it will attract forces, but only after it's been established. Only after it has eliminated resistance in order to be established, and it is about our very existence. We're here to be moved, as Manifestors, by our Authority. It's what's here to move us. No restraints; there really is nothing, no God, no force that can actually hold its hand up and say no. As Manifestors we have that right to act, to be moved by our Authority. But we can no longer be dependent on others.

Manifestors are Not Here for Dependencies

This is something that separates us from all the rest. We're not here for dependencies. This is not what we're about. It doesn't matter whether you're left angle, right angle, social, split, this or that. To be a Manifestor is to live this truth first. We have to deal with our trip ourselves. It's so easy for the other Types—I don't know how simple it is—there's this ease. You just wait. Something comes; you go "uh-huh." That's very nice. You get an invitation and you go "yeah, sure." It's very nice. We don't get invitations, if you know what I mean. This is not what we're about.

We're here on a very, very different level in the way in which life unfolds. There's nothing more beautiful for a Manifestor than to know their own design, to accept the nature of it and to stop being concerned about whether others are there for you, because they're not. Certainly not in the way you think. I don't think there's anything more difficult than loving a Manifestor, truly. And it's not that we cannot be warm and affectionate and loving and all of those things. We are deeply capable of that as any other being.

The Mind is the Dilemma

But our aura, and the fact that we are not here to play this cooperative, communal game, because we don't. We don't know how to play; we don't have the tools. We're here to manifest. We're here to be moved by an Authority that is far more powerful than anything else on this plane. That's where the dilemmas arise. The great dilemma is mental. It's always the case. The dysfunction of the Personality,



the mind that tries to control the decision-making process of the life, this is the great distortion, this is where everyone goes astray; this is where the not-self lives; this is the homogenized world.

It's a lot easier to bypass the mind if you're a Projector or a Generator. 90% of humanity is just waiting for the setup—here it is; here is the thing to respond to, here is the thing to react to. But we have a dilemma. Our dilemma is that we're not waiting for that and our minds are very busy like all Personalities, measuring this and measuring that, and deciding this and deciding that. And for us it's a great danger.

Let Mind Measure; Let Your Authority Move You

It's what I mean when I say that we are here to be moved by our Authority. It cannot be the mind that moves us because it will become our own internal resistance, our own minds getting in the way of our lives and making us angry. Let mind measure; let your Authority move you.

I'm a splenic Manifestor, so I watch my mind and it measures this and it measures that. There is nothing in the measuring itself that is pointing me towards a decision. It's measuring. My mind can do what all minds do. It can say, "Well, we've measured these two things and this thing looks better than that," because mind will do that kind of stuff. It's what mind does.

But it's not my mind deciding what I do or when I do it. It's just research. And at some point or not my Spleen will move me or not. And it will move me this way or that way. And it will or will not necessarily agree with my mind. I'm being moved by my Authority. It is a different thing.

Informing Sweeps the Path in Front of You

For us as Manifestors, until we allow our Authority to determine our movement, only then are we going to begin to truly eliminate resistance. And obviously, it's not enough to just simply wait for us to be moved by whatever your Authority happens to be. But it's understanding that you need to get things out of the way.

They've got this sect in Southern India, the Jainas. They're one of these odd branches of Hindu Brahmanism. They're into the integrity of all life and into non-interference. They walk around with masks over their faces so they don't swallow insects. They walk with brooms in front of them sweeping away any possible ants or whatever so they don't step on them. It's really what it's like to be a Manifestor. We're all sort of Jainasish, if I can put it that way. As Manifestors we're trying to make sure the way is swept clear.

Remember, this is the thing that is so deep in our chemistry, in our genetics. It goes back forever. Don't get in our way. And it doesn't matter how innocent it is. We all



know this as Manifestors, those things that happened to get in the way that can be nothing and you can feel the anger rising. So, it's not just a matter of being moved by the Authority, because that's giving you the correct action. But it's sweeping the path in front of you. It's what the informing does.

Get Rid of the Resistance, Find Peace

You reduce the resistance, you get rid of those things that are in your face and in your way, and your anger goes away. It just does. The anger has always been the instrument that has made the way spread for you in the past. It's that great force that we relied on. And we can't do it now. It just doesn't work anymore. And we only suffer as a result of it. To find peace in this life as a Manifestor isn't about getting rid of your anger. It's about getting rid of the resistance. You get rid of the resistance, you find peace. You get rid of the resistance and you reduce the anger to nothing more than a residue that's in your system.

I know these things so well now. If you're no longer dealing with the anger, but only dealing with the resistance, what you get to see is that there is no attachment to the chemistry. I can get angry now and it lasts seconds. It used to last months or years, because I was attached to the anger, to the chemistry itself. Of course, when you're not-self and you don't know how things work, when the anger is there, the mind begins to make up stories. It begins to create an illusion about why the anger is there and what it means, and all those things. It just gets off on its track and away it goes.

Don't Wait for Support

How easy for the Personality to distort, to attach the anger to people, to blame, to fault, to this, to that. It's just about the resistance. And it's so easy to get rid of that resistance, be moved by your Authority, inform. Get the resistance out of the way. Don't be dependent on the other. Don't wait for the other. Don't wait for anyone. Don't wait for their support, their backing, their "this," their "that." It won't be there before the fact is established on the ground.

We're not seven-centered anymore. We're not the top of the heap anymore. We're outsiders. It gives us tremendous opportunities. But it means that we have to take full responsibility for making our thing happen. You can only do that by being correct. There is no other way. For the not-self Manifestor, their whole life is made up of things being in the way. They get angry at everything. It's so difficult to pull them out of that. They don't know what's going on. They don't know why it's like that.

You have an enormous privilege. You get to see what it is. You have an Authority, after all. You can be moved to direct action, what is correct for you. You can eliminate the resistance. And you can begin to see.



As a Manifestor, the seven-centered model looked at everyone around and said, "They're sheep and they're useless and I'm going to have to make them move." But we're nine-centered Manifestors. We look out around us and we say, "Well, they're sheep, and they're helpless, but it's not our job." We are not welcome in that job. We are not the Projector-Generator world.

The Beauty of a Self-Contained Manifestor

The further away we are from that, the healthier we are going to be. And when I say, the further away, I just mean in the sense of not being conditioned by it. To fully accept what it is to be us; there's nothing more beautiful than a self-contained correct Manifestor. And there is always going to be the fulfillment of the potential of Manifestor power in whatever we do, as long as we are doing it within our context for us.

We can't expect anybody else to take the responsibility that we take, in initiating action. We're the ones at risk. It makes us special. It means there are, according to each of our designs, this differentiated purpose that is there in us as Manifestors. I know this story. And I know only too well what it means to be a Manifestor and to do your work and to see the by-product of it. And not be dependent. It does not mean that our potential in any way is diminished. It isn't. As a matter of fact, it is a blessing in disguise that we are outside of the Generator-Projector cabal that runs this plane now. We have enormous freedom.

But you have to make sure that the way is clear. It's the thing that stands between you and peace. That's why our actions have to be so carefully crafted, why we have to let the other know. All those things that we can get out of the way to free us from the trap, to allow us to fulfill what is our purpose here, and we can. Wherever I look in the world, I see only dependencies. It is what the nine-centered world breeds. It breeds all this dependency, this waiting for something to happen. This is not us. We make things happen.

And when we're correct, making things happen is what brings us peace. Truly it does. And it's always back to the same thing. For us, resistance is the thing that makes us ill. It's resistance. All those things in your way, they feed that anger. They feed the not-self and we lose our beauty. We get dragged into the false Generator world and just become an angry slave. We're not here for that. We're not. I've seen my share of deeply repressed Manifestors. I know how easy it is for Manifestors to be smashed down and turned into dependency addicts. And it's not what we're about. It isn't.

Manifestors are Here to Manifest

We are here to do our thing. We are here to manifest. But, in order to be healthy within ourselves, our attention has been placed on eliminating the resistance. You



eliminate the resistance; you put the anger into its chemical corner. And you get to experience the peace and the beauty of what it is to truly manifest.

When we can finally do that, it doesn't matter anymore that we have a closed and repelling aura. There will be those who will come. There will be those who will be there, always, because we are a force to the whole. Nothing else establishes the potential of unique diversity on this plane than Manifestors. We're not caught in the endless compromises that take place in the negotiations between those who wait.

If we're correct, this is what we do. We manifest all of these possibilities. We open up all of the doorways. But we are not doing so directly for anyone. We are just living our Manifestor lives. So, let's not get caught in the old seven-centered trap to demand our life through our anger. We can live the perfection of our life in just being moved by our Authority and informing to clear the way.

And those beings who are around you in your life that are close you in your life, you let them know however you can, "Don't get in my way." It's so simple. "Don't ask me. Don't tell me. And don't get in my way. I'm a Manifestor."

All right, nice to share that with you. It's always nice to talk to Manifestors. To all of you, you take care, have yourselves a good week. Until next time, bye for now.

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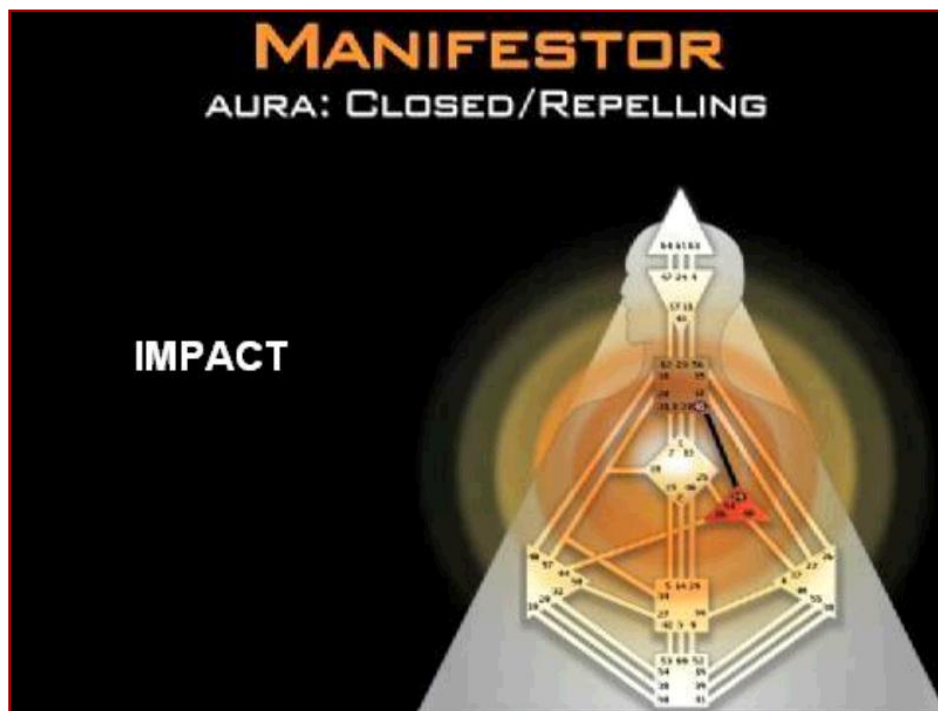
Lecture Four

Impact

Manifestors are Blind to Their Impact

Good evening, folks. It's nice to see you all. Let's begin with something that I think really needs to be said about what it is to be us, Manifestors: We don't see. I think it's one of the things that is so extraordinary about Manifestors is how blind they are, really blind. And I don't mean that in any obvious sense.

What we don't see is a by-product of our aura. We have this closed and repelling aura. And because we have a closed aura we simply do not understand the way in which the other experiences this aura of ours. We're not connected to them, in that sense. We're not. We don't get to see what the effect is of our closed and repelling aura. Most of the time, talking about Manifestors and talking about their aura, you're talking about their experience, what it's like for us to have such an aura and what it means to deal with that in our lives.





But what we really need to see is how limited we are in understanding the impact that our aura has. Everything about a Manifestor is something that sets off alerts in people. If you're a Manifestor and there are people around you, no matter what you do, it's going to be picked up. And it's going to be picked up because this is a byproduct of what we are. Think about the child that comes out of the womb and the mother goes, "uh-oh" because it's a Manifestor. That's where the story begins. The story begins with the baby not even being aware of the impact it automatically has the moment that its aura is in the world; instantaneous.

As we mature as Manifestors, because we're locked into what is an extremely difficult role in the sense that the onus is on us to initiate, and yet at the same time the vast majority of Manifestors are addicted to the Sacral Center and function fundamentally as Generators. They look a lot like Manifesting Generators in the way in which they behave and the way in which their energy operates. And without recognizing it, without understanding the kind of impact that they're having, because most of the impact that the Manifestor is aware of, the only impact they're ever really aware of is what happens to them when they meet resistance, that thing that gets in the way. There is always that thing that gets in the way that creates that annoyance.

And it's only then that they realize there are forces that can be opposed to them, that there are forces that are going to be influenced by their activity, that child, that Manifestor child that the mother is never taking her eye off that child. They're not. Where any of the other Types can get away with not being accountable, Manifestors cannot get away without being accountable.

Manifestors are Naturally Noticed

We often think about this in another context. When we're talking about Projectors we talk about Projectors get naturally recognized. We're naturally noticed. We impact others. And we impact far beyond what we are designed to be able to see. We're deeply connected into our own trip. This is what we are. And we don't realize the kind of impact that we have.

If I go back in my story to the late 1990s, I had gone to settle in America for a couple of years to bring Human Design to the States. It turned out to be a very difficult process. That is, I nearly lost my youngest son and was bankrupted by hospital bills and all kinds of things. I was in a really desperate situation. I had done a couple of tours in the years before when I first began to come to the States. I really didn't know what to do. So, I called up some people that I had met who had been introduced to Human Design, maybe they had had a reading or something, and asked them if they would help me out and set up a visit for me in their community and get the word out, and all those kinds of things.

It was a very difficult thing for me to do. Manifestors notoriously are bad at asking for help. It was just in a desperate situation. I honestly had no idea what to expect out of all that. It was one of the most moving experiences of my life. That is, I had



no idea how much impact I had had in my various journeys beforehand and how much support that had been initiated in that. It was touching. It really was. It was a remarkable thing.

It taught me a great lesson as a Manifestor, that we're blind to the impact we have. We really are. I didn't know anybody out there who would care about any of this. I had no idea. This is really what it is to be a Manifestor, to not understand the kind of impact you have. And that impact, you don't have to see it in any kind of exalted terms, because it's not really what I mean. It operates at every single level of our lives.

One of the things that I've come to recognize as a Manifestor is that it's helpful to think that there's a camera running. I don't mean to be odd. I do this quite often, because it's part of my work that I work in front of a camera. When you work in front of a camera, even though you're not consciously—you get used to it—paying a lot of attention to it, you're very aware of the fact that it's not a good time to pick your nose or whatever the case may be. In other words, there is a certain awareness that you're being watched and that you have to be careful about what you're putting out in the world.

It's really about what it is to be a Manifestor in everyday life, because to be a Manifestor in everyday life is not to realize—and this is the dilemma for so many Manifestors, that they're not under somebody else's lens and they are. And they're not recognized in the way in which Projectors recognize so that the Projector is recognized and exalted for their recognition. And the Projector gets off on that because that's what they're waiting for. It has nothing to do with that.

An Immune System Response in People

We get noticed and usually the kind of notice that we get is more of an immune system response in people than anything else. It is not so much that we are per se dangerous; it's just the kind of attention that you give to something where there is suddenly a certain uncertainty, whatever that may be. A Manifestor in a room, a gathering of people, the Manifestor is alone and the Manifestor assumes that nobody is paying attention to them because nobody is talking to them. Yet, the Manifestor in that environment, no matter what they do, whether they do nothing, whether they leave, whatever the case may be, that everybody in that room has been aware of them; everyone, absolutely everyone.

And not all of that is deeply, consciously taken in. It's an auric thing and they're aware of it. The Manifestor making any kind of movement is going to attract notice. Think about it. This is the thing about being a Manifestor. You're wrapped up in your Manifestor thing. And while you're wrapped up in your Manifestor thing, you forget, literally, that everything you're doing has an impact that is going to go out there in a motion and affect other beings in your life. It doesn't matter who they are. It doesn't matter what the circumstances are. It is part of what it is to be a Manifestor.



When I first began developing what's now called the *Living Your Design Program*, I felt it was very important for people after they had a reading to have a kind of simple, basic introduction to why it's worthwhile to take the experiment of following your Strategy and Authority. The original guide program was based on a kind of yin-yang, negative-positive process. The first day being a deeper analysis of the impact of openness in the design so you can really see how conditioning can overwhelm the not-self mind. On the second day was what to do with your experiment. And everything about that second day was designed to involve the mind in a positive journey. That is, giving the mind responsibility to watch over your experiment.

Manifestor Impact is Far Reaching

One of the most important things for the Manifestor was to try to make a list of those beings in your life that you think you impact. So, you go along and you make your list, whatever it is, there are six, there are seven, there are eight, there are ten, it doesn't really matter what the numbers are. But the whole thing to recognize about that list is how deeply limited it is, because no matter what kind of list you come up with, your impact far exceeds all of that.

This, again, is one of those things to recognize about what it is to be a Manifestor. Manifestors can draw the wrong kinds of attention, after all, because they get attention. And they get attention from a very, very specific perspective. There was a time when impact was something that was enormously valuable. You couple impact with anger and you really have a force to contend with. Now impact brings a certain level of suspicion.

Without getting into a kind of this and that of "Type prejudice" quote, unquote, the thing about being a Manifestor is that a Manifestor makes the whole idea of everyone being dependent and codependent, well, puts holes in it; makes a lot of people very uncomfortable. This is one of the things that you live with as a Manifestor. And you have to see that the moment you do anything, everybody else who has ever wanted to do that has failed at that because they meet resistance.

Type Jealousy

To see a Manifestor in action is something that carries a great deal quote, unquote "Type jealousy." Think about it. Generators and Projectors, particularly, are raised to be failed Manifestors. Their fundamental upbringing is to be raised as failed Manifestors, because they are. They are going to get caught in that trap of trying to initiate when they're here to wait for things; that is their perfection. Their perfection comes from the deeper acceptance and surrender that is part of what their evolution has brought them.

We're still into "we do it." Everybody else on this planet is into waiting for it to come to them. So, not only is there impact, and not only does the impact, in its own way,



create a certain level of discomfort, it also creates a certain level of jealousy. Again, that's not necessarily something that is conscious. But it's also something that is emulated. One of the most powerful forces on this planet to condition Generators to be Manifestors is Manifestors, after all. It goes both ways. A Manifestor model still exists. There are still 8.8% of us. That's a lot of human beings. It's half a billion Manifestors that are alive and well—I don't know about well—but they're alive on this planet.

The Generator Trap

That's a lot of impact to go around. And they're surrounded by all of those Generators. They're surrounded by all of these beings who are only going to be fulfilled if they're waiting. And then there's the Manifestor and they want the Manifestor to do exactly the same thing. They want the Manifestor to give up their impact and wait; the trap, because here's the trap. It just is.

The most fundamental dilemma for the Manifestor on this plane is that this plane is beholden to the Generator. Everything revolves around the generation of life, everything. It's why they are 70% of the population. The Manifestor with their open Sacral Center is always, always, always calling this conditioning; always. And because the Manifestor is meeting resistance in their process and because they continue to be punished and because they feel that they are an outsider, it's very easy to get trapped into this "I'm going to be just like you. I'm going to wait."

A Healthy Manifestor is Content to be a Manifestor

In order to be a healthy Manifestor you have to be deeply content in your own process. And you have to be very accepting of the aloneness that is part of what it is to be a Manifestor. Again, I don't mean that you can't have strong and beautiful relationships with others. It's not the point. The point is that you've got to live with the consequences of what is to be a Manifestor and you can only do so if you love being a Manifestor. For me, I look at it and I see as I do. I'm a dualist. I see its beauty on one side, and I see the dilemmas on the other side. It's what it is to be a Manifestor.

And we do have a tool. It's also the thing to recognize. We do have a tool. It's what mechanics give us. This inform—I love that. Isn't that a wonderful word? But in-form; this is us. This is what we're all about. We're locked into this particular form. This is our thing. And there's nothing like us. Until we trust that, trust what it means for us to be moved by our Authority. And we are moved to inform. It's the only way we bring balance and add quality to our impact. After all, we make things happen. We can create all kinds of doorways that open up for all kinds of Generators.



Impacting Quality of Life

It's interesting, one of those things to recognize about the relationship between the open Sacral and the defined Sacral. The defined Sacral is about work. It is what the Generator is all about. They're builders. They are here to do the work of maintaining the maia. They create it, they maintain it. This is what they're all about. But the three Types that don't have a defined Sacral, the Manifestors, Projectors and Reflectors, we're here for quality of life. We're the other side of the story.

On one side, yes, work is necessary. On the other side there is a quality of life; the grasshopper and the ant story. This is one of the things about the nature of our impact is that we're here to impact quality of life. This is what we're all about. This is the way to change the drudgery of building into something that's exciting. Manifestors open doors. It's Manifestors, who in opening the doors, make the call. You look at any Manifestor and around them you will see the Generators. They're there; seven, whatever, for every Manifestor.

Informing is Political

This informing is something that fascinates me because it's not mechanical. It's not; it's political. It's absolutely and purely political. Informing is an incredible thing because it says in words what can't be said with the aura. The aura will never say, a Manifestor's aura will never say, "I'm here for you." No Manifestor aura is capable of saying. "I am here for you." It cannot.

Informing Carries Impact

A Generator's aura can do that. A Projector's aura can do that; penetrating you, enveloping you. "I am here for you." Our aura can never say that. One of the reasons we get noticed is that our aura can never say that. It's why there is suspicion about us, because our aura cannot say that. But informing is saying that. That's what informing does. It is so disarming because it really is a surprise, after all. It's the way a mother feels with their Manifestor child when the Manifestor child comes up to the mother and asks permission to use its power. Wow, how impressed that mother is.

And when you take the Manifestor into its adulthood and asking permission ends and informing begins, it has the same disarming power. You see, you have an impact. Think about that. You have an impact and you inform. That informing carries even more impact. "Oh, she told me. Oh, he told me. Wow. They let me know." It's an amazing thing. It gives them a sense that somehow they actually have a kind of control mechanism for the Manifestor in their life.



Now of course, they don't. Informing is not asking permission. It's not. You're not a child. Informing is just that. It's informing. It's honking the horn. It's not slowing down. It's just letting them know. But that letting them know has an incredible force. The moment you inform them, you have to understand the consequences of that. The moment you inform them they focus even more on what it is that you're doing. Oh yes.

They're waiting for a door to open. They are. They're the first ones who will congratulate you when the door is open and take advantage of it. If you inform them, they will give you all the room you need to do your thing. They will. And it's not like they're going to support you in it until you open a door and then you'll see they'll be there. But they won't get in your way.

And you think that you have to inform them and that it ends there. But it doesn't. Manifestors are talked about; gossip, rumors. It's talked about amongst those who are not Manifestors. That you inform that person that you're going to do something and invariably they're going to pass that along to someone else. How broad a chain that is; how far that goes depends on circumstances. But you have no idea how profound your impact is. It's something to grasp.

Manifestors meet that all the time. They meet somebody who is sort of an acquaintance, not somebody they tell a lot of personal things to and they ask you about something that you're involved with and you're thinking how do they know that. This is one of the things you understand about what it is to be a Manifestor: There is always this attention being paid because it is a security issue. It is a visceral immune system, security issue in all those other Types, keeping tabs on the Manifestors. And they do.

And don't try to pull away, because then it gets worse. Then you really become dangerous. Because then they don't know what to expect at all. Oh, I have had to learn so many lessons. I'm an unemotional ego Manifestor. I remember what my not-self looked like. Informing is an incredible thing. Man, if you'd struggle with that—as not-self with an open emotional system, the not-self strategy of the open emotional system is avoiding confrontation and truth. I certainly wasn't into informing.

As a matter of fact, I was the exact opposite. I was deeply secretive and very private, not somebody who would let anybody know. As a matter of fact, I was a disappeared person. Talk about not letting anybody know or informing, I just disappeared. The impact that I had was extraordinary in all that. It was very ignorant of me in terms of where my consciousness was at that time, to grasp how profound that impact actually was. I only got a sense of it returning to Toronto over the last months that I was there and meeting up with an old acquaintance of mine, a person who sent me off, in a sense, to Ibiza. Just having a sense of how deep that impact was. I'd forgotten about all the people I had impacted at that time. They remembered things I had done long ago and not had any real recollection of.



Informing is Viral

It's part of what it is to be a Manifestor. One of the great lessons that has come to me in all of this is the significance of informing. What I've learned about informing is interesting. I remember when I was introducing the guide program and talking to Manifestors about making these lists and informing people who need to be informed. Obviously, you end up with people asking, "Where does that stop and how many people and who really needs to know?"

I basically have a rule. That is, one of the things that I understand about being a Manifestor and informing is that the informing is viral. So, I don't have to be concerned about telling everybody that I think I have impact with in terms of an action I'm going to take. Obviously, in this case in my life, things that I do do have an impact. And things that I do, for example, in terms of my work with Jovian, I can't not tell people, otherwise nothing would happen. I do inform.

Yet, at the same time I don't have to inform everybody. This is the whole thing about Manifestors. You have to recognize who you need to inform. There is a core in any situation that needs to be informed. Maybe it's just one person. But the reality is that that informing is viral. It will pass along to others who ultimately are in that chain and are a part of some level of needing to be informed about it. If I make a decision now and I pass it along to a couple of people, I know that it's just simply going to move along, because that's what happens.

It's not because that's been ritualized and people expect to do that. It's just the way that it works. And it's the way that it works with any Manifestor. It's the way it's there to work for you. It's something to be really clear about. It also means that you have to see that your sphere of influence is like 3 or 400% larger than you think it is. That circle around you that is your closed aura, this is not where it ends. There is really a huge swath of influence that you have. There's all this secondary and tertiary movement that goes along when Manifestors are informing. This is something that just travels.

Manifestors Can Only Be Moved by Authority

So you also have to see that you can't have any illusions about keeping things in some kind of a controlled environment. It means we have to be careful about our actions. And obviously, this is one of the keys to being a healthy and aware Manifestor: You can only be moved by your Authority. And when your Authority moves you, this is when it is necessary for you to inform. Informing comes before action. And it's all driven by your Authority.

This informing—who to inform, the core that needs to be informed—is not about everything you do in your life, because there's something else about the magic of being a Manifestor. Sometimes we don't inform. After all, informing is political. It's not mechanical. Manifestors are different from everybody else. This is a way to get



along in the world. This is a way not to have all the pressure on you. This is a way to make sure that you have allies in your process. It's what informing brings.

I always like these spaces between the notes. They always carry magic with them. There are times where not informing is very powerful. After all, we're power beings. That's what it is to be a Manifestor. And there are times that acting without informing, even though it may bring resistance, is also the only time that you can do anything and nobody knows; that there is no chain of whatever following you around.

Again, whether you're going to inform or not is not a mental decision. It can't be, because the moment it's a mental decision, you're not-self. You're just fooling yourself. It's your Authority that has to move you. And if it moves you to inform, then that is correct. And if it moves you not to, that is also correct. But it's your Authority you have to trust.

Informing is something that allows you to fulfill your power potential on this plane. We're here to do. This is the genetic imperative of being a Manifestor; do. It's what to do. Again, this goes back Authority. The magic for a Manifestor is really to be able to do what it is here to do. It's why we have profile and cross and all of these things that go with the costume of what it is to be in this form. In order to get doing done, you have to play informing. You do. This is when you really find the support that you need in order to be able to take your direction.

Manifestors Do Not Follow

Whatever that direction is, and within whatever skill set that direction is, again to see that you're 'doing' is an initiation for others. As Manifestors, you're here to be followed. You're not here to be followers. It's not what Manifestors do. You can apprentice, you can learn things, but you're not here to be a follower. This is one of the dilemmas of Manifestors, slinking back into the pseudo-sacral world where you don't have to lead because life leads you. But that's not us.

We are here to take those steps on our own. And it's not about fooling yourself into thinking that where you go others must, because again, the correctness of your movement in this life is always going to bring you allies; you will see. I've watched this whole process. What it means when a Manifestor opens a door, how many human beings follow through that door, find their way.

Manifestors Open Doors

Human Design has been built by Generators. Yes, there are some powerful Manifestor forces, but basically the building has been done by Generators. But only a Manifestor can open the door. It's what Manifestors do. This is what you're here to do. And it's not here to do it in any altruistic sense. Don't get caught up that new age breeze. It's not about altruism. It's not about even thinking that it in the doing



of it that it is for someone else, something else. It isn't. It is to fulfill what is our process.

This is what we're about. Whether anybody is there, whether anybody follows isn't the point. The point is that the only freedom we really have is to act. All we want to do is eliminate the resistance so you can see where the act takes you. This is our magic. It can be deeply romantic and beautiful to see this source of power. I look at every Type and I see the beauty in everything. I see the Manifestors as the gods saying, "Let them try." That's the joke for me about being a Manifestor.

It's a Privilege to be a Manifestor

We're here to do precisely our thing. That's an incredible thing to think about. In a world that is so deeply, deeply dependent we're given this model. Most Manifestors are really screwed up by the time they become adults. They really are, playing Generators, really demoralizing it. They never really fit in all that stuff that goes with it. But when you think about the possibility of what it is to be an aware, an awake Manifestor, wow, it's such a privilege to be a Manifestor.

I'm not caught up in all of the spiritual beauty of what it is to be a Generator, that perfection of allowing life to be your guide and how perfect that can be, because, after all, Type has its magic. But I look at Manifestor as this ancient instrument of transformation. It built our civilization. It has taken us through this incredible history of ours. It is what can make a difference. And it's the last remnant of something that particularly in its nine-centered form where the possibility of uniqueness is enhanced by the construct, this closed aura of ours in some ways gives us an advantage in this journey towards being unique.

It's a great struggle for Manifestors. It really is. They're so aware of their uniqueness from the time they come into the world because of the nature of the aura and their impact. Because they are not raised correctly and because they live in the world that we have, their orientation is towards **not** being unique, trying to fit in, trying to be homogenized, trying to be a Generator, all of those things that lead the Manifestor into a life of real pain.

The healthy Manifestor wakes up to the miracle of themselves, how extraordinary we are as beings. We're not waiting for the world to deliver. We're not. We are creators of the maia. What we can initiate is transforming. Everything else is waiting for what is. But that's not what Manifestors are about. Manifestors are about doing, not waiting; creating, not reacting. It's very different.

Stop Needing Guidance and Advice

It's why there is punishment for Manifestors and resentment of Manifestors. It's why there is so much Manifestor anger on display. So deeply disenfranchised from the essence of what we are. There are many things about deconditioning. And in being



a Manifestor I think one of the most important things in the deconditioning process is to stop needing guidance and advice. Manifestors each have a unique journey that can only unfold out of what is correct for them. We're not here to wait for guidance. We're not here to be asked. None of those things apply to us.

We are compelled to act. The moment we repress that is the moment we become very, very unhealthy beings. And in being compelled to act, we have to see that we have to trust in our process. You have to trust in your Authority. It is the thing that is there to guide you. One of the things to really keep in mind about being us is that we are an energy Type. We need to move our energy correctly. It's true for us as it is for Generators. And using our energy correctly is something that can only come out of our Authority. There isn't any other way.

Trusting in that Authority is going to allow you to be aware of not simply who to inform and when to inform, because after all, if you're an emotional Manifestor it's a very different process than being an unemotional Manifestor, that there is a time frame, that there is a waiting for the clarity to move one. We're not all the same. We just carry this same deep integrated aura.

Informing is Marketing

The first thing to always keep in mind is that informing is marketing. It is sales. It's part sales, part propaganda. It's swallowed hook, line and sinker by non-Manifestors. Don't tell them that. Let's keep it a secret. It's just something to grasp. You need to get that marketing out and you have to recognize that it's going to travel and move. And it means that that thing you're going to do, if it blows up in your face, a lot of people are going to know; what it is to be a Manifestor. They will applaud you if you succeed, they will not be nice if you fail. And by the way, it's not that they prefer either; they don't.

Once you have found that thing that is correct for you, this is the great story in life, after all. One of the bedrocks of my teaching is that if you enter into things correctly you get to fulfill yourself in this life. It means the things that you do, what you're involved with in this life, the people who are there in your life, the work you do, the hobbies you have, the things you pursue, whatever it may be, if it doesn't come out of your correctness, it does not support your possibility for fulfilling your purpose on this plane. It doesn't.

Peace Comes from the Acceptance of the Process

As a Manifestor, you're really here to accomplish something. You are. You're here to open the door that you're designed to open whatever that door happens to be. And to do so, because it is choiceless, because it is a Manifestor's way and we each have our unique distinction in terms of where or how that's going to unfold. This is what we're here for. This is where we find peace. We find peace in the acceptance of our process.



But we're here to be clever, after all. This Strategy that is so deeply political, this is our cleverness at work. Informing is a deeply wise thing to do, but it's also like the fox, it is a trickster's thing as well. It protects you. It takes the pressure off. Oh yeah, it puts you under the view of many more than you would imagine; but nonetheless, it gives you that breathing space, that non-interference space that's absolutely essential. It reduces the potential for anger in your process. In those moments when you're ready to act and you inform, you open up the way for peace in your process, the lack of resistance, nothing getting in the way, easy for you to flow through whatever your experience is.

Rest is Important

And then there's rest. Rest is very important. If you're a Manifestor and you do something, that doing will get its own notification. In the same way, your informing will pass from one person to the next, the doing will also move along. Now, it has different paces. And one of the things to recognize about being a doer is that some of the most important things for you to participate in is the not-doing. It's the counterpoint. The Manifestor who is not doing, because there is nothing to do, is a Manifestor whose reputation is growing because of what they've done. That's something to really keep in mind.

It's always good to take a break. It's always good to get the silence. As a Manifestor, recognize how important it is physically for you to rest. This is one of the most important things for non-sacral beings, despite the fact that we are an energy Type, still to recognize who are non-sacral; we need to conserve our energy. We need to use it well. We need to conserve it. We need to rest. And rest is very important for us.

Again, one of the greatest seductions of the Generator world is to over-amplify us in terms of our energy, and keep us going far beyond what is healthy for us. After all, all Manifestors have the same not-self strategy embedded in them, never knowing when enough is enough. It's the greatest risk for us. That's what I mean by taking a rest. You have to know when enough is enough. You have to know when to rest. You have to know when to pull back into not doing.

Do Without Doing and Everything Gets Done

The Druids had a great saying, a wonderful saying, actually. It's one of my favorites. It speaks to deeply to the Manifestor process. It's: Do without doing and everything gets done. This is the doing/not doing being. It's us. Whether we do or we don't is something that has to be there at its source. It is our Authority that is moving us. It's the only key. It's the only thing that truly, truly we have to accept in our lives. Allow our Authority to move us. There's nothing else.



If you can do that you'll wake up, because this is the way it works. For us, it's very special. It's a mechanism. For me, I'm splenic so it's sudden. There's this sudden push out of the Spleen and there it is. For others it's emotional and it goes through this process. But it's waiting for that, because that's the instrument of our truth. As long as we're operating in that way, we will be correct. And they will get out of the way. And you will be able to open the door. And there will be those who follow. It's our mechanism.

Manifestor Impact Can Be Beneficial to Others

The evolutionary pattern may have turned the focus on a different way of movement into the future, the relationship between Projectors and Generators, the Projector in the role of being the guide. We're still Manifestors. We still know how to get things done. We know how to do things without waiting for a consensus. We have a different role to play. And it's not that the whole is dependent on us anymore, but they don't mind when we open a door. They don't mind at all.

It's amazing how many take advantage of what Manifestors do. It's about time you understood that. It's about time you realize that the impact you have is an impact that can be very beneficial others, and to realize that. It's about respecting what we are. It's about seeing what value we bring in this life, because we do.

The only way it's going to work for us is if we are doing it for us. If it is a natural thing that arises out of our correctness, then we can be nine-centered Manifestors and have our cake and eat it, too. And I like that. The beauty of what it is to be a nine-centered Manifestor, to understand how these things work and to be able to play the Manifestor game, and to be able to find an enriched Manifestor life. It's a beautiful thing.

It does not take away from all the other things that matter in this life, love, family, friends, all of that. It doesn't. Once you live as a Manifestor you will be accepted as a Manifestor. That's probably the nicest things that happen in a Manifestor's life. You live the truth of what it is that you are, and you will be accepted from that, because in our own very different way we're something special on this plane. We are.

Manifestors are Not Sheep, but Wolves

We still remain an incredible gift to humanity as a whole. There are half a billion of us saying that we're still an essential ingredient in the way in which the whole mutative, evolutionary process operates. By our very design, we're not sheep, we're wolves. And you know, not being sheep is something that's very valuable. It gives us a shot of not being homogenized, of not being lost in the not-self, but being able to live out the true beauty of what is to be us, to be a Manifestor. I like it. I more than like it. I think that being a Manifestor is the best entertainment on the planet. But then again, I'm probably prejudiced, but what to do.



All right, that's it for today. Next week in our last class together I'm going to use your charts and I'm going to do little Manifestor blurbs for each of your designs. I think you'll enjoy that. Anyway, as it has been for these last weeks, very nice to be with fellow Manifestors. I hope you enjoyed that. To all of you, until next time, you take care. Bye for now.

~



Lecture Five

Achieving Peace: The Manifestor Awakening

Manifestors are Designed to Act on Their Own

Hello and welcome to—I won't say all of you. My standing joke about Manifestors is that they rarely show up. I remember when I was first training analysts and I was focusing so much on Generators and Projectors, one of my students, a long time ago now, asked me, "Well, what about Manifestors?" I said chances are you're not going to see them. It's just the way that they are. It has a lot to do with the way that Manifestors operate. The fact is that we are designed to act on our own. We're not designed to seek advice or be directed by others or wait to be told what to do or all those kinds of things.

It's very amusing in relationship to this class because there are 24 Manifestors that are registered for this class and I don't think there's ever been more than seven or eight of this size in any of the classes. It's so typical of Manifestors. It's not that they won't download it. They will and they will take in the information. But it just says a lot about the Manifestor and the Manifestor process.

Achieving Peace/The Absence of Anger

I'm just glad that you showed up. It's always nice to talk to Manifestors, and it is our last opportunity together, at least in this program. You can see the theme today. I guess that's really what the story is all about, achieving peace. And what that means for a Manifestor.

I can speak from my own experience as an archetypal Manifestor. It's not so much about the peace; it's about getting rid of the anger. I think this is one of the things that really makes our process a very special one. It really gives us a way to measure transformation that is not so easy for others to measure, because this concept of peace—after all, intellectually to begin with it's just a concept. Life does go on and it doesn't mean that it is perfect. The process is perfect, or the process can be perfect. Life is a peculiarity of things. It's not determined. And so there are all kinds of phenomena that present itself in any process. And the idea about the nature of peace is that it is some kind of a bliss, a permanent state of some form of tranquility. It isn't any of those things. It really isn't.

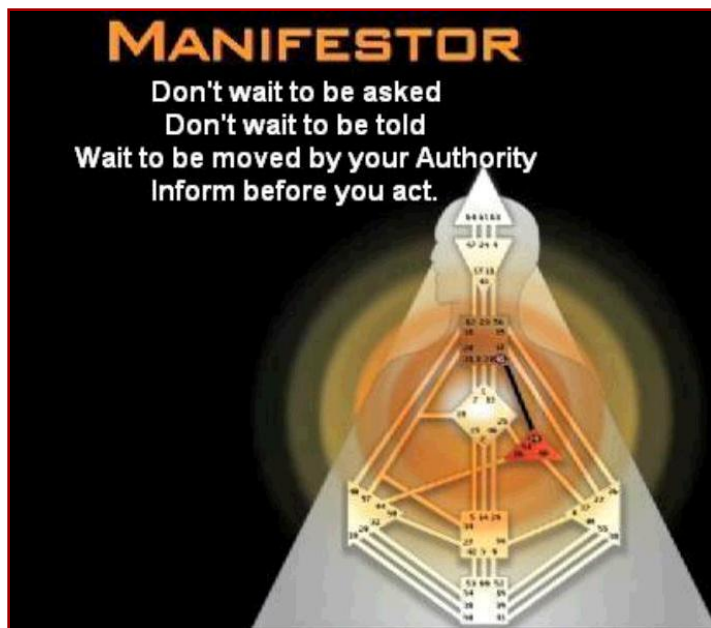


The Freedom to Establish Timing

More than anything else, it is the absence of anger. It is this absence of anger that is really the extraordinary thing about what's possible for us as Manifestors. The real dilemma is that we have to find a way to allow others to coexist with us. Please note my phrasing: *We have to allow others to figure out how to coexist with us*, because we do just fine. It's the whole thing about being a Manifestor. If there weren't all these other demands of a generated world, we would just be fine. We have our capacity, and we have a very unique design relative to all the other Types. There is inherent in that a quality of freedom that is very special. That is, the freedom to establish timing.

I think it's one of the things you notice the most when you do comparison. You look at other designs and other Types. When you're looking at other Types you see that timing is never their own; it's never their own. Generators, Projectors, and Reflectors don't set the timing. It's not what they're here for. One of the things that makes us uncomfortable for those other Types is that we're not waiting for something to set our timing. We're not. Yes, we have a process; yes, we are here

to be moved by our Authority. There is no question about that. And one can, obviously, look upon that as some form of waiting.



It's a very different process that exists in others. In others, the Strategy is a by-product of waiting. Ours isn't. It is just a process. And when we are ready, we set the timing. It's the thing that makes us special. It's the thing that gives us our unique power. We do have a unique power and it is that power to set the timing. It's what drives all the other Types, particularly Generators and Projectors. It's crazy because

this is the thing that they're most jealous about. It's the thing, in the end, that they most resent. It's the thing that they want to punish the most and control. And that is the Manifestor potential to set the timing. They can't.

And of course, you see this in Generators all time, that is, not-self Generators. You see it all the time. They're always setting the timing. They're always trying to play the Manifestor power game and they cannot. You can see how difficult it is for them when it is the Manifestor who sets the timing and they're there to respond. As long as we are setting the timing, then we're all right, because the moment you're not setting the timing is the moment you're dealing with your anger. It's there



somewhere. It can never be fully eradicated. It can't. Remember that; it's chemistry. It is part and parcel of the package of what it is to be a Manifestor.

Again, I go back to our entire history. The history of the previous seven-centered beings was determined by this anger, this power to control others by setting the timing, by enforcing it with power. Obviously, we need in this nine-centered life that we have now to adapt to our changing circumstances. We are no longer under that pressure for the civilization or the species as a whole. It's not; it's for us, each and every one of us personally, uniquely differentiated to live the purity of the Manifestor process.

Two "Don'ts": Be Asked or Told

Now, anger, the first thing about anger is the first two "don'ts." You can't imagine how profound the impact is day after day after day as a Manifestor to be asked or told. And it doesn't matter whether you notice it anymore or not, whether you become conditioned to it and used to it or not. But every single one of those 'being asked' and 'being told' sets off a deep, powerful, chemical reaction. We're not here to be, well, I was going to say pushed around, but I don't even really mean it in that sense. We're not here to be disrespected to the point that we need to be asked or told, because this is not what we're about.

We are not Generators or Reflectors or Projectors. We are not. We are not designed in our very nature to respond to being asked or told. We're not Generators. And remember, the great dilemma of the vast majority of Manifestors on the planet is that they are so deeply addicted to Generator conditioning, that they think the only way they can truly be accepted is to wait to be asked, to share the frustration of the Generator world. It triggers the anger.

It's not like the person who is asking you recognizes that. It's not that what they are asking you is bad or good, if you know what I mean. It has nothing to do with any of that. They can be asking for something that is really straightforward, practical, and obvious within the context of the situation. It's not about any of that. It's about understanding something that is happening to you at a very, very deep level.

Manifestors are Here to Serve Their Own Purpose

We're not here to be enslaved. This is not what we're about. And we're not here to be in service in the classical sense of the word at all. We're not. If there is anything that we serve it is our own purpose. It's no longer in us genetically that we are here to serve the totality. It is not. We're here to serve our purpose.

Don't wait to be asked is something that is so important for every Manifestor to grasp deeply. This is not healthy. It's not about saying no to those people who ask for something that is legitimate, and so forth and so on. It isn't. It's about being aware that the moment they are asking you is the moment you have to deal with



whether or not it is correct for you to go along with that as a Manifestor so that you don't have to deal with the anger.

Yes, you can get to a point where you can tell somebody to inform you, let you know what is going on so that you can make your decision. But being asked? It doesn't work. It's not the way we work. We're not designed to be useful in all of those circumstances. We're not. The one thing that the rest of humanity likes to do is take advantage of our power. There's nothing more useful than a not-self Manifestor. They're unpredictable, but they're useful. Don't wait to be told. This is a horror for a Manifestor to be told, to be told what to do, where to go. It's a fundamental affront to the Manifestor nature, it just is. This is not something that we are here for.

Think about what we are looking at here, because this goes back—I think I mentioned it in the very first class, I think it was in '95, '96 that I taught the first Type-for-Type classes. I remember being very excited about the possibility of being in a room full of Manifestors. I had never known, obviously, what that was like. It was incredibly disappointing. I guess that's not fair. I think what it was was that I should've expected what I saw from understanding just the nature of the not-self, because what I was looking at was an incredibly passive aura. That's what I was taking in. I was taking in a quality of passivity that was simply not healthy and I could feel it.

It is one of the things that happens to a Manifestor. Think about it in a kind of mythological way. You're born a princess, a prince. You're born with all of these gifts and wonders. And you grow up and nobody knows. And everybody is either asking you to do things or telling you to do things. There's something inside of you that knows there's something wrong with all of that. That your life is not here to be determined by those forces, that you're not here to wait obediently for somebody ultimately to ask you, or you're not entrapped in a slavery in which you do whatever you're told to do.

The Chemical Impact

You have to understand the chemical impact, because it's a chemical impact. It's what anger is in our system. It is a chemistry. It's triggered chemistry. And every time you submit to asking, you submit to being told. You're doing damage to the essence of your being, to your very spirit. It's why I said there is nothing wrong in the sense that yes, somebody is going to ask you; people will. People will try to tell you what to do. But you have to take that within your own context as a Manifestor. You can't just simply allow that to be a normal intercourse between you and those beings. You have to recognize in that moment that the value of the act has to be substantial enough for you to go along with that as a Manifestor, and not somebody who is being submissive.

I let people know who ask that I'm not crazy about being asked, because I'm not. I'm terrible at being told. The only time anybody ever tells me what to do is when



I'm crossing a border, and what to do in those situations. As long as you're being asked and you're just simply treating that as normal, and as long as you're accepting being told, then you're destroying what you're here for. And you're creating this well of anger. One of the things to grasp about anger is it's not just simply the idea of or the general impression of what that word brings; there is this expression of rage, annoyance, fire, all of the things that go along with all of that stuff. It's something else.

It's in the cells. It's in our genes. It permeates everything; it slowly but surely fills the aura. It eventually contaminates the whole life. It's not like the vast majority of not-self Manifestors are running around displaying classic anger. They're not. They're already so passive and submissive in their not-self Manifestor life, that it's just this deep, deep, deep, deep well of anger against existence itself. Most Manifestors, most not-self Manifestors have had their anger punished, that release of anger, the Manifestor child that gets punished for that. There is a price, always, for Manifestors having to deal with the other.

Oh, it's not so easy. I know. This whole business about don't wait to be asked and don't wait to be told. It seems like life is nothing but that. That's when you know as a Manifestor that you're riding on your anger, because you're not being respected as a Manifestor. You're not being accepted as a Manifestor. You're being manipulated. You're being used. You're being worked over. And it's not us. It's not.

Manifestors and Relationships

So, it's really the first thing to recognize about what it means to deal with anger. It's a transformation in the way in which you operate in terms of your relationships. It just is. I'm a Manifestor. I've been living with a Generator for 27 years now. I get informed, what I call "news broadcasts." I get news broadcasts. I get told about things. And I get told about things without being asked. Not me personally being told, but the thing being described. There is, after all these years, an assumption that I will probably do something about it, but it is up to me and often I don't. I'm a Manifestor, a splenic Manifestor. I can only follow what moves me in terms of my Authority.

But it's taken all the anger out of my relating to the other. It just has. I don't get angry when I hear the news. I take from it whatever there is that I'm going to take from it. If I hear that there's something missing or something is broken and I'm not being asked, I'm not being told to fix it, I'm just being informed that something is this or that. For a Manifestor that's perfect. There's no anger attached to it.

Not only that, but there is a recognition that I may or may not, which is a reality; I may or may not. I often get the same news repeated often; nonetheless. It's something to grasp about Manifestors in relationships, because relationships are basically a Generator split definition kind of thing. And it's full of asking. It just is. Control in relationships is all full of dominance, the dominance that comes from telling your partner what to do. This, of course, for a Manifestor is horrendous thing.



Manifestors can have a very hard time having relationships in which they don't fall apart because of the buildup of their anger. And it's not an obvious thing to the other because they don't get it. They're waiting to be asked. They don't get it. They don't see anything about that. I can remember throughout my Manifestor life how many times I've been so aware of how this asking is an imprisonment. And it's never because of the morality that is attached to whatever is asked. It's just the assumption. And if you're a Generator this is all cool.

If it doesn't bother you as a Manifestor, you know you're deep in the soup, deep in the conditioning, because this is the way we get our power stripped. This is the way in which we get turned into passive, pretend Generators, super slaves running around doing all these things we've been asked and told. And telling and asking others.

The Informing Business

I'm not in the asking business. I'm not. I'm in the informing business. I inform you. This is what I do. This is the one thing that is healthy for me. So, we have to be very careful about the way in which we get conditioned on this plane by those beings who are non-Manifestors. This is how they get to us. The whole thing for us is that the not-self feeds on our dysfunction. It feeds on the anger. It just does.

Inner Authority

Okay, so look, it's the beauty of Authority. Inner Authority is really an incredible thing. It takes all the onus off of the trip that your mind is into. The mind is going to be conditioned very early in your process. And it certainly is very conditioned by the way in which others try to communicate with us in terms of the way in which they relate to us in a given relationship. The very language they use with us pulls us into that very conditioning. We're all susceptible to conditioning. There is more whiteness in our design than activations. We all live with this receptor-oriented life where we're open to all of these things.

But we do all have an inner Authority. And inner Authority is an amazing thing. I've watched with wonder now for decades this process, and regardless of how intelligent my mental potential is, it always was and continues to be really useless in trying to point out to me what I'm supposed to do in this life. It's never known which is obvious to me. Being moved by my splenic system, because I'm a splenic Manifestor, has changed everything about the way in which I live and know. But it's freed my mind.

Until you can be moved only by your Authority, you will not free your mind. And if you don't free your mind, you're going to be caught here, because this is the not-self. The not-self wants to fit in, wants to be homogenized, wants to be loved, wants to be cared for, wants to be needed, wants, wants, wants, all of the things it thinks it



thinks it thinks it thinks it needs, while your inner Authority knows precisely what is correct for you moment-by-moment and breath-by-breath.

Going it Alone

I think one of the things it takes to be a Manifestor is that you need to be able to accept you may have to go it alone. Whether you do or you don't is not the point. But it really is about you. This is why we're here. We're not here to be dependent. We're not. Manifestors are not born sheep-like. They're not. It's not what we're about. It's like trying to bring all the Manifestors into this group. You've got 24 people; they all paid for it. But bringing Manifestors together is like herding cats. You're not going to be able to do that.

We're not here to be homogenized. We're not here to be caught in the archetypal relationships that the not-self provides us with. It's not the way it works. We're not here to communicate in the same way. We're not. We're not here to accept the demands of others on us. We're not. This is not what we're about. It isn't. We're about living the potential of what we are; nothing more, nothing less. This is what we're about. We're here to be Manifestors. We're here to manifest. We're here to set the timing. We're here to do what others cannot do. And we're here to do it entirely for ourselves, and not in any sense of selfishness, but this is the way we work. It's who we are.

Impact

You can't do that until you're ready to be alone. So many fears are attached with giving up conditioning. In conditioning we all entered into all kinds of relationships. To release yourself from conditioning, to change the rules by the way in which you live and commune with others is going to have an impact. **The** theme of what Manifestors bring: Impact.

The moment you're aware that being asked is uncomfortable is the moment you start having an impact as a Manifestor and you begin to change the rules, because you can. Manifestors are not part of a cooperative. We're not: "Is that okay?" "Uh-huh." We don't belong to any union. We are independent operators. If somebody wants to be in your life, that's okay, but it's in **your** life, your life as a Manifestor.

Manifestor Females

For me, I think one of the things that I look at a lot, and it's apropos to this group, all of you here today, is that there is a significant difference between what it is to be a Manifestor male and what it is to be a Manifestor female. I think this is a much heavier burden on women than it is on men. And I think it's a heavier burden because it is a power design. I think that it is intimidating to female Manifestor's



male partners. I think it's always intimidating. And I think that given that the female Manifestor power is something that would have been deeply conditioned from the moment they came into the world, deeply conditioned, and the stereotype roles of women is something that simply does not suit Manifestor women. It doesn't. It can be painful to play out that role.

Manifestor women are not here to wait for anything. They're not here to wait for men to want them. Like any Manifestor, it is us who initiates relationships. That's what Manifestors do. If we don't inform, then it's not going to be a valid relationship. Of course, it creates a great deal of pressure and it depends on the society or the culture. Think about Manifestor women who are born in strict Islamic households. What an ordeal. And the level of rage that is going to develop in that being, despite the fact that they are conditioned deeply by their society and intellectually and all those things; we are talking about chemistry.

Love Yourself

You have to be very strong. You have to be strong as a being within yourself. It's what Human Design brings in the end. It brings this potential to trust, to love, what it is to be you. It is a better love than most that you'll find in this life. There are all kinds of love, but that love that you can find for yourself is the love that really lights up your spark, your potential, your beauty as a being.

It is so important in the era we live in that the female Manifestor takes on her power. It's interesting, by the way, as we move towards 2027, there is going to be a statistical spike that's based on population figures, a statistical spike of Manifestors. There is going to be as many as 15% of the population, newborn population, will be Manifestors around 2027, 2026, 2028. It's a peak in Manifestor population. And it coincides with the change of an age. We're entering into an age, that for the cooperative Types, particularly when I say that in reference Generators and Projectors, it's going to be a much more difficult era than it will be, at least the beginning of it, for Manifestors. We are much better equipped enter into such an age than just about anyone else on the planet.

One-Person-at-a-Time Knowledge

The level of conditioning, 99.99% of all Manifestors are conditioned beings, are repressed, submissive, angry. And in their way, their spirit is lost. So, it's not like there's a great resource there, in that sense. There isn't. I always deal with the same thing. It's what Human Design always distills down to: This is not group knowledge. It's not world knowledge. It's not messianic knowledge. It's one-person-at-a-time knowledge. It's each of you as beings entering into the process that is your process.

Somebody wrote on my Facebook page the other day a question about the daily transits and asked me if there was a description for the good things that will impact



somebody. I don't remember exactly what I wrote back, but basically it was that there is no fixed package description for what a true individual's process is. There isn't. This knowledge is about the nurturing of uniqueness and differentiation. And as Manifestors, this gives us a tremendous potential.

When you think about it, a Generator who meets Human Design and begins their process is always going to be dependent on those others out there to ask them and invariably they're going to be not-self, invariably they're going to have to deal with the dilemmas of an unaware world that they have to be dependent on in given situations. But if you're a Manifestor, that's not the case. We're not dependent on anyone. We're not. We're here to thrive on where our Authority moves us. And it is this power that unleashes what is that personal purpose that is there in everyone. You profile and your cross and all of these things that become living tissue, because you get to live out the correctness of what it is to be you.

Manifestors Have to Set the Rules & the Timing

Basically, if you're going to be an awake Manifestor you have to set the rules. You have to inform others, those who are important to you in this life what the rules are, because that's what we're here to do. We set rules. We set the timing. It doesn't mean that we're going to be appreciated for it or liked for it or loved for it. But then again, it doesn't mean that isn't the case. But until you set the rule, you're not going to find peace, because you're only going to meet anger.

And it's not about egoism or narcissism or anything else, it's about being a Manifestor. We're here to set the rules, our rules. Not for anyone else; our rules. This is the way that we have to be in this life. And that means that we're not really interested in being caught up in the asking and telling game. We're not. And we're not really interested in waiting for you to be ready for us. We are here to do our thing. We're here to do that. That's our grace, after all.

It comes down to getting things out of your way. We're not here to have anything in our way. We're not. We're not comfortable with others trying to show us the way, all those things. We don't like anyone being in the way. This is a different kind of being. It's unlike anything else that is here on this planet. Everything about the evolutionary process is drawing everyone closer and closer together. Generators with their enveloping aura, being two-thirds of humanity trying to stress to all of us that we're all one and we should all be homogenized together. We're not.

The Potential to be Unique

We're each potentially unique. That's our beauty. It's a beauty that's here to be lived for everyone. It's the possibility. And yet, we live in an age in which conditioning has done its job. You cannot wait for the world to change for you. You can't. You can't wait for the others to figure it out or catch up. You can't. You're here to **live** your Authority. If you really live your Authority, you'll notice right away



that you're going to discover that there are chains everywhere. You don't really see them, but they're there, these chains that hold you to this thing or that thing, that make you afraid for this thing or that thing.

Manifestors Have a Patent on Freedom

There are all these beings who you have impacted in your life without you truly recognizing that they are deeply dependent on you. We make things happen. Well, you have to do it for yourself. You can't do it for anyone else. The beauty of being a Manifestor and living this experiment is that you get to spread your wings. You get to see that the one thing that a Manifestor has that others don't have is that we have a patent on freedom; the freedom not to wait, the freedom to set the timing, to set the agenda, the freedom to act. You can't allow anyone to get in the way of that. You can't.

It's not that it is impossible for the other not to be with us, live with us, love us. We are very attractive in that sense. We are attractive forces to the other. We're kind of the stallions that they would love to tame. There is something very magnetic and attractive about the very basic essence of what we are as Manifestors. But then again, because of our closed auras, there is always this suspicion and this attempt to control us, and fear. And for those of you who are women Manifestors, jealousy, suspicion. Manifestors always meet that.

Being Moved by Your Authority Moves You to Your Purpose

So, until you set the rule for yourself—establish what it is for you to live your Manifestor life, recognize what does not belong in your Manifestor life. The material world that we deal with, this is a time on the planet where there are so many beings who are really suffering. Manifestors have a natural gift of being able to make things happen. They do. If you want to be successful as a Manifestor on the material plane, then be moved by your Authority and don't be trapped by the control mechanisms around you.

There is nothing we cannot accomplish; nothing. We each have our designs so we each have our "this and that" that we are gifted in, whatever it may be. But to be a success as a Manifestor is just to be a Manifestor. It's a very rare commodity on this planet. We owe Manifestors. And it's not like you do that with someone else. You do it and you see if anyone else follows. Any Manifestor who is successful can create success for others. They just do. It's one of the oldest patterns we have.

So much of the planet now, this great recession, so-called, is waiting for those sparks that are going to revive their economies. This is something that Manifestors are classic at when everyone else is stuck, when everyone else is waiting for something to change to make things better. We're not here to wait. We're not here to wait, and as nine-centered beings, we're not here to be afraid.



What it means to trust your inner Authority, wow, it is such an incredible thing. Being moved by your Authority is everything. It's not just the "yes and no" decision-making. It's what's moving you. And as long as you're moved by your Authority, you're moved towards your purpose. No one can interfere with that. I've been doing this for 23 years, and I started alone. If you're a Manifestor and you're here to fulfill your purpose, you do it by being a Manifestor, by not waiting, by impacting through informing, by doing what we do naturally, what no one else can do.

If you're any of the other Types in your process in Human Design, you can look rather normal in your life. We never can. We have to change the rules. We have to be able to operate with the integrity of what it is to be a Manifestor. And we have to be accepted and loved for that. It doesn't happen unless this is what you inform others what will be what you accept, a correct relationship, one in which you get to live out the power of what it is to be a Manifestor.

Strategy and Authority Liberates Your Consciousness

And it all goes back to this one thing and one thing only. Human Design is about Strategy and Authority. It doesn't matter in the end what Type you are, the "this and that," and definitions and all of those things. It's a mechanism after all. Strategy and Authority is just a mechanism. But it's the mechanism that liberates you, liberates your consciousness, that frees your mind from all of that mundane measuring and weighing and all the pressure that goes with it.

You are not here to be contaminated by the not-self. And everything about the not-self is pulling us into what we are not. We don't belong in the same pool as the others. We don't. If anything is going to happen, we're going to make it happen. That's our beauty. It's your beauty. Trust that Authority to move you. Trust it. And recognize so deeply that this asking and telling business is something that is really profound to get. It is. It's an insult. Nobody understands that, except us as Manifestors.

Changing the Way Relationships Work

So we have to change the way in which our relationships work. We're much healthier that way. Then you don't have to deal with the underlying themes of anger and the lack of respect. You don't have to keep on hiding that you're a Manifestor, because you are so much better just to live it, to be it.

I've looked at it for a very long time now. And I'm a dualist, so I see the dark side and the light side of whatever. I wouldn't want to be anything else. I love what it is to be a Manifestor. I think it's just an incredible thing. I understand all the other Types. And I can see their inherent beauty. After all, there is magic in everything. But I love this process. I like not having to wait. I like setting the timing. I like my closed aura. There is something very beautiful about it, how it protects my spirit. When I'm with Manifestors, physically with Manifestors, I get a great pleasure out of

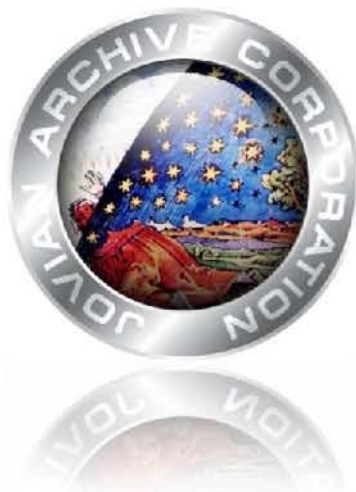


it. There is something that feels good about having some time with your own kind, how we all share so many things in common with each other, because of our Manifestor nature.

So, at the end of our five weeks, I hope that I've been able to inform you about our manifesting. I don't ever want to walk into a room again full of passive and weakened Manifestors. I look forward to having relationships with Manifestors who have really found themselves, and have discovered how beautiful it is to be such a being. It is. It's a great gift.

Anyway, to all of you, it's been a delight to share it with you, particularly those of you who have been in class all the time. I really appreciate that. It was nice that you were here. And for you downloading Manifestors, well, I hope you enjoyed it. My best to all of you; I hope you get to enjoy the peace that's possible in a Manifestor's life. Until next time, whenever that may be, all of you, you take care; nice sharing this with you, nice journey. Bye for now.

~ The End of Manifestor Manifesto ~



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